# TABLE OF CONTENTS

## EVENT INFORMATION
- Event Staff ...................................................................................................................... 3
- Welcome .......................................................................................................................... 4
- Weekend Overview ......................................................................................................... 6
- Site Rules ........................................................................................................................ 7
- Competition Rules ......................................................................................................... 8
- Triple Crown Tour .......................................................................................................... 11

## SPECTATOR INFORMATION
- Ultimate in 10 Simple Rules .......................................................................................... 13
- Past National Champions ............................................................................................. 14-16
- Common Ultimate Terms ............................................................................................... 18
- Men’s Teams .................................................................................................................. 20-27
- Mixed Teams .................................................................................................................. 28-35
- Women’s Teams ........................................................................................................... 36-43

## PLAYER INFORMATION
- Spirit Awards .................................................................................................................. 44
- Spirit Circles ................................................................................................................... 45
- Health & Safety ............................................................................................................. 47-49

## SCHEDULES AND MAP
- Men’s Schedule ............................................................................................................ 50-51
- Mixed Schedule ............................................................................................................. 52-53
- Women’s Schedule ....................................................................................................... 54-55
- Field Map ..................................................................................................................... 57
UltiPhotos

USA ULTIMATE CHAMPIONSHIPS OFFICIAL PHOTOGRAPHERS

ultiphotos.com  UltiPhotos
EVENT STAFF

Event staff will be wearing “Event Staff” shirts. If they can’t answer your questions, they can point you to one of the following people to help you out:

USA ULTIMATE STAFF
Chief Executive Officer – Dr. Tom Crawford
Director, Finance & Development – Julia Echterhoff Lee
Manager, Finance & Administration – Kayleigh Hudson
Managing Director, Competition & National Teams – Will Deaver
Manager, Competition & Athlete Programs (Club) – Carolina Gonzalez-Llanos
Manager, Competition & Athlete Programs (College) – Tom Manewitz
Manager, Events – Byron Hicks
Manager, Events – David Raflo
Competition Coordinator – Dana Jefferson
Manager, Event Sanctioning – Teal Dabney
Manager, Community Services & Development – Leah Dolan-Kelley
Manager, Youth & Outreach Programs – Sarah Powers
Manager, Youth & Education Programs – Sam Callan
Managing Director, Marketing, Communications & Brand – Andy Lee
Manager, Digital Marketing & Communications – Maelyn Wisch
Senior Manager, Communications – Stacey Waldrup
Communications Coordinator – Larry Melton
National Men’s Director – Adam Goff
National Mixed Director – Remy Schor
National Women’s Director – Kate Wilson

LOCAL ORGANIZING COMMITTEE STAFF
Tournament Director – Keith Temple
Volunteer Recruiting Coordinator – Camille Sultana
Volunteer Coordinator – Richard Chang
Hospitality Coordinator – Leslie Willis
Media Coordinator – Justin Goodman
Media Coordinator – Will Griffin
Head Scorekeeper – Abe Sklar
Assistant Scorekeeper – Emily Blazar
Head Statkeeper – Shannon Temple
Assistant Statkeeper – Melissa Battis
Youth Liaison – Cliff Hanna
Surf Cup Sports Liaison – Robyn Ridley
Stadium Coordinator – Kyle “Snoop” Brown
Admissions Coordinator – Benjamin Eto
Field Logistics Coordinator – Michael Lovisa
PA Announcer – Steve Dunn

OBSERVERS
Mitch Dengler (Head Observer), Alan Baggs, Jeff Blair, Bill Bourret, Brian Bradburn, Rusty Brown, Alex Bush, Vincent Chang, Mark Fritz, Janna Hamaker, Stephen Hubbard, Peter Kapostasy, Amy Kendzierski, Linda Kudo, Wally Kwong, Dan Laurila, Jake McKeon, Laura Meyer, Kate Monforti, Jonathan Monforti, Carl Nelson, Sam Shapiro, Jonah Shaver, Joseph Tillman, Bradley Tinney, Marvin Vuong, Matthew Whited, Jason Wilkinson, Sam Wood

SPECIAL THANKS
Diego Ultimate Disc Experience, Discraft, ESPN, San Diego Tourism Authority
WELCOME

On behalf of the San Diego Tourism Authority, congratulations on qualifying for the USA Ultimate National Championships and welcome to San Diego!

San Diego is a destination that truly has something for everyone. With an average temperature of 72 degrees, we hope that you're able to enjoy our 70+ miles of coastline including scenic vistas in La Jolla and Sunset Cliffs. If you're bringing the family, be sure to check out the world-renowned San Diego Zoo or SeaWorld San Diego. The Gaslamp Quarter is popular for fine dining and nightlife, and we certainly can't leave out the cultural hubs of San Diego including Balboa Park and Old Town.

