2018 NATIONAL CHAMPIONSHIPS
SAN DIEGO 10/18-10/21

EVENT GUIDE $2
Since 1998, our goal has been to produce ultimate uniforms & apparel of the highest quality, while living up to our reputation for great customer service & active community involvement.

It’s an honour to be able to give back over 15% of our total sales each year to our community.

We couldn’t do it without your support. Thank you!

www.vculminate.com
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UltiPhotos
USA ULTIMATE CHAMPIONSHIPS OFFICIAL PHOTOGRAPHERS
ultiphotos.com UltiPhotos
Event staff will be wearing green “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people to help you out:

**USA ULTIMATE STAFF**
- Chief Executive Officer – Dr. Tom Crawford
- Director, Finance & Development – Julia Echterhoff Lee
- Manager, Finance & Administration – Kayleigh Hudson
- Managing Director, Competition & National Teams – Will Deaver
- Manager, Competition & Athlete Programs (Club) – Ernest Toney
- Manager, Competition & Athlete Programs (College) – Tom Manewitz
- Manager, Events – Byron Hicks
- Manager, Events – David Raflo
- Director, Membership Services & Community Development – Josh Murphy
- Manager, Event Sanctioning – Teal Dabney
- Manager, Community Services & Development – Leah Dolan-Kelley
- Coordinator, Youth & Education Programs – Sarah Powers
- Managing Director, Marketing, Communications & Brand – Andy Lee
- Manager, Digital Marketing & Communications – Maelyn Divinski
- Senior Manager, Communications – Stacey Waldrup
- Communications Coordinator – Larry Melton
- National Men’s Director – Adam Goff
- National Mixed Director – Remy Schor
- National Women’s Director – Carolyn Finney

**LOCAL ORGANIZING COMMITTEE STAFF**
- Tournament Director – Keith Temple
- Volunteer Recruiting – Alisha Stoun
- Volunteer Coordinator – Camille Sultana
- Hospitality Coordinator – Leslie Willis
- Media Coordinator – Benjamin Eto
- Head Scorekeeper – Robyn Ridley
- Head Statkeeper – Shannon Temple
- Youth Clinics – Cliff Hanna
- Stadium Coordinator – Richard Chang
- Admissions Coordinator – Abe Sklar
- Field Logistics Coordinator – Michael Lovisa
- PA Announcer – Steve Dunn

**OBSERVERS**
- Mitch Dengler (Head Observer), Alan Baggish, Jeff Blair, Bill Bourret, Brian Bradburn, Rusty Brown, Andrew Buermeyer, Hank Cary, Vincent Chang, Kyle Christoph, Josh Drury, Mark Fritz, Janna Hamaker, Sandra Hanson, Stephen Hubbard, Peter Kapostasy, Linda Kudo, Wally Kwong, Dan Laurila, Laura Meyer, Kate Monforti, Jonathan Monforti, Andrew Nguyen, Sam Shapiro, Bradley Tinney, Marvin Vuong, Daniel Wong, Sam Wood

**SPECIAL THANKS**
- Diego Ultimate Disc Experience, Discraft, ESPN, San Diego Tourism Authority
On behalf of the San Diego Tourism Authority, congratulations on qualifying for the USA Ultimate National Championships and welcome to San Diego!

San Diego is a destination that truly has something for everyone. With an average temperature of 72 degrees, we hope that you’re able to enjoy our 70+ miles of coastline including scenic vistas in La Jolla and Sunset Cliffs. If you’re bringing the family, be sure to check out the world-renowned San Diego Zoo or SeaWorld San Diego. The Gaslamp District is popular for fine dining and nightlife, and we certainly can’t leave out the cultural hubs of San Diego including Balboa Park and Old Town.

We’re sincerely excited to host the National Championships and 50th Anniversary Celebration. We hope that you enjoy San Diego and come back for the 2019 National Championships. Best of luck!

Best Regards,

Joe Terzi
President and CEO
Dear USA Ultimate Athletes, Alumni and all Ultimate Enthusiasts,

Diego Ultimate Disc Experience (DUDE) would like to welcome you to sunny San Diego. We are excited to be hosting the 2018 USA Ultimate National Championships and celebrating the 50th anniversary of the sport here in our community.

We hope that in addition to the competition you can enjoy the many activities and sites San Diego has to offer. We boast many beaches, such as La Jolla, Coronado and Del Mar; we also recommend Balboa Park and the San Diego Zoo, SeaWorld and Legoland. There’s also Old Town San Diego, the Midway and the historic Gaslamp Quarter. Don’t forget to try a California Burrito as you explore the dining options throughout the San Diego area.

DUDE is delighted to welcome you and the tournament to San Diego. We hope you enjoy your time here.

Sincerely,

Emily Blazar
President
Diego Ultimate Disc Experience
WEEKEND OVERVIEW

Wednesday, October 17 at Hilton Del Mar
6:30-8:30pm Discraft Welcome Reception

Thursday, October 18 at Surf Cup Sports Park
9:00am-5:30pm Pool Play

Friday, October 19 at Surf Cup Sports Park
9:00am-6:00pm Bracket Play
3:30-5:30pm Learn to Compete Clinic (high school aged kids)

Saturday, October 20 at Surf Cup Sports Park
9:00-10:45am Placement Games (5th, 11th, 13th, 15th)
10:00-11:45am Pro-Flight Play-In Games, Men’s Semifinal #1, Mixed Semifinal #1 at Surf Cup Sports Park
9:30-11:30am Learn to Play Clinic
11:45am-1:30pm Mixed Semifinal #2 at Mira Mesa High School
2:00-4:00pm Learn to Compete Clinic (kids ages 14-18 with previous ultimate experience)
2:15-4:00pm Men’s Semifinal #2 at Mira Mesa High School
5:30-7:30pm Participant Dinner
5:30-7:15pm Women’s Semifinal #1 at Mira Mesa High School
8:00-9:45pm Women’s Semifinal #2 at Mira Mesa High School

Sunday, October 21 at Mira Mesa High School
10:00-11:45am Mixed Final at Stadium
12:30-2:15pm Women’s Final at Stadium
3:00-4:45pm Men’s Final at Stadium
50 YEARS AND STILL FLYING

50TH ANNIVERSARY REUNION & CELEBRATION • SAN DIEGO, CA
OCTOBER 18, 2018 - OCTOBER 21, 2018

#LIVEULTIMATE
Welcome to the 2018 National Championships and the Celebration of 50 Years!

Sandwiched between the Summer of Love and Woodstock, students from Columbia High School in Maplewood, N.J. invented the sport we love, and via the “Johnny Appleseeds” – whom you can meet! - spread it to colleges, club teams and international programs, helping it become the phenomenon we know today as ultimate.

In parallel to USA Ultimate’s National Championships competition, the Ultimate Foundation is hosting a 50th Anniversary event to celebrate the sport’s founding - recounting its history, honoring its most accomplished players and leaders and rekindling that spirit of community and joy.

The Hilton Del Mar will be Frisbee central as we will take a step into the time machine to celebrate the past, reunite as a community and take a glimpse into our future.

Thursday evening features a welcome reception, Dave Gessner’s passionate readings from Ultimate Glory and an improvisational jam session from ultimate’s most talented musicians.

Friday features a history exhibit, the Huck-It-Back beach hat tournament and memorial games leading to the evening’s crescendo event - the Hall of Fame dinner and induction ceremony.

Saturday morning kicks off with a 90-minute program in the history exhibit hall that is not to be missed (no spoiler alerts here, but the founders of the sport are in the house!). In the afternoon at the fields, there will be an Olympics-inspired parade of teams between semifinal games. Back at the Hilton, there is the must-attend dance-mania party in the evening. Even though we might not be able to play anymore, we can certainly still dance! Can anybody say, “Old Folks Boogie?”

Of course, we will marvel at how far the sport has come by watching the best ultimate competition on the planet this weekend at the National Championships.

Hope this is one of the peak weekends of your life!

Phil “Guido” Adams
50th Anniversary Reunion Chair
ULTIMATE: A HISTORY

Fifty years ago, Frisbees flew over the parking lots of Columbia High School (CHS) in Maplewood, N.J. as three students, Joel Silver, Buzz Hellring and Johnny Hines, invented a game called ultimate. From codifying official rules to establishing the first varsity high school team, these founders, and the many more who came after them, helped spread the seeds of this new sport to their colleges, communities and, eventually, to the rest of the world. Today, we celebrate not only the beginning, but also the growing possibility implicit in this marvelous game.

