



**EVENT GUIDE \$2**



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# WELCOME

Howdy!

Welcome to Bryan College Station for the 2019 USA Ultimate D-III College Championships!

We are thrilled to have you in our community. Veterans Park and Athletic Complex has hosted some of the top events in the nation and it will provide you with two days of great competition.

Bryan College Station is also a community filled with hospitality and charm, while still offering big city amenities. We strive our best to make each event as unique as the players, fans and staff that are coming in for the championship tournament.

Bryan College Station boasts many amazing attractions including the George Bush Presidential Library, where one can touch history; Texas A&M University, home of the Fightin' Texas Aggies; Historic Downtown Bryan, filled with local stores and restaurants; and the always entertaining Northgate Entertainment District in College Station.

We invite you to take advantage of all that we have to offer in Bryan College Station. Please take a look at our website for other things to do while in town at [experiencebcs.com/](http://experiencebcs.com/). Also, we will have our mobile visitor's center on site for the whole event so stop by our van and say hello!

We invite you to come back to take in an Aggie sporting event, stomp grapes at Messina Hof Winery, pet a Kangaroo at our safari or just for a weekend away.

And, of course, we hope to see you in years to come!

Best Regards,



Dominique Powell, Director  
Bryan College Station Sports and Events  
979-260-9898

**BRYAN  COLLEGE STATION**  
SPORTS + EVENTS

# WEEKEND OVERVIEW

## Friday, May 17 – Texas A&M Student Recreation Center

7:00 p.m. – 9:00 p.m.: Team Registration

## Saturday, May 18 – Veterans Park

8:00 a.m. – 5:15 p.m.: Game Play

4:15 p.m.: Dinner for teams not in crossovers

6:15 p.m.: Dinner for teams in crossovers

## Sunday, May 19 – Veterans Park

8:00 a.m. – 3:45 p.m.: Elimination and Placement Games

12:00 p.m.: Women's Final

2:00 p.m.: Men's Final

Post-Finals: Award Ceremony. Immediately following the men's final, awards will be presented to the champions and second-place teams in each division, both Team and Individual Spirit Award winners, as well as the Donovan Award winners.  
*Thanks to Discraft for their support of the individual Spirit of the Game awards!*

This program made possible in part through Hotel Occupancy Tax Revenue funded through Hotel Occupancy Tax Revenue and the City of Bryan and College Station.

# EVENT STAFF

Tournament staff members will be wearing tournament shirts. If they can't answer your questions, they will point you to one of the following people for further assistance:

### Local Organizing Committee Staff

Tournament Director – Todd Schrader

Head Score Keeper - Mike Youngs

Head Stat Keeper - Brian Schrader

Volunteer Coordinator - Shaun Seidenberger

Spirit Coordinator - Erica Renfrew

### Bryan/College Station Sports+Events

Dominique Powell – Sports + Events Director

Katie Paschal – Sports Services Manager

Bishop Turon – Sports Marketing Manager

### USA Ultimate Staff

Manager, Competition & Athlete Programs (College) – Tom Manewitz

Manager, Digital Marketing & Communications – Maelyn Divinski

Manager, Events – Byron Hicks

Manager, Youth & Education Programs – Dan Raabe

Manager, Event Sanctioning – Teal Dabney

Men's D-III College National Director – Kevin Kula

Women's D-III College National Director – Grace Kiel

### Observers

Stephen Wang (Head Observer), Alan Baggish, Bill Bourret, Alex Bush, Vincent Chang, Jason Conrad, Sandra Hanson, Chris Hazzi, Josh Hemmesch, Linda Kudo, Wally Kwong, Kate Monforti, Carl Nelson, Sam Shapiro, Sam Taylor, Joseph Tillman and Chuck Yu

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## Stay Connected with the New USA Ultimate Mobile App

The official USA Ultimate mobile app brings the latest news, videos, championship event results & schedules, magazine and more to your mobile device.



# COMPETITION RULES

- USA Ultimate Official Rules of Ultimate, 11th Edition will be in effect.
- In addition, per the 2019 USA Ultimate College Season Guidelines:
  - End zones will be shortened to 20 yards in depth
  - Contact Call – If contact occurs between the thrower and the marker that would constitute a foul under XVI.H.3.a, but the thrower does not release the disc, “contact” may be called. Play does not stop, and the marker resumes the stall count at “one.” Other than resetting the stall count to “one” after the first instance, the contact call is treated as any other marking violation. The marker may contest the “contact” call by calling “violation,” which stops play. If the thrower calls “contact” after beginning the throwing motion and subsequently releases the disc, it is treated as if the thrower called “foul.”
- All games to 15, point cap at 17.
- Halftime is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime, each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Hard time cap goes on at the end of the round time on the schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
- Soft time-cap goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time-cap. Game ends when first team reaches the new game total, or when the first team reaches 15 or more while ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.
- Hard caps will not be used for finals games.

# SITE RULES

- **No Tobacco.** This is a smoke- and tobacco-free campus. Facility staff, event staff and security will be checking to make sure people are not smoking. There will also be a lot of moms, dads and kids watching the action. Please abide by these rules. If you are caught with tobacco at the field site, you will risk disqualification for your team as well as potential ramifications outside of the event for breaking the field regulations. Thank you!
- **No glass or alcohol may be brought in.**
- **Dogs must be leashed.** Please leave your pooches at home, but if you must bring them, they must be leashed and cared for. Do not tie them up in the parking lot or leave them in your car.
- **Spectators and equipment must stay at least five yards away from sidelines.** Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least five yards.
- **Trash and Recycling.** Place recyclables in the recycling receptacles, and place trash in the trash. Keep your sidelines clean.
- **Language.** This is a youth facility and a family environment. Please keep this in mind when doing team cheers and other gestures.
- **Guests and Spectators.** You and your team are responsible for the people on your sidelines and making sure they abide by these site rules.

Failure to meet these guidelines could result in removal from the site.



# NOISEMAKER GUIDELINES

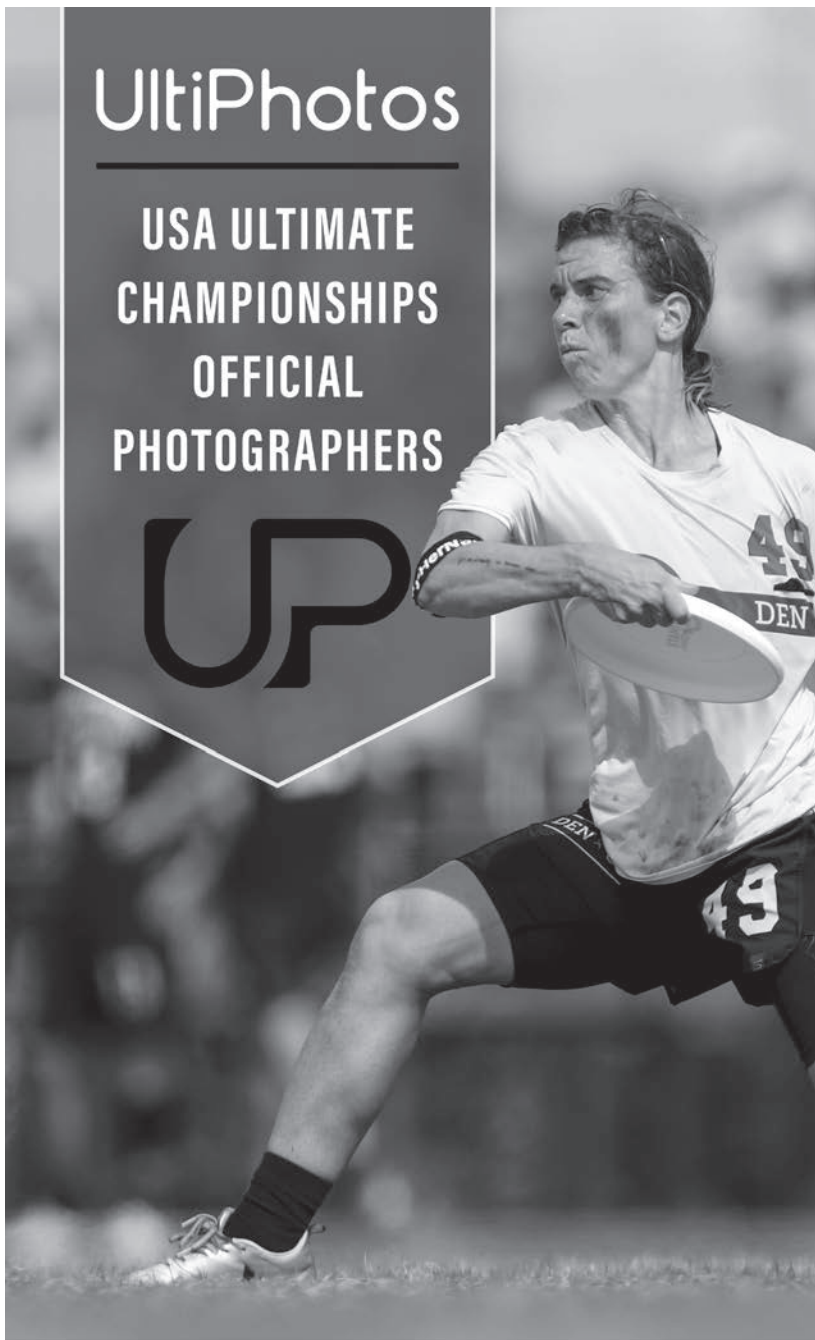
The following guidelines for noisemakers will be applied at USA Ultimate events. They are designed to strike a balance between limiting artificial noise that adversely impacts the competition or the on-site experience of participants with allowing for noise that helps create an enthusiastic, fun and supportive environment. Players, teams and spectators are expected to abide by these guidelines while on site at the event.

- Powered noisemakers are not allowed at the event site. This includes, but is not limited to, air horns, sirens and electronic bullhorns.
- Novelty noisemakers are NOT permitted, except under the following conditions:
  - o Must remain outside of the equipment lines.
  - o May only be used between a goal being scored and the offense signaling readiness for the next point.
  - o May not be used during timeouts taken during active play.
  - o Novelty noisemakers include, but are not limited to, whistles, vuvuzelas, squeeze horns and musical instruments.
- Music-playing devices with external speakers are permitted under the following conditions:
  - o Must remain outside of equipment lines, except during warm-ups and half-time.
  - o Must remain at a reasonable volume considering other event participants and attendees.
  - o May not be used to play music with offensive lyrics or themes.
- No noisemaker of any kind is permitted that may present a safety hazard.
- Any noisemaker permitted above may be disallowed if the volume or content of the noise is deemed to be offensive or disruptive to the enjoyment of the event, or the noisemaker is used in an un-spirited manner such as to taunt, intimidate or give a team an undue competitive advantage, as determined by event staff.

