



EVENT GUIDE \$2

*Spin*

2018  
**BEACH**  
CHAMPIONSHIPS

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# Welcome

It is a great pleasure to welcome you to the fourth annual USA Ultimate Beach Championships in Virginia Beach. USA Ultimate encompasses everything that is good about athletic competition. It exemplifies the core values of sportsmanship, respect, integrity, cooperation and self-discipline.

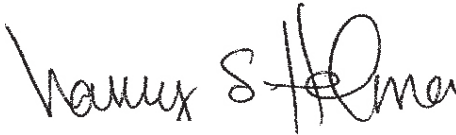
Our community partners, Surfrider Foundation - Virginia Beach Chapter and George Alcaraz with Resort Management LLC, have been working diligently to create an enjoyable experience for you while you are in beautiful Virginia Beach.

To all the athletes competing- the City of Virginia Beach wishes you success in displaying your abilities to the fullest. The sportsmanship, fair play and respect you demonstrate are major reasons for the popularity of your sport.

When you are done competing, please get out and enjoy some of the best of what Virginia Beach has to offer. From award winning coastal cuisine and family friendly attractions to shopping and relaxing in the sand, Virginia Beach has something for everyone.

Please accept my best wishes for a great event!

Nancy Helman



Sports Marketing Director

Virginia Beach Convention and Visitors Bureau

[www.VBSports.com](http://www.VBSports.com)

VIRGINIA  BEACH  
SPORTS MARKETING

# Weekend Overview

## Friday, May 18 at Ramada Virginia Beach Oceanfront

6:00 p.m. – 8:00 p.m.: Team Registration

8:00 p.m. – 9:00 p.m.: Captains' Meeting

## Saturday, May 19 at Virginia Beach

9:00 a.m. – 6:00 p.m.: Competition

6:00 p.m. – 10:00 p.m.: Meal for Athletes, Social Event to Follow

## Sunday, May 20 at Virginia Beach

8:30 a.m. – 3:30 p.m.: Competition Continues

1:00 p.m. – 3:30 p.m.: Finals

Post-Finals: Award Ceremony. Immediately following the finals, awards will be presented to the champions and second-place teams in each division, as well as Team Spirit Award winners and Individual Spirit Award winners.

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## Event Staff

Tournament staff members will be wearing event shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

**Tournament Director** – George Alcaraz

### USA Ultimate Staff

Director, Member Services & Community Development – Josh Murphy

Manager, Events – Byron Hicks

Manager, Competition & Athletics Programs (Club) – Ernest Toney

Manager, Competition & Athletics Programs (Youth) – Joy Ferenbaugh

Senior Manager, Communications – Stacey Waldrup

Manager, Community Services and Development – Leah Dolan-Kelley

Manager, Finance and Development – Ethan Taylor-Pierce

Coordinator, Youth & Education Programs – Sarah Powers

Communications Coordinator – Larry Melton

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# Competition Rules

- USA Ultimate Official Rules of Ultimate – 11th Edition will be in effect.
- All games go to 13, point cap at 15.
- Halftime is five minutes.
- Each team has one timeout per game.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 13 goals, overtime occurs when the score reaches 12-12).
- Soft time-cap will not be used.
- Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Caps do not affect timeouts.

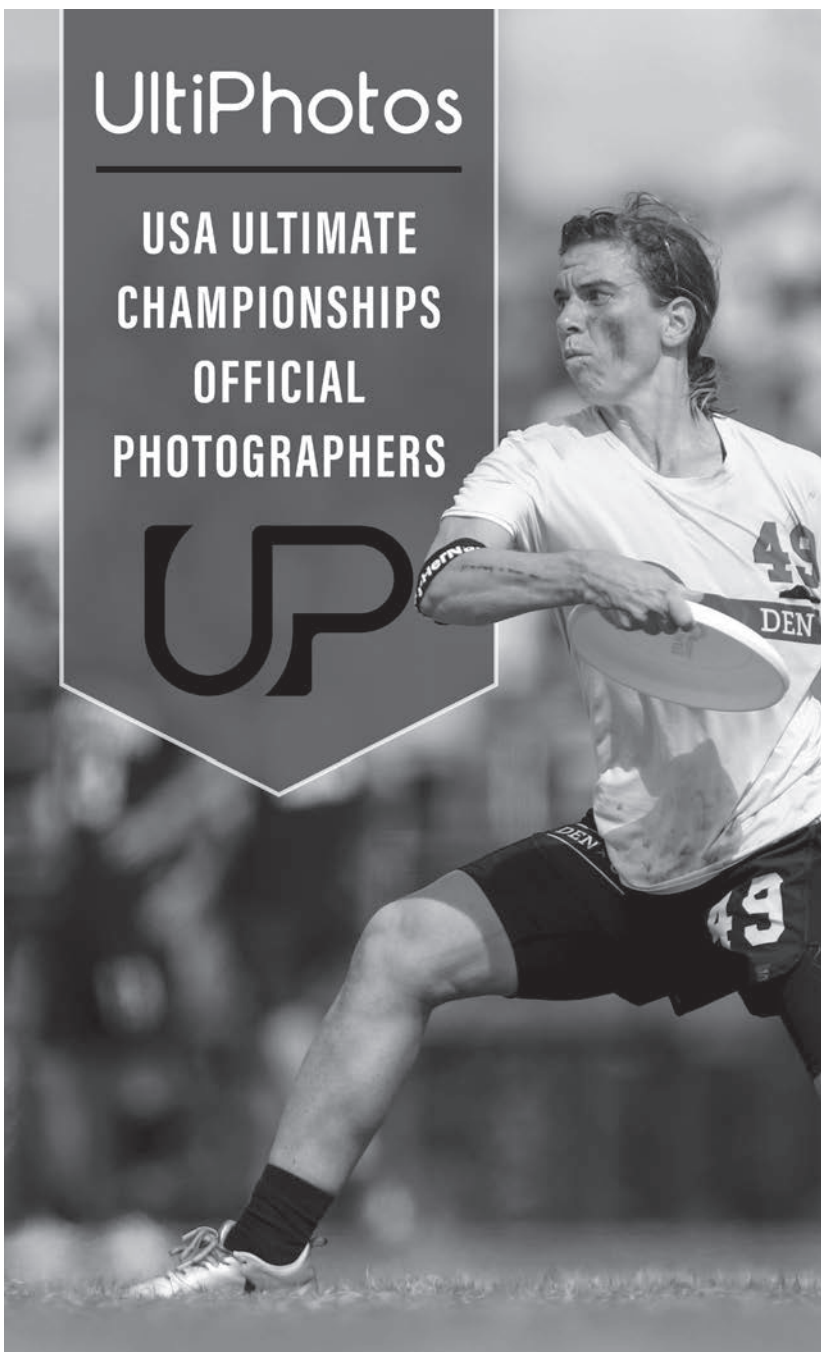
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## Site Rules

- **No Tobacco!** Facility, event staff and security will be checking to make sure people are not smoking. Please abide by the rules.
- **No glass or metal bottle caps!**
- **Pets, glass containers, motorized vehicles and any other items that are deemed unsafe are prohibited.**
- **Spectators and equipment must stay at least three yards away from sidelines!** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least three yards.
- **Trash and Recycling!** Place recyclables in the recycling receptacles, and place trash in the trash. Keep the facility clean.
- **Language** – This is a family environment. Please keep this in mind.

# UltiPhotos

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[ultiphotos.com](http://ultiphotos.com)

  UltiPhotos



# Noisemaker Guidelines

The following guidelines for noisemakers will be applied at USA Ultimate events. They are designed to strike a balance between limiting artificial noise that adversely impacts the competition or the on-site experience of participants with allowing for noise that helps create an enthusiastic, fun and supportive environment. Players, teams and spectators are expected to abide by these guidelines while on site at the event.

- Powered noisemakers are not allowed at the event site. This includes, but is not limited to, air horns, sirens and electronic bullhorns.
- Novelty noisemakers are NOT permitted, except under the following conditions:
  - o Must remain outside of the equipment lines.
  - o May only be used between a goal being scored and the offense signaling readiness for the next point.
  - o May not be used during timeouts taken during active play.
  - o Novelty noisemakers include, but are not limited to, whistles, vuvuzelas, squeeze horns and musical instruments.
- Music-playing devices with external speakers are permitted under the following conditions:
  - o Must remain outside of equipment lines, except during warm-ups and half-time.
  - o Must remain at a reasonable volume considering other event participants and attendees.
  - o May not be used to play music with offensive lyrics or themes.
- No noisemaker of any kind is permitted that may present a safety hazard.
- Any noisemaker permitted above may be disallowed if the volume or content of the noise is deemed to be offensive or disruptive to the enjoyment of the event, or the noisemaker is used in an un-spirited manner such as to taunt, intimidate or give a team an undue competitive advantage, as determined by event staff.

Event staff and observers will inform teams and individuals of these guidelines as needed. Repercussions for violation of these guidelines may include confiscation of the noisemaker, removal of the individual from the event site and/or in-game sanctions associated with the Misconduct System.

# LOVE AT FIRST FLIGHT



VIRGINIA BEACH, VA

LEARN TO PLAY  
FREE CLINICS & DISC

MAY 19  
1:30 - 3:30  
BOYS & GIRLS

AGES 18 & UNDER

REGISTER  
[TINYURL.COM/USAU-LTP-CLINICS](http://TINYURL.COM/USAU-LTP-CLINICS)  
OR ON SITE AT INFO TENT



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# Ultimate in 10 Simple Rules

- 1. The Field:** A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.
- 2. Initiate Play:** Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.
- 3. Scoring:** Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.
- 4. Movement of the Disc:** The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.
- 5. Change of Possession:** When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.
- 6. Substitutions:** Players not in the game may replace players in the game after a score and during an injury timeout.
- 7. Non-contact:** No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.
- 8. Fouls:** When a player initiates contact on another player, a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.
- 9. Self-Officiating:** Players are responsible for their own foul and line calls. Players resolve their own disputes.
- 10. Spirit of the Game:** Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules and the basic joy of play.

# Men's Teams

## AGGRESSIVELY MEDIOCRE

### HAMPTON, VA

Captain: Charles Jones, Jack Downer



Aggressively Mediocre is mostly straight out of the 757. Aggressively Mediocre is not a phase we're going through, it's a lifestyle, and you wouldn't understand. It is every part of our life: ultimate, work, friends and family. Being a part of Aggressively Mediocre is not a conscious choice, it chooses you. Later on, after years of acclimating to a culture of aggressive mediocrity, you begin to realize that even though you were chosen, you al-

ways knew that deep down it was where you belonged. Eric, our fearless leader, gathered us under his wing and mentored us in the ways of playing with aggression. What he didn't know was how mediocre we were. If you play us now, then look out, because we're coming after you in an Aggressively Mediocre way.

### ROSTER

0	Naveed Asghar	6'1"	20
2	Hunter Woods	6'1"	21
5	Charles Jones	5'8"	29
6	Xavier Whitaker	5'7"	21
7	Peter Rastelli	6'4"	22
8	Jack Downer	6'7"	24
9	Kyle Barnes	5'11"	21
11	Fred Hudson	5'6"	18
16	Nick Wang	5'11"	31
21	Christopher Smith	5'11"	26
23	Robert Johnson	5'8"	29
30	Ryan Ayres	5'9"	24
35	Byron Head	5'10"	26
36	Christophe Snead	5'8"	25
87	Clyde Gray	5'9"	21

SPECTATOR INFO

## AMPERSAND

### PHILADELPHIA, PA

Captain: Patrick Sherlock  
phillyamp.com  
@phillyamp



AmperSand is back! With sandals, bandannas and sunscreen in hand, the upstanding men of Philadelphia AMP are excited to expand our beach ultimate résumé on the grandest stage. We will bring our signature brand of ultimate – high standard cutting, throws as sweet as candy and the entertainment value of Dick Van Dyke. Also, we're all

playing commando.

### ROSTER

2	Matt Zumbrum	6'3"	33
3	Steve Rosso	5'11"	27
5	Patrick Sherlock	5'9"	35
6	Luke Ryan	6'1"	26
7	Ben Parrell	5'9"	34
11	Ryan Flamberg	6'1"	24
14	Stuart Hean	6'1"	25
16	Rob Robinson	6'0"	27
36	Nicky Spiva	6'1"	29
44	Max Charles	5'6"	23

# Men's Teams

## AND THE WARHAWKS

### ROSTER

## BAYONET

### CHAPEL HILL, NC

We are a ragtag crew that loves beach ultimate.

