

EVENT GUIDE \$2

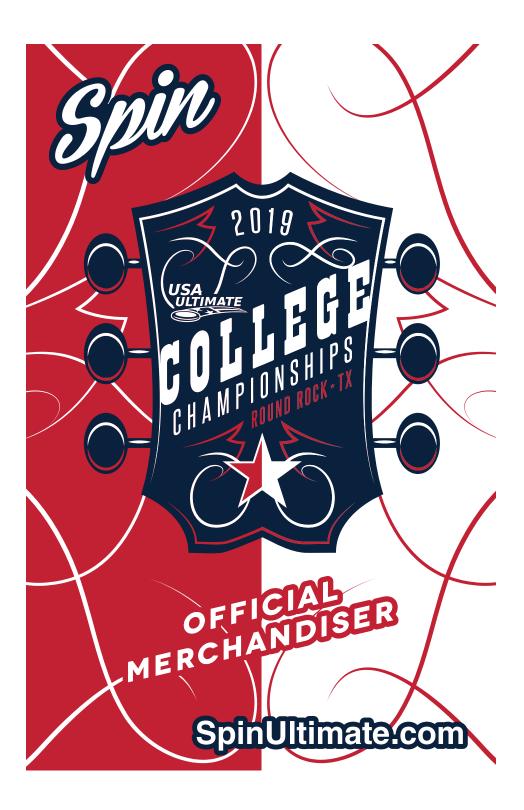




TABLE OF CONTENTS

Event Information

Welcome	3
Event Staff	4
Weekend Overview	5
Site Rules	7
Competition Rules	8
Site Information	10

Spectator Information

Ultimate in 10 Simple Rules	
Past College Champions	
Men's Teams	
Women's Teams	

Player Information

Health & Safety	34-35
Spirit of the Game	36-38

Schedules and Map

Men's Schedule	40-41
Women's Schedule	
Field Map	

🖬 🍠 🖸 #USAUD1CHAMPS

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USA ULTIMATE CHAMPIONSHIPS OFFICIAL PHOTOGRAPHERS

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WELCOME

Greetings!

The City of Round Rock is honored to welcome USA Ultimate and the D-I College Championships to our fantastic city and the top-notch Round Rock Multipurpose Complex.

We hope that during your stay in Round Rock you will have the time to experience everything we have to offer here in the Sports Capital of Texas, from the inviting nightlife in our historic Downtown district to exciting new dinig options like Home Run Dugout and Pint House Pizza.

When you take a break from the discs this weekend, explore our shopping offerings at the Premium Outlets and pay a visit to our namesake round rock on the Chisholm Trail at Brushy Creek. If you still have got some energy left after a day at the fields, join us Friday night at the Dell Diamond for a Round Rock Express game, and make sure you stop by the Round Rock Donuts to fuel up with a Texas-sized treat.

Round Rock aims to hit it out of the park for every visitor. With state-of-the-art facilities, first-rate dining, entertainment and amenities, we are your ultimate host city.

Get ready to GO Round Rock!

Best regards

lin Mil) Mayor Craig Morgan



Greetings!

The Ultimate Players League of Austin (UPLA) welcomes players, fans and all ultimate aficionados to the great state of Texas for an amazing weekend filled with fun and excitement.

Austin is home to nationally competitive teams Me'lee, Tuff, Showdown, Doublewide, Cosa Nostra, Yeehaw, Tejas, Sick Hammers, Texas United, Double Trouble and Tango. We know how hard the D-I College Championships teams have worked to get here, and we are excited to host you this weekend!

UPLA's mission is to serve the greater Austin ultimate community by organizing, promoting and developing the sport and spirit of ultimate for all ages and levels of competition. We all started somewhere, many of us barefoot at Zilker Park. We celebrate the many levels of access this sport offers to our community and are excited to host the apex of ultimate competition right here in the heart of Texas. UPLA has a budding youth scene, with over 700 middle and high school players participating in our year round programming. Thank you to our visiting college teams for being an incredible example to our young players. We tip our 10-gallon hats to you!

While you're here, we hope you will have the opportunity to explore Austin and its surrounding hill country. Just north of Round Rock, you'll find the quiet city of Georgetown with its historic square and Blue Hole Park, a beautiful lagoon and waterfall bordered by limestone bluffs. If you venture a little farther south into Austin, Barton Springs Pool at Zilker Park will welcome you with a crisp plunge into its 68 degree water. The Greenbelt and Lady Bird Lake offer more opportunities to enjoy Austin's outdoor lifestyle. Though we know you'll be busy playing at the highest level of ultimate, we hope you won't hesitate to ask a volunteer for a recommendation on where to eat or what to do while you're not on the field. We'd love to extend to you some Texas hospitality!

On behalf of UPLA and the greater Austin ultimate community, we'd like to congratulate all the teams on their accomplishments. We know it's not easy to get here, but we're glad you made it. Play well, stay cool and enjoy this memorable experience!

Y'all come back soon!

The Ultimate Players of Austin Board of Directors



EVENT STAFF

Event staff will be wearing "Event Staff" shirts. If they can't answer your questions, they can point you to one of the following people to help you out:

Local Organizing Committee Staff

Tournament Director – Negina Kolesar Assistant Tournament Director – Lydia Rudy Volunteer Coordinator – Angela Vujosevic Assistant Volunteer Coordinator – Allie Wassel Communications/Media Coordinator – Tom Rapp Statistics Coordinator – Victoria Salimov Spirit Coordinator – Rebecca Smith Head Scorekeeper – Steven Naji Learn to Play – John Higgs Parking and Admissions – Regan Manning Hospitality Coordinator – Mario Escobar

USA Ultimate Staff

Chief Executive Officer - Dr. Tom Crawford Managing Director, Competition & National Teams - Will Deaver Manager, Events – Byron Hicks Manager, Competition & Athlete Programs (Club) - Carolina Gonzalez-Llanos Manager, Competition & Athlete Programs (College) - Tom Manewitz Manager, Events - David Raflo Coordinator, Competition & Athlete Programs - Dana Jefferson Director, Member Services & Community Development – Josh Murphy Manager, Event Sanctioning - Teal Dabney Coordinator, Youth & Education Programs - Sarah Powers Managing Director, Marketing, Communications & Brand – Andy Lee Senior Manager, Communications - Stacey Waldrup Manager, Digital Marketing & Communications - Maelyn Divinski Communications Coordinator - Larry Melton Communications Intern – Audrey Williams Director, Finance & Development - Julia Lee Manager, Finance & Development - Kayleigh Hudson National Developmental College Coordinator - Amy Hudson Chair, Observer Committee - Mitch Dengler PA Announcer – Steve Dunn

Observers: Mitch Dengler (Head Observer), Janna Hamaker, Hank Cary, Stephen Wang, Dan Laurila, Jonathan Monforti, Kate Monforti, Mark Fritz, Walter Kwong, Daniel Wong, Jonah Shaver, Laura Meyer, Sam Wood, Marvin Vuong, Bradley Tinney, Linda Kudo, Jason Conrad, Brian Bradburn, Sam Shapiro, Brent Zionic, Keith Temple, Jeff Blair, Alan Baggish, Sandra Hanson, Carl Nelson, Andrea Esparza, Paul Klingler, Amy Kendziorski, Vincent Chang and Bill Bourret.



EVENT INFO

WEEKEND OVERVIEW

Thursday, May 23 at Round Rock Multipurpose Complex

6:00 p.m. – 7:30 p.m.: Team Registration 6:00 p.m. – 8:00 p.m.: Coaches' Social 8:00 p.m. – 9:00 p.m.: Captains' Meeting

Friday, May 24 at Round Rock Multipurpose Complex

 7:45 a.m.:
 National Anthem

 8:00 a.m. - 5:45 p.m.:
 Pool Play

Saturday, May 25 at Round Rock Multipurpose Complex

8:00 a.m. – 3:45 p.m.:	Pool Play
9:00 a.m 11:00 a.m.:	Learn to Play Clinic
4:45 p.m. – 6:30 p.m.:	Pre-Quarters and Placement Play

Sunday, May 26 at Round Rock Multipurpose Complex

8:00 a.m 10:15 a.m.:	Quarterfinals and Placement Play
12:00 p.m. – 1:45 p.m.:	Women's Division Semifinal #1
2:30 p.m. – 4:15 p.m.:	Men's Division Semifinal #1
	Halftime: Women's Callahan Award Ceremony (2019 College MVP)
5:00 p.m 6:00 p.m.:	Dinner served at the fields to participating teams
5:30 p.m. – 7:15 p.m.:	Women's Division Semifinal #2
	Halftime: Men's Callahan Award Ceremony (2019 College MVP)
8:00 p.m. – 9:45 p.m.:	Men's Division Semifinal #2

Monday, May 27 at Round Rock Multipurpose Complex

11:45 a.m.:	National Anthem
12:00 p.m. – 1:45 p.m.:	Women's Division Final
	Halftime: Team Spirt Award Ceremony
	Post-Game: First- and Second-Place Awards
2:30 p.m. – 4:15 p.m.:	Men's Division Final
	Post-Game: First- and Second-Place Awards



SITE RULES

Dogs: Dogs must be leashed. No dogs at finals stadium!

No Glass: Beer will be available for purchase at the facility. Outside alcohol may not be brought into the facility. Bags and coolers will be subject to search.

No Tobacco. USA Ultimate has a no tobacco policy at its championship events.

Field Access: Spectators and equipment must stay at least three yards away from sidelines and behind any spectator/equipment lines or barriers! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least three yards.

Trash and Recycling: Place recyclables in the recycling receptacles, and place trash in the trash.

Guests and Spectators: You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- In addition, per the 2019 USA Ultimate College Season Guidelines:
 - o End zones will be 20 yards in depth.
 - o Contact Call If contact occurs between the thrower and the marker that would constitute a foul under XVI.H.3.a but the thrower does not release the disc, "contact" may be called. Play does not stop, and the marker resumes the stall count at "one." Other than resetting the stall count to "one" after the first instance, the contact call is treated as any other marking violation. The marker may contest the "contact" call by calling "violation," which stops play. If the thrower calls "contact" after beginning the throwing motion and subsequently release the disc, it is treated as if the thrower called "foul."
- All games to 15, point cap at 17.
- Halftime is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Hard time cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Soft time cap goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total, or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.
- Hard caps will not be used for the semifinal and final games.



NOISEMAKER GUIDELINES

The following guidelines for noisemakers will be applied at USA Ultimate events. They are designed to strike a balance between limiting artificial noise that adversely impacts the competition or the on-site experience of participants with allowing for noise that helps create an enthusiastic, fun and supportive environment. Players, teams and spectators are expected to abide by these guidelines while on site at the event.

- Powered noisemakers are not allowed at the event site. This includes, but is not limited to, air horns, sirens and electronic bullhorns.
- Novelty noisemakers are NOT permitted, except under the following conditions: o Must remain outside of the equipment lines.
 - o May only be used between a goal being scored and the offense signaling readiness for the next point.
 - o May not be used during timeouts taken during active play.
 - o Novelty noisemakers include, but are not limited to, whistles, vuvuzelas, squeeze horns and musical instruments.
- Music-playing devices with external speakers are permitted under the following conditions:
 - o Must remain outside of equipment lines, except during warm-ups and half-time.
 - o Must remain at a reasonable volume considering other event participants and attendees.
 - o May not be used to play music with offensive lyrics or themes.
- No noisemaker of any kind is permitted that may present a safety hazard.
- Any noisemaker permitted above may be disallowed if the volume or content of the noise is deemed to be offensive or disruptive to the enjoyment of the event, or the noisemaker is used in an un-spirited manner such as to taunt, intimidate or give a team an undue competitive advantage, as determined by event staff.