Event staff and observers will inform teams and individuals of these guidelines as needed. Repercussions for violation of these guidelines may include confiscation of the noisemaker, removal of the individual from the event site and/or in-game sanctions associated with the Misconduct System.

# UltiPhotos

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CHAMPIONSHIPS  
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  UltiPhotos

# ULTIMATE IN 10 SIMPLE RULES

**1. THE FIELD:** A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 20 yards deep.

**2. INITIATE PLAY:** Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.

**3. SCORING:** Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.

**4. MOVEMENT OF THE DISC:** The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.

**5. CHANGE OF POSSESSION:** When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

**6. SUBSTITUTIONS:** Players not in the game may replace players in the game after a score and during an injury timeout.

**7. NON-CONTACT:** No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

**8. FOULS:** When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

**9. SELF-OFFICIATING:** Players are responsible for their own foul and line calls. Players resolve their own disputes.

**10. SPIRIT OF THE GAME:** Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

# MEN'S TEAMS

## AIR FORCE ACADEMY AFTERBURN

### USAF ACADEMY, CO

Captains: Kainoa Chun-Moy, William Cooper, Alan Villanueva  
Coaches: Carl Chan, Spencer Norman  
@AFU\_Afterburn



The United States Air Force Academy ultimate Frisbee team is a highly competitive club at the national level. This year, the senior captains are Kainoa (Noa) Chun-Moy, William Cooper and Alan Villanueva. Over the past three seasons, Afterburn has continued their success, which began during the 2016 campaign.

That year was the program's first D-III College Championships appearance and we placed third. Last season, we lost in the finals and have some unfinished business. The captains and leaders of the team who have come before, starting in 2015, made the conscious effort to make the team more competitive on the national stage. From that point, our goal has always been to win a national championship. The team works incredibly hard to earn that title, and the road to nationals for this year began back in August. Afterburn travels across the country in order to play the most elite teams in the nation. We have had tournaments ranging from Oregon to South Carolina. Our team's motto is Huck, Bid, Pillage and Burn, and we never back down from a fight.

### ROSTER

3	Zach Arns	22	6'0"
4	Kainoa (Noa) Chun-Moy	23	5'8"
6	Gordon McCulloh	20	5'9"
7	Michael Delatte	20	6'0"
9	Keanu Komar	21	5'10"
10	Jeremy Moran	20	6'0"
12	Logan Morrison	12	6'4"
13	Connor Grant	20	6'1"
14	Caden Kulp	19	5'10"
17	Ted Jantscher	21	6'1"
19	Wyatt Lake	19	5'10"
22	Solomon Hanson	20	6'2"
23	Matt Frierson	21	6'0"
26	Matt Chmiel	19	6'4"
28	Ryan Porath	19	6'3"
31	Ryan McDermott	21	5'7"
34	Matthew Moshea	22	6'4"
36	Will Cooper	22	6'4"
38	Isaiah Butcher	22	5'10"
42	Alan Villanueva	22	6'0"
43	Charlie Wasz	20	6'2"
44	Robert Warner	20	5'10"
46	Michael Higgins	22	5'11"
48	Andrew Clapp	19	5'11"
54	Trey Duvall	20	6'3"
88	Juan Ramos	22	5'8"
99	Nicholas Forbes	19	5'9"

## BERRY COLLEGE NOBLE SAVAGES

### ROME, GA

Captains: Miles Lally, Conlan DeLorenzo  
Coaches: Robert Bradham, Cori Bradham  
@noble\_savages1

Evolving, as most programs, from pick-up ultimate here and there, the Berry College Noble Savages began their formal collegiate debut back in 2017. Coming from a small, private school in Rome, Georgia, the Berry Noble Savages were challenged with the retention of former players and the culture change for a team who wanted more from the sport. Beginning regular practices, participating in sanctioned tournaments and setting season goals became something of the norm after a year or two. Now, with its third formal year of being a sanctioned team, Berry is excited to participate in its first ever nationals appearance where the hard work, dedication and effort of many founding members have established a reputation that will live on for years. We are excited about the awareness the team has brought to the sport of ultimate in our local community and look forward to watching the program's growth in the years to come.

### ROSTER

0	Alex Killingsworth	21	6'1"
1	Townsend Stewart	21	5'11"
2	Conlan DeLorenzo	21	5'10"
4	Ryan Shaw	20	6'3"
5	Joel Levinson	20	5'8"
6	Matthew Magill	19	5'10"
11	Water Ellard	18	6'2"
12	Adekale Ande	21	6'0"
13	Joseph Martell	22	6'0"
17	Brett Cain	22	6'0"
25	Bruno Rosa	21	6'2"
27	Sean Martinelli	22	5'8"
28	Chris Gmeiner	19	5'10"
50	Miles Lally	21	6'2"
99	Caleb Enright	18	6'0"

# MEN'S TEAMS

## BOWDOIN COLLEGE CLOWN

### BRUNSWICK, ME

Captains: Conor Belfield, Conor McManamy

Coach: Michael Pistrang



As a highly active think tank and anti-science lobby, Bowdoin Clown has been involved in many of the major geopolitical changes around the globe since its inception in the late 1990s. Playing ultimate to divert federal attention has helped us keep big science out of politics and given us the edge in the competitive New England region.

### ROSTER

0	Evan Knight	19	6'4"
2	Joseph Copeland	20	6'4"
3	Jasper Gordon	20	5'4"
4	Nathan Blum	21	5'5"
5	Rowan Warren	21	6'3"
7	Evan Brown	19	6'3"
8	Dylan Sloan	18	6'3"
9	Jonathan Liesman	19	5'4"
10	Yuta Kobayashi	22	5'5"
11	Victor Dankens	21	6'3"
13	Tenzin Choezin	20	5'11"
14	Will Savage	20	5'11"
15	Conor McManamy	22	6'3"
17	Will deBruynKops	20	6'3"
18	Conor Belfield	23	6'3"
20	Manny Coleman	18	6'3"
22	Sam Kingsbury	20	5'3"
24	Noah Keates	21	5'7"
30	Sam Swindell	22	6'3"
36	Tom Jones	21	6'6"
40	Andrew Treat	18	6'2"

SPECTATOR INFO

## BRYANT UNIVERSITY CRAZE

### SMITHFIELD, RI

Captain: Justin Kunkel

Coach: Jim Bishop

[bryantbulldogs.com/sports/club/Ultimate/index](http://bryantbulldogs.com/sports/club/Ultimate/index)

@BryantUltimate



Craze Ultimate is looking to repeat as national champions this year. This will be their sixth straight appearance, and they believe last years' experience will help them compete at a high level this year. Justin Kunkel is the team's captain and has continued the tradition of strong leadership leading the way for Craze.

### ROSTER

0	Jared Krueger	20	5'7"
3	Jacob Roy	21	5'7"
5	Nicholas Mendoza	21	5'10"
6	Zach Tuxbury	22	5'9"
7	Ryan O'Connor	21	5'10"
9	Benjamin Adams	19	6'0"
10	Josh Nunes	21	5'6"
11	Seth Lundstrom	22	6'0"
17	Alex Kimmel	21	5'10"
18	Clark Bishop	18	5'7"
22	Jake Fontes	20	5'10"
24	William Schenker	21	6'5"
25	Dylan Coppinger	20	6'4"
29	Alex Bzdel	20	6'3"
30	Michael Lawrence	22	5'8"
35	Brogan Henegan	20	6'0"
36	Ryan Donovan	20	6'2"
42	Michael Lawrence	22	5'8"
74	Jacob Dunham	19	6'4"
78	William Gordenstein	21	5'11"
88	Justin Kunkel	21	6'0"
98	Connor Nolen	21	5'11"

# MEN'S TEAMS

## CARLETON COLLEGE GODS OF PLASTIC

### NORTHFIELD, MN

Captains: Jacob Cohen, Saul Wildavsky

Coach: Michael Massad

[apps.carleton.edu/student/orgs/gop/](https://apps.carleton.edu/student/orgs/gop/)

@goprocks



Gods of Plastic (GoP) was born late one February night in 1995 in a room on 2nd Nourse, Northfield, Minn. A group of Carleton seniors, motivated by their love of Frisbee and a desire for a level of play higher than intramurals, conspired to form a team around the idea that enjoyment of the game and a higher level of competitive play should not run screaming from each other, but walk hand-in-hand. They agreed to a style of play that could be considered quirky, but would embody the true spirit of the game. From this discussion arose our lofty team name, Gods of Plastic, and our team motto, intense but loose.

Skip ahead and GoP is now 25 years old! We are roughly 5'9" tall, 145 lbs. heavy and injury prone. Our main interests are frof and Boone's Farm. We enjoy long walks along the Cannon River with our pet lion Fruit Pooch and our favorite holiday is Alumni Weekend. We hate wasting time at the gym and prefer to spend our days doing something useful like spamming the Google group or playing Settlers of Catan. If interested in following this lovely group of Hawaiian clad lads, please find us on twitter @goprocks. We don't follow back.

### ROSTER

0	Noah Robiner	22	5'10"
2	Ezra Sergeant-Leventhal		
		22	5'11"
3	Dawson d'Almeida	21	5'9"
4	Aidan Wolff-King	20	6'0"
5	Sam Miles	21	5'8"
6	Bryce Barton	22	5'11"
7	Austin Sorscher	22	6'1"
8	Jacob Cohen	22	5'3"
9	Ian McCarthy	21	6'0"
10	Abi Goldenberg	19	5'6"
11	Nathan Mannes	21	5'10"
15	Oren Lieber-Kotz	20	5'9"
19	Quinn Mayville	22	5'11"
21	Henry Alexander	21	6'0"
23	Paul Ready	20	5'0"
26	Zach DiNardo	20	6'4"
27	Charlie Bushman	20	5'7"
28	Ian Klein	19	6'1"
33	Jack Rybarczyk	19	6'1"
35	Alex Rafkin	21	6'1"
46	Gabe Lobet	20	5'10"
56	Brendan Laliberte	19	6'4"
83	Will Gleason	19	6'2"
90	Saul Wildavsky	21	6'4"

## CLAREMONT COLLEGE BRAINEATERS

### CLAREMONT, CA

Captains: Gabriel Gluskin-Braun, Siddharth Chandra,

Jeremy Snyder, Gerard Bentley

[claremontultimate.com](https://claremontultimate.com)

@BrainsUltimate



The Claremont Braineaters was founded in 1979 at Pitzer College with the team name stemming from a 1950's B-movie title. Made up primarily of Pitzer students, the Brains played their first games against teams such as Occidental and Redlands. Founded on the principles of good spirit and fair play, the early teams were led by people such as Jeff Landesman and Howie Wein. Throughout the 80's, the team expanded across the five colleges, steadily bringing in more and more Pomona and Harvey Mudd students. The late 80's and early 90's saw the Brains establish themselves as the strongest small school ultimate team in SoCal.