- **1958:** The Frisbee Pluto Platter is released to the public.
- **1968:** Ultimate is officially established at Columbia High School.
- **1970:** First official rules of ultimate are enacted.
- **Nov. 6, 1972:** The first intercollegiate ultimate game in history is played between Rutgers and Princeton. This historic contest had over 1,000 people in attendance and was later featured in the New York Times.
- **April 1975:** Intercollegiate Ultimate Frisbee Championships are established.
- **1977:** Santa Barbara defeats Penn State in the first National Championship.
- **1977:** First ever all-women’s game took place between Los Angeles and Santa Barbara.
- **1979:** The Ultimate Players Association (UPA) is established as ultimate’s official national governing body.
- **1982:** The women’s division is created.
- **1984:** The first College Nationals takes place at Tufts with only an open division.
- **1987:** The women’s college division takes off.
- **1991:** The masters division is launched with women’s and open divisions.
- **1998:** The mixed division is founded.
- **2001:** Ultimate is added to the World Games.
- **2014, 2015:** Ultimate is officially recognized by the U.S. and International Olympic Committees.
50TH ANNIVERSARY SCHEDULE

**OCT. 18**

9:00 A.M. - 5:30 P.M.  
NATIONALS POOL PLAY - SURF CUP SPORTS PARK  
REUNION TENT - SURF CUP SPORTS PARK

5:00 P.M. - 7:00 P.M.  
WELCOME RECEPTION - HILTON DEL MAR

**THURSDAY**

**FRIDAY**

**OCT. 19**

9:00 A.M. - 5:30 P.M.  
NATIONALS POOL PLAY - SURF CUP SPORTS PARK  
REUNION TENT - SURF CUP SPORTS PARK

9:00 A.M. - 12:00 P.M.  
FIRST 50 YEARS OF ULTIMATE EXHIBIT - HILTON DEL MAR  
BEACH HAT TOURNAMENT - CORONADO BEACH

7:00 - 10:00 P.M.  
HALL OF FAME DINNER AND AWARDS CEREMONY - HILTON DEL MAR
9:00 - 11:00 A.M.
50 YEARS AND STILL FLYING PROGRAM - HILTON DEL MAR

11:00 A.M. - 12:00 P.M.
FIRST 50 YEARS OF ULTIMATE EXHIBIT - HILTON DEL MAR
SHARE YOUR STORY - HILTON DEL MAR

12:00 - 10:00 P.M.
NATIONALS SEMIFINALS - MIRA MESA HIGH SCHOOL

4:00 - 6:00 P.M.
PARADE OF TEAMS - MIRA MESA HIGH SCHOOL

9:00 P.M. - 12:00 A.M.
DANCE PARTY - HILTON DEL MAR

10:00 A.M. - 4:45 P.M.
NATIONALS FINALS - MIRA MESA HIGH SCHOOL

FOR MORE INFO, THEULTIMATEFOUNDATION.ORG/EVENTS/
SITE RULES

• No Alcohol
• No Tobacco
• No Glass
• No Weapons
• No Abusive Language
• Observe Parking Restrictions and Handicap/Staff Spots
• Dogs Must be Leashed
• Spectators and equipment must stay at least five yards away from sidelines! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least five yards.
• Trash and Recycling – Place recyclables in the recycling receptacles, and place trash in the trash cans.

COMPETITION RULES

• USA Ultimate Official Rules of Ultimate, 11th Edition
  - Modifications: 20-yard end zones; “contact” marking violation call
• All games to 15, point-cap at 17.
• Halftime is 10 minutes.
• Each team has two timeouts per half.
• Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
• Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
• Soft time cap: Goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
• Caps do not affect timeouts.
• Hard caps will not be used in the Pro Flight play-in games, semifinals or finals.
NOISEMAKER GUIDELINES

The following guidelines for noisemakers will be applied at USA Ultimate events. They are designed to strike a balance between limiting artificial noise that adversely impacts the competition or the on-site experience of participants with allowing for noise that helps create an enthusiastic, fun and supportive environment. Players, teams and spectators are expected to abide by these guidelines while on site at the event.

- Powered noisemakers are not allowed at the event site. This includes, but is not limited to, air horns, sirens and electronic bullhorns.
- Novelty noisemakers are NOT permitted, except under the following conditions:
  - Must remain outside of the equipment lines.
  - May only be used between a goal being scored and the offense signaling readiness for the next point.
  - May not be used during timeouts taken during active play.
  - Novelty noisemakers include, but are not limited to, whistles, vuvuzelas, squeeze horns and musical instruments.
- Music-playing devices with external speakers are permitted under the following conditions:
  - Must remain outside of equipment lines, except during warm-ups and half-time.
  - Must remain at a reasonable volume considering other event participants and attendees.
  - May not be used to play music with offensive lyrics or themes.
- No noisemaker of any kind is permitted that may present a safety hazard.
- Any noisemaker permitted above may be disallowed if the volume or content of the noise is deemed to be offensive or disruptive to the enjoyment of the event, or the noisemaker is used in an un-spirited manner such as to taunt, intimidate or give a team an undue competitive advantage, as determined by event staff.

Event staff and observers will inform teams and individuals of these guidelines as needed. Repercussions for violation of these guidelines may include confiscation of the noisemaker, removal of the individual from the event site and/or in-game sanctions associated with the Misconduct System.
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Now you can bring ultimate with you everywhere you go, with a USA Ultimate Visa card! You get great benefits while supporting youth outreach efforts, U.S National Teams and grassroots development programs.

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Choose from five great designs!

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USA ULTIMATE TRIPLE CROWN TOUR

The USA Ultimate Triple Crown Tour is a competition structure, introduced in 2013, for the USA Ultimate club season, including the summer regular season and the fall Championship Series for the men’s, mixed and women’s divisions. Teams in this structure qualify into one of four “Flights” based on their finish in the most recent Championship Series. Qualification for the 2018 National Championships means that all participating teams have earned their way into one of the two top Flights (Pro or Elite) for 2019.

At the 2018 National Championships, the top eight finishers will comprise the 2019 Pro Flight. Pro Flight teams will also earn bids to the 2019 U.S. Open Championships and the 2019 Pro Championships. The bottom eight teams at Nationals will comprise the 2019 Elite Flight, and will earn bids to the 2019 Elite-Select Challenge and 2019 Pro-Elite Challenge events.

PLACEMENT GAMES

Schedule Clarifications

Triple Crown Tour (TCT) Pro-Flight Qualification

- 5th Semis Bracket:
  - 5* through 8* are quarterfinal losers in order of post-regionals ranking.

- 9th Quarters Bracket:
  - 9* through 12* are pre-quarters losers in order of post-regionals ranking.
  - 13* through 16* are pool play losers in order of post-regionals ranking.

- Pro Flight Play-In:
  - Each fifth-place semifinal loser will match up against a ninth-place semifinal winner to compete for one of the final two spots in the 2019 Pro Flight. Winners of these two games will qualify for the last two spots in the Pro Flight.
BUILD THE FUTURE OF ULTIMATE

Join USAU’s Coaching Development Program
Sponsored by: FIVEULTIMATE
ULTIMATE IN 10 SIMPLE RULES

1. THE FIELD: A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 25 yards deep.

2. INITIATE PLAY: Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.

3. SCORING: Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.

4. MOVEMENT OF THE DISC: The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.

5. CHANGE OF POSSESSION: When a pass in not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

6. SUBSTITUTIONS: Players not in the game may replace players in the game after a score and during an injury timeout.

7. NON-CONTACT: No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

8. FOULS: When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

9. SELF-OFFICIATING: Players are responsible for their own foul and line calls. Players resolve their own disputes.

10. SPIRIT OF THE GAME: Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.
## USA ULTIMATE NATIONAL CHAMPIONS

<table>
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<tr>
<th>Year</th>
<th>Men's</th>
<th>Women's</th>
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<tbody>
<tr>
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LOVE AT FIRST FLIGHT

LEARN TO PLAY FREE CLINICS & DISC

OCTOBER 20 9:30 - 11:30 AM BOYS & GIRLS

AGES 18 & UNDER

REGISTER TINYURL.COM/USAU-LTP-CLINICS OR ON SITE AT INFO TENT
**COMMON ULTIMATE TERMS**

**BREAKMARK** — a throw made to other side of the field from what is being forced by the marker

**BRICK** — the spot where play may be initiated when a pull lands out of bounds, typically 15 or 20 yards from the front of the offense’s end zone and in the center of the field (yardage varies based on individual tournament rules); players have the option of making this call or taking the disc on the sideline closest to where it lands

**CALLAHAN** — a defensive score, occurs when a defender catches the disc in the end zone he or she is attacking

**CUP** — the wall of defenders that surround the thrower in a zone defense; the wall typically consists of 3 players, but variations with 2 or 4 defenders are also common

**FLICK** — forehand, thrown outside, away from the handler’s body

**FORCE** — side of the field to which throws should be contained; the marker will attempt to take away throws to one part of the field and is said to be “forcing” throws to go up in a certain direction

**GREATEST** — a jump, throw, catch combination that occurs when the disc is out-of-bounds, but a player jumps from in-bounds, catches the disc and successfully throws it back in-bounds to a teammate

**HAMMER** — an overhead throw that starts above the shoulders where the disc turns over in the air and lands upside-down

**HUCK** — a long throw

**POACH** — a defensive decision to leave a designated one-on-one matchup, usually temporarily, to clog a cutting lane or help defend a player other than the original

**PULL** — the “kick-off” of each point in which the defensive team throws the disc from their own end zone down the field toward the offensive team

**STALL** — the 10-second count for which a player is allowed to maintain possession of the disc; the opposing, defensive player must count the 10-seconds aloud; a “stall” occurs if the disc is held for more than the 10-second count

**STRIP** — occurs when a disc is knocked out of a player’s hands after they have stopped rotation and achieved possession
10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.
Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

2. CONTROL: SOTG TAKES REAL EFFORT.
SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.
Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent’s foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.
It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON’T “GIVE AS YOU GOT.”
There is no “eye for an eye.” If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.
6. BREATHE.
After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE. When you turn the other cheek, you know you’ve done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.
Compliment an opponent on her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.
Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.
All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

*Special thanks to Eric Zaslow and members of the 2005 Conduct Committee (Jeff Dunbar, Kate Bergeron, Eric Zaslow, Will Deaver) for the development of this document. Adopted by USA Ultimate Executive Committee, March 29, 2005.*
Chain Lightning has been in existence since the late 1970s and has run, mostly in continuity, since that time. The team won a national championship in 2009 and held a streak of 16 straight Nationals appearances from 1999-2014. After a few years of rebuilding, this is the first appearance for Chain Lightning at Nationals since 2014. This year, we have 21 players going to Club Nationals for the first time!