Event staff and observers will inform teams and individuals of these guidelines as needed. Repercussions for violation of these guidelines may include confiscation of the noisemaker, removal of the individual from the event site and/or in-game sanctions associated with the Misconduct System.

SITE INFORMATION

Registration, Coaches' Social, Captains' Meeting

Round Rock Multipurpose Complex - 2001 North Kenney Fort Blvd, Round Rock, TX 78665

Field Site:

Round Rock Multipurpose Complex - 2001 North Kenney Fort Blvd, Round Rock, TX 78665

Nearest Hospital:

Seton Medical Center Williamson 201 Seton Pkwy Round Rock, TX 78665 Phone: (512) 324-4000

USA ULTIMATE INFORMATION TENT

Stop by the USA Ultimate information tent if you have any questions about the event or about USA Ultimate! During all rounds Friday through Monday, there will be a USA Ultimate staff member available to answer questions. We will also have event guides available for purchase as well as other USA Ultimate swag and information.

Please come by and let us know what you think of the event, talk to us about the college structure and learn about our outreach programs! Players, be sure to send your parents over to have them sign up for a USA Ultimate Friends & Family membership so they can stay in the loop about your favorite sport!

ULTIMATE FOUNDATION TENT

Come visit the Ultimate Foundation tent to pick up your team buttons, get a free fan to keep you cool (just subscribe to the Ultimate Foundation mailing list) and collect more giveaways!

The Ultimate Foundation's mission is to give everyone the opportunity to experience the joy of ultimate and spread the ethos of self-responsibility. At the tent, you can learn about some of the amazing athletes the Ultimate Foundation has impacted and how donations to the foundation support youth ultimate and outreach efforts like the Girls' Ultimate Movement and Play It Forward. Everything the Ultimate Foundation does is designed to get more girls and underrepresented kids playing our awesome sport. Come learn more about how to make the ultimate difference!



ULTIMATE IN 10 SIMPLE RULES

1. THE FIELD: A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 20 yards deep.

2. INITIATE PLAY: Each point begins with both teams lining up on the front of their respective end zone line. The defense throws ("pulls") the disc to the offense. A regulation game has seven players per team.

3. SCORING: Each time the offense completes a pass in the defense's end zone, the offense scores a point. Play is initiated after each score.

4. MOVEMENT OF THE DISC: The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc ("thrower") has ten seconds to throw the disc. The defender guarding the thrower ("marker") counts out the stall count.

5. CHANGE OF POSSESSION: When a pass in not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

6. SUBSTITUTIONS: Players not in the game may replace players in the game after a score and during an injury timeout.

7. NON-CONTACT: No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

8. FOULS: When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

9. SELF-OFFICIATING: Players are responsible for their own foul and line calls. Players resolve their own disputes.

10. SPIRIT OF THE GAME: Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

USA ULTIMATE COLLEGE CHAMPIONS

Year	Men's	Women's
1984	Stanford	
1985	Pennsylvania	
1986	Massachusetts	
1987	Chabot CC	Kansas
1988	California-Santa Barbara	California-Santa Barbara
1989	California-Santa Barbara	California-Davis
1990	California-Santa Barbara	California-Santa Barbara
1991	California-Santa Cruz	California-Santa Barbara
1992	Oregon	North Carolina-Wilmington
1993	North Carolina-Wilmington	California
1994	East Carolina	California-Santa Cruz
1995	East Carolina	California-Santa Cruz
1996	California-Santa Barbara	North Carolina-Wilmington
1997	California-Santa Barbara	Stanford
1998	California-Santa Barbara	Stanford
1999	North Carolina State	Stanford
2000	Brown	Carleton College
2001	Carleton College	Georgia
2002	Stanford	California-San Diego
2003	Wisconsin	Stanford
2004	Colorado	California-Davis
2005	Brown	Stanford



2006	Florida	Stanford
2007	Wisconsin	Stanford
2008	Wisconsin	British Columbia
2009	Carleton College	California-Santa Barbara
2010	Florida	Oregon
2011	Carleton College	California-Santa Barbara
2012	Pittsburgh	Washington
2013	Pittsburgh	Oregon
2014	Colorado	Ohio State
2015	North Carolina	Oregon
2016	Minnesota	Stanford
2017	Carleton College	Dartmouth
2018	North Carolina	Dartmouth

BROWN UNIVERSITY BROWNIAN MOTION

PROVIDENCE, RI

Captains: Solomon Rueschemeyer-Bailey, Ned Dick, Mac Hecht Coaches: Sam Lehman, Jake Smart brown.edu/Athletics/Mens_Ultimate/ @BMoUltimate



For over 40 years, the Brown Ultimate program has churned out players and coaches all across the country. Brown Ultimate, commonly referred to as "The Program," claims two men's national titles (2000 and 2005) and four* Callahan winners: Fortunat Mueller (1999), Justin Safdie (2000), Pauline Lauterbach Ruegg (2002) and Joshua Ziperstein

(2005). The Orgam consists of three teams that compete in the open division — Brownian Motion, Polyester Funkadelic and Mothership — and two that compete in the women's division — Disco Inferno and Cosmic Rays. Brownian Motion (BMO) benefits from great youth ultimate scenes in the Bay Area, Seattle, Philadelphia, Massachusetts, New York and Atlanta, as well as strong club programs in New York, Rhode Island, New Hampshire and Boston. Following a legendary victory at Lobby P in the fall, this year's BMO had an exceptional spring regular season, winning Florida Warmup and Easterns, and finishing second at Stanford Invite. BMO relies heavily on the play of its elite players — all 22 of them. BMO returns to its second straight nationals after a 10-year hiatus thanks to its youth and the superior coaching of Sam Lehman and Jake Smart, whose commitment and acuity have taken BMo from kangaroo court to nationals' contender. "not including Mac Hecht (2019 projected)

UNIVERSITY OF CALIFORNIA UGMO

BERKELEY, CA

Captains: Thomas Lin, Liam Kreiss, Munis Thahir Coaches: Daniel Silverstein, Alexander Morris facebook.com/CalUGMO @CalUGMO



Founded in the hills of Berkeley in 1989, the UC Berkeley men's ultimate team returns to nationals in its 30th season as a team. The team rosters 25 players from across the nation, committed to fighting for one another's success. UGMO is proud to have alumni that compete at the top level of the

game, boasting players who have won national and world championships at the professional, club and world level including Ryo Kawaoka, Joel Schlachet, Andrew Hagen, Charles Cao, Zane Rankin and many more. UGMO's top finish as a program was second place at the 2004 College Championships.

The 2019 UGMO season can be summarized by one word: grit. UGMO has played 11 teams to double game point, and has won 9 of those games. Cal will force any team to grind with them to the very last point, and when their opponents have nothing left in the tank, UGMO pushes on to victory.

ROSTER

2 4 6 7 8 9 10 11 12 13 15 16 18 19	Ken Noh Jackson de Campos Dylan Villeneuve Griffin Kao Ned Dick Asher Lehrer-Small Bryan Xian Elias Standard Mac Hecht Alex Liu Azeez Adeyemi Jack Facey Nick Plotkin Solomon Ruescheme	Jr So Jr Gr Jr Fr Sr Gr Jr Ver-E	20 20 22 21 19 22 21 19 22 21 19 22 20	5'9" 6'0" 6'3" 6'0" 5'9" 6'0" 5'9" 6'2" 6'3" 5'10" 6'0" 5'10"
22 23 25 32 34 36 68	Martin Trouilloud Daniel Cody Benji Toruño Benjamin Attal Michael Chen John Randolph Henry Laseter Talon Johnson	Jr Fr Fr Gr Sr So Jr So	21 18 19 20 22 21	6'1" 6'4" 6'0" 5'9" 6'3" 6'0" 5'11" 6'3" 6'4"



CALIFORNIA POLYTECHNIC STATE UNIVERSITY SLOCORE

SAN LUIS OBISPO, CA

Captains: Caleb Meriam, Ian Sweeney, Sean Liston Coach: Cody Mills slocore.com/ @CORE ultimate



San Luis Obispo Comrades of Radical Energy was founded in 1978. It is a pleasure to be back at nationals, and we are grateful Gabe Hernandez is not available to boom us.

ROSTER

2	Chris Kaapar	1.	20	5'9"	
2 5	Chris Kaspar Matt Miller	Jr So	20 19	5'9 5'10"	
0	Dillon Whited	Gr	23	6'0"	
8 9				6'0"	
9	Nate Pettyjohn	Gr	23	5'8"	
10	Jeremy Dolezal-Ng	Jr	20	00	
11	Hudson Stuck	Sr	22	5'9"	
12	Ed Ryon	Fr	19	5'10"	
13		Jr	21	6'4"	
14	Dean Otsuka	Sr	21	5'8"	
15	Allen Zhai	So	19	5'10" 5'8"	
19	Connor Schofield	Jr	20	5.8	
20	Sean Liston	Gr	23	6'0"	
21	Caleb Meriam William Wilcox	Gr	22	5'5"	
22	William Wilcox	Sr	21	5'10"	
23	Jake Thorne	Fr	18	5'11"	
24	Nate Johnson	So	20	5'10"	
27	Kenrick Koo	Fr	18	5'11"	
28	Morgan Sommer	Jr	21	5'11"	
28 31 33	Samuel Wedegaertner	So	19	5'10"	
33	lan Sweeney	Gr	22	6'3"	
35	Justin Ting	Jr	21	5'7"	
42	Keaton Bates	So	20 22	5'10"	
52	Andrew Stratford	Sr	22	6'1"	
70	Emmet Holton	Fr	18	5'10"	
80		Fr	19	6'1" 6'1"	
81	Calvin Brown	Fr	18	6'1"	
87		Sr	21	5'8"	
95	Jake Biancur	Gr	23	5'10"	

SPECTATOR INFO

UNIVERSITY OF COLORADO MAMABIRD

BOULDER, CO

Captains: Alex Tatum, Quinn Finer, Jack Ziemer Coaches: Bob Krier, Mike Lun, Kevin Johnson, Owen Westbrook @CUMamabird



Mamabird was formed in 1992. The team traces its roots to its strong family bonds and desire to run every team into the ground. While never claiming to be the smartest team in the region, they won't relinquish their claim of being the most physically fit. Mamabird has two championships, winning in

2004 and 2014.

7 Sean Chapel 9 Matthew Loughridge 10 Daniel Langevin 11 Son Nguyen 12 Girish Narayanswamy 13 Greg Blumer 15 Brendan Sheets 16 Christopher Larson 17 Zane Barber 18 Jakob Rheins 19 Isaac Chestler 20 Jace Pivonka 21 Jason Otsuki 22 Thomas Brewster 24 Mathieu Agee 25 Conor Tabor 26 Daniel Brunker 34 Michael Fruge 39 Jack Ziemer 42 Jacob Reed 44 Cole Besser 48 Quinn Finer	So 200 Sr 22 Sr 22	$\begin{array}{cccccccccccccccccccccccccccccccccccc$
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UNIVERSITY OF GEORGIA JOJAH

ATHENS, GA

Captains: Jon Ross Ingley, Hunter Cutts, Mack Hodges Coaches: Parker Bray, Henry Seibentritt jojahultimatefrisbee.wordpress.com/ @JojahUltimate



Jojah Ultimate was founded in 1982 in the midst of Reaganomics and Quiet Riot. The economy was good, the metal was loud and Jo-

jah couldn't wait to sink their teeth into a dirty communist ultimate team. It was truly a simpler time. Jojah has made it to nationals in three out of the last four years, but has been knocked out in quarters both times. Third time's a charm.