With the establishment of D-III college ultimate, Claremont became one of the premier programs in the division, and in 2011, the Braineaters won their first ever national title. The Braineaters cemented their names in D-III history by appearing at nationals for the first six years of the division's existence. After two years of close losses to Occidental College in the Southwest game-to-go, the Braineaters made a strong conferences and regionals run this year, winning every game by large margins and taking the bid to nationals with a 13-4 win over Occidental.

### ROSTER

0	Harrison Chotzen	22	6'0"
2	Samin Zachariah	18	5'6"
3	Jack Weber	19	6'1"
4	David D'Attile	18	5'8"
5	Gerard Bentley	22	5'7"
9	Calder Altman	19	5'10"
10	Siddharth Chandra	20	5'7"
13	Conrad Schabb	25	6'5"
15	August Cosinuke	20	6'3"
17	Logan Stouse	19	5'10"
18	Gabriel Gluskin-Braun	21	5'11"
27	Raoul Sojwal	20	5'8"
32	Elijah Falk	21	5'6"
33	Seth Isaacson	20	5'8"
34	Joe Esbenschade	22	5'11"
37	Omari Matthews	20	5'7"
42	Tristan Johnson	18	6'1"
54	Rahul Dev	19	6'6"
56	Owen Gillespie	21	5'10"
88	Jeremy Snyder	23	5'7"
91	Simon Gilbert	19	5'6"
95	Leo Kitchell	20	5'6"



# MEN'S TEAMS

## COLBY COLLEGE COLBY ULTIMATE TEAM

### WATERVILLE, ME

Captains: Zeb Keith-Hardy, Bennett Allen, Alec Jacobson  
Coach: Jordan Troisi  
[web.colby.edu/ultimate/](http://web.colby.edu/ultimate/)



After a near death to the program in 2015, a new tone was set by leadership with an emphasis on on-field success. Since this change, the Colby Ultimate Team has shown steady growth, culminating in this nationals appearance. This year will be the second appearance in program history, and the first since 2011. Lead by a strong 2020 class, the Colby Ultimate Team distributes its offensive and defensive load throughout a group of players to ensure that the team can play through injuries. We would like to take this opportunity to thank our friends, family and alumni who helped us get here. The Colby Ultimate Team Rules.

### ROSTER

0	Matthew Johnson	21	6'1"
1	Christopher Wang	21	5'11"
5	Ethan vanderWilden	21	6'2"
10	Matthew Sabin	20	5'10"
11	Alan Leggett	21	5'11"
16	Noah Gewirtz	20	6'0"
17	Alec Jacobson	20	5'11"
18	Michael Stone	22	5'8"
19	Seth Bontrager	20	5'10"
24	Andrew Turley	19	5'11"
25	Sebastian Doiron	19	6'1"
26	Bennett Allen	21	5'10"
27	Riter Hoopes	20	6'1"
28	James Ishiguro	20	5'11"
29	Andrew Malia	20	6'2"
33	Zeb Keith-Hardy	21	5'11"
34	Dominic Malia	20	6'0"
36	Josh Wilkinson	18	6'1"
50	Henry Menz	19	6'1"
57	Jacob Eichmann	18	5'10"
60	Scott Batchelder	21	5'10"
72	Josh Goldberg	21	5'4"
73	Benjamin Retik	21	6'0"
77	William O'Connor	19	5'3"
89	Davis Ryan	20	6'3"

SPECTATOR INFO

## FRANCISCAN UNIVERSITY OF STEUBENVILLE FATAL

### STEUBENVILLE, OH

Captain: Nick O'Brien  
Coach: Ian Gill  
[facebook.com/franciscanfatalultimate/](https://facebook.com/franciscanfatalultimate/)  
[@franciscanfatal](https://twitter.com/franciscanfatal)



Fatal is the Franciscan University of Steubenville's men's ultimate Frisbee team, formed in 2013. The team's name came to be through the inspiration of a friend of those who founded the team -- Neal Albert Rylatt. Neal was an ultimate player and would have undoubtedly helped in the formation and progression of the team. However, he contracted leukemia and

passed away on May 4, 2012. His nickname was "Fat Al," which the team later adopted as its name and his initials and number (NAR 16) on our crest. Fatal also plays in honor of another student who passed away before getting to compete on the team -- Max Von Arx; his initials and number also appear on the Fatal crest (MVA 22).

### ROSTER

2	Louis Heisler	22	6'1"
5	Nick O'Brien	22	6'0"
7	Nick Judge	20	5'8"
9	Edmund Colliflower	20	5'10"
12	Ben Lyle	20	6'1"
13	AJ Hawk	23	5'8"
15	Jared Stommes	20	6'0"
17	Austin Volk	21	6'0"
21	Justin Bennett	21	5'10"
22	Dom Schuster	22	5'11"
32	Gaven Alcantara	18	5'9"
42	Alex Spieldenner	19	6'0"
54	Matthew Muldoon	19	6'1"
86	Matthew Evans	19	6'1"
89	Paul Henley	22	5'11"
97	Scott Forrester	21	6'0"
99	Dom Gabriele	19	6'1"

# MEN'S TEAMS

## HAMILTON COLLEGE HOT SAUCERS

### CLINTON, NY

Captains: Erik Johansson, Henry Kapp, Tyler Spector  
hotsaucersultimate.wordpress.com/  
@HCState



Our program has been growing for several years, and the team is excited to make the jump to the national stage for the first time. Over the past four seasons, we have won four consecutive Western NY Conference Championships, made four regional semifinals appearances and made two regional finals appearances. As a program,

we pride ourselves on spirit and value the relationships that we've made with the other teams, both within and outside of our region. We are excited to be representing the Metro East at this year's D-III College Championships. In the end, we're just a gaggle of guys looking to have fun up on the Hill.

### ROSTER

2	Bryan Matte	21	5'11"
4	Erik Johansson	22	5'11"
7	Joseph Fraser	20	6'0"
9	Tyler Spector	22	5'9"
12	Conrad Smith	18	6'1"
13	Joey West	20	5'9"
21	Jack Scacco	19	6'3"
23	Liam O'Connor	20	6'0"
24	Dan Wall	21	6'7"
25	Elias Griffin	20	6'2"
30	Ben Stoloff	22	6'1"
33	Henry Kapp	22	6'1"
38	William Crane-Morris	18	6'1"
42	John Wellers	22	6'2"
45	Alex Holmwood	22	5'11"
69	Man Nguyen	18	5'7"
72	Gabe Masters	21	5'9"
81	Mike Hosek	22	5'9"
91	Colin May	20	5'7"
99	Connor Feldman	19	6'3"

## LUTHER COLLEGE LUFDA

### DECORAH, IA

Captains: Kaelib TeeGarden, Sam Moyer, Marshall Creech  
luther.edu/mens-ultimate/  
@LutherLUFDA



Hailing from Luther College in the small town of Decorah, Iowa, LUFDA (Luther Ultimate Flying Disc Association) was founded in 2003. Despite being home to less than 2,500 students, Luther elected to compete at the D-I level. It took LUFDA just six years

to make their first appearance at the D-I College Championships in 2009. It was the start of an impressive run for the program, as they would qualify for the D-I national tournament in four of the next five years, including a program-best fifth place finish in 2009. Upon electing to go the D-III route in the 2018 season, the team narrowly missed qualifying for the D-III College Championships. LUFDA came back with a vengeance in 2019, finishing with a 23-5 record and punching their ticket to College Station. This team looks to continue its reputation as a great group of guys on and off the field.

### ROSTER

1	Blake Krapfl	20	6'4"
2	Jacob Gonnerman	19	6'5"
4	Joel Alvarado	20	5'8"
6	Marshall Creech	21	5'9"
9	Sam Moyer	21	5'11"
10	Mathew Deetz	21	6'0"
12	Jack Jagielski	22	5'11"
13	Arlen Bonson-Anderson	21	5'11"
19	Calvin Harper	19	5'11"
20	Chad Messerich	20	6'1"
22	Jamison Schuh	21	5'10"
23	Peter Murry	22	5'8"
24	Henry Craig	21	6'3"
28	Duncan Macklem-Johnson	19	6'0"
32	Jimmy Conway	22	6'1"
44	Jonathan Lovagnini	21	6'1"
47	John Mai	22	5'11"



# MEN'S TEAMS

## MICHIGAN TECHNOLOGICAL UNIVERSITY DISCOTECH

### HOUGHTON, MI

Captains: Brendan McCann, Sean Smith, Matt Krause

Coach: Michael Merwin

@discotechulti



We are a small engineering school located in the upper peninsula of Michigan. We are the snowiest campus in all of America, Alaska included. This is our team's first trip to nationals. We practice on two basketball courts all winter, and there is still snow on campus right

now. Probably one of the gooniest looking teams you will ever see, but looks can be deceiving.