In an off-season deep water DiG, we struck gold finding the wreckage of a once legendary ship: Ironside. As was foreshadowed by the eight year Boston prophecy, five sailors rose from the depths to merge/absorb themselves with the latest reincarnation of Boston open ultimate. Alas, every treasure chest has a linchpin, for we have inherited their curse. We now must wander the grounds at Nationals forever, long-faced and humorless until we capture the championship. Only then can we pass along our burden to the next group of fun loving lads from Boston town. Death is Glory.
# MEN'S TEAMS

## Doublewide

**Austin, TX**  
Captains: Michael Matthis, Dalton Smith, Jay Froude  
Coach: Jose Cespedes  
@doublewidetx  

A well-nasty brotherhood founded in 2001, Doublewide is a collection of the best talent from Texas and beyond coming together to get lit and win championships. Coming off a strong showing at the World Ultimate Club Championships, Doublewide has qualified for Nationals for the 12th consecutive year and is looking to top last year’s second place finish.

### Roster

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<td>Josh Zdrodowski</td>
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## Furious George

**Vancouver, BC**  
Captains: Kevin Underhill, Fred Lam, Alex Davis  
Coaches: Matthew Berezan, Troe Weston  
furiousultimate.com  
@furiousultimate

Furious George (est. 1995) is an open-division ultimate club based out of Vancouver, British Columbia. In its history, Furious has become a 10-time Canadian National Champion, three-time UPA (now USA Ultimate) Champion and three-time World (WUGC and WUCC) Champion. The players of Furious George continue to travel the world both as a club and in the service of multiple national teams.

### Roster

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<td>Bobo Eyrich</td>
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<td>Morgan Hibbert</td>
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<td>Brendan Wong</td>
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Johnny Bravo was founded in 1996 by Dan Ackerman, Wes Williams and Dan "Jello" Revelle. The team was founded on vengeance by castoffs from the top Boulder-area team. Soon, Johnny Bravo overtook their rivals and began their reign as the top elite team in Colorado. By cultivating a strong relationship with local college teams (notably Colorado and Colorado State) and drawing top talent from across the nation, Johnny Bravo grew from a national afterthought, to a perennial quarterfinalist and, finally, to a title contender. Johnny Bravo's base is solidified by a group of players who recognize that natural talent and athleticism can get you to the next level, but hard work and brotherhood will help you transcend that level.

High Five was founded in Michigan in 2013, but it was given new life in 2015 when the team merged with regional rival Columbus Madcow. The border that once divided so many great players now unites us as one team. With many former adversaries now teammates and close friends, this unlikely combination immediately proved to be a contender on a national level.

In 2015, High Five qualified for Nationals for the first time and has qualified every year since. We intend to build upon our Nationals appearances and solidify Michigan/Ohio High Five as a national mainstay.
MADISON CLUB

MADISON, WI
Captains: Avery Johnson, Colin Camp, Kevin Pettit-Scantling
Coach: Tim Debyl
madisonultimate.blogspot.com
@MadisonClub

Madison Club is the premier men’s club ultimate team in Wisconsin. We compete nationally at the highest level of competitive ultimate. The team plays in the elite division of USA Ultimate’s Triple Crown Tour and has qualified for the Club Championships 12 times since 1999.

We are dedicated to creating and enhancing an amazing team-wide experience through hard work, camaraderie and achievement. We have been, and will continue to be, a group of amazing friends and personalities motivated by the pure pleasure of playing ultimate at the highest level.

ROSTER

1  David Wiseman  6’5”  30
2  Logan Pruess  6’0”  25
4  Sam Hebert  5’9”  23
6  Bill Everhart  6’1”  30
7  Avery Johnson  5’11”  24
9  Andrew Meshnick  6’2”  29
10  Victor Luo  5’10”  24
18  Mike Kobyra  5’11”  24
20  Glenn Poole  5’9”  31
22  Rami Paust  6’1”  21
23  Tarik Akyuz  6’2”  25
24  Logan Grothus  5’10”  23
25  Ryan Tucker  6’4”  26
26  Peter Graffy  6’2”  28
27  Elliot Mawby  6’4”  23
32  Colin Camp  6’2”  27
41  Chase Marty  6’1”  23
48  Tom Coolidge  5’8”  28
66  Ted Schewe  6’2”  19
68  Ben Nelson  6’2”  30
76  Colin Grandon  5’10”  25
80  Kevin Pettit-Scantling  6’2”  27
92  Kevin Brown  6’2”  26

Practice Players
3  Jeff Holm  6’5”  21
21  Cal Tornabene  6’3”  20

MACHINE

CHICAGO, IL
Captains: AJ Nelson, Kevin Kelly, Pawel Janas, Walden Nelson
Coach: Andy Neilsen
chicago-machine.com
@machineultimate

Machine represents Chicago at the National Championships for the 13th year in a row. With a foundation built on earning and demonstrating trust for one another, the 2018 Machine squad knows nothing easy is worth having. With a few salsa lessons under their belt, Machine is ready to earn it at the big dance.

ROSTER

0  Jesse White  6’0”  23
5  Brad Bolliger  6’1”  27
7  Kurt Gibson  6’2”  32
8  Stephan Manche  6’1”  29
10  Von Alanguilan  5’8”  29
11  Nate Goff  6’4”  23
12  Kyle Routledge  6’1”  21
13  Alex Evangelides  6’1”  29
14  Jeff Weis  6’4”  21
15  Andrew Sheehan  5’11”  34
16  Yiding Hou  5’9”  25
17  Jack Shanahan  6’1”  22
18  Cullen Geppert  6’1”  30
19  Jack Shey  6’2”  26
22  Alex Champe  5’9”  26
24  Michael Pardo  6’3”  24
25  Ross Barker  5’11”  24
26  Kevin Kelly  6’4”  31
28  Joey Cari  5’6”  29
31  Walden Nelson  5’10”  31
32  Sam Kanner  6’0”  30
36  Tim Fergus  5’9”  26
37  Travis Carpenter  6’0”  25
51  AJ Nelson  6’4”  29
55  Pawel Janas  5’10”  24
64  Neal Phelps  6’0”  28

Practice Players
3  Jeff Holm  6’5”  21
21  Cal Tornabene  6’3”  20
Revolver was established in the spring of 2006 when Nick Handler, Chris McManus and Marc Weinberger came together to build a new Bay Area ultimate program from scratch. They sought a team where young players could learn from veterans, where lasting friendships were made and where the goal was to get better in every practice and game – rise.

**REVOLVER**

**SAN FRANCISCO, CA**

Captains: Simon Higgins, Lucas Dallmann, George Stubbs, Byron Liu

Coaches: Martin Cochran, Mike Payne

revolverultimate.com

@RevolverIHD

**ROSTER**

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SPECTATOR INFO

2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS

RING OF FIRE
RALEIGH, NC
Captains: Jonathan Nethercutt, Noah Saul, Shane Sisco, Matt Gouchoe-Hanas
Coaches: Mike Denardis, David Allison
ringultimate.org
@ringultimate

We are one of the oldest active club teams in the world. This is also our first year in existence. Our efforts to represent the entire state have reinvigorated a storied program and launched a new era in Oregon ultimate. Rhino Slam! is reborn. GFSF.

RHOINO SLAM!
SALEM, OR
Captains: Chris Hancock, Ben Whitenack, Vinh Bui
Coaches: Steve Kenton, Adrian King
rhinoultimate.com
@RhinoUltimate

Celebrating our 29th season, Ring of Fire is North Carolina’s premier open club ultimate team. Founded in 1989, Ring is one of the oldest club ultimate teams in the world and has a long-standing tradition of success on the national scene, qualifying for the Club Championships every year except one over the last 24, including the last 20 years consecutively. Ring has also competed at WFDF World Ultimate Club Championships five times, finishing fourth (1993, 1995), fifth (1999, 2018) and ninth place (1997).

ROSTER

29 2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS

20 RANDALL MILLER

ROSTER

2 Brandon Lafferty 6’3” 26
6 Cody Bjorklund 5’11” 29
7 Kristian Grobecker 6’2” 25
8 Ben Whitenack 5’10” 24
9 Chris Hancock 5’8” 31
10 Colby Chuck 5’6” 20
12 Jon Lee 6’0” 26
13 Timmy Perston 6’3” 29
15 Mario Bundy 6’0” 25
17 Raphy Hayes 6’0” 25
20 James Will Shaw 6’0” 25
21 Spencer Latarski 5’10” 24
22 Grant Cole 5’10” 32
24 Adam Rees 6’1” 23
26 Colton Clark 6’5” 22
27 Trevor Smith 5’10” 25
28 Hylke Snieder 6’4” 29
30 Sam Franer 5’10” 25
31 Will Beck 6’1” 24
33 Sam Gordon-Koven 6’5” 24
35 Andrew Halpin 6’3” 27
40 Vinh Bui 5’11” 24
42 Will Lohre 5’11” 21
44 Owen Murphy 6’1” 27
62 Quinn Buermeyer 5’10” 20
64 Leandro Marx 5’9” 21
91 Aaron Adamson 6’4” 27