ROSTER

0 2 3 4 6 7 8 9 11 12 13 16 17 21 23 24 26 23	Ryan Dollar Drew Di Francesco Jared Bennett Tyler Randall Luke Hamilton Jon Ross Ingley Sebastian Di Francesco Tyler Butterfield Matthew Cook Conner Stoll Cole Benedict Hunter Cutts Ben Gladstone Colin Cassidy Coleman Tappero John Roorbach Patrick Trent Miles Griffin	So So So So Jr Sr Sr Sr Sr Sr Sr Sr Sr Sr Sr Sr Sr Sr	20 19 20 19 21 22 21 20 21 19 23 23 23 19 20 21 20	6'3" 5'8" 6'1" 5'11" 5'7" 5'6" 5'11" 6'1" 6'2" 6'1" 6'2" 6'4" 6'3" 6'3" 6'3" 6'3" 6'3" 6'2" 6'1"
21	Coleman Tappero	So	19	6'1"
23	John Roorbach	So	20	6'3"
24		Sr		6'0"
20	Hayden Austin-Knab		20 18	6 Ζ 6'1"
28	Mack Hodges	Jr	20	6'0"
27 28 29 35	Mason Cary	Sr	21	6'0"
35	Travis Kellogg	So	20	5'11"
41	Theodore Sifnaios	So	19	6'4"
42 44	Jason Jones Ryan Hill	Sr So	23 19	6'4" 5'11"
55	Jeremiah Adeola	Fr	18	5'11"
60	David Petmecky	Sr	22	6'3"
88	Brandon Li	Jr	21	5'8"

IOWA STATE UNIVERSITY ULTIMATE CLUB

AMES, IA

Captains: Ben Joerger, Bryan Hall, Jon Olson Coaches: Brian Schoenrock, Charlie Hubbard @ISUltimate



The lowa State Ultimate Club was founded in 1997 and enjoyed many years as a competitive regionals level team until 2016, when head coach Charlie Hubbard joined the team and coached us to our first ever game to go to nationals, and then highest regionals placement in program history at fourth. The following year, we added then assistant, now head coach, Brian "Strings" Schoenrock, and

again performed at regionals, beating Wisconsin in pool play, getting two more games to go and tying our fourth place regionals finish. After an injury plagued campaign in 2018, we returned with a vengeance, training hard all winter and seeing multiple tournaments getting cancelled due to weather, playing only one full two-day tournament since our fall alumni tournament. Big games at Centex and our first ever conference championship kept us optimistic going into regionals, where we won a semifinal to get us our first ever bid to nationals and a second place finish at the tournament! We have many players who have worked their entire college careers to shape a winning culture and we are very excited to represent lowa State at the D-I College Championships!

29 30 34 37 44 71 73 89	Nolan Cochran Collin Lamb Daniel Sullivan Scott Hearne Bryan Hall Joey Kosterman Josh Poterack Richard Poterack Grant Larson Sam Stark Jacob Raatz Ben Joerger Steph Linden Evan Ford Chase Lemly Jon Olson Becker Mathie Sam Habel Jacob Thomae Jack Loy Dayton Wright Jordan Wright Luke Bertram	זיד מס זיד מישטע איז	21 22 21 20 22 21 20 20 20 20 20 20 20 20 20 21 20 20 20 20 20 20 20 20 20 20 20 20 20	6'1'' 5'9'' 6'0''' 6'0'''' 6'4'''''''''''''''''''''''''''''''''''
89		Jr Fr Jr	21 18 21	6'6" 5'6" 5'10"



UNIVERSITY OF MICHIGAN MAGNUM

ANN ARBOR, MI

Captains: Jared Schwallie, Adam Stautberg, Ben Sadis Coaches: Peter Howard, Josh Becker, Travis Compo magnumultimate.com/ @magnUMultimate



Michigan Ultimate began as the ferocious Wolverbees in the late 1980s. Though much of Wolverbee history remains a mystery, the team planted the seed from which MagnUM was formed. MagnUM history as we know it began in the fall of 1997. At the time,

the team was struggling to find its identity. There was one group of players in support of naming the team TUMULT (The University of Michigan Ultimate Team). A second, more radical, group of young men favored the name MagnUM. A short game of flatball would be played to restore order to the organization. After going down 2-0 to TUMULT, MagnUM staged the most important comeback in team history, scoring three straight goals and securing their place in Michigan Ultimate lore. After missing out last year, the lads of team 22 have fought their way back to nationals with something to prove.

ROSTER

3 Elijah Scherz Su 5 Owen O'Neil Fi 6 Ashwin Pothukuchi Su 7 Jake Kovalic Su 8 Jared Schwallie Su 13 Eli Weaver Fi 14 Alvin Wang Jr 16 Raymond Lu Jr 18 Jeffrey Gao Su 20 Adam Stautberg Su 21 Orion Siu Jr 23 Theo Shapinsky Fi 25 Nicholas Colucci Su 28 Maxton Fil Fi 35 Brian Tretter Su 42 Ben Sadis G 59 Nicholas Gerber G	o 2000 o 200 o 2000 o 2000	5'7'' 6'0'' 5'1''' 6'1''' 5'1'''' 5'10''' 5'10'''' 5'11''''''''''''''''''''''''''''''''''
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SPECTATOR INFO

UNIVERSITY OF MINNESOTA GREY DUCK

MINNEAPOLIS, MN

Captains: Sam Kaminsky, Cole Wallin, Zach Trosvig Coaches: Tallis Boyd, Justin Gilbert, James Nguyen mngreyduck.weebly.com/ @lduck1love



The University of Minnesota's ultimate team was founded in 1996, and after several name changes, the club landed on Grey Duck in 2005. They chose the singular Grey Duck name as a reference to the children's game Duck Duck Grey Duck (not to be confused with Duck Duck Goose). The team made

their first College Championships appearance in 2009 and have qualified for the tournament five years in a row, most recently making two pre-quarterfinals appearances and one quarterfinals appearance and winning one championship in the last four appearances.

~				
0	Joe Bosshardt	Jr	21	6'1"
1	Reuben Gardos Reid	Fr	19	5'8"
2	David Zheng	Jr	21	5'9"
3	Malakai Stern	Jr	21	5'10"
3 4	Cash Barber	So	20	5'10"
5	Nick Hammer	So	19	6'4"
	George Muller	Fr	18	6'5"
6 7	Zach Trosvig	Sr	21	5'11"
8	Cole Wallin	Sr	22	5'11"
9	Tom Duret	Sr	22	5'0"
10	Christian Rondestvedt	So	20	5'9" 6'1"
11		Sr	22	6'0"
11	Sam Kaminsky		22	00
12 13	Patrick Norman	Jr	20 21	6'1"
13	Cole Jurek	Jr	21	6'1"
14	Jackson Cade	So	20	5'11"
15	Daniel Meiland	So	20	5'11" 6'1"
17 19	Wystan Duhn	Jr	21	6'1"
19	Oscar Leinbach	Jr	21	6'4"
20	Matt Sweeney	Fr	18	5'10"
21	Trevor Graham	Jr	21	6'0"
20 21 22	Max Wolpert	So	20	5'10"
23	Wills Weimer	Gr	23	6'4"
24	John Chirayil	Fr	19	5'8"
27	Sam Jordan-Wood	So	20	5'11"
32	Joseph Pickens	Gr	23	6'1"
40	Joshua Pratt	Sr	23	6'1"
42	Ben Cohen	Fr	18	5'8"
59	Tyler Wear	Jr	21	5'10"
81	Sam Morris	So	18	5'8"
86	John Helgeson	Fr	19	5'10"
88		So	20	6'0"
00	Jonah Jossart	- 30	20	00

MEN'S TEAMS

UNIVERSITY OF NORTH CAROLINA DARKSIDE

CHAPEL HILL, NC

Captains: Matt Gouchoe-Hanas, Elijah Long, Anders Juengst Coaches: David Allison, Michael DeNardis, JD Hastings, Jonathan Nethercutt, Nathan Kwon uncdarkside.com/ @UNC_Darkside



Founded in the fall of 1993, University of North Carolina Darkside has grown to become one of the nation's perennial powerhouse ultimate programs in the 25 years since. Darkside earned its first bid

to nationals in 1999. More recently, Darkside has won the Atlantic Coast Regional Tournament in four of the last five years, as well as steadily improving its finish at nationals, culminating in a first place finishes in both 2015 and 2018. Led by a core of seniors like Matt Gouchoe-Hanas, Elijah Long and Walker Matthews, this year's Darkside squad is ready for action. As of late, Darkside's sidelines have risen to the occasion and can be seen swinging cow bells and somersaulting after scores. Darkside hopes to ride a wave of resurgence all the way to the D-I College Championships.

ROSTER

NORTH CAROLINA STATE UNIVERSITY ALPHA

RALEIGH, NC

Captains: Michael Lee, Bailey LaBerteaux, Wesley Dudas Coaches: Garrett Dyer, Kiron Allen, Kris Bass @NCSUalpha



After a 10-year long removal from the nationals' picture, NC State Alpha returns to the scene as a national contender. Formerly known as Jinx and Wolfpack, NC State won a national title in 1999 and has been battling to be back there ever since. This year's team focuses on accountability and getting the bread, as the kids say.

0 1 2 3 4 5 6 7 8 11 13		Jr Fr Sr Sr Sr Sr Sr Fr	21 19 22 21 23 18 19 21 21 20 22	$6'1" \\ 6'2" \\ 6'0" \\ 5'9" \\ 6'3" \\ 6'1" \\ 5'8" \\ 5'8" \\ 5'8" \\ 5'8" \\ 5'5" \\ 6'1" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 6'1" \\ 5'5" \\ 5'5" \\ 6'1" \\ 5'5" \\ 5'5" \\ 6'1" \\ 5'5" \\ $
13	Austin Maidene	So Sr	20 22	5'8" 5'5"
16 17	Alex Janus John Laney	Sr Fr	21 18	5'10"
18 19	Dylan Hawkins Kevin Harrow	Fr Gr	18 23	6'2" 5'10" 6'0"
20 21 22 23	Phillip Sellers Trevor Lynch	Fr So	19	6'1"
22 23 24	John Bradley Judah Jodrey Michael Lee	Fr So Jr	19 20 20	5'10" 6'2" 5'10"
25 26	Avery Acierno Troy Miller	Jr Gr	21 26	5'10" 6'1"
29 30	Paul James Robert McAllister	So Fr	20 18	6'1" 6'0"
38 51	Jeff Perkins Matthew Klassa	Sr Fr	22 18	5'8" 6'2" 5'8"
57 81	Alexander Lerner Rhys Gretsch	So Jr	19 21 18	5'8" 5'11"
85 88	Bryan Anuel Hunter Shumaker	Fr Jr	18 21	6'2" 5'9"



NORTHEASTERN UNIVERSITY HUSKIES

BOSTON, MA

Captains: Justin Tran, Jacob Kaplan, Ilya Yudkovich Coaches: Daniel Hourigan, Timothy Bobrowski, Ben Goossen

web.northeastern.edu/clubsports/ultimate-frisbee-mens/ @NUMensUltimate

NORTHEASTERN

Northeastern Men's Ultimate is a program on the rise. We trace our roots to 1998 when we were first founded as the NU Gentleman's Club, nearly 20 years after most teams in the New England region. Despite our relatively young program, and perhaps

in spite of it, we have quickly established ourselves as a strong team with a lot to prove.

On the field, we are a group of fiercely competitive and hardworking individuals; off the field, we are a family. We take classes together, look out for each other and many of us even live together. From pretournament pasta dinners to casual Friday night board games sessions, we work to cultivate a culture of positivity, care, and growth.

We are the Huskies. Mush!