### ROSTER

1	Tanner Barcus	6'1"	24
7	Tim Monahan	6'0"	31
13	CJ Colicchio	6'6"	27
15	Kerry Green	5'10"	30
17	Dean Culver	6'2"	29
31	Alex Kaja	5'10"	27
34	Tristan Green	5'8"	27
41	Patrick Ledlee	5'8"	32
42	Wendell Wilson	6'2"	30

# Men's Teams

## BERN'D OUT

### NEW YORK, NY

Captains: Calvin Vannoy, Stefan Dicker, Jay Sehgal

Coach: Emily Cho



2018, 2020

### ROSTER

0	Will Perry	5'10"	29
1	Taylor Rasco	5'10"	30
5	Kevin Venose	5'10"	31
10	Brandon Contarsy	5'10"	31
11	Stefan Dicker	6'2"	26
12	Casey Lemay	6'0"	30
13	Jay Sehgal	5'9"	26
15	Johnathan Kwan	6'0"	28
16	Brett Kaiser	5'10"	28
28	Ryan Saffa	6'3"	26
33	Glenn Lenberger	6'2"	29
40	Jordan Hupp	5'10"	28
51	Calvin Vannoy	6'1"	28
99	Zach Saffa	5'10"	29

SPECTATOR INFO

## BLUD

### ROANOKE, VA

Captains: Mike Glowczynski

Coach: Judah Brownstein

[www.roanokeultimate.com](http://www.roanokeultimate.com)

@RoanokeUltimate



Named after the town of Big Lick, better known in modern times as Roanoke, Va., Big Lick Ultimate Disc (BLUD) is Roanoke Ultimate's team name for multiple divisions, from men's to grand masters. BLUD was created in 2001 by players like Joe Antone, Dan Sell, Mike "Smiley" Glowczynski, Dave Rackmales and Dr. Dave Johnson. BLUD focuses on blending competitive, spirited play along with camaraderie and good times. Our team is comprised of a core group of current, dedicated Roanoke Ultimate players. We invite new and upcoming players to join us for exposure to more competitive play. BLUD welcomes guests from other teams and even other countries. Finally, we remember to always include our past BLUD players that helped grow the sport of ultimate in Southwest Virginia.

### ROSTER

1	Mike Glowczynski	5'10"	46
5	Austin Beeker	5'10"	22
6	Eddy Kasper	5'10"	26
7	DJ Irving	6'0"	26
8	Judah Brownstein	5'11"	35
9	Alex Marshall	6'0"	40
10	Christian Sullivan	6'1"	26
12	Will Clark	6'1"	29
18	Lee Lewis	5'9"	25
21	Parham Ghassemi	6'2"	25
29	Nick Robinson	5'10"	18
49	Rich Allevi	5'5"	30

# Men's Teams

## FLUDWHALE

### RICHMOND, VA

Captains: Justin Morrison, Geoff Horsfield

@RVAopen



The sea was angry that day my friends - like an old man trying to send back soup in a deli. I got about fifty feet out when, suddenly, the great beast appeared before me. I tell you he was 10 stories high if he was a foot. As if sensing my presence, he let out a great bellow. I said, "Easy, big fella!"

And then, as I watched him struggling, I realized that something was obstructing its breathing. From where I was standing, I could see directly into the eye of the great fish. Well then, from out of nowhere, a huge tidal wave lifted me, tossed me like a cork and I found myself right on top of him, face to face with the blowhole.

### ROSTER

00	Jameson Hinkle	5'6"	31
2	Justin Morrison	5'10"	30
3	Morgan Robinson	5'11"	29
4	Matt Goff	5'8"	30
10	Matt Reynolds	6'2"	22
11	Tim Jackson	5'11"	24
15	Geoff Horsfield	5'8"	30
18	Garrett Braun	5'11"	29
19	Chris Bowling	6'0"	30
21	Jack Field	5'11"	22
23	Emilio Craddock	5'11"	23
26	Matty McDaniel	5'11"	19
29	Josh Reynolds	5'9"	27
31	Carter Mize	5'10"	49
44	Ben Broser	5'7"	25
48	Cam Barnhardt	6'2"	25

## HUMILISWAG

### FT. LAUDERDALE, FL

Captains: Elliot Trotter, Nick Simonelli

@humilисwag



Humilисwag is a team formed from the love of beach ultimate, traveling, training and brotherhood. Formerly out of the Mid-Atlantic, we recently chased the sun into the Southeast Region.

We believe in living it, clean eating, cold ocean dips, sandy shuttles and chasing peak performance. We believe in proper sun protection and functional gear. Spirit. Humility. Unity. Ebb and flow. Zen/Jam continuum. We are too serious. What is fun?

### ROSTER

00	Jonathan Helton	6'0"	34
1	Josh Shepard	5'9"	34
4	Jaime Perez	6'2"	24
8	Bob Liu	5'8"	31
9	Thomas Echols	5'9"	23
11	Mischa Freystaetter	6'7"	27
12	Harper Garvey	5'10"	24
13	Shane Sisco	5'11"	31
22	Tim Morrill	6'0"	32
23	Jordan Queckboerner	6'2"	27
30	Andrew McKelvey	5'10"	23
33	Alex Jacoski	6'3"	30
71	Nicholas Simonelli	6'0"	27
77	Elliot Trotter	5'8"	31
81	Rumi Tejpar	5'10"	27
82	Marques Brownlee	6'2"	24



# Men's Teams

## MIDRIFT

### IOWA CITY, IA

Captains: Jimmy Wiesbrock, Steve Czechowski  
@MidRiftUltimate

The Midcontinent Rift System (MidRift) is a geological rift in the center of the North American continent. Some say it is the center of the universe. Some aren't as opinionated as we are. It formed when the continent's core began to split apart about 1.1 billion years ago. Unknown to the coastal areas of our continent, it is a lot of pressure to be the core of a continent, providing for your outer compatriots like a heart to a useless limb. The rift failed, however. The core was too strong. The failed rift left behind thick layers of exposed rock like scars from a booboo. The failed rift serves as a constant reminder of the burden coastal areas have on our nation's core. The constant pulling. The whining. We reenact that battle each year in Virginia Beach: the attempt from the coasts to destroy the core and, of course, their inevitable failure.

### ROSTER

0	Robbie Dennis	6'2"	26
1	Trent Cooper	5'10"	26
2	Nathan Weimers	5'11"	27
3	Ethan Levine	6'0"	29
5	Jimmy Wiesbrock	5'11"	27
7	James Hean	6'4"	25
14	Josh Purman	6'1"	29
15	Jon Beavers	6'2"	27
16	Cody Rolf	6'0"	27
19	Steve Czechowski	5'8"	26
22	Mike Egan	6'1"	33
29	Adam Levine	5'11"	31
44	Nate Gibbons	5'11"	26
63	Michael Brisbois	6'3"	30

SPECTATOR INFO

## PARANOIA

### WASHINGTON, D.C.

Captain: Steve Wartinbee  
@GeorgetownUltiM



Paranoia was formed in 2015 from players within the greater Georgetown ultimate community and includes several former (and current) captains and coaches of the Georgetown men's team, Catholic Justice. While we come from a diverse background of club teams, many of us have competed together in college or on mixed teams at Wildwood and Lei Out. Paranoia

placed fifth at the first-ever Beach Championships in 2015, seventh in 2016 and fourth in 2017.

### ROSTER

1	Joel Maiman	5'11"	20
3	Kyle Vezina	5'10"	25
4	Matt Cullom	6'2"	21
9	Danton Noriega-Goodwin	6'2"	33
12	John Recchia	6'1"	23
17	Phillip Bader	6'4"	23
19	Sam Brecker	6'0"	25
25	Glenn Poole	5'9"	30
27	Steven Wartinbee	6'3"	23
30	Christian Boxley	5'10"	22
70	Robert Patten	6'0"	25
80	Benjamin Keren	5'7"	28
88	Kunwoo Shin	5'8"	21
91	Steven Whelan	5'11"	27

# Men's Teams

## TUSKEN RAIDERS

### ST. LOUIS, MO

Captains: Chung Lee, Michael Faaborg



As long as anyone can remember, the Tusken Raiders have lived nomadic lives in the desert wastes of Missouri and beyond. Like their culture, the Tusken Raiders' behavior is largely a mystery. Largely a scavenging people, they are highly motivated by finding round, flat treasures, and a successful raid will often be followed by their

distinctive battle cry, "Ort! Ort! Ort!" Their diet consists primarily of fresh squeezed citrus and fermented sugars. Though the Tusken Raiders are known to be formidable warriors across the galaxy, they are easily startled. Even so, they have a penchant for soon returning, often in greater numbers. Should one come across one of this noble race, approach cautiously and offer libations as an initial greeting. This will ensure their good graces and inevitably lead to a Bantha ride into the sunset.

### ROSTER

6	David Valentine-Elam	6'4"	35
7	Michael Faaborg	6'0"	26
10	Grant Eschmann	5'11"	27
13	Megan Epperson	5'6"	34
14	Devin Holland	6'0"	24
16	Max Morgan	6'3"	29
17	Erik Larson	6'0"	26
22	Blake Larson	6'0"	34
23	Mike L'Hommedieu	5'11"	33
24	Chung Lee	5'11"	37
29	Mason Zetsch	6'0"	23
44	Ryan Chubb	6'0"	25
96	Bryan Esmond	5'11"	32

# Mixed Teams

## 90S BABIES

### WASHINGTON, D.C.

Captains: Kelly Ross, Anthony McLean



90s Babies was formed in 2016 to provide an opportunity for elite, young ultimate players in the D.C. area to play high-level mixed ultimate year-round. The 90s Babies have competed in events like First Nights of Flight and regional indoors, as well as other beach tournaments such as the Ocean City Beach Classic. The team placed seventh last year at the Beach Championships and is looking forward to returning for 2018!

### ROSTER

1	Mason Gardner	6'1"	26
2	Alex Paulos	5'10"	25
6	Alex Piper	6'3"	24
7	Brandi Skanes	5'5"	24
8	Kris Harrison	6'3"	23
14	Amy Wedmore	5'5"	24
15	Emma Price	5'6"	22
17	Eliza Pugh	5'9"	24
18	Christine Valvo	5'4"	25
24	Kelly Ross	5'10"	24
25	Michelle Carey	5'6"	23
30	Tyler Berkeley	5'11"	22
32	Anthony McLean	6'1"	24
43	Joe Freund	6'3"	21
73	Mark Flores	5'10"	27
93	Kate Trennery	6'6"	28

SPECTATOR INFO

## BANDITS

### MIDDLETOWN, NJ

Captains: Kenny Caelello, Nikki Hair



Specializing in beach shenanigans, The Bandits are back at the Beach Championships for another year of fun. We try to bring a high level of spirit and competition to every game we play. After traveling to beach tournaments near and far, we are ready to converge on Virginia Beach to steal the hearts of all parties involved.

### ROSTER

1	Tom Sum	5'8"	26
4	Alyssa Gehringer	5'5"	24
6	Emily Reckenbeil	5'10"	26
7	Andrew LoPresti	6'0"	26
11	Ann-Sofie Ahm	5'4"	28
15	Megan Kuhtuss	5'8"	30
17	Jess Schaub	5'10"	24
24	Steve Willis	6'3"	36
27	Leann Grey	5'6"	27
36	Kyle Golrick	6'0"	31
69	Matt Tacheron	6'0"	32
80	Ken Caelello	6'0"	29
88	Nikki Hair	5'5"	23

# Mixed Teams

## BEACHBOAT

### CINCINNATI, OH

Captains: Ryan Gorman, Brittany Winner  
cincyultimate.org/teams/beachboat  
@beachboatult



With a core of Cincinnati Steamboat's club mixed players at the helm, Beachboat is excited to make another return trip to the shores of the Atlantic. Steamboat was formed in 2008 and is the Great Lakes region's longest-running mixed program. Over the years, shipmates have travelled extensively to play grass tournaments around the world, but in 2011, eager to test out

our sea legs, we navigated uncharted waters as Batello a Vapore to the harbors of Paganello and docked there again in 2012. Now, with some new crew on board, we're hoisting anchor and setting course to Virginia Beach to compete together on American sand at our fourth Beach Championships in May 2018. This comes after three successful seasons for the program where we've finished higher at the USA Ultimate Beach Championships each year (2015 - T-11th, 2016 - 7th, 2017 - 5th)!

### ROSTER

3	Eddie Mack	5'8"	35
5	Ryan Gorman	6'3"	31
6	Steph Mack	5'5"	33
7	Bryan Walsh	5'11"	24
16	Jackie Herr	5'3"	33
17	Claire Schwaba	5'6"	22
22	Brittany Winner	5'10"	33
23	Xavier Payne	5'10"	24
33	Austin Winner	6'2"	31
41	Kate Macri	5'1"	30
42	Ashley Farnkopf	5'8"	25
46	Pat McCarthy	6'5"	24
77	Daniel Khoe	5'9"	25

## BETTER HUCKING BELIEVE IT

### ALBANY, NY

Captain: Veronica Kolegue-Spalaris



We are 'Hucking Believe It' out of Albany, NY, a team trying to heat up the beach with fire plays and flamin' good looks!

### ROSTER

2	Graham Turner	6'3"	23
4	Sarah Thomann	5'7"	21
11	Hayley Manning	5'8"	28
14	Josh Norton	5'10"	23
15	David Koch	5'10"	30
25	Niki Lesniak	5'8"	30
26	Chelsea Leeder	5'7"	27
42	Gabriel Hage	5'5"	28
57	Jeff Hartline	5'9"	38
73	Robert Roos	5'11"	29
85	Dylan Bruhns	6'2"	24
97	Taylor Simpson	5'7"	27
99	Veronica Kolegue-Spalaris	5'8"	24

# Mixed Teams

## BIG FISH

### WOODS HOLE, MA

Captains: Brian Sauro, Sarah Tulin



Big Fish has played at Beach Championships every year since the beginning. This year, we brought teams in two divisions, both mixed and mixed masters. The players come from around the Northeast, united by a love of beach ultimate and a connection, however tenuous, to the Woods Hole Ultimate Club

and their long-standing summer ultimate scene on the beautiful beaches of Old Silver Beach.