2 15

ROSTER

00 Goose Helton 6’0” 34
1 Justin Allen 6’1” 27
3 Josh Mullin 5’10” 38
4 Dillon Lanier 6’0” 20
6 Jacob Mouw 6’3” 25
7 Jon Nethercutt 6’1” 26
8 Terrence Mitchell 5’10” 23
9 JD Hastings 5’6” 24
10 Henry Fisher 6’6” 22
11 Mischa Freystaetter 6’7” 27
12 Joey Cretella 6’0” 30
13 Shane Sisco 5’11” 31
14 Liam Searles-Bohs 6’1” 19
15 Eric Taylor 6’1” 22
18 Elijah Long 6’0” 21
20 Jacob Fairfax 6’2” 22
21 Matt Gouchoe-Hanas 5’10” 22
22 Sol Yanuck 5’11” 22
24 Noah Saul 6’0” 29
25 Bob Liu 5’8” 31
26 Allan Laviolette 5’8” 29
28 Jack Williams 6’1” 24
30 Andrew Mckelvey 5’10” 23
45 Brett Matzuka 5’8” 33
51 Tim Mcallister 5’11” 24
84 David Richardson 6’3” 27
99 Josh Hartzog 6’1” 29
Sub Zero has been representing Minneapolis men’s ultimate since 1998. Sub has qualified for the National Championships 17 times, and has been chasing its best finish of third in 1999. In 2017, Sub Zero finished eighth at Nationals and qualified for the USA Ultimate Pro-Flight. In 2018, with a mix of seasoned veterans and an influx of talent, Sub Zero looks to improve on last year’s success and battle the best teams at Club Nationals in San Diego.
We are an open ultimate team from Washington, DC and Baltimore. Did you know that Washington, DC residents do not have a vote in either the House of Representatives or the US Senate? Yet, we pay federal taxes, and many serve in the United States Military. That’s taxation without representation. Anyways, we’ve been to Club Nationals every year since 2006, and last year was our best finish, fourth.

---

**TRUCK STOP**

**WASHINGTON, DC**

Captains: Eric Miner, Nate Castine, Matthew Rowan McDonnell
Coach: Daryl Stanley
@TruckStopUlti

Started in 2014, Pittsburgh Temper’s goal has always been to attract the top talent from the Greater Pittsburgh Area.

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**MEN’S TEAMS**

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**TEMPER**

**PITTSBURGH, PA**

Captains: Marcus Ranii-Dropcho, Patrick Earles, Max Thorne
Coach: Andrew Willig
@pghtemper
AMP

PHILADELPHIA, PA
Captains: Andrea DeSabato, Ben Pelleg, Emily Shields, Stephen Ng
Coach: Patrick Sherlock
phillyamp.com
@phillyamp

AMP is proud to represent the Founders Section and Philadelphia. We have swooped for a baker’s dozen of USA Ultimate Club Championships appearances since 2006 and competed at the 2010 and 2018 World Ultimate Club Championships.

We appreciate all the alumni, friends and family who have got our backs and encourage us to go big at game time. They mean so much to us, we want to shout, never sleep and stay woat.

We are Buds, Donkeys, Pork Kings, Donkeys, but most importantly, We-Nard! Put it on a rope because our sausage legs are going to work. Wow!

BFG

SEATTLE, WA
Captains: Lili Gu, Alexa Kirkland, Tommy Li
@SeattleBFG

A team is no one. A team is no one without love and joy, hard work and grit, mutual respect and trust. A team is no one without practice players, parents and partners. A team is no one without a little fun and a lot of weird. A team is no one getting left behind. A team is no one person, but a family of goons coming together to try to be our best selves.

BFG was founded in 2016 by Lili Gu and Alexa Kirkland on the values of positivity, process and perseverance. This will be our second time at Nationals together, and we’re all excited for the opportunity to compete at one more tournament this season!
Since 2011, Blackbird has competed as an elite mixed team, drawing on the deep talent pool of the Bay Area. We are a dynamic group of players with a wealth of club and international experience. In seven seasons, Blackbird has earned six USA Ultimate National Championship appearances, including back-to-back championships in 2011 and 2012, and top eight finishes (Pro Flight) in 2014, 2015 and 2016. We pride ourselves on the Happy Grind: an attitude that takes our team’s culture and pairs it with an unrelenting work ethic on the field. CAW CAW CAW!

Columbus Cocktails was formed in 2016 after the city was missing a competitive mixed team for over a year. The first year, the team was focused on having a spirited and fun season. Very shortly into the first year, the team realized its potential and has been working towards a greater goal ever since - making Nationals. Even though Nationals became a common goal, we never lost sight of our origin and always strived to provide a spirited and competitive atmosphere. Each year, the program has progressed and continues to improve and place higher every year at Regionals.
Drag’n Thrust was established in 2009, and, other than the inaugural year, Drag’n has ended every season competing at the National Championships. Drag’n has always been a practicing team, committed to being among the best in the mixed division. Drag’n Thrust is committed to working hard, showcasing the abilities of all athletes in cross-gender play, community involvement and Spirit of the Game. We are excited to be back at our ninth USA Ultimate National Championship, and we strive to take our performance to a new level.

Late one night in the fall of 1981, a young traffic engineer was redesigning the intersection of Routes 7 and 22. As he dozed off, his pencil slipped off the page. The next morning, as he awoke in a pool of his own drool, he noticed the slobber and lead mark awkwardly connected the two roads, but oddly off to the side. It was the birth of the jughandle. On locally maintained roads, and in other states, Jughandle signage can appear to be haphazard and confusing to out of state drivers. Jughandle, the ultimate team, has been consistently fielding a team for the past 12 years. Jughandle prides itself on playing with spirit. No left turns. Joyfire. GO BIRDS.
Mischief. It means trickery, chicanery and spirited fun. It means winning games with our legs and, when our legs can’t run any more, going the last mile with our heart. It means always having more in the tank. It means putting everything on the line for our team and taking pride in being the best we are capable of becoming. Above all, it means love and family.

Mischief was founded in 2003, and our goal is to foster a supportive and fun environment that motivates us to work hard, commit and sacrifice for each other to compete at the highest level. Mischief has been a consistent force in the mixed division for over a decade, qualifying for Nationals in six of the last seven years, most recently winning gold at PAUCC in Argentina. We’re excited to make our 11th trip to Nationals this year!

Mixtape has been on the scene for a couple years now, getting buckets and being loud. We are still around, getting the same buckets and being just as loud, now just with some new pups and a few gold medals in our closet. See you in the lot!

Mischief Roster
SAN FRANCISCO, CA
Captains: Candice Tse, Han Chen, Kevin Smith, Nate Young, Scott Gatto
mischiefultimate.com
@mischief_nation

1. Candice Tse
2. Cori Hanson
3. Preeti Nalavade
4. Michael Dirda
5. James Hansell
6. Devon Ray Williams
7. Julia Butterfield
8. Elliott Chertock
9. Cody Kirkland
10. Candice Tse
11. Robin Meyers
12. Ellen Rim
13. Nate Young
14. Julia Kwasnick
15. Caitlin Rugg
16. Sean Childers
17. Jenny Wang
18. Eric Rivera
19. Jordan Jeffery
20. Audrey Wei
21. VY Chow
22. Han Chen
23. Scott Gatto
24. Gina Schumacher
25. Devin Drewry
26. Emily Prader
27. Kevin Smith
28. Max de Visser

Mixtape Roster
SEATTLE, WA
Captains: Bert Abbott, Evan Klein, Casey Ikeda, Mark Burton
mixtapeultimate.com
@SeattleMixtape

1. Kahyee Fong
2. Cam Bailey
3. Zhi Chen
4. Meagan Kapostasy
5. Lexi Garrity
6. Bert Abbott
7. Brad Houser
8. Reed Hendrickson
9. Mark Burton
10. Ellen Goldberg
11. Casey Ikeda
12. Cole Johnson
13. Grace Noah
14. Jesse Bolton
15. Evan Klein
16. Nikki Bruce
17. Alex Duffel
18. Dom Cavalero
19. Claire Revere
20. Emily Smith
21. Brian Stout
22. Abbie Abromovich
23. Nick Dare
24. Paige Kercher
25. Ari Lozano
26. Lani Nguyen
27. Khalif El-Salaam

2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS
Founded in 2013, No Touching! entered the season looking to continue their perfect attendance record at North Central Regionals. Having once again qualified for Nationals, the team referred to perplexingly as “… them?” is happy to report for the third straight year, “We’ve made a huge mistake.”

The Polar Bears are a mixed ultimate team hailing from the California Bay Area. We started as a Lei Out team in 2010 and had so much fun that we decided not to stop! We went on to win the national championship in our first year and this is our seventh Nationals appearance in nine seasons. This year’s squad is hungry and excited to be back at the big show. Rawr!

ROSTER

MINNEAPOLIS, MN
Captains: Graham Brayshaw, Paul Norgaard, Sam Valesano
Coach: Liam Shramko
@notouchingult

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SAN FRANCISCO, CA
Captains: Margot Stert, Nicholas Alexander, Linh Hoang
Coach: Ziyue Chen
@PBRawr

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SPECTATOR INFO

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2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS

SLOW WHITE

FORT COLLINS, CO
Captains: Vinny Fiacco, Jake Juszak
@ultimate_shame

SLOW WHITE

Slow White 2018 dug its way out of a hole (dug by Slow White and the Grand(est of) Army(ies)) to arrive in San Diego for our 13th Nationals appearance. This season’s squad features a new crew of nine young athletes, plus some non-new, non-young athletes who have been at this for a while. Slow White took home gold at Nationals in 2016 and silver at the World Ultimate Club Championships in 2018.

SHAME.

FORT COLLINS, CO
Captains: Vinny Fiacco, Jake Juszak
@ultimate_shame

SHAME.