OHIO STATE UNIVERSITY LEADBELLY

COLUMBUS, OH

Captains: Zach Braun, Sion Agami, Chase Gregory Coaches: David Bentrovato, Phil Cherosky @pbultimate



Leadbelly was founded in 1995, making this year's team the 24th edition of Ohio State's club ultimate Frisbee team. This is Leadbelly's first nationals appearance since 2007 and first ever Ohio Valley Regionals Championship. The team's success comes from a lot of experience playing together due to the small roster turnover from the previous year

and the majority of our players playing together throughout the club season. Leadbelly is excited for the chance to play the best teams in the country.

ROSTER

 Noah Kurland Jacob Kaplan Ethan Pusch Andrew Pollis Jeremy McDavi Aidan Travers Sean Wallace Jorden van Em Benjamin Field Colton Sy Ilya Yudkovich Simon Carapel Brendan King Mark Kharakh Peter Treyz Ricky Salvator Thomas Griffir Michael Busa Mathew Cook Jac Vaughn George Abuhar Zachary Wolfe Justin Tran 	Jr Jr Jr So Fr Jr Jr Jr Jr Jr Jr Jr Jr Jr Jr Jr Jr Jr		5'6'' 6'1''' 5'11''' 6'0''' 6'4'''' 5'7'''''''''''''''''''''''''''''''''''	
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0 3 4 6 7 9 10 11 12 13 16 17 18 21 23 24 27 33 51 9	Kyler Waites Andrew Kramer Hartley Stevenson	Fr Jr S Gr Jr So Gr Fr Fr So Sr Jr Fr Gr Fr Sr Jr Fr Gr Fr	19 21 20 23 22 19 20 20 20 20 20 20 20 20 20 20 20 20 20	5'11" 6'3" 5'11" 6'0" 6'1" 5'10" 6'1" 5'9" 6'1" 5'9" 6'1" 5'8" 6'1" 5'8" 6'1" 5'8" 6'2" 5'7" 6'2" 5'0"
69 91				
92 98	Zach Braun	Jr	20 20	64 5'10"

UNIVERSITY OF OREGON EGO

EUGENE, OR

Captains: Will Lohre, Leandro Marx, Ted Sither Coaches: Jay Andrew Janin, Spencer Jakwan Latarski @egotime



ROSTER

0	Ted Sither	Jr	21	6'0"
3	David Barram	So	20	5'10"
9	Colby Chuck	Jr	21	5'6"
11	Harry Luong	Jr	21	5'7"
12	Cylas Schooley	Fr	18	5'11"
14	Michael Fielden	Sr	21	6'0"
15	Raven Miller-Berg	Jr	21	6'2"
19	Steven Pearlman	Sr	22	6'4"
22	Lukas Ambrose	So	20	5'10"
23	Xander Cuizon Tice	Sr	22	5'7"
24	Leandro Marx	Sr	22	5'8"
27	Kuochuan Ponzio	Fr	18	5'11"
31	Henry Richardson	Fr	19	5'11"
34	Max Spiegel	Fr	19	5'8"
36	Kai Fuji	Fr	19	5'7"
42	Will Lohre	Sr	22	6'0"
43	Henry Jackman	Fr	18	5'10"
57	Gunter Przystawik	Fr	18	6'0"
59	Noah Coolman	Jr	20	5'10"
77	Kit Tyler	Jr	21	5'11"
88	Duncan Fitzgerald	Jr	21	5'11"

UNIVERSITY OF PITTSBURGH EN SABAH NUR

PITTSBURGH, PA

Captains: Michael Ing, Andrew Lehmberg, Ben Morgenstern Coaches: Nicholas Kaczmarek, Colin Conner, Christie Lawry, Ari Weitzman, David Hogan pittultimate.org @PittUltimateM



En Sabah Nur will be making its 15th consecutive appearance at the D-I College Championships, which is the second longest active streak among all D-I men's teams. Pitt Men's Ultimate also has made the quarter finals of nationals every year since 2009, and won the championship in 2012 and

2013. After a successful 2019 regular season, this year's team is looking to add onto the program's impressive resume.

10Alex SpenceleyS11Leo WarrenS12Kevin TsuiS13Andrew LehmbergS14Aiden LandisF15Will HelenskiS17Matt HannaS21Noah RobinsonS24Will HoffenkampS29Hafeez ShamsS33Max ThompsonS34Henry IngF35Dan GoldsteinS42Ben MorgensternS48Ryan MooreS49Daniel NicholsF52Marcel OliartS68Harry McNamaraS	
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RUTGERS UNIVERSITY MACHINE

NEW BRUNSWICK, NJ

Captains: Zachary Cincotta, Dean Klimek, Brendon Pierce, Robert Puhak Coaches: Shashank Alladi, Dmitry Suvorov, Kevin Wang @RutgersMachine



Rutgers Machine is a tightly knit group of individuals who love to have fun but also to work hard. The current team is made up of a large senior class who all joined the ultimate community in 2015 with little to no experience. With the help of our alumni, most

notably the team that went to nationals in 2014 has certainly helped Machine to where it is today. Rutgers Machine played in the very first collegiate ultimate Frisbee game in 1972 against Princeton and defeated them. Rutgers Machine prides itself on its extremely hard work ethic and fostering an environment that is accepting of everyone.

ROSTER

SPECTATOR INFO

UNIVERSITY OF TEXAS TUFF

AUSTIN, TX

Captains: Mutahir Ahmad, Reese Bowman Coaches: Calvin Lin, Matthew Bierschenk, Casey Hogg texasultimatefrisbee.weebly.com/ @texas__tuff



Since its inception in 1978, Texas Ultimate has been a perennial Nationals contender with a long list of distinguished alumni, including Hall of Famer Pat "Bagger" Lee; Callahan finalists Mike

"Tank" Natenberg, Stephen "Franchise" Presley (twice) and Will Driscoll; stars such as Chris Stone, Scott Berens, Skippy Sewell and David "Salad" Melancon; and more recent stars, such as Jeff Loskorn, Mitch Bennett, Chase Cunningham, Dillon Larberg and Joel Clutton. Led by longtime head coach Calvin Lin and his 20+ years with Texas Ultimate, this year's deep team looks forward to playing Nationals close to home. We wish to dedicate this tournament to all of our alumni, parents and fans that we hope to see at the tournament, as well as to our teammate, Noah Chambers, who is recovering from a severe leg injury.

0	Oliver Powers	Fr	19	5'11"
1	Kolbe Bauer	Fr	19	6'0"
2 3 4	Hayden Rich Saaketh Palchuru	Jr Fr	21 19	5'9" 5'11"
4	Garrett Odom	Sr	21	5'11"
6 7	Jake Sames	So So	21 20 20	5'11" 6'1" 6'0"
	Chris Layden	So	20	6'0"
8	Paul Choi	Gr	23	5'10" 6'0"
9 10	Gage Edblom Kevin Roux	ll Sr	21	5'9"
11	Brian Street	Jr Sr Jr	21	5'9" 6'2" 6'2" 5'9"
12	Noah Chambers	Jr Sr	21	6'2"
13	Alex You	Sr	22	5'9"
14	Mutanir Anmad	5r Ir	23	6'1"
16	Brock Davis	So	19	5'9"
17	Vinay Valsaraj	Sr	22	6'2"
19	Shane Heath	So	20	5'11"
20	Reese Bowman	Sr	23	6'5"
23	Will Goodwin	lr	21	5'9"
24	Nathan Marsales	Fr	19	6'1"
26	Sebastien Lauzy	Jr	20	5'9"
2/	Bryan Barrientos	Jr	20	6'2"
3Z 33	Al Marks	Sí Fr	18	5'Q"
35	Matt Chambers		18	6'0"
41	John Hardin	Fr	18	6'0"
50	Matthew Armour	Jr	21	6'2"
10	James Lewis Koiyaun Waugh	Jr	21	5'9"
77	Alex Hirsch		21	5'11"
$\begin{array}{c} 11\\ 12\\ 13\\ 14\\ 15\\ 16\\ 17\\ 19\\ 20\\ 21\\ 23\\ 24\\ 26\\ 27\\ 33\\ 35\\ 41\\ 50\\ 51\\ 69\\ 77\\ \end{array}$	AJ Marks Matt Chambers John Hardin	Sr Jr So Sr Sr Jr Fr Jr Fr Fr Fr	23 21 22 21 22 23 20 23 20 23 20 23 20 23 20 23 21 20 23 20 23 21 22 20 23 21 22 20 23 21 22 22 23 20 23 21 22 22 23 20 23 20 22 23 20 22 23 20 22 23 20 22 20 23 20 22 20 22 20 22 20 22 20 20 20 20 20	56'1'''''''''''''''''''''''''''''''''''

TUFTS UNIVERSITY EMEN

MEDFORD, MA

Captains: Eric Chen, Aaron Epstein, Nikhil Bhatia-Lin Coaches: Nicholas Adolph, Gene Buonaccorsi, Jack Hatchett, Claudia Tajima tuftsmensultimate.org/ @Tufts_Emen



Founded in 1972 in Somerville, Massachusetts, the Tufts Emen are the fifth oldest ultimate team in existence. For 47 years, they have strived to compete at the highest level, most notably reaching quarters in 2012. After four years of heartbreak, they return to

nationals despite having only one good player, whose name is Charlie Caron. They fight on for the love they have for each other and to honor their team's rich history and venerable alumni. You can follow their progress on Twitter at @Tufts_Emen and their friends the Tufts EWO at @ewonews. The BAG!

ROSTER

 Henry Carc Oliver New Jerry Wang Nikhil Bha Tony Goss Ryan Mega David Leib Aaron Epst Jac Carreir Jac Carreir Jac Carreir Jac Carreir Charles Ca Samuel Sa Conrad Wa Ben Kass-1 Troy Prebei Bryan Barr Bryan Barr Bryan Barr Bric Chen Dany Bro 	land Gr Fr tia-Lin Jr So thlin So ert Sr ein Jr o Sr vig Sr ate Sr ron Fr Ish So Cole So non Fr Vullet Fr nda So ows Sr h Sr	20 22 19 20 20 21 20 21 22 22 22 19 19 21 19 19 19 19 21 21 22 22 22 22 22 22 22 22 22 21 21	$\begin{array}{c} 6'3''\\5'9''\\6'0''\\5'9''\\5'9''\\6'1''\\6'0''\\6'0''\\6'0''\\6'0''\\6'0''\\5'10''\\5'10''\\5'8''\\6'2''\\5'9''\\6'2''\\5'9''\\5'9''\\5'9''\\5'9''\\6'2''\\5'9''\\5'9''\\5'9''\\6'2''\\5'9''\\5'9''\\5'9''\\5'9''\\5'9''\\5'9''\\6'2''\\5'9'''\\5'9''''\\5'9''''\\5'9''''\\5'9''''\\5'9''''\\5'9''''''''$
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UNIVERSITY OF VICTORIA VIKES

VICTORIA, BC, CANADA

Captains: Adrian Chow, Patrick Church, Owen Paetkau, Dawson Pasin Coaches: Malcolm Bryson, David Whitney-Brown @uvictimultimate



In the mid-2000s, an influx of ultimate talent hopped aboard BC Ferries to the University's Vancouver Island campus in Victoria BC and helped revive the historic program in 2005. A dedicated few, this group

was motivated to create a lasting legacy. Early pioneers that led this revival include names such as John Norris, Rhett Vernon Jarvis, Clayton Howlett, Graeme Barber and the Underhill Brothers. Although generations of amazing players have come through the program, it is the values and ethos of University of Victoria Vikes that has grown the program to its current height. What started as an understaffed team that could barely scrimmage at practice quickly became a fully-fledged program with both women's and men's teams competing in the USA Ultimate series. The University of Victoria also boasts a strong reputation for committing players to elite club and national teams. UVic's women's team, the Vixens, took the program to a new level by qualifying for the College Championships in 2014 and 2015. Now, the Vikes are in their second consecutive College Championships appearance.