### ROSTER

0	Sarah Tulin
3	Patrick Kane
5	Carrie Gill
6	Jessie Chiello
8	Andrew Kohl
13	Brian Sauro
14	Marta De Giuli
19	Bethany Ortquist
20	Tanner Halkyard
24	Chandler Thoma
25	Sarah Granzio
27	Jason Angell
47	Patrick McGrath

SPECTATOR INFO

## CAROLINA COTTONMOUTH

### RALEIGH, NC

Captains: Joey Connelly, Beth Gifford



Like our namesake, Carolina Cottonmouth players are dangerous on land or water. Returning for our second year, we hope to show a big improvement on last year's finish. With a deadly mix of savvy veterans and athletic youth, Cottonmouth plans to strike early and

often when the games begin this year.

### ROSTER

1	Aaron Saylor	6'0"	28
3	Eric Martin	5'7"	31
7	Beth Gifford	5'3"	42
8	Cliil Phillips	5'4"	15
12	Beth Stagner	5'8"	46
14	Ellen Yu	5'6"	18
15	Jennifer Qian	5'6"	18
16	Bryan Brickhouse	6'4"	31
17	Layla Williams	5'4"	24
18	Kelly Barber	5'4"	33
23	Michael Wetzel	6'1"	24
27	Joey Connelly	6'0"	33
40	Eric Snively	5'7"	28
49	Derrick Marcey	6'0"	31
54	Stephen Bender	6'0"	31
88	Liana Bradley	5'1"	16

# Mixed Teams

## EN FUEGO

### ROSTER

## ERIE BRIG

### ERIE, PA

Captains: Hayden Weaver, Patrick Gillen, Dan Morrison

Coach: Eric Zygai

[erieultimate.com](http://erieultimate.com)

@erieEule



Erie Brig is a team of friends who have been playing around the Erie area together for many years. We host our own annual beach coed tournament: Don't Give Up the Disc. We are participating at nationals to help bring awareness of the sport to the

Erie area, along with the creation of the second beach specific club team. Expanding ultimate, Loving Erie. Shape up or ship out. Brig it on beach nationals.

### ROSTER

00	Patrickn Gillen	5'8"	27
3	Vaughan Skinker	5'2"	24
4	Brady Burns	5'10"	22
9	Hayden Weaver	6'3"	26
11	Michael Sirota	6'1"	35
15	Chris Graber	5'10"	19
17	Steven Bizon	6'1"	28
19	Dan Morrison	6'0"	28
20	Sophia Knowles	5'9"	23
23	Seth Howell	6'0"	26
63	Mandie McKean	5'4"	27
69	Kelly Eckman	5'6"	25
77	Amy Cook	5'7"	25

# Mixed Teams

## FOG CITY

### ATLANTA, GA

Captain: Devin Cox



We are Fog City, usually based out of San Francisco, temporarily based out of Atlanta. That's just how the fog rolls sometimes!

### ROSTER

0	Nathan Brodie	5'3"	32
2	Kevin Herrera	6'0"	31
3	Benjamin Breault	5'8"	26
4	David Lindsey	5'11"	33
7	Matt Duffy	6'1"	25
13	Cheyenne Lopez	5'4"	27
14	Thomas Watts	6'1"	29
16	Leah Tsinajinnie	5'2"	27
20	Emilia Garcia	6'0"	29
21	Alli Manhard	5'7"	28
37	Devin Cox	6'4"	27
41	Ryan Simmons	6'2"	28
42	Minke Goes	6'1"	28
83	Shanye Crawford	5'3"	35
88	Gayeon Ko	5'6"	22
99	Rebecca Colbert	5'7"	29

SPECTATOR INFO

## LOCALS

### ROSTER

# Mixed Teams

## LONG BEACH LEGACY

### LONG BEACH, CA

Captain: Daniel Davisson

Coach: Richard Brown



Long Beach Legacy is a team that has its beginnings in a competitive weekly beach pickup at Belmont Shore in Long Beach. Over the last few years, the team has had success in high-level west coast tournaments such as Beach Westerns and the U.S. Beach Open. The team decided that it was finally time to make a Nationals run!

### ROSTER

0	Lizzy Cowan	5'1"	23
3	Lauren Hanna	5'4"	18
5	Karolyn Giang	5'1"	29
6	Sarah Davisson	5'6"	29
9	Zach Theodore	6'3"	28
11	Alex Drum	6'2"	30
13	Daniel Landry	5'8"	32
16	Yvette Herzfeld	5'7"	28
17	Sheila Robles	5'1"	23
18	Calvin Brown	6'1"	18
21	Kelly Dickinson	5'7"	18
26	Ava Hanna	5'4"	18
42	Jacob Baumer	6'7"	32
44	Daniel Davisson	6'0"	31
55	Trevor Purdy	6'6"	25
98	Cameron Wariner	6'0"	23

## NO TSU OH

### HOUSTON, TX

Captains: Katey Forth, Doug Richardson, Max Grove



This latest iteration of No Tsu Oh has been around since 2015. After a hiatus from the beach, it re-formed in a quest to compete for a title at Beach Championships. Based out of Texas, No Tsu Oh thrives on the ideals of respecting your opponents, respect for your teammates, love of orange crushes and oversized cubes. It's

not hard to have a good time with your toes in the sand.

### ROSTER

0	Max Grove	6'5"	28
4	Sharon Tsao	5'5"	26
6	Ames Fegert	5'10"	30
7	Ben Lewis	6'2"	25
9	Julie Malecek	5'9"	27
11	Katey Forth	5'5"	42
14	Edith Teng	5'6"	28
15	Sarah Levinn	5'10"	28
16	AJ Beard	5'8"	40
17	Doug Richardson	6'0"	29
19	Kevin Land	6'2"	25
23	Rebecca Forth	5'6"	42
34	Jesse Lieberman	5'11"	31
39	Katy Harris	5'6"	39
44	Jason Best	6'1"	32
82	Matt Lyle	6'1"	36



# Mixed Teams

## POINT BREAK

### LOS ANGELES, CA

Captains: Remy Schor, Alexa Cohen, Russell Gaskamp



Back off Warchild, seriously.

### ROSTER

1	Peter Zhou	5'11"	29
2	Scott Mahr	5'11"	33
3	Evan Valdes	5'9"	32
4	Kristen Pojunis	5'7"	23
5	Rachel Chang	5'5"	22
8	Alexa Cohen	5'6"	26
13	Mitchell Steiner	6'0"	26
14	Andrew McRae	6'2"	31
16	Lori Eich	5'6"	36
21	Keegan Uhl	6'4"	38
23	Remy Schor	5'4"	38
28	Stephanie Pritchard	5'9"	27
29	Lauren Casey	5'8"	35
30	Russell Gaskamp	5'9"	34
80	Brandon Severson	6'1"	27
86	Megan Prazenica	5'5"	32

SPECTATOR INFO

## SQUIRTLE SQUAD

### CRANFORD, NJ

Captains: Jesse Hynes, Andrew Misthos  
@BigSquirtle



Squirtle Squirtle SQUIRTLE squirtle, squirtle Squirtle squirt. Squirtle squirt squirt squirtle Squirtle SQUIRTLE SQUIRTLE! Squirtle squirt squirt; Squirtle squirtle squirt?

¿Squirtlé squírtlé squírt, squírtlé squírtlé squírt squirt?

### ROSTER

00	Natalia De Jesus	5'6"	23
4	Sarah Itoh	5'6"	32
5	Andrew Misthos	6'2"	26
6	Andrew O'Connor	5'10"	26
9	Jessie O'Connor	5'6"	26
11	Elizabeth O'Grady	5'9"	23
12	Amy Zhou	5'2"	25
13	Charles Cannon	6'3"	24
16	Keila Strick	5'6"	23
20	Rebecca Halleran	5'8"	24
22	Ingrid Pettersen	5'7"	24
33	Jesse Hynes	5'9"	28
34	Colin Kochenash	6'0"	24
66	Jibran Mieser	5'10"	24
77	Bo Li	5'10"	29
88	Mason Compton	6'2"	28

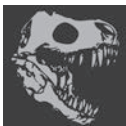
# Mixed Teams

## TYRANNIS

### CHARLOTTESVILLE, VA

Captains: Connor High, Brittany Taylor

@tyrannisorus



Harrisonburg and Charlottesville. We pride ourselves on annual competitive Mid-Atlantic regional finishes and are known to be fair, helpful and additive in the direction and development of USA Ultimate along with youth participation and league growth in our communities. Although we may not

have the terrain for beach ultimate in our immediate backyards, we are advocates for this division of our beloved sport, and we hope to be able to add experience at this beach tournament in our home state. In doing so, we aim to help create grassroots growth toward a strong central Virginia Beach ultimate presence in the future. SIC SEMPER TYRANNIS.

### ROSTER

0	Mary McCall	5'5"	33
1	Brittany Taylor	5'3"	29
3	Chris Miller	5'11"	35
5	Joe Terrana	5'4"	24
6	Jake King	5'10"	23
7	Janie Mockrish	5'4"	25
8	Caitlin Gee	5'6"	22
9	Charles Burgis	6'0"	29
15	Josh Carrier	5'9"	26
23	Sam Gillespie	6'3"	22
24	Connor High	5'11"	26
26	Rachel Shannon	5'2"	23
31	Eva Voth	5'9"	32
32	Rebecca Driver	5'8"	22
39	Yannick Albert	5'9"	28

## ZOMG ZERG RUSH

### BOSTON, MA

Captains: Michael Miller, Chris Zybert

<https://elgoog.im/zergrush/>



Zerg Rush: A common strategy where one player mass-builds as many weak units as he can, then rushes the enemy base. This usually works best early in the game. This was taken from Starcraft, where zerglings, really cheap units that can quickly be built

in large droves, would be sent at the start of the game to defeat everyone in the first couple moments.

### ROSTER

1	Alicia Dantzker	5'8"	35
2	Meredith Duffy	5'8"	28
5	Tricia Sardo	5'5"	29
7	Andrew Applegate	5'10"	34
9	John Sullivan	6'0"	29
10	Michael Miller	5'8"	36
11	Brad Smith	5'9"	29
13	Ryan Kelley	5'9"	29
15	Shi-min Chin	5'1"	31
20	Ashton Smith	5'6"	30
21	Megan Vanderhooft	5'3"	22
32	Emily Scheemaker	5'10"	25
33	Chris Zybert	6'0"	33
44	Nora Hoover	5'8"	28
88	Frank Fellone	5'9"	34

# Women's Teams

## FILTHY RICH

### RICHMOND, VA

Captain: Hana Choi  
facebook.com/VirginiaRebellion/  
@VARebellion



Just a bunch of ladies trying to get filthy rich by toeing the line with some nasty bids. Our squad from Richmond is here to win some games with some dirty layouts (our whites are more like browns). We throw some money hammers to the back corners of the end zones

and drop dimes to our deep cutters. We take all of this to the bank, and just like our marks, we know how to get around. We're not just wolves on Wall Street though; we're lions in the lane and Zazu in the air. We got pride, and we'll take you on a circle of life.

### ROSTER

2	Nicole Ialeggio	5'3"	29
4	Lindsay Soo	5'8"	23
5	Ali Rockett	5'8"	30
9	Melanie Felix	5'2"	24
10	Skye Whitlow	5'8"	23
13	Hana Choi	5'5"	25
16	Kristin Weyenburg	5'3"	22
17	Caylin Carbonell	5'7"	27
19	Allie Wallace	5'10"	23
21	Mary Helen Simpson	5'6"	25
31	Mary Beth Moody	5'9"	26
33	Amanda Murphy	5'3"	24
52	Tess Warner	5'8"	25
99	Gladys Balcarcel	5'6"	24

SPECTATOR INFO

## FOXX

### PETERBOROUGH, ON

Captains: Kerri Kightley, Jocelyn Blazey, Stephanie Wood



A group of ladies looking to have some fun in the sand, the foxx way.

"The fox is clever and remarkably resourceful. From hunting strategies to camouflage, the fox gets on about the business of living life with sass and class. And yes, the xx is intentional."

### ROSTER

1	Ashleigh Duffy	5'9"	34
2	Stacey Daigle	5'7"	43
4	Laura Millis	5'1"	43
5	Kerri Kightley	5'11"	42
8	Jocelyn Blazey	5'8"	26
11	Dana Elliott	5'3"	32
14	Sabrina Chapman	5'6"	21
17	Deidre MacKinnon	5'7"	42
19	Agatha Hodsman	5'4"	34
43	Kirsten Querbach	5'9"	45
44	Stephanie Wood	5'7"	30
45	Krissi Baxter	5'8"	35
73	Katie Fizzell	5'7"	39

# Women's Teams

## JEFE?

### NEWARK, DE

Captains: Rachel Egan, Natalie Bova, Kaylee Viets



Jefe? is a team of mostly undergraduate players from Newark, Del.! This is our first year competing as a club team, and we've used the spring season to develop skills and trust in each other. Our team, "Jefe?" is named after a beloved local musician who plays guitar and sings for us every year around St. Patrick's Day. We're excited for this opportunity to compete and show our skill, athleticism and dance moves to top club teams from around the country. Our jerseys display our values of GRIT - Growth, Resilience, Integrity and Trust – and we hope to embody the GRIT mantra on the sand. #GRIT #ShowMustGoOn

## ROSTER

2	Mackenzie Perket	5'2"	24
3	Abigail McFadden	5'5"	21
4	Natalie Bova	5'1"	22
5	Jenna Horbatuk	5'2"	20
6	Kaylee Viets	5'2"	21
10	Lauren Layre	5'5"	22
11	Rachel Egan	5'6"	21
13	Emma Phelps	5'5"	19
18	Lauren Lynch	5'5"	22
20	Maria Cepeda	5'4"	19
22	Lindsey Stevens	5'4"	22
23	Rachel Bova	5'1"	22
30	Rebecca Foster	5'7"	21
44	Aislinn DeSeighardt	5'0"	21
56	Casey Liberman	5'5"	21
74	Kaitlin Phillips	5'5"	19

## LAMP

### PHILADELPHIA, PA

Captains: Andrea DeSabato, Raha Mozaffari, Katy Stanton  
 phillyamp.com  
 @PhillyAMP



We'll leave the LAMP on for you.