MIXED TEAMS

ROSTER

0  Kevin Herrera  6’0”  32
2  Hugh Carey  5’9”  32
3  Kelcie Glick  5’5”  35
4  Chelsea Cotton  5’4”  28
7  Emily Hanson  5’4”  36
8  Bailey Russell  6’0”  39
9  Nate Roth  5’9”  35
10  Doug Stenclik  6’0”  33
11  Nick Lance  6’2”  30
12  Emelia Garcia  6’0”  30
13  Kyle Enns  5’7”  28
20  Ryan Morgan  6’1”  36
21  Joe Anderson  6’4”  32
22  Danielle Love  5’7”  24
23  Peter Raines  6’1”  28
24  Zack Fleming  6’0”  24
25  Nick Snuszka  6’1”  30
26  Chris Gauen  6’2”  27
28  Jana Krutsinger  5’7”  45
31  Tina McDowell  5’6”  46
33  Alexandra Daniels  5’5”  27
48  Aubree Dietrich  5’8”  25
51  Spencer Tibbs  6’2”  26
52  Marilyn Reich  5’7”  25
56  Jake Juszak  6’3”  29
69  Adrienne Altobelli  5’7”  34
85  Vinny Fiacco  6’2”  33

ROSTER

2  Ryan Cardinal  5’9”  24
3  Eric Shaw  6’0”  26
4  Tommy Ferguson  5’11”  33
5  Shaun Doherty  5’11”  29
6  Shaun Krieger  6’0”  30
7  Rosie Ano  5’5”  36
8  Walker Hatchett  6’0”  28
9  Jeff Smith  5’10”  33
10  Ryan Turner  6’1”  25
11  Ari Nelson  5’8”  19
12  Ivan Tran  5’9”  22
14  Hannah Baranes  5’6”  28
15  Caitlin Fitzgerald  5’5”  26
17  Tess Johnson  5’8”  18
19  Olivia Hampton  5’4”  23
20  David Friedman  6’1”  23
21  Pat Barron  6’2”  22
24  Andy Schachter  5’10”  29
25  Alex Trahey  6’4”  30
26  Rachael Westgate  5’5”  28
28  Vicki Chang  5’5”  28
32  Emilia Scheemaker  5’9”  25
46  Amy Stoddard  5’8”  22
55  Todd Herman  6’4”  31
60  Caitlin Go  5’2”  23
62  Leanne Go  5’5”  21
77  Eli Motycka  5’11”  23

2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS

37
Snake Country was established in 2009 by a group of Middlebury alumni who wanted to play together after college. This year, the 10th anniversary of the team, is the first season the Snakes are competing in the USA Ultimate club series. Previously, the team has found success at Get Ho Ho Ho in Falmouth, Mass. (except in searching for a certain someone while playing night time Sardines) and the Wildwood Beach Ultimate Tournament in Wildwood, N.J.

This season has seen the introduction of new teammates (but old friends) and brought plenty of new experiences, but at its core, the team’s identity is based around having fun with friends, which we are all excited to do for four more days in San Diego.

Space heaters heat you and the room they occupy in two ways: through radiant heat and convection. Radiant heat is like the warmth you feel when sunlight hits your skin. The closer you are to the space heater, the more of the radiant warmth you’ll feel. Convection happens when air surrounding the heater is heated. That hot air rises toward the ceiling, pulling surrounding cool air toward the heater, where that air is heated and also begins to rise. Air at the ceiling then begins to cool and fall, until it’s drawn toward the heater once again. This is called a convection loop, and while air toward the ceiling will tend to feel warmer, the convective loop will eventually help to heat the whole room.
Toro is a mixed club team from Durham, N.C. founded in 2016, and we are excited to be stampeding back to Nationals in 2018. Our goal is to bring back a nationally relevant mixed team to the Triangle area and to have more fun than any other team in the process.

XIST is a mixed team based out of New York City. XIST is in its second season and are very excited to qualify for Nationals 2018!

XIST is a mixed team based out of New York City. XIST is in its second season and are very excited to qualify for Nationals 2018! We strive to be relentless competitors that are respected by our opponents and loved by our members. We take pride in creating a family-esque culture that fosters individual and team growth.

Our mission is to be a premiere mixed team competing nationally. We achieve this by building a culture focused on commitment, a love for our teammates and a passion for ultimate and Spirit of the Game.

Our team name, XIST, comes the name of a gene that balances X-chromosome gene expression between males and females. It sounds complicated, but the point is this: there’s more that makes us the same than makes us different.
The Toronto 6ixers has been in existence for three years. After claiming the Canadian Ultimate Championship title in 2017 and attending our first World Ultimate Club Championship this past summer in 2018, we will be competing at USA Ultimate National Championships for the second time in a row, competing for a top spot against some of the strongest teams in the world.

Boston Brüte Squad was founded eight years after the incomparable Kiss From a Rose by Seal was first released in 1994 and has been living in its shadow ever since. We are two time national champions (2015 and 2016) and four time national finalists (2009, 2015, 2016 and 2017) who pride ourselves on our gritty defense, attacking mentality and ability to find the joy and ridiculousness in our teammates.

Brute Squad is excited to be part of the conversation, action and change that is happening in our sport around gender equity. As athletes and as females, we are happy that our peers are starting to get the spotlight they deserve.

Brute is also pumped about bringing a double dose of butter as well as power, pleasure and pain into everything we do this season, and we are striving to be the bright neon light that hits the gloom on the grey.
SPECTATOR INFO

WOMEN'S TEAMS

FURY

SAN FRANCISCO, CA
Captains: Lauren Chang, Carolyn Finney, Cree Howard
Coaches: Matt Tsang, Idris Nolan, Ness Fajardo
furyultimate.com
@furyultimate

From the San Francisco Bay Area, Fury is a team built on the principles of dedication, teamwork, accountability and respect for our opponents and the game we love. Since its inception in 1997, Fury has won the USA Ultimate National Championship 10 times and has earned the honor to represent the US at seven World Championships. Led by coach Matty Tsang and Idris Nolan, we have developed a tradition of excellence in preparation, competition and Spirit of the Game. Over the years, Fury has been comprised of a diverse group of women, but everyone has shared a common goal: to excel at the sport we love, together.

ROSTER
3  Anna Reed    5'2"  27
4  Alex Snyder  5'8"  35
5  Kaela Helton 5'8"  30
6  Sarah Griffith  5'5"  32
7  Octavia Payne 5'6"  29
8  Nancy Sun     5'6"  36
9  Marika Austin 5'7"  30
11  Carolyn Finney 5'3"  30
12  Diana Charlie 5'8"  27
13  Cree Howard 5'8"  31
14  Yelena Gorlin 5'7"  34
15  Alden Fletcher 5'8"  34
19  Amel Awadelkarim 5'5"  24
20  Andrea Romano 5'9"  32
28  Lisa Cooper 5'8"  26
29  Kirstin Johnson 5'4"  24
33  Anna Nazarov 5'3"  33
38  Claire McKeever 5'3"  28
42  Darragh Clancy 5'7"  32
44  Maggie Ruden 5'6"  30
47  Beth Kaylor 5'7"  25
66  Lakshmi Narayan 5'7"  34
69  Lauren Chang 5'2"  26
70  Marisa Mead 5'6"  30
71  Magon Liu 5'4"  23
72  Katie Ryan 5'6"  29
73  Sharon Lin 5'2"  25

HEIST

MADISON, WI
Captains: Robyn Wiseman, Rose Glinka
Coaches: Bryn Martyna, Kelsen Alexander
heistultimate.com
@heistultimate

In 2012, Georgia Bosscher, Corrine McKittrick and Robyn Wiseman dreamt of providing an opportunity for women who are not located in big cities to compete against top-tier women, while building community in the Midwest. Heist was born. Interest in and support for Heist continues to grow every year as we increase our commitment to ourselves, our team and our vision for achieving more visibility for female athletes in our communities across the Midwest. This year, the vision relies on the whole being more than the sum of individual parts. We embody this mindset every time we come together to be present in the joy that the sport brings us.

ROSTER
00  Donna Johnston  5'3"  26
2  Sabrina Hoffman  5'6"  28
3  Sara Gnolek  5'8"  22
4  Ellie Daniels  5'10"  27
5  Rose Glinka  5'2"  31
6  Alex Hu  5'7"  24
7  Austin Prucha  5'8"  31
9  Daniela Rodriguez  5'11"  30
10  Alison Vandegrift  5'9"  28
11  Melissa Gibbs  5'7"  32
12  Emily Orner  5'4"  29
13  Brittney Kokos  5'3"  22
14  Rachel Enyeart  5'5"  24
16  Margaret Walker  5'8"  19
17  Lindsey Waite  5'5"  22
22  Libby Lehman  5'8"  29
23  Anna Williams  5'6"  31
24  Mila Flowerman  5'9"  24
30  Jean Huang  5'7"  25
31  Sharon Yee  5'3"  26
40  Amelia Cuarenta  5'6"  27
44  Robyn Wiseman  5'6"  31
70  Charlotte Francoeur  5'8"  24
84  Sara Stuedemann  5'4"  24
87  Emily Langland  5'2"  29
99  Caitlin Murphy  5'5"  27
Molly Brown started in 2010 and is named in tribute to a 20th century Colorado suffragette and Titanic survivor Maggie “Molly” Brown. Throughout the past nine years, the Molly Brown ultimate team has continued the spirit of Margaret Brown’s activism by supporting women’s and youth participation and development in ultimate. Often recognized for our abilities to inspire the masses to sprout mustaches in support, we lean into our mantra of grit, trust, whatever both on and off the field and enjoy honey-bowls, tank weather and being your truest self.