3 4 5 6 8 9 10 11 13 14 15 16 17 18 19 22 24 25 26 27 29 31	Duncan Armstrong Dawson Pasin Adrian Chow Jesse Wallace-Webb Jonathan Hewlett Evan Reynolds Joshua Leung Patrick Church Jamie Fox Luke van Randen Owen Paetkau Conor Michiel Eric Scott-Iversen Matthew Kadota Casey Skrepneck Jonah Thiele Peter Galbraith Jozef Gaber Joel Lepper Sean Battiston Kurtis Manke Keegan Freeland	רוו זו זו זיזטע קערערערערערערערערערערערערערערערערערערע	20 20 22 21 24 21 24 21 23 22 23 18 29 21 23 20 21 21 24 19	$6'1'' \\ 6'0'' \\ 5'10'' \\ 5'10'' \\ 5'6'' \\ 5'1'' \\ 6'1'' \\ 6'0'' \\ 6'0'' \\ 6'0'' \\ 6'0'' \\ 5'10'' \\ 6'2'' \\ 5'10'' \\ 6'2'' \\ 6'2'' \\ 5'10'' \\ 6'2'' \\ 5'10''' \\ 5'10''' \\ 5'10'' \\ 5'10'' \\ 5'1$
24				6'1"
25				5'10"
26	Joel Lepper		21	6'2"
27				6'0"
29				0 Z 5'10"
34	Sean Bennett	30 So	19	6'3"
35	David Shaw	Jr	22	6'2"
44	Devon Thomson	Ĵr	21	5'10"
51	Justin Pettenuzzo	So	19	5'8"
55 71	Scott Spanier	Jr	20	6'2"
71	Timothy Friesen	Fr	18	5'9"
88	Mike LeRoss	Fr	23	5'10"



UNIVERSITY OF WASHINGTON SUNDODGERS

SEATTLE. WA

Captains: Derek Mourad, Lucas Chen, Max Landa, Michael Buvco Coaches: Mark Burton, Michael Capeloto, Dongyang Chen @sundodgers



ROSTER

UNIVERSITY OF WISCONSIN ROSTER HODAGS

MADISON. WI

Captains: Jeff Maskalunas, Nick Vogt Coaches: Hector Valdivia, Andrew Brown, Becky LeDonne hodags.org @HodagLove



The UW-Madison ultimate team was founded in 1977. Upon its creation, the team immediately began to establish a great winning tradition with nine conference championships and five final four finishes in regional play. Between 1977 and

1988, the team had an overall record of 347 wins and 189 losses. Since 2001, the Wisconsin Hodags have three national titles and six finals appearances. The biggest advantage the Hodags have, though, is found in the team's motto, "Hodag Love." Put simply, the Hodags are a family that loves and supports one another both on and off the field. The Hodags have attended the D-I College Championships for 20 consecutive years. The Hodags aren't just one or two star players, and they aren't a passing fad; they are a proven system. From the youngest rookie bursting with potential to the oldest alumnus who wishes he were still in uniform, the Hodags are a family who will continue to write their stories into ultimate history for many years to come.

$\begin{array}{c} 0 \\ 1 \\ 4 \\ 5 \\ 6 \\ 7 \\ 8 \\ 9 \\ 10 \\ 11 \\ 12 \\ 22 \\ 4 \\ 9 \\ 31 \\ 32 \\ 33 \\ 6 \\ 4 \\ 4 \\ 9 \\ 55 \\ 64 \\ 6 \\ 71 \end{array}$	Karter Keller Rami Paust Jacob Wham Jack Mallmann Ben Schewe Daniel Garlock Sam Radack Harrison Bielski Cody Milstein Maddox Hill John Tan Matthew Grinde Ben Kishter Jeff Maskalunas	FFFSSGSSSSSSSSSFFFSFSSSSSSSSSSSSSSSSSS	19 21 18 21 21 18 21 22 20 18	

SPECTATOR INFO

UNIVERSITY OF CALIFORNIA – LOS ANGELES BLU

LOS ANGELES, CA

Captains: Emily Beck, Malia Smith Coaches: Alex Korb, Cheryl Prideaux, Jackson Dolan facebook.com/UCLABLU/ @BLUItimate

Bruin Ladies Ultimate (BLU) was formed in 2003 by coaches Alex Korb and Jamie Nuwer. In its third year as a team, BLU made its first appearance at the D-I College Championships, placing second. Since then, BLU has returned

to nationals 11 times. BLU is eager to return to nationals after strong finishes at the Stanford Invite (third), Sectionals (second) and Regionals (third). Our various zone lines confound offenses left and right, and our O-line has developed chemistry, consistency and efficiency that is incomparable ("one po 0!"). We would like to thank our BLUmni, family and friends for the incredible amount of support they have provided all season. We BLUv you so much!

ROSTER

2 3 4 5 6 7 9 10 11	Emily Beck Stephanie Yen Katherine Jordak Francesca Clarke Malia Smith Maddy Fisher Morgan Baxter Athena Lynch Unchitta Kanjanasa	Sr Fr So Jr So Fr ratoo	22 18 20 19 21 20 19 18	5'2" 5'4" 5'7" 5'6" 5'7" 5'9" 5'8" 5'7"
12 13 14 17 20 21 22 25 36 49 84 99	Sonia Lele Angela Lin Amy Zhu Hannah Daijo Erin Doyle Moorea Henn Audree Hsu Cameron Hastings Cameron Jewett Annie Whalen Anna Reed Juliette Oliver Olivia Sandom	Jr Jr Fr Jr Fr Jr Jr Sr Fr Sr Fr Fr Fr	20 21 20 19 21 21 21 20 19 20 19 20 18	5'2" 5'5" 5'2" 5'2" 5'2" 5'3" 5'3" 5'3" 5'6" 5'6" 5'3"

UNIVERSITY OF CALIFORNIA - SANTA BARBARA BURNING SKIRTS

SANTA BARBARA, CA

Captains: Kaitlyn Weaver, Audrey Brown Coaches: Samuel Fontaine, Veronica Eder, Hani Paiela ucsbburningskirts.webstarts.com @BSkirts



The UCSB Burning Skirts have historically been a competitive, high-caliber program. After a nationals appearance last year, our goal this year was to con-

tinue developing the program while playing at a highly competitive level. In addition to the return of many developed veteran players, we also had the great fortune of bringing in a strong and committed rookie class. Our goal this year was to focus on the process not the outcome, meaning that we would treat every point like 0-0 game. We benefited from the leadership of three knowledgeable coaches who fostered a positive yet competitive team environment.

$\begin{array}{c}1\\1\\2\\4\\5\\6\\8\\9\\1\\1\\2\\1\\1\\6\\1\\8\\2\\2\\5\\2\\7\\3\\2\\4\\6\\6\end{array}$	Amber Lee Kana Suzuki Nicole Yang Jenny Bardwell Terra Dressler Elsa Winslow	So Gr So Gr Fr So Fr Fr		5'5'' 5'7''' 5'7'''' 5'5''''''''''''''''''''''''''''''''''
	Maria Sutherland	Fr	18	5'2"
	Elise Hou	Fr	19	5'5"



UNIVERSITY OF CALIFORNIA – SAN DIEGO PSYCHOS

LA JOLLA, CA

Captains: Stacy Tran, Dena Elimelech, Kelli Iwamoto Coaches: Carlo Mosca, Alisha Stoun, Sheliemae Reyes psychoultimate.com/ @psychoultimate

> The women's ultimate team at UC San Diego can be characterized by one word — Psycho. Originally founded in 1995 as "Psycaughtit," we are a group of energetic and competitive athletes who love the game of ultimate. After attaining the fourth bid in the

Southwest region in 2017, Psychos made their first nationals appearance in 10 years. This will be our 11th appearance at the D-I College Championships. We, the Psychos, value reusability, sustainability, mental and physical health and have worked hard to wear sunscreen and bring our own forks (and other utensils) to any and all events!

ROSTER

CARLETON COLLEGE SYZYGY

NORTHFIELD, MN

Captains: Maya Powell, Karen Ehrhardt Coaches: Courtney Kiesow, Logan Weiss carletonsyzygy.weebly.com/ @syzygyultimate



syzygy noun, syz•y•gy | \'si-zə-jë \: the nearly straight-line configuration of three celestial bodies (such as the sun, moon, and earth lunar eclinse) in a gravitational system

during a solar or lunar eclipse) in a gravitational system.

1 3 4 6 7 8 10 11 12 13 14 17 18 21 23 24 25 26	Lily Hurtubise Emma Gautier Brie Forster Nora Mertz Kennadi Hairston Maya Powell Claire Dettelbach Becky Shapiro Zoe Denckla Nariah-Belle Sims Anna Stubbs Karen Ehrhardt Kenzie Korpi Eliza Skoler Ani Thomas-Toth Allegra Johnson Mckee Isabel Arevalo	Fr Jr Fr Jr Fr Jr SFr Jr So Jr Jr Fr So Sr	19 21 19 21 19 21 20 20 20 20 20 20 20 20 21 22 20 18 20 21	5'6" 5'11" 5'10" 5'6" 5'7" 5'6" 5'6" 5'6" 5'6" 5'6" 5'7" 5'8" 5'7" 5'8" 5'7" 5'8" 5'7" 5'8" 5'4" 5'4"
24				
25	Isabel Arevalo	So		5'4"
26 28	Hannah Barnstone Isabel Olson	Sr Jr	21	5'4"
29	Ada Wright	Fr	18	5'6"
31 34	Lauren Carothers-Liske	Fr Fr	18 19	5'8" 5'6"
34 36	Kate Lanier Gracie Little	So	20	5'6 5'4"
37	Sylvie Polonsky	Sr	21	5'7"
43	Carly Campana	Fr	19	5'9"

UNIVERSITY OF COLORADO KALI

BOULDER, CO

Captains: Meg Henderson, Emma Capra, Britta Bergstrom Coaches: Claire Chastain, Christina Mickle, Elliott Erickson @kaliultimate



In the dry, thin air of central Colorado, where the vast plains come to an abrupt end in the beautiful sagebrush foothills of the Rockies, you can hear echoes of

25 Kali players tossing and dancing in the wind. With each slapping pancake catch, reverberations of resilience and hunger for the disc may be heard from miles away. In the moments when the disc settles, these inclusive women congregate and fully embrace the Kali weird. Their half times consist of grind lines galore and the bellowing of Ariana Grande's latest lyrics. They are a family, with unconditional love and support for each other on and off the field.

After tying for third in the nation in 2010, Kali has been on the hunt for a title, qualifying for nationals the past six years in a row. A 13thplace finish in 2014 followed by two fifth-place finishes in 2015 and 2016, a third place finish in 2017 and a finals appearance in 2018 has left them wanting more. Each tournament, each game, each point, they are dedicated to fighting for more time together. The 2019 D-I College Championships will be no different. We believe in ourselves. We believe in this team.

CORNELL UNIVERSITY WILD ROSES

ITHACA, NY

Captains: Sami Smalling, Harley Mueller, Raina Kamrat Coaches: James Greeno, Christine Geogakakos rosesultimate.com @RosesUltimate

> The Wild Roses are Cornell University's premier womxn's ultimate Frisbee team. Founded in 1980, the Roses program has grown to support a competitive B team, the Thorny Roses, which began in 2004. As a member of the Metro East region, the Wild Roses have strived to travel to

more tournaments outside of the Northeast and continue to challenge our region. This year marks the second year in a row the Wild Roses have qualified for Nationals. Roses alumni have been on a variety of nationally competitive club teams; last year, Roses competed with Xist, Jughandle and Scandal at Club Nationals. A Wild Rose is committed, spirited, values personal and team growth, and is an integral part of the close-knit Roses family.