## ROSTER

4	Raha Mozaffari	5'3"	31
5	Emma Palacio	5'2"	21
6	Kelsey Devlin	5'6"	25
9	Andrea DeSabato	5'5"	31
11	Beata Szekeres	5'3"	26
21	Linda Morse	5'10"	22
22	Allysha Dixon	5'3"	25
24	Casey Gorman	5'7"	29
28	Brittnee Grimshaw	5'3"	24
29	Sarah Johnson	5' 8"	29
33	Katy Stanton	5'7"	32

# Women's Teams

## PLAYA FIASCO

### FT. LAUDERDALE, FL

Captains: Larissa Ferreira, Gabby Sehres, Stacy Werse  
fiascoultimate.com  
@FiascoUltimate



Fiasco Ultimate was first formed as a women's club team last year (2017). The general consensus of the team was to have fun, be spirited, dance A LOT and still bring a level of strong competition to the table. Before starting the grass season, the group sent two teams to the 2017 Saint Augustine Ancient City Beach

Tournament to play together for the first time - we took home second and third place, feeling pumped about what we'd only just begun. Being based in South Florida, the team also had easy access to the beach, so Fiasco hosted a number of beach hatters and ran a winter beach league to raise money for the summer season. The main focus of Fiasco is to compete as a club women's team at sanctioned grass tournaments, though any opportunity to play on the beach is always capitalized on.

### ROSTER

1	Stacy Werse	5'7"	29
3	Casey Burrows	5'9"	29
8	Lian Ortner	5'2"	25
12	Lari Ferreira	5'3"	26
20	Lizzie Carzello	5'4"	21
21	Rie Takano	5'3"	25
22	Gabby Sehres	5'9"	26
23	Alissa Farina	5'0"	25
27	Jenna Flemons	5'5"	20
30	Sofia Whittaker	5'4"	34
42	Jenny Hopson	5'4"	30
44	Rica Patel	5'7"	30
50	Jackie Borkowski	5'3"	26
85	Rachael Thompson	5'5"	26

SPECTATOR INFO

## PORCUPINEAPPLES

### BOSTON, MA

Captain: Anna Blasiak  
viceultimate.wordpress.com  
@ViceUltimate



The Porcupineapples are a group of motivated pineapple lovers from the (much) greater Boston area. We primarily play on VICE together, a club women's team out of Boston, and we've added a few faraway friends to our roster for Beach Champs. We represent a range of careers from recent college grad to inventor of the internet. When we are together, we love playing ultimate, eating pineapple and aggressively

petting porcupines.

### ROSTER

1	Michaela Dudley	5'4"	29
2	Chelsea Mower	5'5"	27
4	Stephanie Smith	5'8"	30
5	Anya Lagasse	5'3"	37
7	Savannah Erwin	5'6"	25
8	Hannah Calkins	5'4"	31
12	Judith Garber	5'2"	28
13	Tracy Darbeloff	5'8"	25
48	Lauren Kraemer	5'7"	25
64	Anna Blasiak	5'5"	33
69	Tahlia Quartin	5'7"	22

# Women's Teams

## ROCKFORD BEACHES

### MADISON WI

Captains: Robyn Wiseman, Becky LeDonne

Coach: Jimmy Dugan

@RockfordBeaches



The Rockford Beaches are a women's professional beach team with a storied history. The four-time champion Beaches originally competed in all 12 years of the

All-American Girls Professional Beach League. After a short hiatus, the Beaches donned their uniforms again in every season since the inaugural USAU Beach Championships. We're hungry to bring another pennant to the Upper Midwest.

Despite the recent retirement of Dottie Hinson, "All-the-Way" Mae Mordabito and Marla Hooch, this ragtag crew of Midwestern swingers will dazzle you with their heavy hitting and curveballs. Although we still throw home on a two-run lead and can't lay off the high ones, we absolutely know "there's no crying in ultimate!"

We're the members of the All-American League. We come from cities near and far. We've got Madisonians, Midwest ones and French. We're all for one, we're one for all, and we're all American!

### ROSTER

4	Kat Songer	5'4"	27
5	Rose Glinka	5'3"	30
9	Becky LeDonne	5'8"	41
10	Alison Vandegrift	5'9"	28
12	Jasmine Draper	5'4"	31
23	Anna Williams	5'6"	31
30	Jean Huang	5'7"	25
44	Robyn Wiseman	5'6"	30
87	Emily Langland	5'3"	29
90	Daniela Rodriguez	5'11"	30
95	Marion Tonnaire	5'2"	23
99	Dana Demmert	5'9"	26

## SAND CATS

### DURHAM, NC

Captains: Georgia Tse, Christine Bookhout

@NCsandcats



We are a North Carolina-based team composed of ladies who love going to the beach and laying out in the sun. Many of us play on the women's team Phoenix or mixed team Toro during the club season, and we're excited about playing together in this year's Beach Championships!

### ROSTER

1	Georgia Tse	5'6"	23
4	Elly Bier	5'7"	25
7	Sydney Harris	5'5"	23
10	Meagan Brown	5'3"	32
14	Lyla Stanland	5'5"	23
16	Judy Ledlee	5'2"	31
27	Toni Gomes	5'5"	30
30	Gentry Maddox	5'3"	25
33	Kumiko Sano	5'4"	29
52	Erynn Schroeder	5'6"	25
55	Klara Calderon-Guthe	6'0"	22
88	Christine Bookhout	5'6"	32

# Women's Teams

## THROWTORIOUS RBG

### WASHINGTON, D.C.

Captains: Katie Judd, Echo Presgraves



Throwtorious is a team based primarily out of D.C., with a smattering of women from the surrounding areas. Many of the women on the team are competitors in the club season, so Throwtorious is a great opportunity to get together to build friendships with players that cross paths on opposite sides of the field all season through bonding over the great motivator that is RBG!

Many of the players also join forces to run other events such as "6 Months until Wildwood," a layout clinic, as well as other learning opportunities.

### ROSTER

3	Katie Judd	5'7"	28
4	Allyce Estremera	5'6"	25
7	Olivia Oo	5'2"	30
8	Ana Mark	5'8"	29
9	Grace Riley-Adams	5'6"	25
11	Sarah Buxbaum	5'4"	27
12	Britta Schaffmeyer	5'6"	34
13	Echo Presgraves	5'8"	27
16	Carolyn Posner	5'2"	27
18	Hanna Finigan	5'5"	22
21	Caroline Buhse	5'7"	24
37	Carolyn Clendenin	5'8"	24
38	Maggie Soto	6'0"	25
44	Lauren Allen	5'5"	23
50	Hannah Boone	5'10"	27
88	Sarah Lord	5'5"	25

SPECTATOR INFO

# Mixed Masters Teams

## AGED AND CONFUSED

### RICHMOND, VA

Captains: Richard Rudniki, Heidi Bates



The cream of the Richmond Ultimate community, Aged and Confused has risen to the top, only to curdle to what's now left of it: a salty group of veterans spouting a hazy recollection of glories past, reunited on the only surface soft enough for their aching joints.

### ROSTER

0	Richard Rudnicki	5'9"	35
1	Richard Raabe	5'10"	33
3	Heidi Bates	5'3"	33
6	Brandon Bates	5'10"	37
7	Kevin Sahli	6'0"	42
8	Rebecca Butler	5'2"	35
9	Rob Young	5'7"	33
12	Tracy Ide	5'3"	31
14	Claire Raabe	5'9"	32
20	Anne Slade	5'6"	29
21	Brian Whitty	5'10"	33
24	Rebecca Harris	5'7"	32
33	Brett Butler	5'10"	33
48	Chuck Cantone	6'0"	32
84	Francoise Delisle	5'6"	32

## BEACHES AND CREAM

### NASHVILLE, TN

Captains: Ryan McVay, Robin Sasseville

Coach: Ryan McVay

@BeachandCream



A collection of strong personalities gathered from across the Southeast, where one of the things we agree on is that plastic should stay off the sand. Hailing from landlocked places, we sometimes marvel at the vastness of the water, but always while enjoying ultimate.

### ROSTER

2	Laura Storey	5'9"	30
4	Sam Bedsole	5'7"	30
9	Rachel Aubert	5'5"	30
12	Don Clark	5'10"	33
14	Jenny Newby	5'7"	30
15	Phil Mantel	6'3"	33
23	Ryan McVay	5'10"	35
34	Chris Blackburn	5'9"	40
47	Jacob Thress	5'10"	33
84	Robin Sasseville	5'10"	34
99	Nathan Piechal	6'2"	33



# Mixed Masters Teams

## BIG FISH

### HAILFAX, NS

Captains: Alex Nelson, Sam Harvey



This team came together from a few teammates who met at the 2017 World Championships of Beach Ultimate and brought their hometown teams together to join forces on the sand. With players from Saskatchewan, Ontario and Halifax, this team has put some serious miles in to play at this tournament.

Big Fish has been at Beach Championships every year since it started, and has competed in both the mixed masters and mixed divisions before. This year we brought two teams, one in each division! The mixed masters team combines experience, a youthful spirit and pure Nova Scotian grit and plans to bring it all to the beach!

### ROSTER

3	Chris Keillor
8	Allison Tannis
9	Colin Yeung
11	Will Dumaresq
12	Lara Kesteloo
16	Joy Stanistreet
18	Liane Johnson
26	Matt Greytak
33	Alex Nelson
37	Sam Harvey
42	Ellen Greytak
55	Peter Lewis
66	Georg Hofmann
77	Emma Burns

SPECTATOR INFO

## CHARGE!

### JENNIEVILLE, MD

Captains: Rod Hannon, Trish Hannon



CHARGE! was formed 16 years ago to give a group of long-standing coed teammates a reason to play in the sand. It was a welcome change to take off our cleats, soak up some sun and enjoy competitive disc in a new way. Several players on the squad now only appear on the horizon when beach ultimate is on the menu, preferring to never layout on turf again.

Our roster has changed somewhat over the years, but the core members and spirit of CHARGE! still remain strong. Carefully crafted, like your favorite cocktail, Charge! is assembled each year with equal parts of talent and friendship. We pride ourselves on high-spirited, competitive play; we happily heckle our own players as a means of team discipline. We encourage this spirit of play in our opponents as well, ending each game with a ceremony that recognizes the stand-out players on the opposing squad.

### ROSTER

0	Becka Alper	5'6"	35
1	Rod Hannon	5'9"	49
3	Tim Eubanks	5'10"	52
11	Terri Brandt	5'11"	37
13	Paul Didier	6'0"	54
16	Hon Yin Eubanks	5'4"	45
19	Paul Peek	6'0"	48
28	Patrick Vennebush	6'2"	47
29	Henry Ferland	5'11"	53
36	Kirsten Leckszas	5'8"	51
41	Chris Schulze	5'11"	41
50	Graham Katz	5'8"	52
51	Mandy Davis	5'3"	52
54	Allie Hanson	5'4"	37
99	Kathryn Kisska-Schulze	5'7"	44

# Mixed Masters Teams

## FUSTER

### CHARLESTON, WV

Captains: Scott Fields, Brandon Hudnall

Fuster Ultimate was “hatched” in June 2013 at Poultry Days. Our team base is in the capital city of Charleston, W. Va. and our players hail from all over the Mountain State. We are an active, adventurous, quasi-diverse flock who all have past or present ties to the hills of West Virginia. We have recently kidnapped a few friends from North Carolina who share our love for winning parties at fun tournaments and occasionally winning ultimate games. Our goal is to display our trademark, friendly Appalachian avian spirit everywhere we compete. You may not know us by sight, but you will recognize the battle cry of our mascot, the fighting chicken. Late at night, locals claim to hear the famed CLUCK of the Fuster team. Kah ka kah! Kah ka kah!

### ROSTER

0	Allison Blanton	5'8"	38
1	Kami Fleshman	5'4"	29
3	Brandon Hudnall	5'9"	32
4	Todd Griffith	5'7"	35
5	Sara Miller	5'0"	32
8	Amanda Ansell	5'10"	38
10	Tiffany Harless	5'6"	32
14	Scott Fields	6'0"	45
21	Kelly Learned	5'5"	30
29	Joshua Miller	6'2"	32
31	Marc Moughamer	5'11"	38
36	Drew Fenton	5'10"	32
96	Michael Micucci	6'4"	96

## LOOSE SEAL

### MINNEAPOLIS, MN

Captains: Graham Brayshaw, Tony Michaelson



Loose Seal is a conglomeration of mixed and women's players that is the embodiment of the Midwest desire to play beach ultimate. Minnesota has an amazing amount of shoreline and an amazing lack of sand, so we all agreed to meet up in Virginia Beach. Loose Seal is an older alumni team of sorts, made up of players from the similarly named team that barely took down the Throwback title of this year, just with less cheetah youth and a surlier attitude.