### ROSTER

1	Adam Cronin	21	5'7"
6	Franklin Uganski	20	5'10"
9	Mitchell Denooyer	21	6'0"
13	Vince Mills	22	6'5"
14	Johnny Socks	19	6'0"
17	Brendan McCann	22	5'8"
19	Zach Dal Pra	21	6'2"
21	Darin Shillair	21	5'9"
23	Sean Smith	22	6'3"
25	Gavin Kumpelis	19	6'1"
28	Braeden Anex	21	6'5"
35	Kevin Anthony	21	6'3"
37	Matt Krause	20	5'11"
42	Aaron Ramsey	19	5'9"
47	Collin Denooyer	24	5'11"
51	Conner Reed	20	6'0"
56	Greg Korinek	22	6'3"
67	Edward Elliott	22	6'0"
69	David Bellinger	20	6'3"

SPECTATOR INFO

## MIDDLEBURY COLLEGE PRANKSTERS

### MIDDLEBURY, VT

Captains: Dylan Salzman, Asher Lantz, Alex Forde

sites.middlebury.edu/ultimate/

@pranksters6



What a wild year for the Middlebury Pranksters! After Leo Sovell-Fernandez's return from the forest following his layout goal at Northeast Classic in the fall, the team got back to work in January of the new year. Early injuries to handlers Dylan Salzman and

Ian Hanson — darn honey badgers — allowed for the spotlight to shine on our wolf's-blood-infused freshmen: Charlie Caldwell, Walker Frankenberg, Ben Morris, Benjamin Allen-Rahill, Jack Landrigan, Henry Ganey, George Drumheller, Zack Maluccio, Corey Scheinfeld and Connor Levesque. Throughout the spring season, we traversed up and down the Eastern seaboard to North Carolina, Georgia and Virginia, all the while achieving a perfect 16-0 record against D-III teams from around the country. Straight off of the first New England Regional Championship in our current roster's memory, we are engaging our physiological and metaphysical capabilities in order to stay strong in the blistering heat of East Texas in May. In the words of the notorious Tim Riggins, "Texas Forever."

### ROSTER

00	Noah Fine	21	6'0"
1	Van Lundsgaard	20	6'0"
2	Zack Maluccio	19	5'9"
3	Leo Sovell-Fernandez	19	5'5"
4	Walker Frankenberg	19	5'9"
5	Corey Scheinfeld	19	5'8"
7	Zach Levitt	21	6'0"
9	George Drumheller	19	6'5"
10	Henry Ganey	19	6'3"
11	Ian Hanson	19	5'8"
13	Kevin Strenski	20	6'7"
14	Kai Delorenzo	20	6'9"
15	Adin Insoft	21	6'0"
16	Edward Hoffman	20	5'10"
18	Josh Sims Speyer	20	6'0"
20	Danny Grubbs-Donovan	20	6'0"
24	Sean Fallon	20	6'4"
33	Benjamin Morris	19	6'5"
37	Eli Wolfgang	22	5'10"
40	Alex Forde	22	6'0"
69	Jack Landrigan	19	5'6"
72	Dylan Salzman	22	5'9"
96	Asher Lantz	22	6'9"
97	Benjamin Allen-Rahill	19	6'0"

# MEN'S TEAMS

## MISSOURI UNIVERSITY OF SCIENCE AND TECHNOLOGY MINER THREAT

### ROLLA, MO

Captains: Nate Clancy, Mitchell Zimmermann  
Coaches: Alan Scher Zagier, Brody Johnson, Steven Naji  
[minerthreatultimate.com/](http://minerthreatultimate.com/)  
[@miner\\_threat](https://twitter.com/miner_threat)



Established in 2004 as Missouri S&T's club ultimate team, Miner Threat remains a force to be reckoned with in the Ozark Conference for D-III. We are a mixed team in the fall, but typically split guys and girls for spring tournaments. Miner Threat emerged in the 2018 season as national-level contenders.

Since then, we are driven to keep a winning culture at S&T alive!

### ROSTER

2	Raymond Mauntel	19	5'11"
3	Jake Welsh	21	5'10"
4	John Mauntel	22	6'0"
5	Quinten Volz	21	5'8"
6	Paul Knapp	19	5'8"
7	Ryan Hays	19	5'11"
8	Dustin Rolfe	21	5'10"
12	Brendan Carriel	22	6'2"
16	Nathan Clancy	20	6'3"
20	Jared McKay	19	6'2"
24	William Imming	23	6'2"
25	Nathan Kamp	19	6'1"
26	Benjamin Kilper	20	5'11"
27	Cameron Leonard	20	5'7"
28	Eric Chavez	23	6'2"
30	Trevor Nenninger	23	6'1"
32	Kyle Johnson	20	6'3"
34	Anthony Terry Jr.	18	6'5"
35	Matthew Gentry	21	5'8"
40	Michael Lahmeyer	19	6'6"
42	John Markiewicz	20	6'0"
44	Lawrence Eastman	20	6'1"
45	Jack Fletcher	19	5'9"
48	Seth Day	21	5'9"
66	Ezekiel Peterson	21	6'0"
68	Dallas Buchanan	20	6'0"
69	Robert Taylor	22	5'10"
78	Mitchell Zimmermann	23	5'11"

## UNIVERSITY OF PORTLAND UPRISE

### PORTLAND, OR

Captains: Andy Miley, John Black, Jack Padon, Phil Sanfillippo  
Coaches: Chris Hancock, Timmy Perston  
[@UPriseultimate](https://twitter.com/UPriseultimate)



Back again for the second time in three years, UPrise is looking to make a bigger splash than in nationals 2017. With nationals experience, play in higher profile tournaments and a deep roster, Portland hopes to establish the small Northwest as a premier D-III region. Led by coaches Timothy Perston and Christopher Hancock, UPrise prides ourselves on a fun culture and a tight knit team community.

### ROSTER

2	Aidan Day	19	5'9"
4	Nicolai Apenes	20	5'8"
8	John Black	22	5'10"
10	Braeden Lane	19	6'5"
11	Ben Bishop	20	5'8"
12	Nate Lynch	22	6'0"
13	Travis Bigelow	21	6'3"
17	Carl Justin (CJ) Hermousa	19	5'4"
18	James Martin	22	5'11"
20	Gavin Bullis	20	6'0"
21	Brady Lapke	21	5'6"
22	Phil Sanfillippo	22	6'3"
23	Sam Warrick	20	6'4"
24	Callum Morham	21	6'3"
25	Ben Hecko	20	6'7"
28	Tannar Sandaine	21	5'7"
32	Ian Legge	20	6'6"
34	Jack Padon	22	5'9"
47	Jake Silver	20	6'1"
50	Simon Kriech	18	6'0"
64	Jacob Apenes	20	5'8"
88	Andy Miley	22	5'9"
98	Mikey Ant	20	6'3"

# MEN'S TEAMS

## UNIVERSITY OF RICHMOND SPIDERMONKEYS

### RICHMOND, VA

Captains: Ty Englert, Pat Murray, Chris Selwood

Coaches: Justin Keller, Matthew Graves

@URspidermonkeys



We've been swinging our way into the hearts of literally DOZENS of D-III ultimate fans for the past four years – Spirit Champs 2016, National Champs 2017 and High Tide Champs 2019. Sometimes we draw on ourselves in marker and have secret cult-like rituals, but shh -- don't tell our parents ;). Our interests

include cheese, banana bread, hittin' dingers, lists (???), crying, SCIENCE, Waka Flocka, crying and of course: you already know. In the words of Cupid: "It go down-down do yo dance." Perpetually stuck to this bread - we only WOP when we win.

### ROSTER

0	Jeremy Mednik	19	5'10"
2	Evan Steinfield	22	5'11"
6	Ty Englert	22	6'1"
7	Ethan Ross	19	5'7"
8	Ben Weinstein	21	5'6"
9	George Coffey	19	6'3"
10	Mitch Lauria	19	5'8"
11	Rob Silipigni	20	5'10"
12	Chester Todd	19	6'0"
13	Liam Day	19	6'2"
16	Chris Selwood	22	5'10"
17	Emmett Rice	19	5'11"
18	Max Wallach	19	6'0"
21	Ryan Kern	18	6'3"
22	Harris Cannon	21	6'1"
27	Pat Murray	22	6'2"
30	Graydon Cowan	21	6'1"
31	Daniel Scherzer	20	6'4"
34	Zach Perkins	21	5'5"
39	Xavier McCormick	20	5'10"
52	Bobby Croxson	21	5'11"
55	Hunter Lang	20	6'2"
69	Chris Cassella	20	6'0"
77	Josh Magee	19	5'9"
99	Alex Pistolesi	19	6'3"

SPECTATOR INFO

## VALPARAISO UNIVERSITY VULT

### VALPARAISO, IN

Captains: Scott Stonis, Adam Albertin

valpoultimate.club

@ValpoUltimate

Valparaiso's ultimate Frisbee team started off as a co-ed team under the name Strangers with Candy. After about five years, the team decided to split to become CHD and Deus Vult. The men's team operated under that name for a number of years and went on to win several conference championships. This past year, the men's team decided to shorten the name to just VULT. Under this new name, the men's team went on to have a 19-5 record in the spring season, winning the program's first regional title and earning a bid to nationals.

### ROSTER

00	Braden Updike	19	6'4"
1	Kade Kovarik	18	6'1"
2	Ben Ratschan	20	5'9"
4	Nate Healy	21	5'9"
5	Tanner Gesell	21	6'2"
6	David-Paul Schulze	18	6'1"
8	James Rolland	20	5'8"
9	Noah Niesen	18	6'2"
11	Reid Gleason	19	5'11"
12	TJ Carpenter	21	5'11"
14	Brian Barrett	20	6'1"
17	Adam Albertin	21	6'0"
21	Scott Stonis	21	6'3"
23	Michael Boyajian	21	5'9"
24	Adam Scheuman	21	6'4"
28	Brian Schmit	20	6'1"
34	Jack Readdy	21	6'2"
37	Mike Soldan	20	6'2"
39	Nate DeGoede	19	5'11"
44	Sam Rookstool	22	5'8"
48	Vince Leonard	21	5'8"
63	Frankie Vazquez	18	5'6"
97	Isaac Jauch	21	5'11"
99	Kyle Langreck	19	5'7"

# WOMEN'S TEAMS

## BATES COLLEGE COLD FRONT

### LEWISTON, ME

Captains: Josie Gillett, Becca Havian, Anna Helms  
Coaches: Chase Baker, Mohdis Baker  
[coldfrontwomensultimate.wordpress.com/](http://coldfrontwomensultimate.wordpress.com/)  
[@coldfront\\_ulti](https://twitter.com/coldfront_ulti)



Bates College Cold Front from Lewiston, Maine, is wicked excited to bring the chill to Texas at the USA Ultimate D-III College Championships. Captains Josie Gillett ('19), Becca Havian ('19) and Anna Helms ('20) have led the team through their spirit, playing abilities and years of experience. Coaches Chase (Colby '11) and Mohdis Baker (Bates '14) each bring more than a decade of knowledge from various programs in Maine to assist the team in reaching their fullest potential. The hard work and camaraderie of this team has led them this far, and they are excited to continue playing their favorite sport together in the south! The Cold Front team dynamic is perfectly summarized in their motto: "friendship and sports!"