ROSTER

	Saioa Lostra Jordan Stockdale Elnaz Navid Riley Swift Becky Nevin Tess Cartin	FGTSTFSSTSGTLFSSSFSGGTSTGTLSSLSS	21 22 19 20 23 23 22 25 24 19 19	$5^{\circ}0^{\circ}$ $5^{\circ}8^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}4^{\circ}$ $5^{\circ}3^{\circ}$ $5^{\circ}10^{\circ}$ $5^{\circ}7^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}7^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}7^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}7^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}7^{\circ}$ $5^{\circ}6^{\circ}$ $5^{\circ}5^{\circ}5^{\circ}$ $5^{\circ}5^{\circ}5^{\circ}5^{\circ}$ $5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}5^{\circ}$
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2 4 5 6 7 11 12 13 15 16 17 18 19 21 23 24 27	Jessica Wan Emily Lasher Annie Zhang Amy Stephens Dena Behar Daria Pachuka Claudia Buchard Audrey Fox Emily Nishiwaki Kerianne Coulon Harley Mueller Rachel Hidek Raina Kamrat Lydia Reiner Sami Smalling Aprilynne Alter Kyra Ratusnik	ור Sor Fr Sr Fr Sor Fr Sor Sor Sor Soo Soo Soo	21 19 21 18 21 20 22 21 20 20 20 20 20	5'2" 5'3" 5'2" 5'7" 5'3" 5'3" 5'4" 5'3" 5'3" 5'3" 5'3" 5'3" 5'3" 5'3" 5'3
29	Phoebe Lee	So	20	5'1"
99	Sabrina Xie	Fr	19	5'4"



DARTMOUTH COLLEGE DARTMOUTH ULTIMATE

HANOVER, NH

Captains: Jack Verzuh, Magdalene Pizzo, Abby Ritterband Coach: Eugene Yum @dartmouthulti



This year we have chosen to drop the name "Princess Layout" and call ourselves Dartmouth Womxn's Ultimate. The term "womxn" originated in the 1970s and is currently seeing a resurgence in use. It is used to represent groups that have a connection to the category of "woman" but are

inclusive of trans and non-binary identities. We use this term because it represents that we play in the women's division, but also that we have no identity restrictions on being a member of the team. Both cisgender and transgender women are included in the term "women," but non-binary and trans-masculine identities are not; enforcing the use of "women" is a mis-gendering of those identities. So while we are made up of primarily cisgender women, "womxn" better represents and respects the athletes on our team who are not women. Dartmouth has enforced a policy disallowing the use of this term for our team in any public setting, but we are committed to changing this policy and representing our teammates respectfully.

ROSTER

1	Margaret Nichols	Jr	21	5'5"
3 7	Grace Alston	Fr	19	5'5"
7	Cindy Yuan	Fr	18	5'3''
8	Caroline Tornquist	Fr	18	5'1"
10	Caroline Sernett	So	20	5'6"
11	Abby Ritterband	Jr	21	5'4''
12	Erica Ng	Sr	22	5'6"
15	Jennifer Qian	Fr	18	5'6"
17	Magdalene Pizzo	Sr	22	5'2"
19	Annett Gawerc	Jr	21	5'6"
21	Emma Bushman	So	20	5'8"
22	Jack Verzuh	Sr	22	6'1"
24	Hannah Marr	Jr	21	5'6"
26	Caitlyn Lee	Sr	21	5'5"
32	Christina Arnoldy	So	19	5'9"
37	Claire Trop	So	20	5'6"

UNIVERSITY OF GEORGIA ATHENA

ATHENS, GA

Captains: Eavan Hendry, Gayeon Ko, Hannah Moulton Coaches: Javid Aceil, Paige Howell georgiawomensultimate.weebly.com @UGAUItimate



After a long and hot season, the dawgs are headed to Austin to see the largest bat colony in the US! (And to compete in nationals). What a ride it has been. From discovering our beloved coach was an avid participant of dance ensemble to realizing we elected a lazy

potluck coordinator to our exec board (only one potluck all spring?!), our team has fought through and overcome indescribable adversity. After this rocky start, a "You laugh, you run" policy was instilled at practice which effectively worked in favor of our fitness. That being said, our team has never been closer and our chemistry shows on the fields (the kind that can only be developed by spending far too much time together). Our rookie heavy roster has been molded from a team of potential to a team of success by the dedicated hands of our coaches, basketball-enthusiast Javid and Angelic Paige, and we feel so lucky to have had them this season. We can't wait to surprise the rest of the country with our fighting spirit and wisdom (channeled from Athena herself), and we hope Marie Perivier will surprise us in return with freshly washed hair. WHO LET THE DAWGS OUT?!

1 Katharine Suarez So 19 5	'4"
	'i1"
	'2"
7 Gayeon Ko Sr 22 5	'3"
7 Gayeon Ko Sr 22 5 8 Alexandra Fairley Sr 22 5 9 Isabella Ragonese Gr 24 5	'4"
9 Isabella Ragonese Gr 24 5	'Ō"
	'11"
11 Emery Cook Fr 19 5	'4''
12 Amy Śtrozinsky Jr 21 5	'6"
13 Emma Jones Fr 18 5	'10"
16 Abby Lemma Fr 18 5	'9"
19 Emily Hall Jr 20 5	'7"
21 Hannah Moulton Jr 21 5	'9"
22 Courtnie Vickery Sr 22 5	'6"
25 Erin Klima Fr 19 5	'9"
26 Eavan Hendry Jr 21 5	'2"
27 Catherine Brown Fr 19 5	'6"
	'3"
	'7"
	'6"

UNIVERSITY OF MINNESOTA NINJAS

MINNEAPOLIS, MN

Captains: Louise Beck, Maggie Peck, Sadie Reding Coaches: Sarah Meckstroth, Carlos Lopez ninjawomensultimate.weebly.com/ @NinjaUltimate

*

The Ninjas are the women's ultimate team representing the University of Minnesota – Twin Cities. The club was formed in 1997. This is our third appearance at the College Championships and our first since 2013. We consistently compete at high-level tournaments in

states across the country, including California and Texas. In 2019, the program created a B-team, the Katanas. They competed in the tier-3 portion of Centex and at the Western North Central conference tournament. Our program values trust, energy and consistency.

ROSTER

5 8 12 13 14 16 17 19 20 21 22 30 31 33 34 39 42	Ellie Sjordal Erin McCann Vivian Hett Maggie Peck Emma Jaschke Carolyn Brand Betty Stringfield Sadie Reding Sofie Fitzsimmons Jane Koch Rachel Elbing Louise Beck Lily Kelley Kayla Blanek Elise Gallup Jessica Halverson Mara Stephan	Sr Gr Sr Jr Fr Jr Gr So Fr Fr Sr Sr Fr Jr	22 20 23 22 21 18 20 21 33 22 20 21 33 22 20 22 19 21 22	5'5" 5'4" 5'3" 5'3" 5'3" 5'4" 5'6" 5'7" 5'6" 5'7" 5'6" 5'7" 5'11" 5'2" 5'3"
42	Mara Stephan Cassidy Krawczak-K			5.7"
44	Cassiuy Mawuzak-r	So	20	5'4"
10	Many Vallanaaht			
48	Macy Vollbrecht	Jr	21	5'8"
93	Sylvie Mercil	Fr	18	5'0"

UNIVERSITY OF NORTH CAROLINA PLEIADES

CHAPEL HILL, NC

Captains: Elisabeth Parker, Rebecca Fagan, Anne Worth Coaches: Jessi Jones, Lindsay Soo, Bridget Johnson, Mike DeNardis, David Allison facebook.com/unc.pleiades/ @UNC_Pleiades



Pleiades was founded in 1995 and has since been a team that brings together fun, driven and relentlessly supportive athletes for an experience that fosters leadership, commitment, development and friendship. The team first qualified for nationals in

2002 and will be returning in 2019 for the third year in a row, with back-to-back regional championships in the Atlantic Coast. With the burgeoning strength of the Triangle's youth scene, Pleiades has built a sustainable program that climbs up and up every year. We are lucky to be coached by Jessi Jones, 2018 Coach of the Year, and Lindsay Soo, Pleiades alum and U-24 Worlds gold medalist. We are 22 athletes, seven sisters, one team. With a deep roster, stand-out rookies and Callahan nominee Rebecca Fagan, Pleiades plans to shine bright at nationals.

4 7 8 9 10 11 12 13 14 15 17 18 20 227 28 35 37 42 55 86	Julia Zwierzynski Sydney Rehder Alice Wang Elisabeth Parker Olivia Monroe Dawn Culton Ella Juengst Tyler Smith Meg Van Horn Florence Brooks Alana Holder Madoka Takashima Bridget Mizener Anne Worth Mary Rippe Rachell Xu Alex Barnett Maggie Adams Anna Xu Rebecca Fagan Erika Neave Connie Cui	וד Fr S G S F F F ד ד ד ד S G S F F F F T ד ד ד S S S S O ד S S G S G S G S G S G S G S G S G S G	20 19 21 22 18 19 21 21 21 21 21 21 21 22 23 21 20 20 21 21 24 20	5'6'' 5'5''' 5'5'''' 5'7'''''''''''''''''''''''''''''''''''



NORTHEASTERN UNIVERSITY VALKYRIES

BOSTON. MA

Captains: Julianne Kloza, Katharine Gilbert, Eleanor Patten Coaches: Jason Adams, Danny Clark, Analise Huysentruvt @ValksUltimate



In 2001, the women of Northeastern's ultimate scene decided the time had come to create a separate women's team - the Valkyries. The original founders of the team took this name from Norse mythology in which Valkyries are the

"choosers of the fallen" and decide which warriors may die in battle and who among them are worthy of the afterlife. Valkyries are associated with fairness and bravery and they are a symbol of female power and strength. We are proud to continue the legacy of the amazing women who have represented the Northeastern Valkyries over the past 18 seasons. The Valkyries wear #8 on our jerseys in loving memory of 2009 Alumna, Stephanie Barker, who left us in 2013. Since 2001, the program has seen a tremendous amount of growth, qualifying for nationals for the first time in 2008. This year marks our fifth visit to nationals, but first since 2014, meaning we have an entire roster of first time competitors on this stage! We are fierce competitors ready to return to Texas and flex our hard work and grit competing against some of the best teams in the country. Fly Valks fly!

ROSTER

2 3 5 7 9 11 13 15 17 18 19 226 30 46 373 76 81 84	Brianna Considine Katharine Gilbert Eleanor Patten Lamia Farah Duschia Bodet Arielle Nelson Ellen Harsha Julianne Kloza Anna Cullen Natalie Hopkins Isabel Tripp Sophie Shen Ariel Bloch Nancy Jin Sofia Horan Lucy Jin Clara Stewart Emma Palacio Jasmine Der Gabriella Fernando-	Jr Jr Sr Jr Jr Sr Jr Sr Jr Sr Jr Sr Jr Sr Jr Sr	21 22 21 20 21 22 21 22 21 23 20 20 22 18 21 19 22 19 nlev	$5^{\prime}5^{\prime}5^{\prime}3^{\prime}3^{\prime}5^{\prime}5^{\prime}5^{\prime}5^{\prime}5^{\prime}5^{\prime}5^{\prime}5$
01	Anna Sciaruto	So Sr	20 23	5'9" 5'4"
91	AIIIIa SUIdIULO	31	23	54

NORTHWESTERN UNIVERSITY GUNGHO

EVANSTON, IL

Captains: Grace Goulson, Grace Young, Sarah Kim Coaches: Abby Shure, Walden Nelson, Carol Li, Kevin Yngve, Rose Gruenhagen nugungho.com @GungHoUltimate



Gungho. Northwestern University's women's club team, was founded in 1989 and is based in Evanston, III. The last time GungHo competed at College Championships was 2013 when they tied for ninth place. The team had previously competed

at the College Championships in 2011, 2010, 2007, 2005, 2002 and 2001. Since then, the team has regularly attended competitive tournaments across the country including the President's Day Invite and Centex. For the past eight years, the program has also fostered a developmental team, Yungho. The Gungho program values community, respect and friendship while cultivating a supportive and competitive environment for growth.