### ROSTER

1	Kevin Ryan	6'0"	36
2	Jolien Munsterhuis	5'7"	32
3	Dan Kresowik	6'1"	37
4	Tony Michaelson	5'7"	42
7	Jeremiah Gagner	6'0"	37
13	Paul Norgaard	6'2"	41
15	Mary King	5'4"	31
17	Kristina Golling	5'9"	29
19	Alyson Gagner	5'7"	34
31	Doug Jacobs	6'1"	37
33	Graham Brayshaw	5'10"	38
35	Sarah Anciaux	5'7"	29
42	Sam Valesano	5'9"	30
49	Stephanie Jacobs	5'6"	35
84	Mark Kresowik	6'0"	34

# Mixed Masters Teams

## MAX POWER

### TORONTO, ON

Captain: Chris Loat  
facebook.com/MaxPowerUlti/  
@MaxPowerUlti



Max Power has been competing in the Toronto leagues since 2010, and occasionally ventures out to play in the best tournaments around the world. One time, we went on a bit of a bender and ended up finishing second at Canadian Nationals.

### ROSTER

5	Chris Loat	5'7"	32
7	Bonnie Ketcheson	5'4"	29
9	Tom Jennings	5'10"	32
10	Julianna Jee	5'2"	29
11	Andrea Proulx	5'2"	29
14	Meghan Janssen	5'9"	29
17	Gareth Cawley	6'2"	32
25	Emma Seaborn	5'4"	29
30	Rob Grundy	6'2"	32
31	Melissa Dunseith	5'8"	29
50	Marcel Frenette-Corniellis	5'10"	32
69	Dan Thomson	5'10"	32
74	Laura Wiese	5'6"	29
88	Darrel Nantais	6'1"	32

SPECTATOR INFO

## OLD MONEY

### CHARLOTTE, NC

Captains: Anthony Grillo, Josh Greene  
charlotteultimate.com/t/old-money  
@OldMoneyUlti

2018 is the inaugural year for Old Money as a mixed masters team. The team was formed by former club players who have aged into the masters division and are still looking for competitive play. Based out of Charlotte, N.C., many of our players are transplants from other cities who have grown roots in Charlotte and have been playing together locally for a number of years. We will be competing in the beach and masters divisions throughout the year.

### ROSTER

4	Josh Greene	5'11"	43
5	Ellen Wisner	5'3"	34
7	Nathan Gagnon	5'7"	36
8	Fan Hong	5'2"	30
9	Tyler Wetzel	6'0"	32
11	Marja Grillo	5'6"	35
17	Trevor O'Reilly	6'0"	39
19	Lori Granath	5'5"	44
20	Greg Tschoepe	6'0"	38
22	Jason Heuay	5'9"	32
27	Suzanne Derby-Wright	5'3"	33
29	Sara Kerr	5'4"	42
44	Anthony Grillo	5'11"	36
73	Gabrielle Nguyen	5'3"	30

# Mixed Masters Teams

## OVER THE HILL

### WASHINGTON, D.C.

Captains: Jeff Hale, Samantha McClellan



We're a group of experienced ultimate players back for more fun this year. Many of us are from the D.C. area, and several are from Arizona and elsewhere in the western U.S. Team members have moved in and out of the team over the past several years. Everyone has played with at least one other Over the Hill teammate on another team, but Over the Hill only exists for the mixed masters

division at the Beach Championships every year. We're excited to be playing at Virginia Beach again in 2018.

### ROSTER

2	Huldah Gronvall	5'5"	36
3	Claire Smullen	5'7"	32
4	Christian Heneghan	5'8"	39
5	Lisa Shipek	5'6"	39
6	Grant Franke	5'9"	35
7	Peter MacArthur	5'10"	36
8	Matt Broadus	5'8"	40
9	Christina Chang	5'5"	36
11	Geoff Morrison	6'1"	36
12	Melissa Iwaszko	5'8"	51
14	Samantha McClellan	5'7"	32
25	Will Chen	5'10"	33
31	Molly Roy	5'3"	31
33	Chia-Yi Hou	5'3"	32
34	Jeff Hale	6'0"	38

## OVERRATED

### ROCHESTER, NY

Captain: Scott Franklin

**OVERRATED**



Overrated brings together a core of current and ex-Rochester players, some who have been playing together for over 15 years at all levels of ultimate. Aging gracefully into the mixed masters division, the team competes at local and national beach tournaments and expands as needed for local club tournaments.

### ROSTER

00	Steve Myers	5'10"	32
2	Joe Becker	5'11"	33
3	Steve Lacagnina	5'2"	40
4	Christine Purtell	5'4"	42
5	Ken Dziak	6'0"	38
7	Lena DeTar	5'11"	37
8	Wilson Marisa	5'4"	34
9	Katie Mihalenko	5'5"	33
12	Emily Cho	5'3"	33
13	Scott Franklin	5'8"	48
14	Chris Tonry	5'11"	33
16	Candace Yeh	5'5"	31
20	Breton Lisa	5'2"	41
21	Jason DeMaso	6'0"	36
23	Dudley Loew	5'9"	34
28	Boucher Lynne	5'7"	43
32	Dan Bell	5'9"	55

# Mixed Masters Teams

## SECOND HAND AERIAL MASTERS

### WASHINGTON, D.C.

Captains: Justin Kratz, Stacey Spencer  
http://bit.ly/UlimateSHAM  
@UltimateSHAM



Second Hand Aerial Masters (SHAM) is a mix of friends from the Greater D.C., Baltimore and Philadelphia Region. Everyone has either played with or against one another in multiple club, college, masters, beach or rec leagues over all of our long and storied careers. As we have been cast off to the masters division like a donation to a second-hand store, we are here to show that mixed masters isn't a fake, and we can bring high-level play, high-level spirit and high-level entertainment to the Beach Championships!

other in multiple club, college, masters, beach or rec leagues over all of our long and storied careers. As we have been cast off to the masters division like a donation to a second-hand store, we are here to show that mixed masters isn't a fake, and we can bring high-level play, high-level spirit and high-level entertainment to the Beach Championships!

### ROSTER

2	Darrell Thomas	6'0"	35
3	Ann Batchelder	5'4"	37
4	Tal Kopan	5'3"	31
6	Karin Rafaels	5'5"	36
7	Blaire Surgent	5'10"	36
8	Dominik Heynen	6'0"	35
10	Kin-Ling Sham	5'4"	37
10	Derek Rabold	5'9"	34
13	Justin Kratz	5'5"	35
22	Katie Surgent	5'8"	34
24	Eric Owens	5'9"	35
28	Laura Van Arsdale	5'3"	31
33	Doug Fowler	6'2"	36
47	Stacey Spencer	6'0"	32

SPECTATOR INFO

## SHOSTAKOVICH

### BROOKLYN, NY

Captains: Kim Tischler, Pete Gilchrist



Shostakovich (and the Angry Buddha) is delighted to be returning to the fourth-ever USAU Beach Championships, where the mixed masters division started! Originally founded nearly a decade ago to fulfill Taylor Richey's dream of winning the Ow, My Knee tournament in Albany (goal yet to be accomplished – perhaps at the 34th annual this summer), Shostakovich draws players from a wide spectrum of club teams. Our unifying (if sometimes tenuous) connection is to pick up in Prospect Park, Brooklyn, a game dating back to the early 1990s that fosters competition from the high school through great grand masters ages. While our Angry Buddha has retired (at least for now), we look forward to channeling his admirable blend of intense competitiveness and embodiment of the spirit of the game to Virginia Beach.

summer), Shostakovich draws players from a wide spectrum of club teams. Our unifying (if sometimes tenuous) connection is to pick up in Prospect Park, Brooklyn, a game dating back to the early 1990s that fosters competition from the high school through great grand masters ages. While our Angry Buddha has retired (at least for now), we look forward to channeling his admirable blend of intense competitiveness and embodiment of the spirit of the game to Virginia Beach.

### ROSTER

1	Jennifer Kurz	5'8"	40
2	Kelly Hyland	5'8"	30
3	Diana Deleo	5'6"	35
5	Pete Gilchrist	6'1"	38
6	Kim Tischler	5'9"	46
9	Ellis Kim	6'0"	35
11	Brendan Awerbuch	5'7"	34
15	Becca Tucker	5'6"	36
27	Katrina Krasnansky	5'7"	38
28	Pasquale Anthony Leonardo	6'5"	45
42	Mary Glickman	5'6"	34
45	David Goluskin	6'0"	32
50	Dana Grandoni	6'0"	36
71	Julie Sussman	5'2"	36
79	Ivan Cestero	5'10"	38
84	Dan Bush	5'10"	32
89	Rob Devoogd	5'6"	34

# Mixed Masters Teams

## SWAMP RATS

### THE GREAT DISMAL SWAMP, NC

Captains: Ben Dieter, Sara Dieter



In 2015, the Swamp Rats first emerged from the Great Dismal Swamp in North Carolina and scampered their way north to the soft sands of Virginia Beach. They found that the temperate climate, as well as the camaraderie of the mixed masters division, suited them. Now, each spring, the Rats make the migration north, and each year, new Rats from

around the country join the pack to contend for a championship. Despite the new faces and the new year, the team ethos remains the same: Keep it grimy, keep it dismal.

### ROSTER

00	Sharon Crawford	5'2"	33
1	Kate Morrison	5'6"	34
6	Sara Dieter	5'6"	36
8	Jill Kubisek	5'10"	39
9	Ryan Sitler	5'8"	32
10	Laurie Marcey	5'5"	30
11	Ben Dieter	6'3"	36
12	Danny Bjorkman	5'11"	38
19	Jimmy Mangum	5'10"	41
22	Brian Gane	6'0"	41
25	Trey Katzenbach	6'2"	47
26	Baker Pratt	6'5"	36
27	Maureen McCamley	5'5"	38
29	Ann Sitler	5'2"	30
35	Mike Jolley	6'3"	45
81	Alexa Barwick	5'6"	34
84	Sean Murray	6'3"	36

## YE OLDE BOXCAR

### RALEIGH, NC

Captains: Michelle Pearson, Danny Marlow



Ye Olde Boxcar started as a few players from the mixed club team named Boxcar (go figure) started to get old. Boxcar has a tradition of inviting friends to play with them at select tournaments. Since we couldn't field a full team of old folks, this was the perfect time to join together with friends again! To the Boxcar core,

we added old college buddies and new tournament friends. Each year, we've managed to gather a team of folks who've never played together before to maintain a healthy challenge for field chemistry and keep our brains young. Watch out - if we like you, we're going to try and recruit you!

### ROSTER

2	Matthew Clark	6'3"	36
3	Rimas Vilgalys	5'9"	33
7	Jen Greenholt	5'10"	31
8	Matt Glenn	6'2"	33
11	Danny Marlow	6'4"	35
13	Kaitlyn Bayley	5'6"	31
16	Margaret Shea	5'9"	32
17	Michelle Pearson	5'8"	40
21	Morelva Campbell	5'4"	38
24	Bonnie Schmittberger	5'4"	29
33	Somer Shively	5'9"	30
42	Spencer Rhodes	6'1"	36
99	Ian Newton	6'4"	33

# Men's Grand Masters Teams

## BLAZING SANDALS

### LAKELAND, FL

Captain: Tony Christian



Playing in their second year on the beach, Blazing Sandals is looking to improve on their inaugural appearance. With several returning Sandals and a few new additions, Blazing Sandals will be looking to blaze through the competition this year with the focus on playing with spirit and the aim to be playing late on Sunday! Caution to the rest of the field - although our Sandals may be Blazing, our beverages are always chilled!

### ROSTER

3	Tom Johnson	5'8"	40
5	Tim Grandison	5'10"	48
11	Brad Kalil	5'9"	52
17	Dave Varn	5'10"	46
22	Tony Porter	6'0"	52
23	Mike Lyle	5'11"	47
29	Brian Corradi	5'10"	54
36	Ryan Fitzgerald	5'10"	46
64	Tom Munoz	5'9"	53
70	Pericles Nacionales	5'8"	48
85	Tony Christian	5'7"	45
96	James Glaze	5'11"	41

SPECTATOR INFO

## BORDERLINE

### YARMOUTH, ME

Captain: Dan McConville



Borderline is an open masters and grand masters club team from the Atlantic Region (Ultimate Canada) / Northeast Region (USA Ultimate) that was conceived in 2011 by a collection of Canadian Maritime and Maine players. The original core group played on various open and mixed teams and developed friendships over the decades from competing against one another. Initially, Borderline competed as an open masters team. As an open masters team, we competed in the USAU Club Series in 2011-2013, earning a bid to U.S. Open Club Championships in 2013. In 2014 and 2015, we focused on the masters division of the Canadian Ultimate Championship, winning Canadian Nationals in 2014 in the open masters division. The team grew rapidly as new players came of age, and in 2016 we formed a grand masters team. This will be our third time playing at the U.S. Beach Championships.

### ROSTER

4	Max Chickering	6'0"	48
7	Anthony Mourino	5'8"	39
9	Tucker Evans	5'10"	40
12	Dick Dorff	6'4"	53
13	Mike Lass	5'10"	50
25	Daniel McConville	6'1"	50
27	Graham Vogt	6'0"	42
28	Derek Doucet	5'10"	40
34	Duane Bronson	5'10"	49
36	Joe Wager	6'9"	40
42	Mark Lessard	6'2"	42
50	Donnie McPhee	5'10"	51
72	Tim Coppinger	6'4"	48
92	Ryan Doucet	6'0"	45

# Men's Grand Masters Teams

## ELDORS

### SANTA BARBARA, CA

Captains: Steve Dugan, Greg Husak, Matt Shaff



The great birds keep aging. The first Condors won a national championship in 1977. As those birds aged into the masters division, they took a masters national championship in 1993. A new generation of Condors added open national championships at the turn of the century, and now they have aged into the grand masters division to bring a new brand of championship to Santa Barbara more than 40 years after the first one.