### ROSTER

0	Olivia Gomez	22	5'5"
2	Tamsin Stringer	19	5'4"
3	Grace Warder	21	5'3"
4	Phoebe Hyland	19	5'6"
5	Anna Helms	21	5'2"
7	Reilly Dwight	19	5'6"
8	Elizabeth Casey	19	4'11"
13	Sophie Nahirny	18	5'5"
14	Maddie Sirois	20	5'7"
17	Sarah Delany	21	5'3"
18	Elly Beckermen	19	5'6"
19	Josie Gillett	21	5'7"
20	Becca Havian	22	5'5"
21	Sarah King	20	5'3"
23	Nora Finley	20	5'5"
24	Cameron Johnson	19	5'7"
26	Sophia Miller	20	5'6"
36	Marissa Bale	22	5'5"
42	Taylor Alexander	19	5'6"
62	Madeline Dulchin	22	5'8"
78	Joanna Vollrath	22	6'0"

## CARLETON COLLEGE ECLIPSE

### NORTHFIELD, MN

Captains: Nora Brown, Abigail Herscovici, Kaitlin Schaible  
Coach: Cameron Barton  
[carltonclipse.weebly.com/](http://carltonclipse.weebly.com/)  
[@eclipsehethedisc](https://twitter.com/eclipsehethedisc)



One clear night, approximately 10-15 years ago, a group of fun-loving, free-wheeling, Frisbee-throwing gals were sitting around a campfire when they looked up at the sky and saw a beautiful ~eclipse~. This group of gal pals realized that the moon blocking the sun (and Frisbee being fun) was similar to the moment of ecstasy when the disc they threw around every day passed in front of the sun, momentarily resembling an eclipse. Blinded by the glory of the sport, these gals realized that, although the moment the Frisbee eclipsed the sun rendered the Frisbee invisible, their inner love of the game provided them with the vision they needed to catch the Frisbee with outstretched arms. This moment of temporary blindness, simultaneous bliss and ultimate knowing heeded the inception of Carleton College Eclipse.

From then on, this program experienced an illustrious rise to greatness, gaining power from our love of Frisbee, the power of friendship and the guidance of the heavenly bodies: the big Frisbee of the sky and the smaller Frisbee of the heart. While many tournaments have been won and lost, Eclipse still considers the greatest trophy to be the friendships they make and the fun they have along the way.

### ROSTER

3	Katherine Taylor	19
4	Charlotte Zinda	19
5	Sasha Mothershead	20
7	Emily Hall	20
8	Siena Leone-Getten	19
9	Ellie Mamantov	20
10	Katie Chavez	21
11	Anna Roberts	20
12	Julia Kenney	21
13	Laura Kiernan	20
14	Emma Korosei	19
16	Nora Brown	21
17	Maia Kosek	21
19	Zoe Pharo	20
21	Lena Nyblade	20
22	Grace Hague	18
23	Emma Leither	20
33	Rose Newell	19
34	Kaitlin Schaible	22
44	Helen Murphy	20
51	Abigail Herscovici	22

# WOMEN'S TEAMS

## LEWIS & CLARK COLLEGE ARTEMIS

### PORTLAND, OR

Captains: Caley Moon, Ruby Holman  
Coaches: Angelica Chambers, Seraphie Allen, Jacob Artz  
facebook.com/artemisUlti/  
@ArtemisUltimate



If Artemis can be described in any way, it is a team that is rooted in love, trust and fierce ultimate. Artemis has recently gone through a huge growth spurt, not only in our number of players, but also in the competitive nature in which we play. Four years ago, Artemis won one game during the entire spring season. While we were

known for our slack jaw dance competitions, our ultimate skills still had a ways to go. Over the past three years, Artemis has worked hard to prove that we are more than just a fun team to be around. Clearly this work has paid off, considering this year we earned a third strength bid for our region and are headed to nationals. While we still hold tightly to our roots of fun and slack jaw dance competitions, we are headed to nationals ready to show the world how far we've come. We love each other. We trust each other. And we are really good at Frisbee.

### ROSTER

0	Caley Moon	21	5'7"
2	Ruby Holman	21	5'3"
4	Michal Mandil	22	5'3"
9	Xena Jaffe	18	5'6"
10	Rachel Aragaki	22	5'2"
11	Julia Warling	19	5'3"
16	Zoe Mitchell	22	5'4"
18	Alya Suresh	21	5'0"
21	Rose Terner	22	5'6"
22	McKenzie Wingard	20	5'8"
23	Abbe Domenick	20	5'5"
24	Emery Anderson	18	5'8"
32	Emily Hays	21	5'6"
44	McKenna Daily	20	5'4"
50	Lauren Pichard	18	5'5"
77	Rebecca Sokol-Snyder	21	5'7"
85	Evelyn Hunsberger	23	6'0"
88	Marge Rhodenbaugh	22	5'10"

SPECTATOR INFO

## UNIVERSITY OF MARY WASHINGTON MARY MASSACRE

### FREDERICKSBURG, VA

Captains: Kaleigh Berns, Laura Hannah  
Coach: Jacob Smith  
@GetDirtyGoWash



This is our team's first time going to the D-III College Championships since 2013. We are Mary Massacre. We are wolves disguised as sheep. Prepare yourselves.

### ROSTER

1	Jamie Fedock	21	5'4"
2	Kiki Lapan	18	5'5"
4	Jenna Morgan	20	5'5"
5	Bliss Weatherall	20	5'4"
6	Kaleigh Berns	21	5'8"
7	Laura Hannah	20	5'6"
8	Darlene Mugisha	19	5'4"
9	Haley Turczynski	20	4'11"
10	Olivia Black	19	5'5"
15	Izzy Burns	20	5'6"
17	Lauren Wojcik	20	5'2"
18	Camila Shoeibi	21	5'1"
19	Mary Hopkin	21	5'8"
20	Leslie Pullen	21	5'8"
21	Ayumi Yuzawa	19	5'4"
24	Grace Stephan	20	5'5"
26	Olivia Price	21	5'9"
27	Amelia Jones	20	5'5"
28	Sarah Hood-Recant	21	5'0"
31	Rachel Bolin	20	5'8"
41	Savannah Pharr	21	5'8"
57	Ellie Heil	18	5'5"
65	Jenny Abrahamson	20	5'7"
72	Savannah Steblein	22	5'4"
86	Kaley McCusty	20	5'6"

# WOMEN'S TEAMS

## MIDDLEBURY COLLEGE PRANKSTERS

### MIDDLEBURY, VT

Captains: Allegra Molkenthin, Olivia Ryder  
sites.middlebury.edu/ultimate/  
@MiddPranksterz



MIDDLEBURY PRANKSTERS

The Middlebury Pranksters (previously Middlebury Lady Pranksters) are excited to compete in our first USA Ultimate D-III College Championship! After a strong showing at D-I College Championships in 2015 and a switch to D-III in 2017, the Pranksters have worked hard this year to fly up from being unranked at the start of the regular season to third in the nation heading into the conference championships. After testing our limits during spring break against top D-I teams, we ran our way through sectionals and regionals, getting launched in the toughest region in the country. Working on and off the field, sprinting and dancing together, has prepped our team to compete with the best of the best this season. We cannot wait to represent Middlebury and New England on the national level.

### ROSTER

0	Anna Omizo	22	5'6"
2	Raechel Zeller	19	5'2"
3	Claire Babbott-Bryan	19	5'8"
4	Sidra Pierson	20	5'9"
8	Olivia Ryder	22	5'3"
10	Divya Gudur	19	5'3"
11	Lily Barter	22	5'6"
13	Grace Kellogg	19	5'3"
15	Clara Wolcott	20	5'7"
16	Corbin Dameron	22	5'10"
17	Jaden Hill	18	5'7"
21	Josie Bourne	19	5'8"
22	Laurie Chen	19	5'3"
25	Adrienne Goldstein	21	5'11"
27	Miyo McGinn	22	5'4"
33	Olivia Olson	19	5'4"
34	Tara Santi	21	5'6"
36	Rachel Hemond	22	5'10"
42	Rebecca Wishnie	20	5'4"
44	Alyssa Brown	20	5'4"
52	Laura Friedrich	21	5'9"
69	Jess Mulder	19	5'10"
88	Darya Khodakhah	18	5'2"
99	Allegra Molkenthin	21	5'6"

## MOUNT HOLYOKE COLLEGE DAISY CHAIN

### SOUTH HADLEY, MA

Captains: Sara Frieze, Emma Bowe, Ysabel Lavitz,  
Michelle Wellman, Natalie Russianoff  
Coach: Evan Johnson  
facebook.com/mhcult/  
@MHCdaisychain



When Daisy Chain was founded in 2005, it consisted of five players who simply wanted to learn how to play ultimate. Since then, we have qualified for the D-III College Championships every year since 2016, and we finished fifth last year. We have fostered tremendous growth on the team, and this season we had more than 30 players on the roster. We expect to start up a second team next year as a result of our continuous growth. We come to nationals prepared to compete and represent womxn's ultimate, Mount Holyoke College and our love for the sport.

### ROSTER

0	Wolf Chen	19	5'2"
3	Olivia Brandwein	19	5'5"
4	Sarah VonDoepp	19	5'6"
6	Omie Coyne	19	6'2"
7	Ysabel Lavitz	21	5'2"
8	Sara Frieze	20	5'10"
9	Sophia Hoenig	20	5'5"
11	Emma Bowe	21	5'4"
12	Mahmuda Alam	20	4'11"
13	Clara Honigberg	20	5'3"
15	Anli Raymond	19	5'0"
18	Maggie Sullivan	19	5'7"
25	Hannah Finn-Erg	21	5'2"
27	Madison Flueckiger	20	5'7"
28	Xueyi Yang	20	5'7"
30	Sarah Bloomgarden	21	5'4"
32	Robin Joyce	19	5'2"
54	Angela Kung	18	5'4"
71	Ayla Osgood	18	5'8"
78	Emma St. John	19	5'7"

# WOMEN'S TEAMS

## UNIVERSITY OF NORTH GEORGIA AUREA

### DAHLONEGA, GA

Captains: Kay Mallett, Lauren Colston

Coach: Cameron Nicholes

[ungultimate.wixsite.com/ung-ultimate/untitled-cjg9](http://ungultimate.wixsite.com/ung-ultimate/untitled-cjg9)

@aureaultimate

[instagram.com/ung\\_aureaultimate/](https://www.instagram.com/ung_aureaultimate/)



Our team, Aurea Ultimate, was officially founded in the spring of 2016. Our six original members practiced with the men's ultimate Frisbee club at UNG and wanted to start a similar program for women interested in the sport. Our team quickly grew from its six founders to a group of 20+ women, allowing us to compete at an average of six tournaments each school year.