We're sincerely excited to host the National Championships and hope you'll enjoy San Diego!

All the best,

Joe Terzi
President and CEO

San Diego Tourism Authority
Dear USA Ultimate athletes, coaches, family and all other ultimate enthusiasts who have chosen to attend the 2019 National Championship here in San Diego,

Diego Ultimate Disc Experience (DUDE) would like to welcome you to our wonderful city. We are excited to be hosting this exciting event for the second year in a row.

We hope that, in addition to the competition, you can enjoy the many activities and sites San Diego has to offer. We boast many beaches, such as La Jolla, Coronado and Del Mar; we also recommend Balboa Park and Zoo, SeaWorld and Legoland. There’s also Old Town San Diego, the Midway and the historic Gaslamp Quarter. Additionally, San Diego is known as the ‘Craft Beer Capital of America’ so check out some of the local places.

Don’t forget to try a California Burrito as you explore the dining options throughout the San Diego area.

DUDE is delighted to welcome you to sunny San Diego and the tournament. We hope you enjoy your time here.

Sincerely,

Emily Blazar
President
Diego Ultimate Disc Experience
WEEKEND OVERVIEW

Wednesday, October 23 at Hilton Del Mar
6:30-8:30pm  Discraft Welcome Reception and Mandatory Team Registration

Thursday, October 24 at Surf Cup Sports Park
9:00am-5:30pm  Pool Play

Friday, October 25 at Surf Cup Sports Park
9:00am-6:00pm  Bracket Play

Saturday, October 26 at Surf Cup Sports Park
9:00am-10:45am  Pro-Flight Play-In Games, Placement Games (5th, T-7th, 11th, 13th, 15th Mixed)
9:00am-11:00am  Learn to Play Clinic
10:00am-11:45am  Women’s Semifinal #1, Mixed Semifinal #1 at Surf Cup Sports Park
11:15am-1:00pm  Men’s and Women’s 15th Place Game at Surf Cup Sports Park
12:00-1:45pm  Women’s Semifinal #2 at Mira Mesa High School
2:30-4:15pm  Mixed Semifinal #2 at Mira Mesa High School
5:30-7:30pm  Participant Dinner
5:30-7:15pm  Men’s Semifinal #1 at Mira Mesa High School
8:00-9:45pm  Men’s Semifinal #2 at Mira Mesa High School

Sunday, October 27 at Mira Mesa High School
10:00am-11:45am  Women’s Final at Stadium
12:30-2:15pm  Men’s Final at Stadium
3:00-4:45pm  Mixed Final at Stadium
SITE RULES

• No Alcohol
• No Tobacco
• No Glass
• No Weapons
• No Abusive Language
• Observe Parking Restrictions and Handicap/Staff Spots
• Dogs Must be Leashed
• Spectators and equipment must stay at least five yards away from sidelines! Where there are buffer lines, respect them. Where there are not buffer lines, stay back at least five yards.
• Trash and Recycling – Place recyclables in the recycling receptacles, and place trash in the trash cans.
COMPETITION RULES

  - Modifications: 20-yard end zones; “contact” marking violation call
- All games to 15, point-cap at 17.
- Halftime is 10 minutes.
- Each team has two timeouts per half.
- Regardless of how many timeouts a team has used before overtime, during overtime each team has one timeout.
- Overtime: A game is in overtime if tied at one point less than original game total (e.g., in a game to 15 goals, overtime occurs when the score reaches 14-14).
- Soft time cap: Goes on 20 minutes before the hard cap. Add two points to higher score after first score after soft time cap. Game ends when first team reaches new game total or when first team reaches 15 or more ahead by at least two points, whichever comes first.
- Caps do not affect timeouts.
- Hard caps will not be used in the Pro Flight play-in games, semifinals or finals.
NOISEMAKER GUIDELINES

The following guidelines for noisemakers will be applied at USA Ultimate events. They are designed to strike a balance between limiting artificial noise that adversely impacts the competition or the on-site experience of participants with allowing for noise that helps create an enthusiastic, fun and supportive environment. Players, teams and spectators are expected to abide by these guidelines while on site at the event.

- Powered noisemakers are not allowed at the event site. This includes, but is not limited to, air horns, sirens and electronic bullhorns.
- Novelty noisemakers are NOT permitted, except under the following conditions:
  - Must remain outside of the equipment lines.
  - May only be used between a goal being scored and the offense signaling readiness for the next point.
  - May not be used during timeouts taken during active play.
  - Novelty noisemakers include, but are not limited to, whistles, vuvuzelas, squeeze horns and musical instruments.
- Music-playing devices with external speakers are permitted under the following conditions:
  - Must remain outside of equipment lines, except during warm-ups and half-time.
  - Must remain at a reasonable volume considering other event participants and attendees.
  - May not be used to play music with offensive lyrics or themes.
- No noisemaker of any kind is permitted that may present a safety hazard.
- Any noisemaker permitted above may be disallowed if the volume or content of the noise is deemed to be offensive or disruptive to the enjoyment of the event, or the noisemaker is used in an un-spirited manner such as to taunt, intimidate or give a team an undue competitive advantage, as determined by event staff.