1 2 3 6	Sarah Johnson Grace Hauser Sara Gnolek Samantha Cohen	Fr Fr Gr Sr	19 18 23 22	5'2" 5'10" 5'8" 5'5"
7	Sydney Stelzer	Jr	20	5'2"
8	Grace Goulson	Sr	21	5'6"
12	Caitlin Hayner-Slattery	Sr	21	5'8"
14	Kylie Chesner	Jr	21	5'2"
16	Sarah Kim	Sr	22	5'7"
19	Anna Scarbrough	Sr	22	5'7"
20	Corinne Burger	Jr	21	5'10"
25	Hindeke Tewodros	Sr	22	5'5"
27	Rachel Anderson	Jr	21	5'7"
28	Talia Willmert	Jr	20	5'10"
29	Jade Hostein	So	19	5'7"
44	Grace Young	Sr	21	5'11"
75	Jessica Esteves	So	20	5'1"
88		Fr	19	5'5"
96	Abby Jones	Gr	23	5'9"
98	Cindy Mei	So	20	5'3"

OHIO STATE UNIVERSITY FEVER

COLUMBUS, OH

Captains: Sadie Jezierski, Emily Barrett, Stacy Lu Coaches: DeAnna Ball, Alaine Wetli, Jeffrey Brauning ultiworld.com/team/18805/ohio-state/ @FeverUltimate



Ohio State Fever is proud to be attending to our ninth College Championship in a row. After one of the most successful regular seasons since 2014, Fever is ready to take Texas by storm and show the rest of the nation how strong this Fever program is. We pride

ourselves off our grit, trust and flexing our belief muscles. #feverlove

ROSTER

2 3 4 5 6 8	Funing Zhang Jennifer Dai Emily Barrett	Jr Gr Sr	21 22 22	5'6" 5'5" 5'9"
5	Claire Ackerman	So	19	5'6"
6	Megan Klosterman Alex Warning	Sr So	23 20	5'5" 5'8"
9	Annelise Peters	Sr	20	5'8"
10 11	Samantha Boehmcke		19	5'10"
	Sadie Jezierski	Sr	22	5'5"
15	Emma Colavincenzo	Sr	22	5'8"
20	Madison Fleming	So	20	5'6"
22	Whitney Schott	So	19	5'7"
23	Emily Marmer	Fr	19	5'7"
24	Wai Ling Yee	Sr	21	5'2"
26	Cara Sieber	Jr	20	5'3"
28	Stacy Lu	Sr	23	5'0"
29	Jenna Zhu	Jr	20	5'7"
30	Sheridan Cleave	Ĵr	20	5'10"
34	Chloe Lim	Gr	21	5'3"
38	Brooke Lewis	Fr	18	5'6"
54	Stephany Stumphauzer		22	5'4"
82	Katherine Sandstrom	So	19	5'5"
95	Kristen Behrens	Gr	24	5'11"
33	MISTELL DELLELS	ul	24	110

UNIVERSITY OF OREGON FUGUE

EUGENE, OR

Captains: Ella Hansen, Morgan Caldwell, Maddy Boyle Coaches: Angela Tocchi, Morgan Zajonc, Aubri Bishop oregonfugue.weebly.com @oregonfugue



Fugue has had more of a dirt road path this year than we've been used to, however, we're fully committed to it. This past weekend at regionals solidified the amount of buy-in and grit this team is capable of. We have not forgotten our humble beginnings and we are proud to be able to fight tooth and nail to get to where we are.

We are looking forward to nationals to prove that we are capable of greatness and to showcase our depth and overall tenacity. The dirt road is where we came from, and the only way out is up.

00 3 7 9 11 12 15 17	Takisha Tarvin Chihiro Tokashiki Kayla Walker Zarina Rogers Evelyn Reding Kaiyana Petrus Emily Fagan Morgan Caldwell	Sr So Jr So Fr Jr Sr Sr	23 20 20 19 19 21 22 23	5'2" 5'5" 5'5" 5'4" 5'3" 5'6"
19	Amy Turner	Gr	25	5'6"
21	Kimber Muth	Fr	19	5'2"
24	Payton Anthony	Fr	18	6'2"
26	Shae Davis	Jr	20	5'4"
33	Maya Otsuki	Sr	22	5'3"
36	Maddy Boyle	Jr	21	5'2"
43	Ella Hansen	Sr	23	5'8"
46	Emmy Hunt	Fr	18	5'7"
55	Ava Jones	Fr	18	5'8"
95	Rachel Hess	So	19	5'3"



UNIVERSITY OF PITTSBURGH DANGER

PITTSBURGH, PA

Captains: Katie Schreiber, Abby Bomberger, Miranda Kosowsky

Coaches: Ben Banyas, Molly Moore, Lauren Franke danger-ultimate.wixsite.com/pittultimatew @PittUltimateW



University of Pittsburgh Danger was founded in 2005 after the disbandment of merger team. Pansy. Through the fearless leadership of some Pitts-ULTIMATE burgerats, Danger saw continual improvement that set the course for their first appearance at the D-I College Championships in 2010. Danger once

again earned a spot at College Championships in 2015 and has returned to compete in nationals each year since. In 2018, Danger set a program record by finishing third at nationals. 2019 brings an exciting new rookie class and a team that is looking to go the distance.

ROSTER

1	Victoria Smith	Sr	21	5'3"
2 3	Jessie Sun	Jr	21	5'6"
3	Rita Flanagan	So	20	5'5"
6	Celeste Picone	So	19	5'9"
7	Katie Schreiber	Sr	22	5'6"
10	Helen Wu	Fr	18	5'5"
11	Hannah Blizzard	Sr	22	5'5"
12	Madison Pisone	So	19	5'6"
14	Maya D'Mello	Fr	19	5'4"
15	Hope Matyas	So	20	5'4"
19	Abby Bomberger	Sr	22	5'8"
20	Lakshmi Ilango	Sr	22	5'9"
21	Beth Manturuk	Fr	19	5'10"
22	Ariana Bhatia	Fr	19	5'5"
23	Hannah Boyd	Fr	18	5'3"
24	Anna Dzuricky	Sr	23	5'8"
27	Ashika Mani	Jr	20	5'8"
37	Linn Bjanes	Sr	22	5'6"
57	CJ Dawson	So	20	5'8"
70	Morgan Cioth	Fr	18	5'1"
71	Miranda Kosowsky	So	20	5'2"
72	Yumi Wong	So	20	4'10"
84	Annie Koch	Sr	22	5'5"

UNIVERSITY OF TEXAS MFIFF

AUSTIN, TX

Captains: Ivy Harrison, Caroline O'Connell Coaches: Shereen Rabie, Kayla Ramirez texaswomensultimate.github.io/home/ @txmelee



Melee is ready for nationals to be in our backvard. We are excited to see plenty of family and friends out in Round Rock as we look to show everyone why things are bigger in Texas. Melee was founded in the spring of 2000 under the name Lady Marmalade. In 2002, the team rebranded as Melee. In

2005, Cara Crouch won the Callahan Award stating, "It's all about Melee!" In 2016. Melee won our home tournament. Centex. and began a three-year streak of Centex Champs. In 2017. Melee made program history, reaching the College Championship finals and ultimately placing second. This year, we are looking to continue our success from winning regionals into nationals.

2 3	Alysa Chiovatero	So	19	5'8"
3	Domenica Sutherland	Sr	23	5'4"
4	Cameron Wood	Sr	21	5'6"
6 7	lvy Harrison	Sr	22	5'5"
7	Madi Hiu	Jr	21	5'6"
8	Sierra Jensen	Gr	22	5'9"
9	Summer Wilson	Fr	19	5'6"
11	Emma Berrigan	So	19	5'4"
12	Caroline O'Connell	Jr	21	6'0"
13	Jasmine Anand	So	19	5'5"
14	Lauren Gregorczyk	Fr	18	5'8"
18	Carolina Bayon	Fr	19	5'2"
22	Amberly Malone	Sr	22	5'3"
28	Alana Hughes	Sr	21	5'9"
29	Shannon Ray	Sr	21	5'7"
30	Kathryn Raska	Jr	20	5'7"
32	Megan Bell	Fr	19	5'8"
33	Sanja Stojcic	Fr	19	5'11"
44	Katia Krupa	Sr	22	5'4"
47	Anna Kate Hutton	Jr	21	5'9"
				5'9" 5'4"
72	Hannah DeVault	Sr	22	54

TUFTS UNIVERSITY EWO

SOMERVILLE, MA

Captains: Emily Decker, Meredith Bernstein, Margo Urheim Coaches: Sangwha Hong, Meriden Estes, Becky Malinowski, Jojo Emerson sites.tufts.edu/tuftsewo/ @ewonews



The Tufts Ewo are a group of Frisbee lovin' youth from Somerville, Mass. Throughout the season, they train and play in all kinds of conditions, from nor'easter snow storms to the mud fests of Commonwealth Cup. Since Ewo's founding in 1981, they have made many a

nationals appearance, with this being the team's third consecutive one, finishing ninth last year in Milwaukee. The Ewo are a team of grit and determination, with the goal of always being the team other teams want to play. When not playing ultimate, the Ewo like to dance a lot and eat together. They are excited to bring these hobbies along with a love of ultimate to Texas this year.

ROSTER

1 3	April Weintraub Margo Urheim	Jr Jr	20 20	5'5" 5'9"
4	Cameron Rusin	So	19	5'7"
6 7	Justinne Guarin	Gr	23	5'0"
7	Samantha Schmidt	Sr	22	5'9"
8	Julia Lober	So	20	5'6"
9	Jordan Bricknell	So	19	5'11"
11	Meredith Bernstein	Sr	22	5'4"
13	Isabella Lombino	Fr	19	5'3"
14	Amanda Giles	Sr	22	5'4"
18	Molly Lipman	Jr	21	5'7"
19	Emily Decker	Sr	22	5'4"
21	Hannah Paborsky	Sr	21	5'3"
22	Rosanna Vitiello	So	20	5'2"
23	Claire Dunn	Jr	20	5'8"
25	Emily Smith	Fr	19	5'5"
32	Amanda Leung	Fr	18	5'5"
33	Fernanda Breña	Jr	21	5'3"
66	Miranda Briseño	Gr	23	5'1"
96	Caroline Passalacqua	Sr	22	5'5"
50	Ualume i dosalatyua	51	22	00

UNIVERSITY OF WASHINGTON ELEMENT

SEATTLE, WA

Captains: Alexa Yadama, Janet Ho, Kaitlin Kirkpatrick Coaches: Jillian Goodreau, Amanda Kostic, Kelley Hall @UWElement



This year, the University of Washington Element has returned to the D-I College Championships for the first time since 2016! We have a determined core of returners, relentless rookies and three proud alumnae coaching at the helm. In 2012, Element was victorious at

nationals, claiming gold in Boulder; this year we are looking to take home the title once more. Over the course of this season, our Dawg Pack, 31 strong, has overcome, persevered and performed; each Mintie both instrumental and irreplaceable, looking to leave their legacy on Element. One Team. One Love. One Washington. #Esketit



WESTERN WASHINGTON UNIVERSITY CHAOS

BELLINGHAM. WA

Captains: Maddie Gilbert, Samiya Ismail, Nellie Joselyn Coach: Alvssa Weatherford @wwuchaos

We are a community of 21 athletes who love one another deeply and this wild, fun sport we play. This year, that love, along with just a sprinkle of hard work and dedication, has led us to qualify for

the D-I College Championships in Austin, Texas. If you were to walk by one of our practices, you would hear music blaring, and you would see lots of dancing and even more high-fiving shared amongst teammates and our three dedicated coaches. We play ultimate because we enjoy each other's company, being active outside (yes, we even play and dance in the Bellingham rain) and challenging ourselves to grow. This year, our team has focused on learning to be our best selves for our teammates, both in our actions on the field and in supporting one another in aspects of our daily life - by loving the people in this community as human beings first.

