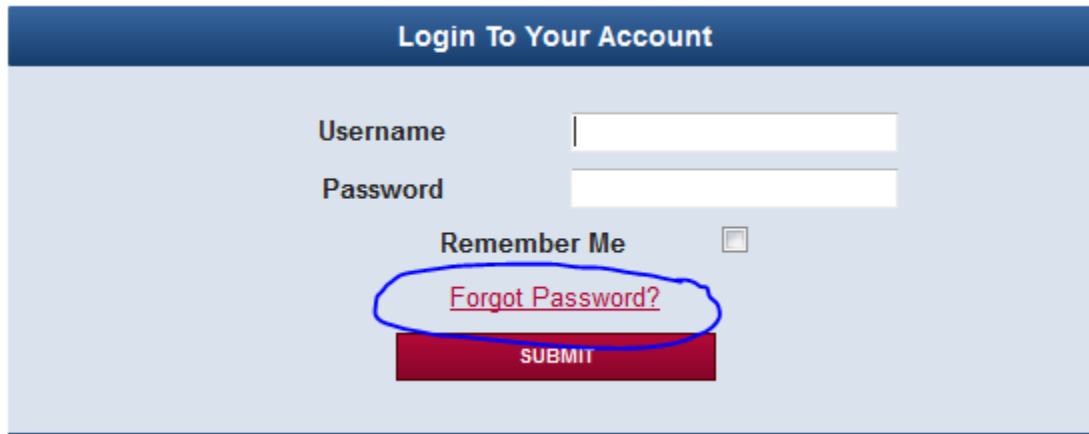


Log into your account at <https://play.usultimate.org/members/login/>


If this is the first time that you've logged into the system (brought online in Nov, 2013), then you will need to request a new password.



The image shows a login form titled "Login To Your Account". It features two input fields for "Username" and "Password". Below these fields is a "Remember Me" checkbox. A red link labeled "Forgot Password?" is circled in blue. At the bottom of the form is a red "SUBMIT" button.

Retrieve Password

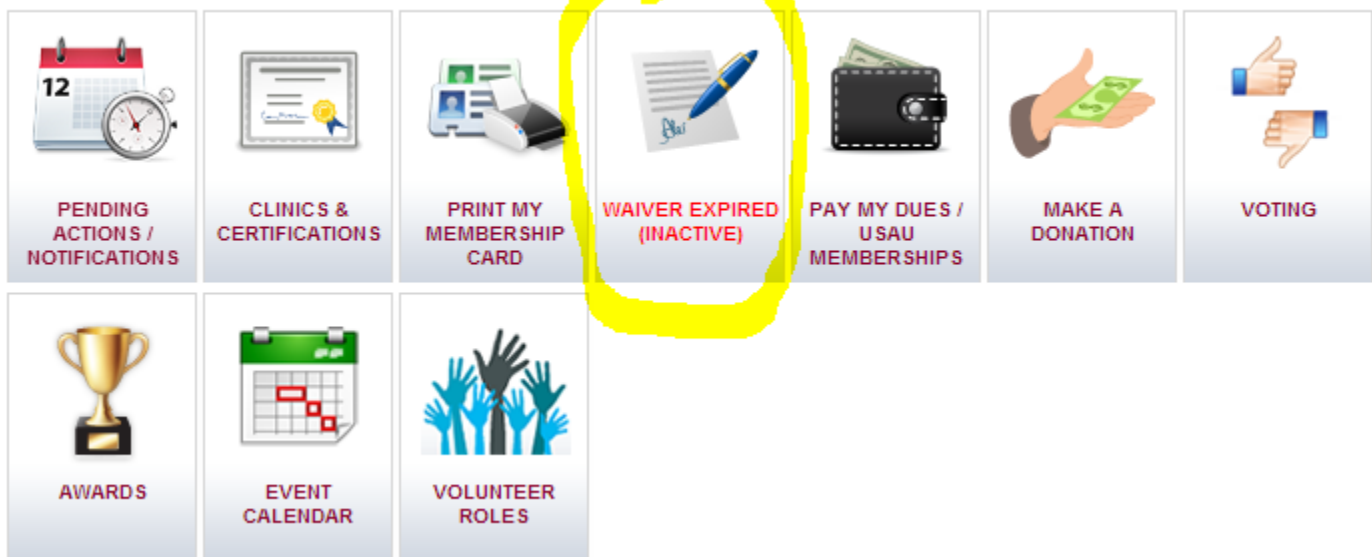
Lost your password? Please fill in your email. Note that it is necessary that email be specified exactly as when you have subscribed.



The image shows a "Retrieve Password" form. It has an "Email Address" input field and a red "RETRIEVE PASSWORD" button.

You will be emailed a password and can use that to login.