Event staff and observers will inform teams and individuals of these guidelines as needed. Repercussions for violation of these guidelines may include confiscation of the noisemaker, removal of the individual from the event site and/or in-game sanctions associated with the Misconduct System.
Be the cause that creates the effect.

thelultimatefoundation.org
USA ULTIMATE TRIPLE CROWN TOUR

The USA Ultimate Triple Crown Tour is a competition structure, introduced in 2013, for the USA Ultimate club season, including the summer regular season and the fall Championship Series for the men’s, mixed and women’s divisions. Teams in this structure qualify into one of four “Flights” based on their finish in the most recent Championship Series. Qualification for the 2019 National Championships means that all participating teams have earned their way into one of the two top Flights (Pro or Elite) for 2020.

At the 2019 National Championships, the top eight finishers will comprise the 2020 Pro Flight. Pro Flight teams will also earn bids to the 2020 U.S. Open Championships and the 2020 Pro Championships. The bottom eight teams at Nationals will comprise the 2020 Elite Flight, and will earn bids to the 2020 Elite-Select Challenge and 2020 Pro-Elite Challenge events.

PLACEMENT GAMES

Schedule Clarifications

Triple Crown Tour (TCT) Pro-Flight Qualification

- 5th Semis Bracket:
  - 5* through 8* are quarterfinal losers in order of post-regionals ranking.

- 9th Quarters Bracket:
  - 9* through 12* are pre-quarters losers in order of post-regionals ranking.
  - 13* through 16* are pool play losers in order of post-regionals ranking.

- Pro Flight Play-In:
  - Each fifth-place semifinal loser will match up against a ninth-place semifinal winner to compete for one of the final two spots in the 2020 Pro Flight. Winners of these two games will qualify for the last two spots in the Pro Flight.
HELP SHAPE THE NEXT GENERATION OF ULTIMATE.

Join USA Ultimate’s Coaching Development Program

Sponsored by FIVEULTIMATE
ULTIMATE IN 10 SIMPLE RULES

1. THE FIELD: A rectangular shape with end zones at each end. A regulation field is 70 yards by 40 yards, with end zones 20 yards deep.

2. INITIATE PLAY: Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense. A regulation game has seven players per team.

3. SCORING: Each time the offense completes a pass in the defense’s end zone, the offense scores a point. Play is initiated after each score.

4. MOVEMENT OF THE DISC: The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts out the stall count.

5. CHANGE OF POSSESSION: When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.

6. SUBSTITUTIONS: Players not in the game may replace players in the game after a score and during an injury timeout.

7. NON-CONTACT: No physical contact is allowed between players. Picks and screens are also prohibited. A foul occurs when contact is made.

8. FOULS: When a player initiates contact on another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.

9. SELF-OFFICIATING: Players are responsible for their own foul and line calls. Players resolve their own disputes.

10. SPIRIT OF THE GAME: Ultimate stresses sportsmanship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.
<table>
<thead>
<tr>
<th>Year</th>
<th>Men's</th>
<th>Women's</th>
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<tbody>
<tr>
<td>1979</td>
<td>Glassboro</td>
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<td>1981</td>
<td>Condors</td>
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<td>Fisheads</td>
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<td></td>
<td><em>Chicago</em></td>
<td><em>East Lansing, Mich.</em></td>
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<td>1984</td>
<td>Tunas</td>
<td>Lady Condors</td>
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<td><em>Santa Barbara</em></td>
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<td>Lady Condors</td>
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<td>1988</td>
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<td>Lady Godiva</td>
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<td>Riot</td>
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<td>2018</td>
<td>PoNY</td>
<td>Fury</td>
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FIRST FLIGHT

SATURDAY

OCT 26

LEARN TO PLAY

FREE DISC AND CLINIC!

WHERE
SURF CUP SPORTS PARK
SAN DIEGO, CA

WHO
KIDS 18 AND UNDER

PRICE
FREE!