At the start of our 2018-2019 season, we were determined to do whatever it took to take our team to the next level. Our coach (Cameron Nicholes), captains (Kay Mallett and Lauren Colston) and team members dedicated countless hours of practice that would help us reach our goal.

This year will be our first time securing a bid to nationals. Qualifying for nationals has been a club goal for the past three years, and we are thrilled to have the chance to have this new experience and to play new teams.

### ROSTER

3	Emily Salter	20	5'3"
5	Lauren Colston	21	5'2"
6	Vivian Goddard	23	5'1"
7	Miranda Sweat	20	5'3"
8	Tara Harper	21	5'7"
10	Gabrielle Hartman	22	5'7"
12	Ashley Grant	21	5'6"
15	Hailey Kerns	19	5'4"
16	Lucy Estock	22	5'4"
18	Noelle Heineman	20	5'6"
20	Kay Mallett	21	5'3"
21	Summer Sanders	20	5'8"
28	Alexis Poole	21	5'3"
39	Brooke Hartman	21	5'6"
46	Hannah Erlinger	21	5'4"
87	Tori Archbold	21	5'9"
99	Charlotte Livingston	21	5'4"

SPECTATOR INFO

## NORTH PARK UNIVERSITY ALLIHOPA

### CHICAGO, IL

Captains: Maggie Johnson, Julie Spencer, Michaela Scholte

Coaches: Cameron Hodgkinson, James Sykora

[facebook.com/NPUallihopa](https://www.facebook.com/NPUallihopa)



Allihopa is Swedish for "all together," and that has been the core value of our team since day one. We strive for team unity, and we value the amazing community that has been formed through the sport. Over the past couple of years, Allihopa has grown in size and in ability.

The team encourages a fun atmosphere while also competing and working hard. We believe that Allihopa's success can be credited to the work the team has put in, both on and off the field, and the ways in which we care for and complement each other as friends and teammates. We play together.

### ROSTER

2	Hannah Sahyouni	21	5'4"
4	Abby Imperial	22	5'3"
5	Kara Lownsberry	23	5'6"
11	Kajsa Meyer	20	5'10"
15	Maggie Johnson	21	5'4"
16	Vikky Young	21	5'6"
17	Erin Staurseth	23	5'8"
22	Ellie Manderfeld	20	5'4"
28	Simone Carroll	22	5'7"
31	Abby Gentile	22	5'5"
36	Julie Spencer	22	5'3"
87	Michaela Scholte	22	5'8"

# WOMEN'S TEAMS

## OBERLIN COLLEGE PREYING MANTI

### OBERLIN, OH

Captains: Abby Cheng, Helen Samuel, Zoe Hecht

Coach: Elizabeth Lehman

[oberlin.edu/stuorg/obult/manti/](http://oberlin.edu/stuorg/obult/manti/)

@OberlinManti



The Oberlin Preying Manti women and trans team has been to D-III College Championships four times in the past eight years (2019, 2018, 2016 and 2013).

### ROSTER

4	Miche McCall	22	5'5"
6	Sophia Matossian	19	5'8"
7	Julie Stoner	20	5'6"
9	Katherine Karson	20	5'5"
10	Emily Peterson	21	5'5"
13	Ora Hammel	21	5'3"
15	Lucy Brown	21	5'4"
20	Linnea Fraser	22	5'6"
21	Helen Samuel	22	5'0"
22	Abby Cheng	21	5'6"
24	Rosie Rudavsky	21	5'8"
28	Lucia Mason	20	5'6"
39	Shayna Jennings	21	5'7"
42	Anna Barron	20	5'11"
44	Kayla Seeger	22	5'8"
83	Zoe Hecht	20	5'6"

## OCCIDENTAL COLLEGE WOMEN'S AIR CORP (WAC)

### LOS ANGELES, CA

Captains: Clarasophia Gust, Meike Buhaly, Celeste

Padula, Eleanor Fujita-Yuhas

Coaches: Linda Venema, Enway Melo



The Occidental women's ultimate team is called WAC, which stands for Women's Air Corp, a WWII Air force team of bada\*\* flying women. Our team was started in 2007 and has been flying high since then.

We're based in Eagle Rock, California, and we have grown in numbers and strength over the past 12 years. We have two amazing and talented coaches, and our goal is to have and create a fun and inclusive space for college ultimate. Stay WACKy!

### ROSTER

2	Natalie Folks	19	5'5"
4	Catherine Lee	21	5'5"
5	Eleanor Fujita-Yuhas	20	5'5"
6	Crystal Liang	20	5'5"
7	Clarasophia Gust	21	5'7"
8	Jaiden Cirioli	19	5'7"
9	Celeste Padula	21	5'6"
10	Petra Jasper	19	6'0"
11	Lily Hue	22	5'7"
12	Rae Hirschfeld-Smith	18	5'8"
13	Lauren Chin	21	5'6"
14	Amy Bell	22	5'6"
15	Isabel Mascuch	18	5'7"
17	Sophie Havranek	19	5'5"
19	Meike Buhaly	22	5'10"
21	Oona Milliken	20	5'6"
22	Grace Hut	20	5'5"
23	Taylor McGlothlin	20	5'4"
24	Caroline Fuller	20	5'7"
26	Marge Wilson	21	5'7"



# WOMEN'S TEAMS

## UNIVERSITY OF PORTLAND UPROAR

### PORTLAND, OR

Captains: Celina Li, Maddy Otto

Coaches: Beckie Zipp, Morgan Huey, Elise Sunderland

@uproar\_ultimate



University of Portland UPROAR is based out of Portland, Ore. We are new to the nationals' stage, with this only being our second year attending nationals.

We are very excited that we have now built a competitive program at our school, and our team is full of a lot of hungry players ready to compete at this level. With our first showing at nationals only being two years ago, we have worked very hard to rebuild and compete at nationals again. It has not been easy to take this program from seven players at tournaments to a nationals' qualified roster, and we are excited to see our hard work come into action. We are excited and ready to do the work to put and keep University of Portland on the map. UPROAR is a team that strives to compete at the highest level of our sport. We love and support each other as teammates, and we work to be the best version of ourselves together.

### ROSTER

2	Grace Dorn	19	6'0"
5	Kristen LeBar	21	5'9"
7	Maddy Otto	21	5'4"
10	Jules Kampe	21	5'4"
12	Hallie Turk	18	5'6"
13	Gillian Antona	21	5'4"
16	Kim Dorr	21	5'8"
18	Elaine Li	21	5'5"
27	Celeste Willsea	19	5'8"
28	Hannah Twomey	20	5'8"
29	Haley Meisburger	21	5'4"
55	Clara Zimmerman	19	5'3"
58	Jaclyn Wataoka	19	4'10"
66	Celina Li	22	5'2"
77	Erin Jenkins	21	5'3"
81	Eleanor Li	20	5'8"
96	Lok Yan Fick	22	5'2"

SPECTATOR INFO

## UNIVERSITY OF PUGET SOUND CLEARCUT

### TACOMA, WA

Captains: Bethany Llewellyn, Emma Piorier, Meadhb Koenigsberg

Coaches: Spencer Sheridan, Corinne Pingul

upsultimate.com

@wutwutclearcut



Clearcut started like any other Frisbee team: on the perfectly manicured lawn of a liberal arts institution. Between brick buildings, student loans and the musings of philosophy students, a disc was hucked through the hearts of a select group of women. Usually opposed to plastic due to our deep commitment to the environment, we were taught

to love the game. Our guide? The KRAKEN! Emerging from the Puget Sound to bestow Frisbee knowledge, the Kraken wrapped each of its eight tentacles around the team to teach us the ways of friz. Partly from an octopus mind meld, and partly due to the consumption of old Callahan videos, we obtained a singular consciousness, "Chilly," we chanted, "turn the page," we yelled and "bid woulda had it," we cried. Just like that, our team was born. With three hearts and even more passion, each player embodies the octopus mission: be floppy and look good doing it. When there are seven Clearcutters on a line, if you're really quiet, you can hear the flop of the Kraken in the distance calling out for us.

### ROSTER

3	Sarah McClain	20	5'5"
4	Natalie Yates	19	5'8"
8	Camille Goo	20	5'2"
9	Bethany Llewellyn	21	5'4"
10	Claire Zable	19	5'8"
11	Bailey Ulrich	18	5'8"
13	Arshia Gill	21	5'3"
14	Ally Constantino	19	5'5"
15	Leona DeRango	19	5'4"
22	Meadhb Koenigsberg	21	5'11"
33	Sierra Cleary	20	5'2"
45	Lillian Olson	21	6'3"
47	Izzy Pitman	19	5'6"
53	Emma Piorier	20	5'6"
85	Jian Kettunen	22	5'4"

# WOMEN'S TEAMS

## ST. OLAF COLLEGE VORTEX

### NORTHFIELD, MN

Captains: Eva Cornwell, Kaitlyn Mulhern, Kimberly Nissen

Coaches: Biz Cook, Reebbs Enders, Sean Prichard

[vortexultimate.weebly.com](http://vortexultimate.weebly.com)

@STOWomen'sUlti



We came back this year to remind everyone who reads our team bio that Vortex still loves the grind.