ROSTER

1 2 3 4 5 7 8 10 11 13 14 15 16 17 18 20 21 23 47 77	Hue Tien Riley Tauer Teira Tyau Madison Brodahl Delaney Adams Nellie Joselyn Tova Breen Ruby Cassidy Sonya Morris Julia Downing Lizzie Chiou Macy Schelbert Samiya Ismail Maddie Gilbert Vail Dark Genisis Kommavongsa Eleanor Heberlein Paige Jeantette-Coca Sarah Stoev Ruby Volker Emma Lindsay	Jr SFF SO Jr Jr SO Jr FF FFF ST SG SO Jr Jr FFFF ST ST	20 21 19 20 20 21 20 20 21 20 20 21 22 22 23 20 21 21 19 19 22 22 23 20 21 19 22 22 23 20 21 20 20 20 20 20 20 20 20 20 20 20 20 20	5'4''' 5'11''' 5'3'''' 5'5''''''''''''''''''''''''''''''''''
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SPECTATOR INFO

UNIVERSITY OF WISCONSIN **BELLA DONNA**

MADISON. WI

Captains: Mila Flowerman, Michelle Zaber, Jackie Welsch Coaches: Amelia Cuarenta, Glenn Poole, Emily Langland belladonnaatropa.wordpress.com/ @bdultimate



Bella Donna is UW-Madison's premiere team that competes regularly in the North Central region and around the country. Bella has seen the national D-I College Championships numerous times. The team is comprised of freshmen to graduate students.

Atropa belladonna, better known as Deadly Nightshade, is a poisonous plant from which the team has derived their name. The plant has a history of use as a medicine, cosmetic and poison. The name "bella donna" is derived from Italian and means "beautiful woman" because the herb was used in eye-drops by women to dilate the pupils of the eves to make them appear seductive.

Bella Donna Love: The love of ultimate. The love of the team.

	Jackie Welsch Sabrina Hoffman Carly Siewert Vanessa Villasenor Rachel Knutson Katie Fan Maddy Sullivan Lilly Iverson Caitlin Murphy Tessa Berry Kaitlynne Roling Brittney Kokinos Courtney Trescher Katharine Lewer Margaret Walker Maya Banks Sarah Mondschein Emily Cohen Michelle Zaber Camila Flowerman Karen Hill	Gr Gr Sr Jr So Sr Gr Sr Sr Jr So Sr Gr Sr Gr	22 27 18 22 21 21 20 23 20 23 20 23 25	555555555555555555555555555555555555	
24	Camila Flowerman	Gr	25	5'9"	
	Karen Hill	Gr			
46	Dominique Maderal	So	19	5'2"	
99	Jane Zheng	So	19	5'3"	

HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

CONCUSSIONS

EDUCATION

- USA Ultimate recommends the CDC "Heads Up Safety" program, a free one-hour online training: cdc. gov/concussion/headsup/youth.html.
- USA Ultimate's participant waiver includes important information from the CDC regarding concussion safety: usaultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS

• Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course).Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
 - 1. Remove the athlete from play.

2. Ensure the athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.

3. If the athlete is a minor, inform the athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussions.

4. Allow the athlete to return to play only with permission from an appropriate health care professional.

DOCTOR'S NOTE REQUIREMENT

If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor's
office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further
competition in that event until he or she provides a doctor's note, on letterhead or prescription pad, to
event medical staff stating that the athlete is authorized to return to competition.

ATHLETE PROTECTION

- USA Ultimate takes the protection of event participants seriously. In accordance with SafeSport and the USA Ultimate Conduct Policy, all USA Ultimate employees, volunteers, athletes, members, coaches and chaperones are prohibited from engaging in the following conduct with athletes at any time (a more thorough description is available at www.usaultimate.org/protection):
 - o Bullying
 - o Hazing
 - o Harassment, including Sexual Harassment
 - o Emotional Misconduct
 - o Physical Misconduct
 - o Sexual Misconduct, including Child Sexual Abuse
- With the passage of the recent federal legislation to protect amateur and minor athletes, all SafeSport trained individuals (including coaches, team support, USA Ultimate staff) are now mandatory reporters.
- If you have questions or would like to file a complaint with USA Ultimate, please contact Dan Raabe at dan@hq.usaultimate.org.



HEAT, NUTRITION AND HYDRATION

The health and safety of our athletes is always USA Ultimate's top concern. Particularly here in Texas, please stay hydrated and take advantage of the provided shade tents, fans and misting stations. Medical personnel are available on site if you begin to experience signs or symptoms of heat-related illness.

- Heat-related illnesses occur when the body's ability to cool itself by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of a heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of a heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

PREVENTION AND TREATMENT OF A HEAT ILLNESS

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase the risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is
 important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges.
 Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts,
 cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal,
 white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to any prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin or get in front of a fan or breeze.

SIDELINE SAFETY

- Spectators and equipment must stay at least five yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, people and other objects must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on
 or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff,
 unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via a PA system and through field marshals equipped with radios if there is a lightning danger. Play will then be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will be monitoring radar and listening for thunder. If lightning is occurring within 10 miles or thunder is audible, play will be suspended and all individuals should get in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

SPIRIT OF THE GAME

Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. — 11th Edition USA Ultimate Rules of Ultimate.

10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, "treat others as you would have them treat your mother."

2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

5. DON'T "GIVE AS YOU GOT."

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.



6. BREATHE.

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

8. BE GENEROUS WITH PRAISE.

Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

9. IMPRESSIONS LINGER.

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

10. HAVE FUN.

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.

SPIRIT CIRCLES

Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circles. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains or spirit captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely something that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

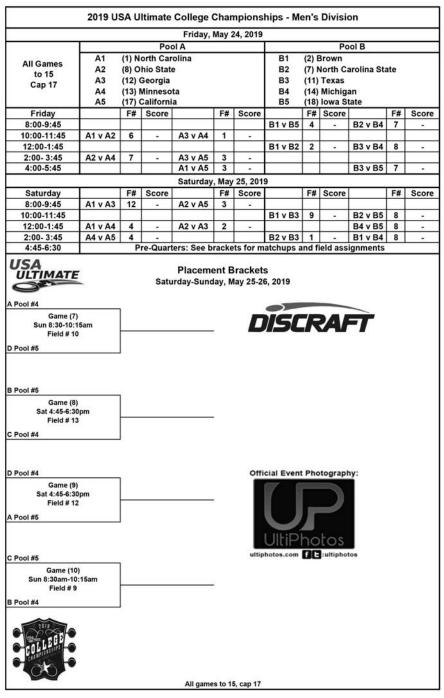


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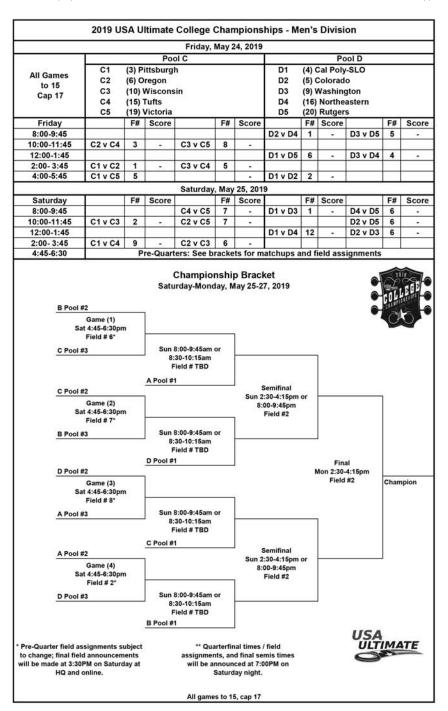
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MEN'S SCHEDULE





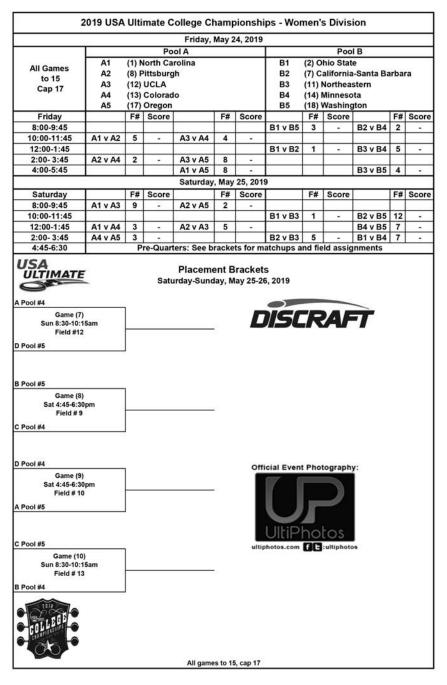
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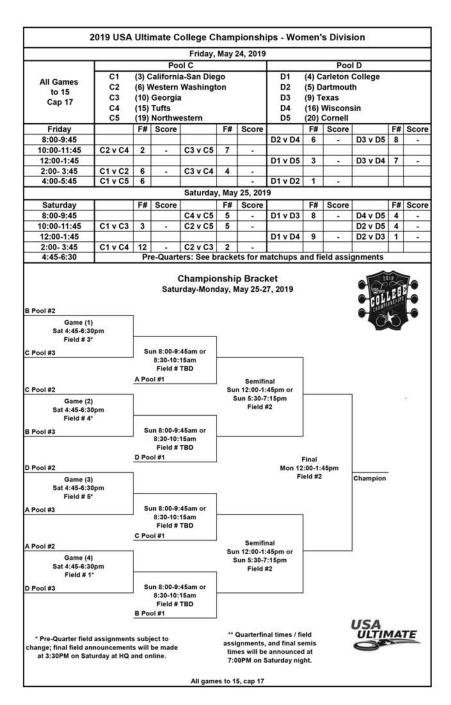
SCHEDULES & MAP

WOMEN'S SCHEDULE





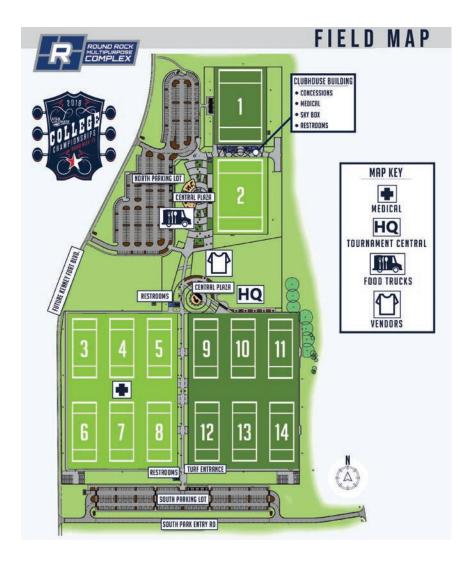
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FIELD MAP





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