Nemesis is Chicago's elite women's ultimate team. Founded in 1986, we are the longest-running women's program in the Great Lakes region. Nemesis comes from the Greek word, “nemein,” which means “to give what is due” or retribution.
## NIGHTLOCK

**SAN FRANCISCO, CA**  
Captains: Adrienne Lemberger, Eliza Chang, Kira Lou  
Coaches: Wes Chao, Emanuela Argilli  
nightlockult.com  
@NightlockUlt

In their seventh season, Nightlock has grown into a strong group of tributes hungry for more than just berries. This elite group of women from the Bay Area has spent the season training for this moment, and arrive full of pride, trust and love for each other.

Ready to level up this weekend, you can catch them in their denim anywhere they go.

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<td>18. Sabrina Fong</td>
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<td>19. Natasha Won</td>
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<td>20. Kira Lou</td>
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<td>21. Jackelyne Nguyen</td>
<td>5’5”</td>
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<td>22. Shayla Harris</td>
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<td>23. Manisha Daryani</td>
<td>5’4”</td>
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<td>24. Kim Long</td>
<td>5’5”</td>
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<td>25. Patricia Anderson</td>
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## OZONE

**ATLANTA, GA**  
Captains: India Stubbs, Cate Woodhurst  
Coaches: Martin Aguilera, David Berendes, Christopher Goodson  
ozoneultimate.com  
@ozoneultimate

In ‘84 Ozone came to be, founded and led by Chris O’Cleary.

Thirty-two* times that we’ve been to Natties.
We like to eat and are USAU’s baddies.

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<td>26. Cate Woodhurst</td>
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<td>27. Meg Harris</td>
<td>5’6”</td>
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<tr>
<td>30. Allison Snow</td>
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<td>32. Haley Reese</td>
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<td>37. Maddy Frey</td>
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<tr>
<td>52. Erynn Shroder</td>
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<tr>
<td>91. Jin-Mi Matsunaga</td>
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</table>
2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS

WOMEN'S TEAMS

PHOENIX

DURHAM, NC
Captains: Jessi Jones, Jinny Eun, Ashley Powell
Coaches: Eddie Alcorn, Jessi Jones
phoenixultimate.com
@PhxUltimate

Much like the legend of its namesake, NC Phoenix was formed in 2010 during a period of reformation for North Carolina women’s ultimate. The team has qualified for Nationals for all but two years of its existence.

In 2017, Phoenix experienced a dramatic change in personnel as 14 players moved on from the team for relocation, retirement or other purposes. Once again, Phoenix had to rise from the ashes and rebuild itself through the recruitment of young players and its current coach, Eddie Alcorn. The 2017 season found Phoenix placing 20th in the nation; this year, Phoenix exceeded expectations and broke into the top 10. This team is proud to return Phoenix to Club Nationals to represent North Carolina and the Southeast. On and off the field, we value a strong work ethic, dabble in metaphors and are way too into (read: appropriately obsessed with) cats.

Stronger together, we play for each other.

ROSTER

2  Savannah Erwin 5'5"  25
3  Brandi Skanes 5'4"  24
4  Ashley Powell 5'4"  22
5  Jessi Jones 5'7"  27
6  Jenny Wei 5'7"  23
7  Ci Bunch 5'8"  23
8  Georgia Tse 5'6"  23
9  Jinny Eun 5'4"  37
12  Alix Robbins 6'0"  24
13  Amanda Murphy 5'3"  23
14  Lyla Stanland 5'5"  24
15  Carmen Tormey 5'4"  23
16  Briana Campbell 5'7"  22
17  Jenna Dahi 5'3"  28
18  Kyra Catabay 5'2"  28
22  Anne Worth 5'4"  21
27  Mary Rippe 5'4"  22
33  Kumiko Sano 5'4"  29
42  Rebecca Fagan 5'6"  21
52  Sydney Harris 5'5"  24
55  Klara Calden-Gutha 6'0"  23
57  Elisabeth Parker 5'4"  22
58  Rowan Jaynes 5'5"  20
62  Becky Ellis 5'7"  25

POP

MINNEAPOLIS, MN
Captains: Bekah Swanson, Biz Cook, Courtney Kiesow
Coach: Jon Gaynor
popultimate.wordpress.com
@PopUltimate

Pop Ultimate was founded in 2008 and is based in Minneapolis, MN. Since its inception, Pop has been the top women's team in the Twin Cities, competing within USA Ultimate's Triple Crown Tour. Pop players come from a wide variety of backgrounds, and most players coach college, high school or middle school teams.

ROSTER

1  Lillian Bailey 5'6"  28
2  Steph Perleberg 5'4"  24
3  Makella Daley 5'4"  23
4  Cassidy Kummrow 5'4"  19
5  Kalli Perano 5'2"  26
7  Frances Tsukano 5'3"  31
8  Jenny Gaynor 5'6"  31
9  Sara Helm 5'8"  24
11  Rachel Gage 5'5"  30
12  Rebecca Enders 5'10"  28
13  Rachel Johnson 5'4"  24
15  Katie Godfrey 5'2"  28
17  Maddie Preiss 5'7"  21
18  Adrienne Baker 5'9"  29
19  Anna Utie 5'2"  23
25  Courtney Kiesow 5'8"  33
26  Becca Ludford 5'6"  28
28  Jill Kien 5'7"  36
33  Kaya Blanek 5'11"  21
40  Chip Chang 5'1"  26
49  Rose Gruenhagen 5'7"  27
53  Emma Piorier 5'6"  19
77  Kristen Schultz 5'2"  29
89  Bekah Swanson 5'7"  29
93  Biz Cook 5'10"  27
Just in time for the 2015 club season, a group of alumni and current players from two Midwest ultimate programs, Ohio State Fever and Michigan Flywheel, joined forces and set out to establish a nationally competitive club women’s team in the Great Lakes Region fittingly titled Rival. After laying the groundwork in our inaugural season, we continued to grow and define our team, earning back to back regionals championships, and we are eager for our fourth year on the field together. Watch out! You can expect to see some synchronized dance moves and water guns from this rag-tag team.

Seattle Riot was forged from the burning embers of the 1999 WTO protests. Since 2001, Riot has made the semifinals of Nationals every year but one, and has brought home the national championship twice, in 2004 and 2005. Riot has thrice been World Club Champions: in 2002, 2014 and 2018. This season, Riot has added a talented rookie class to a steely group of veterans, all of whom are eager to take the field in San Diego.
### SCANDAL

**WASHINGTON, DC**
Captains: Kristin Franke, Keila Strick, Amy Zhou
Coaches: Alex Ghesquiere, Bryan Dombrowski
scandalultimate.com
@scandalultimate

In the swamplands of DC, an ultimate team was formed to honor Watergate, Lewinsky and Russia probes. Contrary to popular belief, Olivia Pope came onto the scene well after Scandal first appeared at the 2009 National Championships. Scandal: Episode 2018 relentlessly pursues Kaizen Together to #GetRKT.

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<td>55</td>
<td>Molly Roy</td>
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### SCHWA

**PORTLAND, OR**
Captains: Emily Flock, Natalie Green, Jenica Villamor
Coaches: Angela Tocchi, Matt Melius, Bonnie Melius
oregonschwa.com
@schwaultimate

Twenty-three years in the making, Schwa has a storied history of Nationals and World Games appearances. The dedication of our players, the support of our alumni and the tenacious competition provided by all of our Northwest neighbors has helped us grow into the team we are today. We are proud to represent the name Schwa, Oregon and the Pacific Northwest.

#### ROSTER

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<td>26</td>
<td>Shae Davis</td>
<td>5’4”</td>
<td>20</td>
</tr>
<tr>
<td>27</td>
<td>Elizabeth Longmire</td>
<td>5’9”</td>
<td>28</td>
</tr>
<tr>
<td>28</td>
<td>Shannon Dennehy</td>
<td>5’6”</td>
<td>27</td>
</tr>
<tr>
<td>37</td>
<td>Beckie Zipp</td>
<td>5’8”</td>
<td>31</td>
</tr>
<tr>
<td>47</td>
<td>Maddie Franz</td>
<td>5’9”</td>
<td>27</td>
</tr>
<tr>
<td>55</td>
<td>Emery Otopalik</td>
<td>5’7”</td>
<td>24</td>
</tr>
<tr>
<td>70</td>
<td>Morgan Caldwell</td>
<td>5’6”</td>
<td>22</td>
</tr>
<tr>
<td>77</td>
<td>Sara Stratton</td>
<td>5’5”</td>
<td>27</td>
</tr>
<tr>
<td>99</td>
<td>Noelle Takahashi</td>
<td>5’6”</td>
<td>25</td>
</tr>
</tbody>
</table>
Traffic is a women’s ultimate team from Vancouver, BC. In 2007, Prime and Rough Riders merged into one, and Traffic was born. Since then, they have represented Canada at world events in 2008, 2014, 2016 and 2018, and have competed in 10 USA Ultimate Championships. This year, Traffic is looking fresher than ever, adding even more speed and new talent. Look out for our newest teammates Sophia Chan, Lisa Wong, Nekita Sidho, Nagisa Fukuoka and Carly Sakai, backed by our seasoned veterans Terri Whitehead, Jennifer Kwok and Michelle Ning. Traffic is fast, dynamic and ready to play.