## ROSTER

1	Brandon Steets	5'11"	46
5	Steve Chang	5'8"	47
6	Idris Nolan	6'1"	41
9	Ryan Yarbrough	6'0"	43
13	Mathew Lefevre	5'8"	49
15	Chris McManus	5'11"	46
16	Jason Seidler	5'11"	46
17	Matt Shaff	5'10"	47
19	Nick Fiske	5'11"	46
23	Brent Russell	5'10"	54
26	Michael Namkung	5'11"	46
30	Corey Sanford	5'11"	46
33	Steve Dugan	5'11"	46
34	Michael Weems	5'9"	47
43	Thomas Burfiend	6'4"	46
57	Jimmy Price	5'11"	46
83	Greg Husak	6'2"	43

## GRAVE ERROR

### CHAPEL HILL, NC

Captain: Jacob Bonenberger



Grave Error is the result of all the other team's poor personnel decisions. We are the fodder, the chaff, the slivers of greatness you left on the cutting room floor while forming your perfect rosters. These forgotten souls have gathered together with one goal in mind - to seek redemption by burying the competition in this sandy graveyard. The signs will be subtle. When it feels like a hand is reaching out of the sand as you slip and faceplant, know that it is our hand. When the wind pops that disc up into your face instead of your fingers, know that it is our collective breath. Lastly, when a hand pats you on the back in that particularly sunburnt spot, well, that will be us too, congratulating you on a great game and reminding you of your Grave Error.

## ROSTER

0	Jake Bonenberger	5'11"	43
1	Rich Franck	6'0"	50
2	Wesley Hunt	5'8"	42
4	Joel Shuman	5'7"	49
22	Alan Ellis	6'2"	48
24	Andrew Brewer	5'10"	50
27	Steve Genson	5'11"	39
31	Noah Wichman	6'1"	42
32	Nick Crawford	6'2"	40
40	Charles Coddington	5'11"	40
42	Jason Pierce	5'11"	46
43	Kevin Calcagno	6'4"	41
51	Michael Hamilton-Genson	6'2"	41
54	Rich Mason	5'10"	44
78	Rabah Sbitani	5'9"	49
84	David Kaminski	6'1"	53
89	Greg Williams	6'0"	53



# Men's Grand Masters Teams

## NO COUNTRY

### BRATTLEBORO, VT

Captain: Jim Parinella



No Country has attended every Beach Championships since its inception. This is one of the few events we play each year as a team, and we look forward to seeing everyone on the beach. Here is to calm winds and sunny skies!

### ROSTER

1	Alex de Frondville
7	Phil Lawrence
10	Marshall Goff
18	Dan Sage
19	Nat Taylor
22	Arnold Sanchez
24	Troy Revell
25	Tom Glass
34	Terry Kramer
37	Fritz Burkhardt
67	Benjamin Cohen
71	Andy Lee
75	Matty Anderson
88	Jim Parinella

SPECTATOR INFO

## OLD LINE

### COCKEYSVILLE, MD

Captain: David Ritchie



Old Line takes its name from the nickname George Washington bestowed upon the state of Maryland, i.e., the Old Line state. The nickname, a compliment to Maryland's dependable and seasoned troops, was a reference to how they stood strong in the face of insurmountable odds. Like those seasoned troops of our past, the Old Line team will stand strong, battling through surf and sand to conquer its opponents! Or it's just the obvious reference to our extreme age. One of those two.

### ROSTER

0	Michael Myers	5'7"	47
4	John O'Neill	5'8"	55
7	Mike Pascale	5'9"	57
11	Tim Bilezikian	5'11"	54
13	Jeff Ordower	5'8"	48
15	Brian Barney	5'11"	57
23	Seth Martin	5'8"	55
25	George Percival	6'3"	57
33	Brian Lee	6'2"	45
40	Derek Hickok	5'11"	40
44	Brian Kettenring	6'2"	48
48	Bob Fonte	5'9"	57
65	David Warren	5'9"	66
68	Neill Curtis	5'5"	52
69	Gabriel Sanchez	5'10"	54
77	Andrew Mullican	6'3"	52
86	David Ritchie	5'11"	53
99	Alan Meeker	6'1"	57

# Men's Grand Masters Teams

## RECKON

### NASHVILLE, TN

Captains: Jon Meade, Mark Stuewe  
@ReckonUltimate

## RECKON

Reckon is a term we use to let you know we understand. It is a word used so much that it has become culture. Reckon, ain't, y'all, you will hear 'em all. We hail from the dirty-dirty South. We have a combination of bad air, big hair, soul music and whack traffic. A place where neckties, flies, tank tops and skeeters converge on humid days and sultry nights. We are a proud group of almos'ts and has-beens, ready to bring our high fives to some beautiful sand. Bless your heart, y'all better stand back and stay clear, for we are 'bout to bring it, a reckoning...you hear? Y'all Reckon?

### ROSTER

3	John Riddle	6'5"	43
5	Akira Yamaguchi	5'8"	41
9	Mark Stuewe	5'11"	47
10	Wei Lu	5'10"	40
14	Jack Blair	5'11"	41
15	Peter Winslett	5'11"	46
23	Peter Jackson	6'1"	47
40	Greg Heltzer	6'1"	40
44	Jon Meade	5'8"	42
50	Charles Fuss	5'7"	39
55	Brad Smith	5'11"	42
82	Shane Seal	5'10"	47
88	Chris Dawson	5'10"	48

## SANDBLAST

### CHICAGO, IL

Captains: John Hock, Gary LeDonne



Sandblast is essentially a melting pot of former teammates and foes from the Midwest. The sands of time have passed, but we have come together to compete again as Sandblast.

Sandblasting is "the operation of forcibly propelling a stream of abrasive material against a surface under high pressure to smooth a rough surface." Some of our players are abrasive material, some are a stream of high pressure and some have just been worn down.

### ROSTER

00	Steve LaGrosse	6'2"	48
1	John Sandahl	6'1"	42
2	Tim Murray	6'0"	40
3	Matt Wilken	6'3"	40
5	Keven Moldenhauer	5'11"	41
7	Todd Grace	5'9"	43
10	Don Tom	5'9"	46
11	Rob Johnson	5'10"	40
16	Chris Courtright	6'0"	43
30	Sam Lang	5'11"	40
32	Keith Allen	5'8"	45
33	John Gensel	5'9"	40
34	Johnny Hock	5'11"	53
45	Gary LeDonne	5'11"	43
87	Ricky Eikstadt	5'7"	47
88	Leo Wang	6'3"	41
96	Dan Baker	6'5"	41

# Men's Grand Masters Teams

## SCRAPHEAP

### PITTSBURGH, PA

Captain: Mark Worley

Scrapheap comprises the discarded remnants of the Steel City's past club teams and players with whom we have developed friendships over the years. This is its first year in the grand masters division at the USA Ultimate Beach Championships.

### ROSTER

3	Woo Jin Ho	5'7"	48
5	David Nernberg	5'8"	41
7	Rob Luhrs	5'11"	40
11	Gregg Landry	6'0"	49
13	Stu Snodgrass	6'0"	48
14	Mark Worley	5'8"	41
17	Greg Weston	5'8"	46
20	Matt Weiss	5'10"	51
22	Dave Lionetti	5'10"	46
28	Kevin Cramer	6'2"	40
34	Eric Eckelman	6'0"	45
44	Pat Wright	5'7"	55
77	William Brotman	5'10"	40
88	Craig Wilkins	5'8"	47
89	Bert Robertson	5'7"	46

SPECTATOR INFO

## SCRAPPLE

### PHILADELPHIA, PA

Captain: Bill Maroon, Rich Hart



Scrapple - scraps of meat left over from butchering, not used or sold elsewhere, were made into Scrapple to avoid waste. These scraps of meat are usually unwanted or undesirable in any other form, so they are thrown together to form Scrapple. It is best known as a rural American food of the Mid-Atlantic states (Delaware, Maryland, New Jersey, Pennsylvania and Virginia). Scrapple is found in supermarkets throughout the region in both fresh and frozen refrigerated cases.

This definition also describes a grand masters ultimate team from the Mid-Atlantic states.

### ROSTER

3	Rich Hart	5'7"	48
6	Bill Maroon	5'9"	46
9	Kevin Cale	6'1"	44
11	Kevin Lenaburg	5'10"	41
14	Dan Powers	6'1"	54
16	Tom Maroon	5'8"	54
21	AJ Iwasko	6'0"	52
23	Jon Francis	5'8"	41
24	Clayton Coltman	5'11"	44
27	Jeff George	5'5"	45
50	Bill Dristy	6'4"	55
80	Richard Russell	6'3"	49
88	Jon Luong	5'6"	39

# Men's Grand Masters Teams

## SOL DRAFT

### ORLANDO, FL

Captains: Eric Gilmore, Young Byun



Sol Draft is making its fourth consecutive USA Ultimate Beach Championships appearance. The solar winds lift the old worn and beaten warrior bodies high into the sky, and thermal drafts raise them aloft over all domains. Or, could it be just an anagram for who they really

are: a ragtag group of players from the South and Regions beyond, comprised of world champions, club elites and dreamers of days gone by. Sol Draft!

### ROSTER

3	Young Byun	5'9"	43
5	Mark Hoover	5'6"	60
7	Eric Gilmore	5'6"	55
10	Alex Peters	6'3"	61
17	Eric Arp	6'3"	46
19	James Cheeke	5'7"	55
22	Kendall Lewis	6'0"	47
25	Michael Barefoot	6'1"	50
28	Tim Ray	5'10"	52
44	Brian Kettenring	6'2"	46
52	Bob McCormack	6'2"	55
53	Jeff Ordower	6'0"	48

50  
YEARS  
AND



STILL  
FLYING

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#LIVEULTIMATE

# Spirit Of The Game

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. — 11th Edition USA Ultimate Rules of Ultimate.*

## 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

### 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

### 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

### 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

### 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

### 5. DON'T “GIVE AS YOU GOT.”

There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## **6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## **7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.**

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

# Spirit Circles

Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circles. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely something that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!



# Health and Safety

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

## CONCUSSIONS

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove the athlete from play.
  2. Ensure the athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If the athlete is a minor, inform the athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussions.
  4. Allow the athlete to return to play only with permission from an appropriate health care professional.

## DOCTOR’S NOTE REQUIREMENT

- If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor’s office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor’s note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

## ATHLETE PROTECTION

- USA Ultimate takes the protection of event participants seriously. In accordance with SafeSport and the USA Ultimate Conduct Policy, all USA Ultimate employees, volunteers, athletes, members, coaches and chaperones are prohibited from engaging in the following conduct with athletes at any time (a more thorough description is available at [www.usultimate.org/protection](http://www.usultimate.org/protection)):
  - o Bullying
  - o Hazing
  - o Harassment, including Sexual Harassment
  - o Emotional Misconduct
  - o Physical Misconduct
  - o Sexual Misconduct, including Child Sexual Abuse
- With the passage of the recent federal legislation to protect amateur and minor athletes, all SafeSport trained individuals (including coaches, team support, USA Ultimate staff) are now mandatory reporters.
- If you have questions or would like to file a complaint with USA Ultimate, please contact Dan Raabe at [dan@hq.usultimate.org](mailto:dan@hq.usultimate.org).

## HEAT, NUTRITION AND HYDRATION

- Heat-related illnesses occur when the body's ability to cool itself by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of a heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of a heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

## PREVENTION AND TREATMENT OF A HEAT ILLNESS

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase the risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges. Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to any prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin or get in front of a fan or breeze.