### ROSTER

0	Bekah Reason	20	5'8"
2	Izzy Sullivan	19	5'8"
3	Jennika Paulson	20	5'5"
4	Victoria Knutson	21	5'4"
5	Grette Schmidt	18	5'9"
6	Olivia Peer	20	5'7"
7	Katie Sherer	20	5'4"
8	Haley Challgren	19	5'4"
9	Eva Cornwell	22	5'9"
10	Amelia Schneider	21	5'8"
11	Sarah Willstein	23	5'4"
12	Lauren Johnson	19	5'8"
13	Kimberly Nissen	22	5'7"
15	Evelyn Wakeley	19	5'6"
16	Kaitlyn Mulhern	21	5'7"
17	Maggie Truitt	20	5'7"
18	Anna Mulhern	19	5'2"
21	Sally Manninger	20	5'4"
22	Elsa Anderson	18	5'5"
23	Madeline Sorenson	19	5'7"
24	Kelsey Halverson	20	5'4"
26	Emma Purcell	20	5'9"
29	Anna Clements	19	5'10"
32	Annika Peterson	20	5'6"
41	Caroline McKnight	19	5'8"

## TRUMAN STATE UNIVERSITY TSUNAMI

### KIRKSVILLE, MO

Captains: Alexandria Thomas, Lauren Wiggins, Sarah Finley

[tsunamiultimate.weebly.com](http://tsunamiultimate.weebly.com)

@TSUnamiUltimate



A TSUnami results from a great many crushing and seismic waves. These great waves come together from the deepest oceans like the depth of the players on our team, rising to new heights, chasing plastic and reaching the ultimate goal -- the D-III College Championships. Since 2004, spirit, competition and athleticism have been a part of every point TSUnami plays. Coming from a little-known corner of rural Missouri, a landlocked place with no ocean in sight, these women are ready to represent Truman State University and the South Central Region. TSUnami returns to the D-III College Championships, after a universe point loss at last year's game-to-go, with more depth and versatility than ever before! Come rain, shine or even hail, TSUnami is ready to bring their skirts and colorful personalities to College Station.

### ROSTER

0	Lauren Wiggins	21	5'6"
4	Anna Sullivan	19	5'5"
5	Alexandria Thomas	21	5'3"
7	Olivia Carter	18	6'0"
11	Mary Connolly	19	5'9"
13	Sarah Finley	21	5'4"
14	Cleo Meschke	19	5'2"
15	Rita Hanch	21	6'0"
20	Makayla Bindel	21	5'5"
22	Madison Fulte	20	5'6"
23	Claire Trumbull	22	5'9"
25	Jessica Tiller	22	5'10"
27	Katie Bruggeman	21	5'11"
28	Emilia Budzowski	21	5'6"
42	Kathryn Ashton	21	5'3"
57	Emily Tucker	21	5'5"

# WOMEN'S TEAMS

## WESLEYAN UNIVERSITY VICIOUS CIRCLES

### MIDDLETOWN, CT

Captains: Lily Gould, Kelly Jamrog, Amabel Jeon  
@divacupzone



Vicious Circles hails from Wesleyan University, nestled in the bustling metropolis of Middletown, Conn. This is our fourth year in a row gracing the big, old stage of the D-III College Championships, and we're thrilled to return to compete with some of the best D-III teams from across the country in College Station, Texas!

### ROSTER

0	Sophie Lesjak	20	5'9"
1	Rose Griffin	19	5'11"
2	Lila Lifton	18	5'6"
4	Kelly Jamrog	22	5'6"
5	Imogen Nelson	21	5'8"
9	Fia Murtaugh	20	5'3"
14	Amabel Jeon	22	5'5"
17	Sarah Wu	19	5'8"
19	Shira Yeskel-Mednick	20	5'9"
21	Sterre Hesseling	18	5'6"
22	Ray McCann	19	5'7"
23	Tess Brunner	20	5'6"
24	Sarah Mount	21	5'6"
25	Sydney Taylor-Klaus	22	5'8"
26	Becca Downer	20	5'5"
33	Lily Gould	21	5'7"
58	Sophia Korostoff-Larsson	20	5'4"

SPECTATOR INFO

## WILLIAMS COLLEGE LA WUFA

### WILLIAMSTOWN, MA

Captains: Caroline Weinberg, Caley Dickinson, Casey Phalen  
freeteams.com/lawufa/page.html?page=10707  
@LaWUFAultimate



La Wufa has been a strong competitor at the D-III College Championships for the past eight years. Since our founding in 1986 (!), we have held core values of athleticism, accountability, integrity, spirit and community. We value playing high level ultimate together as a team and work hard year round to compete as well as we do. We are self-coached and are constantly learning from each other both on and off the field. Recently, we've focused on creating welcoming and supportive athletic and social spaces for all people, because we want to share our love of the sport with as many new players as we can.

### ROSTER

1	Louisa Nyhus	22	5'9"
2	Isabel Cushing	20	5'5"
3	Sofie Netteberg	21	5'9"
5	Abby Fournier	20	5'4"
6	Caley Dickinson	22	5'6"
7	Louisa Goss	22	5'5"
8	Erica Gobble	21	5'5"
9	Afoma Maduegbuna	19	5'6"
10	Anna Lietman	21	5'9"
11	Elsa Bjornlund	21	5'3"
12	Caroline Weinberg	22	5'5"
13	Sarah McLaughlin	21	5'4"
14	Abby Miller	22	5'8"
15	Casey Phalen	21	5'4"
16	Lili Bierer	23	5'6"
17	Rachel Retica	22	5'10"
18	Andrea Quintanar	22	5'4"
21	Siri Bohacek	18	5'7"
22	Madeline Kaplan	19	5'3"
24	Clare Rogowski	20	5'6"
26	Eliza Klein	22	5'2"
27	Tula Schapiro	19	5'4"
32	Victoria Pysher	18	5'6"
35	Adrienne Banks	21	5'8"
42	Nelly Lin-Schweitzer	20	5'6"
47	Petra Baldwin	19	5'1"
64	Alice Carnell	19	5'3"

# HEALTH AND SAFETY

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

**The Physicians Center Hospital is the closest hospital: 3131 University Dr E, Bryan, TX 77802**

## CONCUSSIONS

### EDUCATION

- USA Ultimate recommends the CDC “Heads Up Safety” program, a free one-hour online training: [cdc.gov/concussion/headsup/youth.html](http://cdc.gov/concussion/headsup/youth.html).
- USA Ultimate's participant waiver includes important information from the CDC regarding concussion safety: [usultimate.org/membership/usa\\_ultimate\\_membership\\_forms.aspx](http://usultimate.org/membership/usa_ultimate_membership_forms.aspx)

### COACHING REQUIREMENTS

- Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

### REMOVAL & RETURN TO PLAY

- All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove the athlete from play.
  2. Ensure the athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If the athlete is a minor, inform the athlete's parents or guardians about the known or possible concussion and give them the fact sheet on concussions.
  4. Allow the athlete to return to play only with permission from an appropriate health care professional.

## DOCTOR'S NOTE REQUIREMENT

- If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor's office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor's note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

## ATHLETE PROTECTION

- USA Ultimate takes the protection of event participants seriously. In accordance with SafeSport and the USA Ultimate Conduct Policy, all USA Ultimate employees, volunteers, athletes, members, coaches and chaperones are prohibited from engaging in the following conduct with athletes at any time (a more thorough description is available at [www.usultimate.org/protection](http://www.usultimate.org/protection)):
  - o Bullying
  - o Hazing
  - o Harassment, including Sexual Harassment
  - o Emotional Misconduct
  - o Physical Misconduct
  - o Sexual Misconduct, including Child Sexual Abuse
- With the passage of the recent federal legislation to protect amateur and minor athletes, all SafeSport trained individuals (including coaches, team support, USA Ultimate staff) are now mandatory reporters.
- If you have questions or would like to file a complaint with USA Ultimate, please contact Dan Raabe at [dan@hq.usultimate.org](mailto:dan@hq.usultimate.org).

## HEAT, NUTRITION AND HYDRATION

*The health and safety of our athletes is always USA Ultimate's top concern. Particularly here in Texas, please stay hydrated and take advantage of the provided shade tents, fans and misting stations. Medical personnel are available on site if you begin to experience signs or symptoms of heat-related illness.*

- Heat-related illnesses occur when the body's ability to cool itself by evaporation is limited. Sweating depletes the body's salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of a heat-related illness, he or she should treat the problem immediately.
- Signs and symptoms of a heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.

## PREVENTION AND TREATMENT OF A HEAT ILLNESS

- Avoid alcohol, caffeine and carbonated beverages.
- Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase the risk for heat illness. Avoid them if possible.
- Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
- Know your body – be honest! Are you fit enough to perform under current conditions?
- Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important; good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges. Sodium is also important; good sources include sports drinks, vegetable juices, pretzels, nuts, cheese and crackers. After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies.
- Don't drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Monitor your urine. Clear/copious = hydrated. Dark = Need water/electrolytes.
- Be sensitive to any prior illness. If you've been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin or get in front of a fan or breeze.

## SIDELINE SAFETY

- Spectators and equipment must stay at least five yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, people and other objects must be at least three yards from the sidelines.
- If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.
- USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

## LIGHTNING GUIDELINES

- Event staff will communicate with players and spectators via a PA system and through field marshals equipped with radios if there is a lightning danger. Play will then be stopped, and everyone should seek shelter.
- Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.
- Event staff will be monitoring radar and listening for thunder. If lightning is occurring within 10 miles or thunder is audible, play will be suspended and all individuals should get in a safe shelter location.
- If you can't get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.
- Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.
- Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.

# SPIRIT OF THE GAME

*Ultimate has traditionally relied upon the spirit of sportsmanship, which places the responsibility for fair play on the player. Highly competitive play is encouraged, but never at the expense of mutual respect among competitors, adherence to the agreed upon rules of the game, or the basic joy of play. — 11th Edition USA Ultimate Rules of Ultimate.*

## 10 THINGS YOU SHOULD KNOW ABOUT SPIRIT OF THE GAME™

### 1. THE GOLDEN RULE: TREAT OTHERS AS YOU WOULD WANT TO BE TREATED.

Spirited games result from mutual respect among opponents. Assume the best of your opponent. Give him or her the benefit of a doubt. You would want the same for yourself. But if you are thick-skinned, do not assume that your opponent is. Maybe you should think of this rule as, “treat others as you would have them treat your mother.”

### 2. CONTROL: SOTG TAKES REAL EFFORT.

SOTG is not just some abstract principle that everyone adopts and then games run smoothly without effort. Close calls are made in tight games. Hard fouls are committed. SOTG is about how you handle yourself under pressure: how you contain your emotionality, tame your temper, and modulate your voice. If you initiate or contribute to the unraveling of spirit, the concept falls apart quickly. If you act to mend things (or at least not exacerbate the situation) by following (1) above, the game heals itself.