Traffic is an ultimate team from Vancouver, BC. Originally formed in 2007, Traffic has been a fixture in competitive ultimate since then, representing Canada internationally and participating in the USA Ultimate Championships. This year, Traffic is looking to add even more speed and talent to their roster, with new players Sophia Chan, Lisa Wong, Nekita Sidho, Nagisa Fukuoka, and Carly Sakai joining the team. They are backed by experienced veterans like Terri Whitehead, Jennifer Kwok, and Michelle Ning, ready to compete at a high level.

Traffic is a women’s ultimate team from Vancouver, BC. In 2007, Prime and Rough Riders merged into one, and Traffic was born. Since then, they have represented Canada at world events in 2008, 2014, 2016 and 2018, and have competed in 10 USA Ultimate Championships. This year, Traffic is looking fresher than ever, adding even more speed and new talent. Look out for our newest teammates Sophia Chan, Lisa Wong, Nekita Sidho, Nagisa Fukuoka and Carly Sakai, backed by our seasoned veterans Terri Whitehead, Jennifer Kwok and Michelle Ning. Traffic is fast, dynamic and ready to play.

Wildfire, originally sparked in 2014, is stoked to be attending Club Nationals this season in our own backyard. This year, we have proudly spread out to San Diego, Los Angeles and Santa Barbara, pulling talent from more of sunny Southern California. With the help of our motto "LIGH+" (Listen, Initiate, Grind, Homework, + Positivity), we have spent the season building team chemistry, putting in work on and off the field, and cracking fiery puns. On the occasional off weekend, Wildfire hangs out anyways because quality time is, by majority, our love language. This will be Wildfire’s second time at Nationals, and we’re especially excited to host the 50th anniversary of ultimate with a special shout out to DUDE for organizing. Welcome to California; we hope you’re as fired up as we are!
SPIRIT AWARDS

Peter Farricker Spirit of the Game Award – The spirit award in the men’s division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. This award is given to a player in the men’s division of the USA Ultimate Championship Series deemed to have exhibited personal responsibility, integrity and fairness combined with a high standard of playing ability. Each qualifying men’s team nominates one player from its roster who best represents the Spirit of the Game. Each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. A selection committee selects one of the four semifinal nominees as the winner. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley, Josh McCarthy, Robbie Cahill, Bart Watson, Matt Rebholz, Martin Cochran, Beau Kittredge, Danny Clark, Ashlin Joye, Owen Westbrook and Jay Froude.

Kathy Pufahl Spirit of the Game Award – The women’s division spirit award builds upon the foundations of Spirit of the Game that are reflected in the Farricker Spirit Award: ability, fairness and integrity. The Kathy Pufahl Spirit Award also recognizes those individuals who give back to our sport and is presented to the player deemed to have exhibited personal responsibility, integrity and selfless contribution to ultimate, combined with a high standard of playing ability. Each qualifying women’s team nominates one player from its roster as the person who best represents the Spirit of the Game and has contributed in a substantial way to their ultimate community. At the National Championships, each of the 16 nominees is honored with a memento reflective of Kathy’s love of horticulture. A vote of the qualifying teams will determine the recipient of the Pufahl Award, which will be presented after the women’s final. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, Deanna Ball, Allison Boyd, Jody Dozono, Michelle Ng, Gwen Ambler, Lauren Casey, Nancy Sun, Leila Tunnell, Alex Snyder, Anna Nazarov and Amber Sinicrope.

Spirit and Equity Award – The mixed division spirit award is given to one female- and one male-identified player (for the purpose of satisfying on-field gender ratios) each year. Each mixed team that qualifies for the National Championships nominates one male and female who best represent Spirit of the Game and show a dedication to equity both on the field and in the community. This award is given to the players determined by Nationals-qualifying mixed teams to have exhibited personal integrity, responsibility and fairness, along with a commitment to enhancing equity in play and in their communities. Allysha Dixon and David Protter were the inaugural recipients of the Spirit and Equity Award in 2016; Kate Kingery and Paul Utesch received the award in 2017.
Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but also have showed the international community the importance we place on respect for the game and for opponents. But, American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.

- One or two people (often team captains or spirit captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.

- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it’s something you think could be done better (and don’t forget to look in the mirror on this).

- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for who they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

Please engage in spirit circles and other post-game activities after you have filled out the spirit score sheets.
STAY CONNECTED WITH THE NEW USA ULTIMATE MOBILE APP

The official USA Ultimate mobile app brings the latest news, videos, championship event results & schedules, magazine and more to your mobile device.
HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

CONCUSSIONS

EDUCATION

• USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.

• USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: usaultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

• Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

• All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove the athlete from play.
  2. Ensure the athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If the athlete is a minor, inform the athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussions.
  4. Allow the athlete to return to play only with permission from an appropriate health care professional.

DOCTOR’S NOTE REQUIREMENT

• If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor’s office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor’s note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.
ATHLETE PROTECTION

• USA Ultimate takes the protection of event participants seriously. In accordance with SafeSport and the USA Ultimate Conduct Policy, all USA Ultimate employees, volunteers, athletes, members, coaches and chaperones are prohibited from engaging in the following conduct with athletes at any time (a more thorough description is available at www.usaultimate.org/protection):
  - Bullying
  - Hazing
  - Harassment, including Sexual Harassment
  - Emotional Misconduct
  - Physical Misconduct
  - Sexual Misconduct, including Child Sexual Abuse

• With the passage of the recent federal legislation to protect amateur and minor athletes, all SafeSport trained individuals (including coaches, team support, USA Ultimate staff) are now mandatory reporters.

• If you have questions or would like to file a complaint with USA Ultimate, please contact Dan Raabe at dan@hq.usaultimate.org.

HEAT, NUTRITION AND HYDRATION

• Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.

• Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

• Prevention and Treatment of Heat Illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – be honest! Are you fit enough to perform under current conditions?
  - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).
  - Don’t drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
  - Be sensitive to prior illness. If you’ve been sick, your body may be more susceptible to dehydration.
  - Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.
SIDELINE SAFETY
• Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.
• If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
• USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES
• Event staff will communicate with players and spectators via PA system and through field marshals equipped with radios if there is a lightning danger. Play then will be stopped, and everyone should seek shelter.
• Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
• Event staff will use the “flash-to-bang” method to determine when to send people to shelter. By the time the flash-to-bang count has reached 30 seconds, all individuals should be in a safe shelter location.
• If you can’t get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
• Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
• Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.
## Men's Schedule

### 2018 USA Ultimate National Championships - Men's Division

**October 19-21, 2018**

### Men's Schedule

<table>
<thead>
<tr>
<th>Pool A</th>
<th>Pool B</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1 (1) Revolution (San Francisco, CA)</td>
<td>B1 (2) Seckers (Seattle, WA)</td>
</tr>
<tr>
<td>A2 (2) Seattle Club (Seattle, WA)</td>
<td>B2 (1) Dog (Boston, MA)</td>
</tr>
<tr>
<td>A3 (12) Sub Zero (Minneapolis, MN)</td>
<td>B3 (11) Doublecross (Austin, TX)</td>
</tr>
<tr>
<td>A4 (13) High Five (Michigan &amp; Ohio)</td>
<td>B4 (15) Temper (Pittsburgh, PA)</td>
</tr>
</tbody>
</table>

### Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>Match</th>
<th>Pool A</th>
<th>Score</th>
<th>Pool B</th>
<th>Score</th>
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<tr>
<td>09:00</td>
<td>A1 v A2</td>
<td>15 - 0</td>
<td>A1 v A2</td>
<td>15 - 0</td>
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<tr>
<td>09:30</td>
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<td>A1 v A2</td>
<td>15 - 0</td>
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<tr>
<td>10:00</td>
<td>A1 v A2</td>
<td>15 - 0</td>
<td>A1 v A2</td>
<td>15 - 0</td>
<td></td>
</tr>
<tr>
<td>10:30</td>
<td>A1 v A2</td>
<td>15 - 0</td>
<td>A1 v A2</td>
<td>15 - 0</td>
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### Crossover for 4th place finishers from Pool Play

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<td>A1 v A2</td>
<td>15 - 0</td>
<td>A1 v A2</td>
<td>15 - 0</td>
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</table>

Winner of 1 v 4 game becomes 13 seed in Pro Flight Play-In Bracket
Winner of 2 v 3 game becomes 14 seed in Pro Flight Play-In Bracket
Loser of 2 v 3 game becomes 15 seed in Pro Flight Play-In Bracket
Loser of 1 v 4 game becomes 16 seed in Pro Flight Play-In Bracket

### Pro Flight / 5th Place Bracket - All games to 15 cap 17

<table>
<thead>
<tr>
<th>Game</th>
<th>Field</th>
<th>Time</th>
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<tr>
<td>1st</td>
<td>Field 6 or 19</td>
<td>9:00-10:30pm</td>
</tr>
<tr>
<td>2nd</td>
<td>Field 6 or 19</td>
<td>4:15-6:30pm</td>
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</table>

### Pro Flight Play-In / 7th Place Bracket - All games to 15 cap 17

<table>
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<tr>
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<th>Field</th>
<th>Time</th>
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<td>C</td>
<td>Field 3</td>
<td>11:00-1:30pm</td>
</tr>
<tr>
<td>D</td>
<td>Field 2</td>
<td>11:45-1:30pm</td>
</tr>
<tr>
<td>E</td>
<td>Field 5</td>
<td>11:45-1:30pm</td>
</tr>
<tr>
<td>F</td>
<td>Field 9</td>
<td>11:45-1:30pm</td>
</tr>
</tbody>
</table>