## SIDELINE SAFETY

- Spectators and equipment must stay at least five yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, people and other objects must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

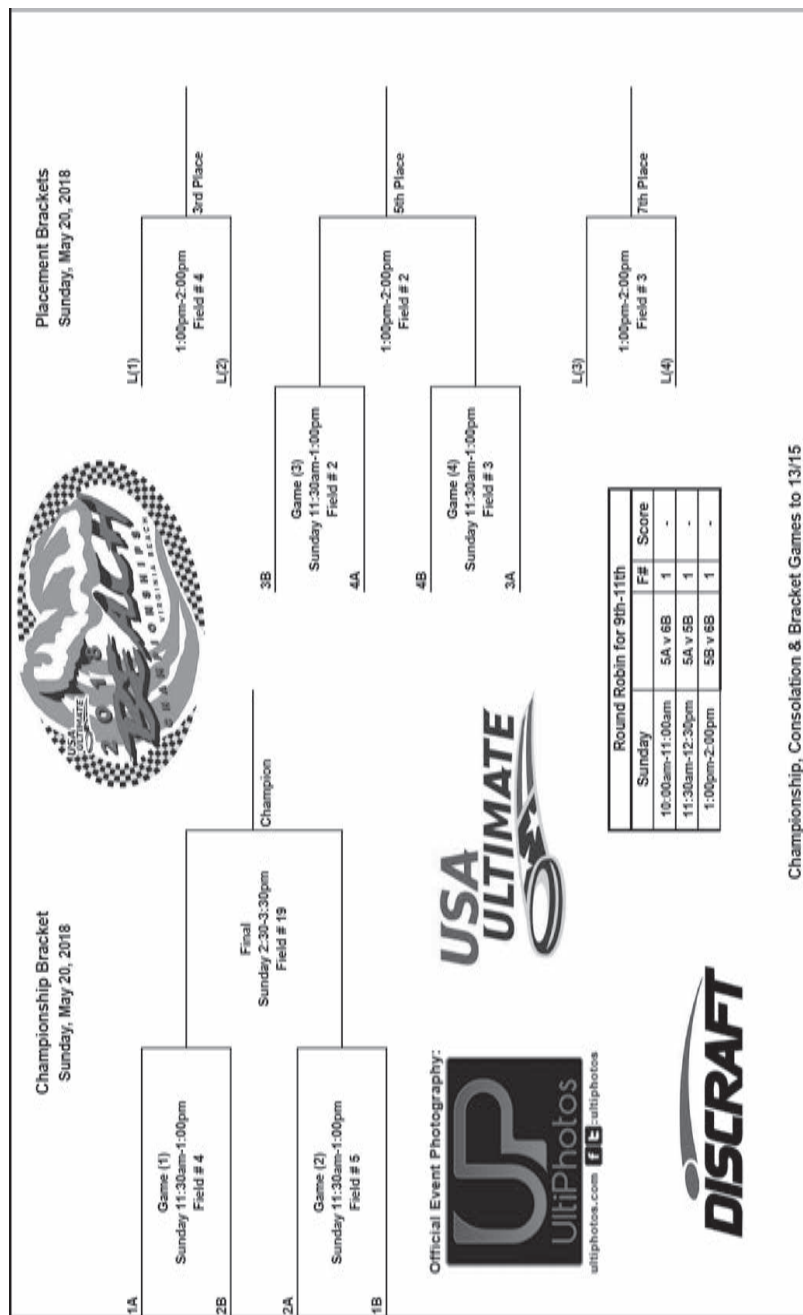
## LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via a PA system and through field marshals equipped with radios if there is a lightning danger. Play will then be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will be monitoring radar and listening for thunder. If lightning is occurring within 10 miles or thunder is audible, play will be suspended and all individuals should get in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# Men's Schedule

2018 USA Ultimate Beach Championships - Men's Division														
Pool Play on Saturday & Sunday, May 19-20, 2018														
All Games to 13/15, except Pool B Games to 11/13	Pool A						Pool B							
	A1	A2	A3	A4	A5		B1	B2	B3	B4	B5	B6		
	(1) And the Warhawks (Cambridge, MA)	(3) Bayonet (San Francisco, CA)	(6) MidRift (Iowa City, IA)	(8) Tusken Raiders (St. Louis, MO)	(9) Bern'd Out (Brooklyn, NY)		(2) Humiliswag (Fort Lauderdale, FL)	(4) AMPersand (Philadelphia, PA)	(5) Paranoia (Washington, D.C.)	(7) FludWhale (Richmond, VA)	(10) Aggressively Mediocore (Hampton, VA)	(11) BLUD (Roanoke, VA)		
	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score
Saturday														
9:00-10:00														
10:30-11:30														
12:00-1:00	A4 v A5	20	-	A2 v A3	21	-	B1 v B4	22	-	B2 v B6	23	-	B3 v B5	24
1:30-2:30	A1 v A5	19	-	A3 v A4	21	-	B1 v B6	22	-	B2 v B3	23	-	B4 v B5	24
3:00-4:00														
4:30-5:30	A1 v A4	19	-	A2 v A5	20	-	B1 v B3	18	-	B2 v B5	21	-	B4 v B6	22
6:00-7:00	A1 v A2	18	-	A3 v A5	20	-	B1 v B2	19	-	B5 v B6	21	-	B3 v B4	22
Sunday														
8:30-9:30	A1 v A3	4	-	A2 v A4	5	-	B1 v B5	2	-	B2 v B4	3	-	B3 v B6	1
Re-seed teams within each pool for bracket play														

You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

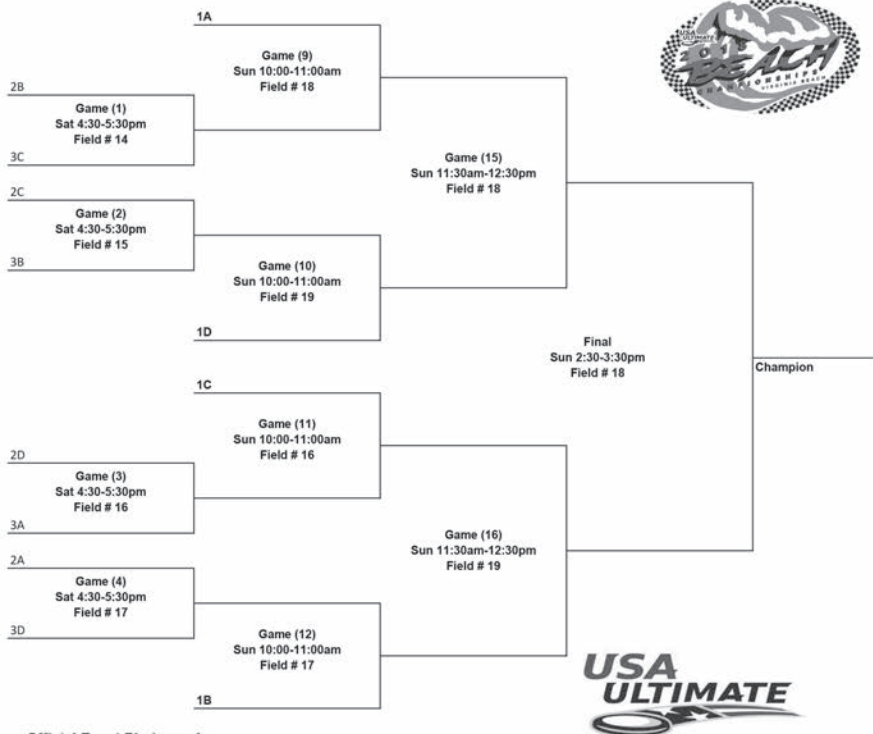


Championship, Consolation & Bracket Games to 13/15

# Mixed Schedule

2018 USA Ultimate Beach Championships - Mixed Division												
Saturday, May 19, 2018												
All Games to 13/15	Pool A						Pool B					
	A1	(1) Point Break (Los Angeles, CA)					B1	(2) No Tsu Oh (Houston, TX)				
	A2	(8) 90's Babies (Washington, D.C.)					B2	(7) ZOMG Zerg Rush (Boston, MA)				
	A3	(12) Erie Brig (Erie, PA)					B3	(11) En Fuego (Raleigh, NC)				
	A4	(13) Tyrannis (Charlottesville, VA)					B4	(14) Big Fish (Cape Cod, MA)				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
9:00 - 10:00												
10:30 - 11:30	A1 v A3	8	-	A2 v A4	9	-	B1 v B3	6	-	B2 v B4	7	-
12:00 - 1:00	A1 v A4	8	-	A2 v A3	9	-	B1 v B4	6	-	B2 v B3	7	-
1:30 - 2:30	A1 v A2	8	-	A3 v A4	9	-	B1 v B2	6	-	B3 v B4	7	-
Re-seed teams within each pool for Bracket play												

## Championship Bracket Saturday & Sunday, May 19-20, 2018



Official Event Photography:



ultiphotos.com f e :ultiphotos



All games to 13, cap 15

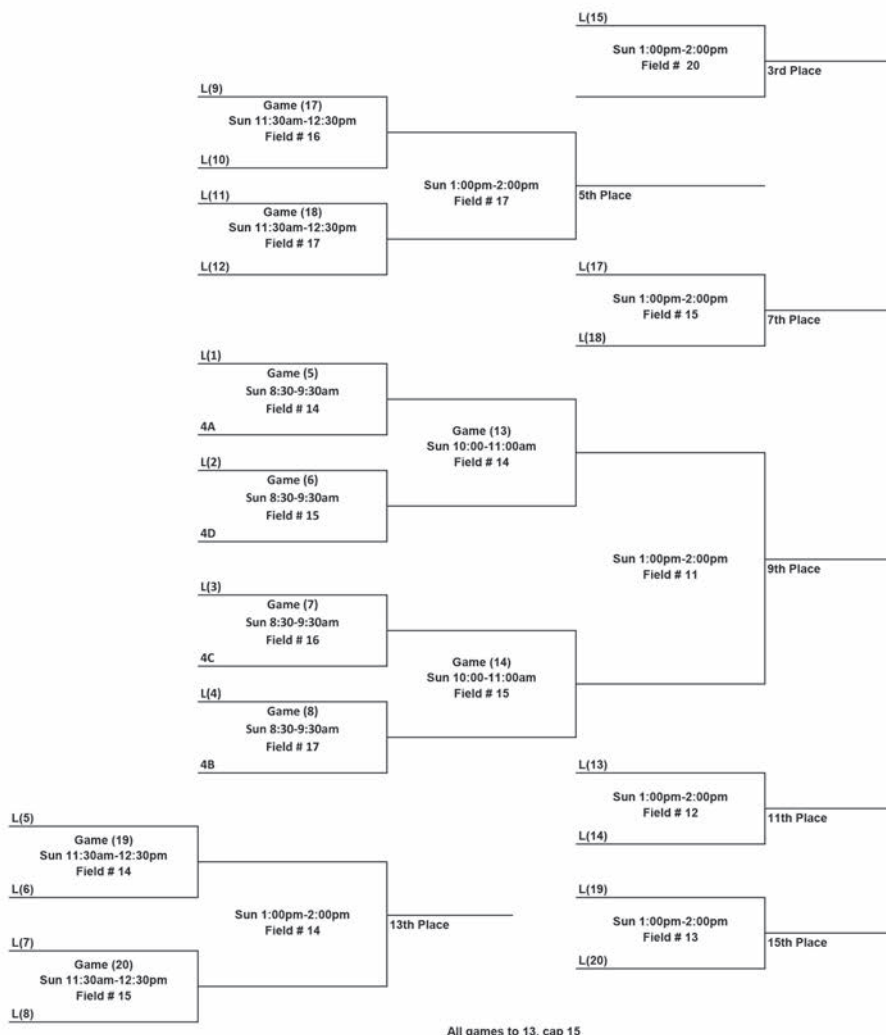
*You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.*



2018 USA ULTIMATE BEACH CHAMPIONSHIPS

2018 USA Ultimate Beach Championships - Mixed Division												
Saturday, May 19, 2018												
All Games to 13/15	Pool C					Pool D						
	C1	(3) Long Beach Legacy (Long Beach, CA)				D1	(4) Squirtle Squad (Cranford, NJ)					
	C2	(6) Fog City (San Francisco, CA)				D2	(5) Beach Boat (Cincinnati, OH)					
	C3	(10) Cottonmouth (Raleigh, NC)				D3	(9) The Bandits (Middletown, NJ)					
	C4	(15) BH Believe It (Albany, NY)				D4	(16) The Locals (Norfolk, VA)					
Saturday		F#	Score	F#	Score		F#	Score	F#	Score		
9:00 - 10:00												
10:30 - 11:30	C1 v C3	4		C2 v C4	5	-	D1 v D3	2	-	D2 v D4	3	-
12:00 - 1:00	C1 v C4	4	-	C2 v C3	5		D1 v D4	2	-	D2 v D3	3	-
1:30 - 2:30	C1 v C2	4		C3 v C4	5	-	D1 v D2	2	-	D3 v D4	3	-
Re-seed teams within each pool for Bracket play												

Placement Brackets  
Sunday, May 20, 2018



# Women's Schedule

2018 USA Ultimate Beach Championships - Women's Division									
Saturday, May 19, 2018									
All Games to 13/15 except Pool A Games to 11/13	Pool A					Pool B			
	A1	(1) Rockford Beaches (Madison, WI)				B1	(2) LAMP (Philadelphia, PA)		
	A2	(3) Throwtious RBG (Washington D.C.)				B2	(4) Filthy Rich (Richmond, VA)		
	A3	(6) Porcupineapples (Somerville, MA)				B3	(5) Sand Cats (Durham, NC)		
	A4	(8) Playa Fiasco (Fort Lauderdale, FL)				B4	(7) Jefe? (Newark, NJ)		
	A5	(9) FOXX (Peterborough, ON)							
	Saturday	F#	Score	F#	Score	F#	Score	F#	Score
9:00-10:00	A1 v A2	16	-	A3 v A4	17	-			
10:30-11:30	A1 v A4	16	-	A2 v A5	17	-	B1 v B3	20	-
12:00-1:00	A1 v A3	16	-	A4 v A5	17	-	B1 v B4	18	-
1:30-2:30	A2 v A4	18	-	A3 v A5	16	-			
3:00-4:30	A1 v A5	15	-	A2 v A3	16	-	B1 v B2	17	-
Re-seed teams within each pool for bracket play									
							B3 v B4	19	-

*You can keep up with  
the schedule and current  
scores in the Events  
section of the USA  
Ultimate mobile app.*



Championship Bracket  
Sunday, May 20, 2018



Placement Brackets  
Sunday, May 20, 2018

1A

Game (3)

Sun 10:00-11:00am  
Field # 12

2B

Game (1)

Sun 8:30-9:30am  
Field # 12

3A

Final

Sunday 1:00-2:00pm  
Field # 18

Champion

2A

Game (2)

Sun 8:30-9:30am  
Field # 13

3B

Game (4)

Sun 10:00-11:00am  
Field # 13

1B

Sun 11:30am-12:30pm  
Field # 12

3rd Place

Sun 11:30am-12:30pm  
Field # 13

5th Place

Official Event Photography:



Round Robin for 7th-9th

Sunday 8:30-9:00	4A v 5A	F#	Score
10:00-11:00	4B v 5A	11	-
11:30-12:30	4B v 4A	11	-

Championship, Consolation & Bracket Games to 13, cap 15

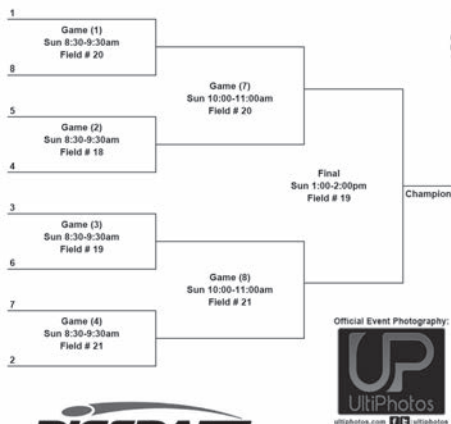
# Mixed Masters Schedule

2018 USA Ultimate Beach Championships - Mixed Masters Division												
Saturday, May 19, 2018												
Pools A & C - Games to 15/17. All Other Games to 13/15.	Pool A						Pool B					
	A1	(1) Dismal Swamp Rats (Raleigh, NC)					B1	(2) Over the Hill (Washington, D.C.)				
	A2	(8) Loose Seal (Minneapolis, MN)					B2	(7) Big Fish (Boston, MA)				
	A3	(11) Shostakovich (Brooklyn, NY)					B3	(12) Fuster (Charleston, WV)				
							B4	(13) Beaches and Cream (Nashville, TN)				
Saturday		F#	Score				F#	Score		F#	Score	
9:00 - 10:00	A1 v A3	14	-				B1 v B3	12	-	B2 v B4	13	-
10:30 - 11:30	A2 v A3	14	-				B1 v B4	12	-	B2 v B3	13	-
12:00 - 1:00	A1 v A2	14	-				B1 v B2	12	-	B3 v B4	13	-
Re-seed teams 1-4 within each pool												
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
1:30 - 2:30												
3:00 - 4:00	1A v 1C	18	-	2B v 3D	21	-	2D v 3B	22	-	2C v 3A	23	-

## Championship Bracket Sunday, May 20, 2018

Following Saturday, the top 8 teams will be re-seeded in the following order for the Championship Bracket:

- 1) Winner of 1Av1C
- 2) Winner of Pool B
- 3) Loser of 1Av1C
- 4) Winner of Pool D
- 5) Winner of 2Cv3A if 1A won the 1Av1C game, otherwise winner of 2Av3C
- 6) Winner of 2Dv3B
- 7) Winner of 2Av3C if 1A won the 1Av1C game, otherwise winner of 2Cv3A
- 8) Winner of 2Bv3D



**DISCRAFT**

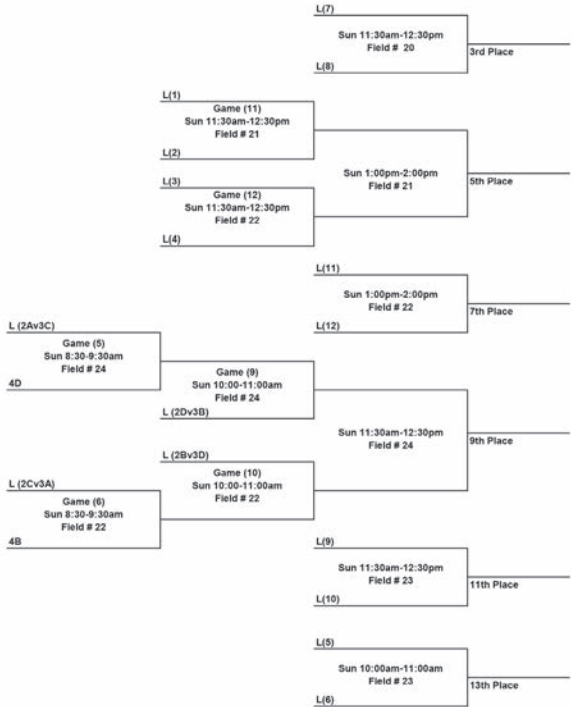
Championship games to 13, cap 15

*You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.*

# Mixed Masters Schedule

2018 USA Ultimate Beach Championships - Mixed Masters Division									
Saturday, May 19, 2018									
Pools A & C - Games to 15/17, All Other Games to 13/15.	Pool C				Pool D				
	C1	(3) SHAM (Washington, D.C.)			D1	(4) Overrated (Rochester, NY)			
	C2	(6) Charge! (Takoma Park, MD)			D2	(5) Max Power (Toronto, ON)			
	C3	(9) Ye Olde Boxcar (Raleigh, NC)			D3	(10) Old Money (Charlotte, NC)			
					D4	(14) Aged and Confused (Richmond, VA)			
Saturday		F#	Score			F#	Score		
9:00 - 10:00	C1 v C3	15	-		D1 v D3	10	-	D2 v D4	11 -
10:30 - 11:30	C2 v C3	15	-		D1 v D4	10	-	D2 v D3	11 -
12:00 - 1:00	C1 v C2	15	-		D1 v D2	10	-	D3 v D4	11 -
Re-seed teams 1-4 within each pool									
Saturday		F#	Score		F#	Score		F#	Score
1:30 - 2:30									
3:00 - 4:00	1A v 1C	18	-	2B v 3D	21	-	2D v 3B	22	-
								2C v 3A	23 -
								2A v 3C	24 -

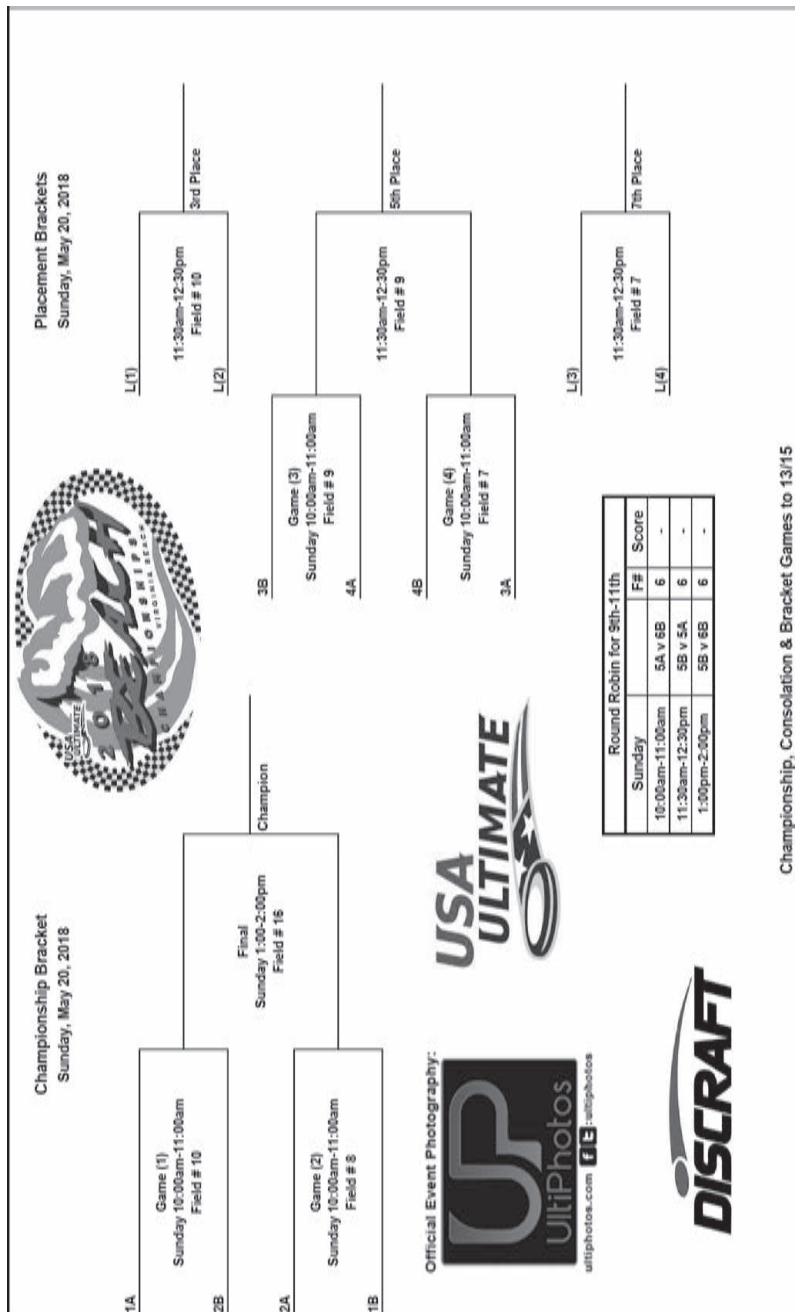
### Placement Brackets Sunday, May 20, 2018



# Men's Grand Masters Schedule

2018 USA Ultimate Beach Championships - Grand Masters Division													
Pool Play on Saturday & Sunday, May 19-20, 2018													
All Games to 13/15, except Pool B Games to 11/13	Pool A						Pool B						
	A1	(1) Sandblast (Chicago, IL)	B1	(2) No Country (Brattleboro, VT)									
	A2	(4) Scapple (Philadelphia, PA)	B2	(3) Santa Barbara Eldors (Santa Barbara, CA)									
	A3	(5) Reckon (Nashville, TN)	B3	(6) Borderline (Yarmouth, ME)									
	A4	(7) Scrapheap (Pittsburgh, PA)	B4	(8) Old Line (Annapolis, MD)									
	A5	(10) Sol Draft (Orlando, FL)	B5	(9) Grave Error (Chapel Hill, NC)									
			B6	(11) Blazing Sandals (Lakeland, FL)									
	Saturday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score		
	9:00-10:00	A4 v A5	19	-	A2 v A3	20	-	B1 v B4	18	-	B2 v B6	24	-
	10:30-11:30	A1 v A5	18	-	A3 v A4	23	-	B1 v B6	21	-	B2 v B3	24	-
12:00-1:00													
1:30-2:30	A1 v A4	10	-	A2 v A5	11	-	B1 v B3	12	-	B2 v B5	13	-	
3:00-4:00	A1 v A2	10	-	A3 v A5	11	-	B1 v B2	12	-	B5 v B6	13	-	
Sunday	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score	F#	Score	
8:30-9:30	A1 v A3	10	-	A2 v A4	9	-	B1 v B5	8	-	B2 v B4	7	-	
Re-seed teams within each pool for bracket play													

*You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.*



Championship, Consolation & Bracket Games to 13/15

DOWNLOAD NOW!



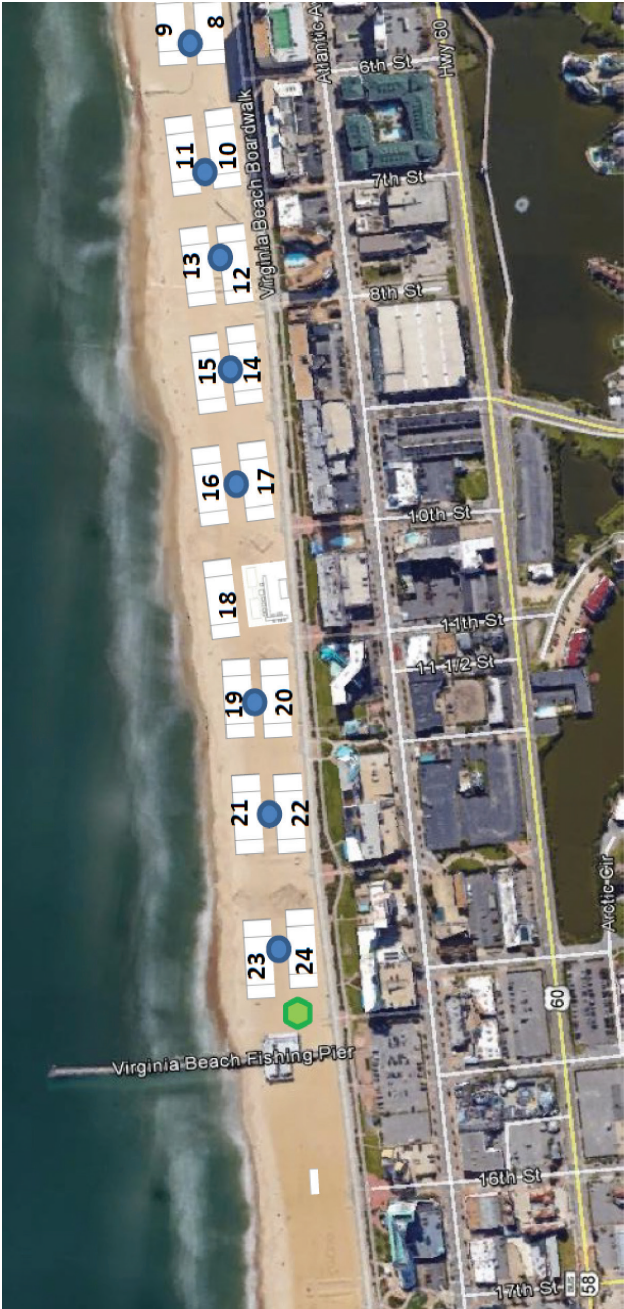
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2018 USA ULTIMATE BEACH CHAMPIONSHIPS

# Field Map





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