### 3. HECKLING AND TAUNTING ARE DIFFERENT.

Ultimate has a long tradition of good-natured heckling. Heckles are friendly barbs, typically from non-playing spectators. Heckling can be fun, but taunting is unspirited and wrong. Harassing remarks after an opponent's foul call or close play are NOT heckling: they are abusive taunts which create unpleasant playing conditions and often escalate to acrimonious disputes.

### 4. SOTG IS COMPATIBLE WITH CHAMPIONSHIP PLAY.

It is a fallacy to argue that the stakes are so important that some aspect of SOTG can be cast aside. Time and again, great teams and star players have shown that you can bring all your competitive and athletic zeal to a game without sacrificing fair play or respect for your opponent.

## **5. DON'T "GIVE AS YOU GOT."**

There is no "eye for an eye." If you are wronged, you have no right to wrong someone in return. In the extreme case where you were severely mistreated, you may bring the issue up with a captain, tournament director, or even lodge a complaint with the governing body. If you retaliate in kind, however, a complaint may be filed against you. We recall point (1): treat others as you would have them treat you, not as they have treated you. In the end, you are responsible for you.

## **6. BREATHE.**

After a hard foul, close call, or disputed play, take a step back, pause, and take a deep breath. In the heat of competition, emotions run high. By giving yourself just a bit of time and space, you will gain enough perspective to compose yourself and concentrate on the facts involved in the dispute (was she in or out; did you hit his hand or the disc; did that pick affect the play). Your restraint will induce a more restrained response from your opponent. Conflagration averted, you may resume business as usual.

## **7. WHEN YOU DO THE RIGHT THING, PEOPLE NOTICE.**

When you turn the other cheek, you know you've done the right thing. You may not hear praise, there may be no standing ovation, but people do notice. Eventually, their respect for you and their appreciation of the game will grow.

## **8. BE GENEROUS WITH PRAISE.**

Compliment an opponent on his/her good catch. Remark to a teammate that you admire their honesty in calling themselves out of bounds. Look players in the eye and congratulate them when you shake their hands after a game. These small acts boost spirit greatly, a large payoff for little time and effort.

## **9. IMPRESSIONS LINGER.**

Not only does the realization that your actions will be remembered for a long time serve to curb poor behavior, it can also inspire better conduct. Many old-timers enjoy the experience of meeting an elite player who remembers their first rendezvous on the field and recalls the event in detail. A good first encounter with an impressionable young player can have considerable long term positive impact.

## **10. HAVE FUN.**

All other things being equal, games are far more fun without the antipathy. Go hard. Play fair. Have fun.


# SPIRIT CIRCLES

Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but showed the international community the importance we place on respect for the game and their opponents. But American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circles. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.
- One or two people (often team captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.
- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it's something you think could be done better (and don't forget to look in the mirror on this).
- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That's it! It's pretty simple and definitely something that brings teams together and puts the game and the experience in perspective. It's all about respect for each other and the experience of bringing out the best in each other through competition. It's also about building relationships and seeing opponents for what they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!





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# MEN'S SCHEDULE

## 2019 USA Ultimate Division III College Championships - Men's Division

Saturday, May 18, 2019

All Games to 15 Cap 17	Pool A						Pool B					
	A1	(1) Middlebury					B1	(2) Air Force				
	A2	(8) Michigan Tech					B2	(7) Bryant				
	A3	(12) Franciscan					B3	(11) Portland				
	A4	(13) Hamilton					B4	(14) Claremont				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:00 - 9:30							B1 v B3	5	-	B2 v B4	6	-
9:45 - 11:15	A1 v A3	7	-	A2 v A4	8	-						
12:00 - 1:30	A1 v A4	1	-	A2 v A3	4	-	B1 v B4	10	-	B2 v B3	9	-
1:45 - 3:15	A1 v A2	1	-	A3 v A4	2	-	B1 v B2	10	-	B3 v B4	12	-
Re-seed teams 1-4 within each pool												
3:45 - 5:15	2A v 3D	1	-	2B v 3C	2	-	2C v 3B	9	-	2D v 3A	5	-



## Consolation Bracket

Sunday, May 19, 2019

Loser 2Bv3C

8:00-9:45am

Game 5-Field # 7

4A

12:00-1:45pm  
Field # 2

9th Place (tie)

Loser 2Cv3B

8:00-9:45am

Game 6-Field # 8

4D

Official Event Photography:



Loser 2Dv3A

10:00-11:45am

Game 7-Field # 11

4C

12:00-1:45pm  
Field # 11

9th Place (tie)

Loser 2Av3D

10:00-11:45am

Game 8-Field # 12

4B

Loser Game 5

12:00-1:45pm  
Field # 5

13th Place (tie)

Loser Game 6

Loser Game 7

12:00-1:45pm  
Field # 12

13th Place (tie)

Loser Game 8



Consolation games to 15, cap 17



## 2019 USA Ultimate Division III College Championships - Men's Division

Saturday, May 18, 2019

All Games to 15 Cap 17	Pool C						Pool D					
	C1	(3) Carleton-GOP					D1	(4) Richmond				
	C2	(6) Colby					D2	(5) Bowdoin				
	C3	(10) Missouri S&T					D3	(9) Luther				
	C4	(15) Berry					D4	(16) Valparaiso				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:00 - 9:30	C1 v C3	7	-	C2 v C4	8	-						
9:45 - 11:15							D1 v D3	5	-	D2 v D4	6	-
12:00 - 1:30	C1 v C4	2	-	C2 v C3	3	-	D1 v D4	11	-	D2 v D3	12	-
1:45 - 3:15	C1 v C2	4	-	C3 v C4	3	-	D1 v D2	11	-	D3 v D4	9	-
Re-seed teams 1-4 within each pool												
3:45 - 5:15												

### Championship Bracket Sunday, May 19, 2019



Winner 2Bv3C

8:00-9:45am

Game 1 - Field 3\*

1A

Winner 2Cv3B

8:00-9:45am

Game 2 - Field 4\*

1D

Winner 2Dv3A

8:00-9:45am

Game 3 - Field # 10\*

1C

Winner 2Av3D

8:00-9:45am

Game 4 - Field # 6\*

1B

Semifinal  
10:00-11:45am  
Field # 3\*

Semifinal  
10:00-11:45am  
Field # 6\*

Final  
12:00-1:45pm  
Field # 4

Champion

\* Quarters/Semis fields subject to change.  
Final field assignments to be announced  
Saturday evening.

Loser Game 1

10:00-11:45am

Field # 9

5th Place (tie)

Loser Game 2

Loser Game 3

10:00-11:45am

Field # 10

5th Place (tie)

Loser Game 4

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Championship games to 15, cap 17

You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

SCHEDULES & MAP

# WOMEN'S SCHEDULE

## 2019 USA Ultimate Division III College Championships - Women's Division

Saturday, May 18, 2019

All Games to 15 Cap 17	Pool A						Pool B					
	A1	(1) Bates					B1	(2) Truman State				
	A2	(8) Wesleyan					B2	(7) Portland				
	A3	(12) Lewis & Clark					B3	(11) Mount Holyoke				
	A4	(13) North Georgia					B4	(14) North Park				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:00 - 9:30	A1 v A3	10	-	A2 v A4	9	-	B1 v B3	3	-	B2 v B4	2	-
9:45 - 11:15	A1 v A4	10	-	A2 v A3	12	-	B1 v B4	3	-	B2 v B3	4	-
12:00 - 1:30	A1 v A2	5	-	A3 v A4	6	-						
1:45 - 3:15							B1 v B2	7	-	B3 v B4	8	-
Re-seed teams 1-4 within each pool												
3:45 - 5:15	2A v 3D	4	-	2B v 3C	6	-	2C v 3B	3	-	2D v 3A	10	-



### Consolation Bracket

Sunday, May 19, 2019

Loser 2Bv3C

10:00-11:45am

Game 5-Field # 7

4A

Loser 2Cv3B

10:00-11:45am

Game 6-Field # 8

4D

12:00-1:45pm  
Field # 9

9th Place (tie)

Loser 2Dv3A

8:00-9:45am

Game 7-Field # 11

4C

Loser 2Av3D

8:00-9:45am

Game 8-Field # 12

4B

12:00-1:45pm  
Field # 6

9th Place (tie)

Loser Game 5

12:00-1:45pm

Field # 8

13th Place (tie)

Loser Game 6

Loser Game 7

12:00-1:45pm

Field # 1

13th Place (tie)

Loser Game 8

Official Event Photography:



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Consolation games to 15, cap 17



# 2019 USA Ultimate Division III College Championships - Women's Division

Saturday, May 18, 2019

All Games to 15 Cap 17	Pool C						Pool D					
	C1	(3) Williams					D1	(4) Puget Sound				
	C2	(6) Oberlin					D2	(5) Middlebury				
	C3	(10) Carleton-Eclipse					D3	(9) St. Olaf				
	C4	(15) Occidental					D4	(16) Mary Washington				
Saturday		F#	Score		F#	Score		F#	Score		F#	Score
8:00 - 9:30	C1 v C3	11	-	C2 v C4	12	-	D1 v D3	4	-	D2 v D4	1	-
9:45 - 11:15	C1 v C4	11	-	C2 v C3	9	-	D1 v D4	2	-	D2 v D3	1	-
12:00 - 1:30							D1 v D2	7	-	D3 v D4	8	-
1:45 - 3:15	C1 v C2	5	-	C3 v C4	6	-						
Re-seed teams 1-4 within each pool												
3:45 - 5:15												

## Championship Bracket Sunday, May 19, 2019



Winner 2Bv3C

8:00-9:45am

Game 1 - Field # 1

1A

Winner 2Cv3B

8:00-9:45am

Game 2 - Field # 2

1D

Winner 2Dv3A

8:00-9:45am

Game 3 - Field # 5

1C

Winner 2Av3D

8:00-9:45am

Game 4 - Field # 9

1B

Semifinal  
10:00-11:45am  
Field # 2

Semifinal  
10:00-11:45am  
Field # 4

Final  
2:00-3:45pm  
Field # 4

Champion

Loser Game 1

10:00-11:45am

Field # 1

5th Place (tie)

Loser Game 2

Loser Game 3

10:00-11:45am

Field # 5

5th Place (tie)

Loser Game 4



Championship games to 15, cap 17

You can keep up with the schedule and current scores in the Events section of the USA Ultimate mobile app.

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2019 USA ULTIMATE DIVISION III COLLEGE CHAMPIONSHIPS





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