Once in your account & on your homepage, click the box/button with "Waiver Expired (Inactive)" in red letters (if you've completed the waiver signing for the current calendar year, it will instead say in green letters "Waiver Will Expire 12/31/20xx")



The image shows a grid of navigation buttons on a homepage. The buttons are arranged in two rows. The top row contains: "PENDING ACTIONS / NOTIFICATIONS", "CLINICS & CERTIFICATIONS", "PRINT MY MEMBERSHIP CARD", "WAIVER EXPIRED (INACTIVE)", "PAY MY DUES / USAU MEMBERSHIPS", "MAKE A DONATION", and "VOTING". The bottom row contains: "AWARDS", "EVENT CALENDAR", and "VOLUNTEER ROLES". The "WAIVER EXPIRED (INACTIVE)" button is circled in yellow.

If your account profile does not have a birthdate entered, you will see a blurb below the waiver that says: "Waiver can be signed once the member has a valid Birthdate."

You can update your profile with your accurate birthdate by going back to the main screen (click the "Manage Account" link in the top right) and clicking the "View/Edit Your Information" red box just below where it says "Welcome to Your USA Ultimate Account!":

VIEW / EDIT YOUR INFORMATION

The birthdate field is on the 2nd tab/screen of information.

Home > Manage Member Account

1. Account Information | **2. Personal Information** | 3. Demographics | 4. Emails/Alerts

> Denotes Required Field

First Name >

Middle Initial

Last Name >

Former Name

Address >

Apt/Suite

City >

State >

Zip >

Country > United States

Birthdate >

HS Grad Date >

Gender > Male Female

Phone >

Alt. Phone

Fax

Is Over Thirteen? > Yes No ?

Member will be saved as Over Thirteen/Over Eighteen if Birth Date is missing

Account Picture ?

UNDO / RELOAD FROM DB

Image Not Available

Choose File No file chosen

UPLOAD PICTURE

CLEAR / DELETE PICTURE

< BACK | **NEXT >** | FINISH | CANCEL

Click "Next" thru the information tabs/screens until you're able to click "Finish" on the 4th & final one to save all changes. Then go back & click the "Waiver Expired" box again.

Read the waiver, and assuming that you understand, agree & want to play, click the check box for “I verify that this is my... account” and then (if you’re at least 18 yrs old) click the green “Agree and Submit” button:

[Home](#) > Waiver Signoff

Why should an athlete report their symptoms?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. They can even be fatal.

What should you do if you think your athlete has a concussion?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional. It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

I have read this release of liability and assumption of risk agreement, fully understand its terms, and understand that I have given up substantial rights by signing it and sign it freely and voluntarily without any inducement. Additionally, I acknowledge receipt of the concussion information.

Waiver and Release of Liability

I verify that this is my ([REDACTED] USAU Account ID# [REDACTED] USA Ultimate account
 I agree to the above waiver and I am 18 or older
 I agree to the above waiver and I am under 18

The waiver will expire 12/31/2014

By clicking 'Agree and Submit' you (the account holder, [REDACTED]) acknowledge that you have read, understand, and agree to be bound by the terms above.

AGREE AND SUBMIT

A valid waiver must be on file to participate in USA Ultimate events. Your membership will be incomplete and you will not be able to participate in USA Ultimate events if the waiver is declined, however other membership benefits may be available if payment is received. The online waiver will continue to be available and can be accessed through the member account page.

CANCEL

A Note About USA Ultimate Rules and College Eligibility: Your participation in this or any USA Ultimate event or USA Ultimate sanctioned event or league is always subject to the rules, policies, procedures and governing documents of USA Ultimate and may trigger important consequences. In particular, please note that participation in a post-High School/Youth Division USA Ultimate or USA Ultimate-sanctioned event may initiate your college eligibility period. Please review the USA Ultimate college eligibility rules (<http://www.usultimate.org>) to understand how participation in

If you are not yet 18, a parent/guardian will need to type his/her name & email address and check another box beside the term “I, the above named parent/guardian, agree to the waiver” before you can click the green “Agree and Submit” button:

I have given up substantial rights by signing it and sign it freely and voluntarily without any inducement. Additionally, I acknowledge receipt of the concussion information.

Waiver and Release of Liability

- I verify that this is my ([REDACTED] USAU Account ID# [REDACTED]) USA Ultimate account
- I agree to the above waiver and I am 18 or older
- I agree to the above waiver and I am under 18

Parent / Guardian Consent

Players under 18 must have their parent/guardian complete the following information:

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to all the terms of this waiver on behalf of the minor and to indemnify and hold harmless the releasees from any and all liabilities incident to my minor child's involvement or participation in these programs above, even if arising from their negligence, to the fullest extent permitted by law.

Guardian Name

Guardian Email

I, the above named parent/guardian, agree to the waiver.

The waiver will expire 12/31/2014

By clicking 'Agree and Submit' you (the account holder [REDACTED]) acknowledge that you have read, understand, and agree to be bound by the terms above.

AGREE AND SUBMIT

A valid waiver must be on file to participate in USA Ultimate events. Your membership will be incomplete and you will not be able to participate in USA Ultimate events if the waiver is declined, however other membership benefits may be available if payment is received. The online waiver will continue to be available and can be accessed through the member account page.

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