### Elite Flight Brackets - All games to 15 cap 17

<table>
<thead>
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<th>Field</th>
<th>Time</th>
</tr>
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<tbody>
<tr>
<td>G</td>
<td>Field 11</td>
<td>9:00-10:45am</td>
</tr>
<tr>
<td>H</td>
<td>Field 2</td>
<td>9:00-10:45am</td>
</tr>
<tr>
<td>I</td>
<td>Field 12</td>
<td>9:00-10:45am</td>
</tr>
<tr>
<td>J</td>
<td>Field 3</td>
<td>9:00-10:45am</td>
</tr>
<tr>
<td>K</td>
<td>Field 13</td>
<td>9:00-10:45am</td>
</tr>
</tbody>
</table>

All games to 15 cap 17
2018 USA Ultimate National Championships - Men's Division

October 12-15, 2018

Pool C
C1: P-HY (New York, NY)
C2: Truck Stop (Washington, DC)
C3: Rhino Stinger (Portland, OR)
C4: Trojan Warriors (Denver, CO)

Pool D
D1: Ring of Fire (Raleigh, NC)
D2: Fia Mosis George (Virginia, DC)
D3: Machine Lightning (Atlanta, GA)
D4: Machine Rc (Chicago, IL)

Schedules & Map

Championship Bracket - All games to 15 cap 17

Friday

1A
2B
3C

Saturday

10:00am-1:30pm Field # 5-7 or 16-28

1C
2D
3D

Sunday

3:00pm-4:30pm (Mira Mesa High School)

Champion

All games to 15 cap 17

* Pro-quarter field assignments will be announced by 6:00PM on Thursday night, and updated online.
** Quarterfinal field assignments will be announced by 10:00am on Friday morning, and updated online.
### Mixed Schedule

**2018 USA Ultimate National Championships - Mixed Division**

**Pool A**
1. [AMP](Philadelphia, PA)
2. [Blackbird](San Francisco, CA)
3. [No Touching](Minneapolis, MN)
4. [Toke](Corkham, NC)

**Pool B**
1. [Beast](Minneapolis, MN)
2. [Seven](Fort Collins, CO)
3. [Poler Bears](San Francisco, CA)
4. [RB2](New York, NY)

**Thursday**
- **9:00-10:45**
  - A1 vs A3
  - A2 vs A4
- **11:15-1:00**
  - A1 vs A4
  - A2 vs A3
- **3:45-5:30**
  - B1 vs B2

**Friday**
- **9:00-10:45am**
  - 1 vs 2
  - 3 vs 4
- **9:00-10:45am**
  - 1 vs 2
  - 3 vs 4

**Saturday**
- **9:00-10:45am**
  - 1 vs 2
  - 3 vs 4

**Pro Flight / 5th Place Bracket - All games to 15 cap 17**

5th Place
- **Game A**
  - Friday 4:15-6:00pm
  - Field # 16
- **Game B**
  - Friday 4:15-6:00pm
  - Field # 16

**Pro Flight Play-In / 7th Place Bracket - All games to 15 cap 17**

7th Place
- **Game C**
  - Friday 11:45am-1:30pm
  - Field # 1
- **Game D**
  - Friday 11:45am-1:30pm
  - Field # 14
- **Game E**
  - Friday 11:45am-1:30pm
  - Field # 15
- **Game F**
  - Friday 11:45am-1:30pm
  - Field # 16

**Elite Flight Brackets - All games to 15 cap 17**

- **Game G**
  - Friday 2:00-3:45pm
  - Field # 15

All games to 15 cap 17
2018 USA Ultimate National Championships - Mixed Division

October 19-21, 2018

All Games
to 15 Cap 17

Field C

C1 (3) Mixtape (Seattle, WA)
C2 (5) Space Heater (Washington, D.C)
C3 (10) Mixtape (San Francisco, CA)
C4 (15) Ragtag (Princeton, NJ)

Pool C

All games to 15 Cap 17

Friday

1A

Friday 11:45am-1:30pm
Field # 5-7 or 16-20**

1B

9:00-10:45am
Field # TBD*

2C

3B

9:00-10:45am
Field # TBD*

2D

10:00-11:45am
Field # 10 or 11-25
11:30am-1:00pm
(Mesa Mesa High School)

1C

Friday 2:00-3:45pm
Field # 5-7 or 16-20**

2A

10:00-11:45am
Field # TBD*

3A

Saturday

10:00-11:45am
Field # TBD*

3D

9:00-10:45am
Field # TBD*

2B

10:00-11:45am
Field # TBD*

1B

10:00-11:45am
Field # TBD*

2018 USA ULTIMATE NATIONAL CHAMPIONSHIPS
## WOMEN’S SCHEDULE

### 2018 USA Ultimate National Championships - Women’s Division

**October 18-21, 2018**

<table>
<thead>
<tr>
<th>Pool A</th>
<th>Pool B</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1 (1) Brave Squad (Boston, MA)</td>
<td>B1 (2) Fury (San Francisco, CA)</td>
</tr>
<tr>
<td>A2 (6) Nightlock (San Francisco, CA)</td>
<td>B2 (7) Spins (Toronto, ON)</td>
</tr>
<tr>
<td>A3 (12) Mittens (Medford, OR)</td>
<td>B3 (11) Phoenix (Wallingford, CT)</td>
</tr>
<tr>
<td>A4 (13) Skies (Pittsburgh, PA)</td>
<td>B4 (14) Traffic (Vancouver, BC)</td>
</tr>
</tbody>
</table>

### Thursday

<table>
<thead>
<tr>
<th>Time</th>
<th>FF</th>
<th>Score</th>
<th>FF</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-10:45</td>
<td>A1 x A3</td>
<td>3 -</td>
<td>A1 x A4</td>
<td>4 -</td>
</tr>
<tr>
<td>11:15-1:00</td>
<td>A1 x A4</td>
<td>3 -</td>
<td>A2 x A3</td>
<td>4 -</td>
</tr>
<tr>
<td>1:15-3:00</td>
<td>A1 x A2</td>
<td>3 -</td>
<td>A1 x A4</td>
<td>4 -</td>
</tr>
<tr>
<td>3:45-5:30</td>
<td>B1 x B3</td>
<td>5 -</td>
<td>B2 x B4</td>
<td>6 -</td>
</tr>
</tbody>
</table>

### Cross-over for 4th place finishers from Pool Play

Reseed teams 1-4 in order, based on post-regional ranking.

<table>
<thead>
<tr>
<th>Time</th>
<th>FF</th>
<th>Score</th>
<th>FF</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-10:45</td>
<td>1 v 4</td>
<td>13 -</td>
<td>2 v 3</td>
<td>13 -</td>
</tr>
</tbody>
</table>

- Winner of 1 v 4 game becomes 1st seed in Pro-Flight Play-In Bracket
- Winner of 2 v 3 game becomes 2nd seed in Pro-Flight Play-In Bracket
- Loser of 1 v 4 game becomes 3rd seed in Pro-Flight Play-In Bracket
- Loser of 2 v 3 game becomes 4th seed in Pro-Flight Play-In Bracket

### Friday

- **Pro Flight / 5th Place Bracket - All games to 15 cap 17**

### Games A

**Field # 7 or 20**

- **Game A**
  - Friday 4:15-6:00pm
  - Field # 7 or 20
  - Pro Flight berth

### Games B

**Field # 7 or 20**

- **Game B**
  - Friday 4:15-6:00pm
  - Field # 7 or 20
  - Pro Flight berth

### Pro Flight Play-In / 7th Place Bracket - All games to 15 cap 17

### Games C

**Field # 10**

- **Game C**
  - Friday 1:45-3:30pm
  - Field # 10

### Games D

**Field # 8**

- **Game D**
  - Friday 1:45-3:30pm
  - Field # 8

### Games E

**Field # 12**

- **Game E**
  - Friday 1:45-3:30pm
  - Field # 12

### Games F

**Field # 9**

- **Game F**
  - Friday 1:45-3:30pm
  - Field # 9

### Saturday

- **7th Place (Inc) / Pro Flight berth**

- **Game I**
  - Friday 6:15-8:00pm
  - Field # 6

- **Game J**
  - Friday 6:15-8:00pm
  - Field # 7

- **Game K**
  - Friday 6:15-8:00pm
  - Field # 7

### Elite Flight Brackets - All games to 15 cap 17

- **Elite Flight**
  - Saturday 9:00-11:45am
  - Field # 7

- **Game L**
  - Friday 6:15-8:00pm
  - Field # 7

- **Game M**
  - Friday 6:15-8:00pm
  - Field # 7
2018 USA Ultimate National Championships - Women’s Division

October 5-7, 2018

Pool C
- C1 (3) Riot (Seattle, WA)
- C2 (6) Ozone (Atlanta, GA)
- C3 (16) Plex (Minneapolis, MN)

Pool D
- D1 (4) Molly Brown (Denver, CO)
- D2 (5) Scandal (Washington, DC)
- D3 (17) Nemesis (Chicago, IL)
- D4 (18) Wildfire (Lexington, CA)

Thursday
- 9:00-10:45 C1 v C3
- 11:15-12:00 C1 v C4
- 1:30-2:15 C1 v C2
- 3:45-4:30 C1 v C3

Friday
- 9:00-10:45 C1 v C3
- 11:45-1:30 Field # 5-7 or 10-20

Saturday
- 9:00-10:45 Field # 5-7 or 10-20 (Mira Mesa High School)

Sunday
- 12:00-2:15 Field # 5-7 or 10-20 (Mira Mesa High School)

Championship Bracket - 32 games to 16 cap 17
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