FROM 9:00 - 11:00 AM

LOVE AT

NATIONAL CHAMPIONSHIPS
COMMON ULTIMATE TERMS

BREAKMARK — a throw made to other side of the field from what is being forced by the marker

BRICK MARK — the spot where play may be initiated when a pull lands out of bounds, typically 15 or 20 yards from the front of the offense’s end zone and in the center of the field (yardage varies based on individual tournament rules); players have the option of making this call or taking the disc on the sideline closest to where it lands

CALLAHAN — a defensive score, occurs when a defender catches the disc in the end zone he or she is attacking

CUP — the wall of defenders that surround the thrower in a zone defense; the wall typically consists of 3 players, but variations with 2 or 4 defenders are also common

FLICK — forehand, thrown outside, away from the handler’s body

FORCE — side of the field to which throws should be contained; the marker will attempt to take away throws to one part of the field and is said to be “forcing” throws to go up in a certain direction

GREATEST — a jump, throw, catch combination that occurs when the disc is out-of-bounds, but a player jumps from in-bounds, catches the disc and successfully throws it back in-bounds to a teammate

HAMMER — an overhead throw that starts above the shoulders where the disc turns over in the air and lands upside-down

HUCK — a long throw

POACH — a defensive decision to leave a designated one-on-one matchup, usually temporarily, to clog a cutting lane or help defend a player other than the original

PULL — the “kick-off” of each point in which the defensive team throws the disc from their own end zone down the field toward the offensive team

STALL — the 10-second count for which a player is allowed to maintain possession of the disc; the opposing, defensive player must count the 10-seconds aloud; a “stall” occurs if the disc is held for more than the 10-second count

STRIP — occurs when a disc is knocked out of a player’s hands after they have stopped rotation and achieved possession
Get the **USA Ultimate** Rewards Visa Card!

*Every credit card sends you a statement. This lets you make one!*

Now you can bring ultimate with you everywhere you go, with a **USA Ultimate Visa** card! You get great benefits while supporting youth outreach efforts, U.S National Teams and grassroots development programs.

Just using your **USA Ultimate Visa Rewards** card raises awareness for the sport of ultimate and these crucial programs while simultaneously earning you rewards! Plus, UMB Bank will donate $50 for every newly activated account and USA Ultimate receives a percentage of all net retail transactions.

Choose from five great designs!

Visit usaultimate.org/affinitycard for more information and to find out how to apply!
Founded in 1981, Chain Lightning has been illuminating the Southeast for the past 38 years. We took a small hiatus, but have struck the big stage once again with two Club Nationals appearances these past few seasons. Some say that lightning never strikes in the same place twice. We’ll see about that.

Once nearly extinct, Condors are thriving amongst supportive communities that continue to strengthen and expand to new territories.

### Men’s Teams

#### Chain Lightning

**ATLANTA, GA**

Captains: Matthew Smith, Christian Olsen  
Coach: Miranda Kay Knowles (S)  
@ATLchain

#### Condors

**SOUTHERN CALIFORNIA**

Captains: Dom Leggio, Sam Fontaine, Tyler Bacon  
@condorsultimate

---

### Roster

#### Chain Lightning

<table>
<thead>
<tr>
<th>Jersey</th>
<th>Name</th>
<th>Position</th>
<th>Height</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>Daniel Sperling</td>
<td>6'0&quot;</td>
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<tr>
<td>1</td>
<td>Will Lindquist</td>
<td>6'0&quot;</td>
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<td>2</td>
<td>Austin Taylor</td>
<td>5'9&quot;</td>
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<td>3</td>
<td>Matthew Knowles</td>
<td>5'11&quot;</td>
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<td>4</td>
<td>Player Pierce</td>
<td>6'2&quot;</td>
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<td>5</td>
<td>Michael Fairley</td>
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<td>7</td>
<td>Zack Avello</td>
<td>5'9&quot;</td>
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<td>8</td>
<td>Christian Olsen</td>
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<td>9</td>
<td>Sam Batson</td>
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<td>10</td>
<td>Danny On</td>
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<td>11</td>
<td>Kelvin Williams</td>
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<td>Phillip Dougherty</td>
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<td>Josh Turner</td>
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<td>14</td>
<td>John Stubbs</td>
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*S: she/her/hers  
T: they/them/their(s)  
H: he/him/his*
Coming off a last place finish in San Diego last year, this team’s expectations were down in the dumps. They walked away feeling like absolute garbage. Amongst all the trash, however, two ancient artifacts were found: a DoG scented Air-Wick and old McCarthyism poster framed in iron. The team embraced the rare rubble and formed a new identity to match. From the city built upon trash, Boston DiG comes back in its fourth iteration to prove that one team’s trash is another team’s treasure.

GOAT was founded in 2002 to create a top level team out of Ontario. The predominant habitat of the herd is Toronto, where we proudly graze. GOAT has achieved many successes, including multiple Canadian Championships (’02, ’06, ’15 and ’17), two semifinal appearances at USA Ultimate National Championships (’07 and ’14) and most recently a bronze medal at the 2018 World Ultimate Club Championships.

Founded in 1995, Furious George is celebrating its 25th anniversary this year.

Furious is an elite open-division ultimate team from Vancouver, British Columbia. In its history, Furious has won three UPA titles, three Worlds titles and 11 Canadian titles, including the 2019 Canadian crown.

The current group of Angry Monkeys is pack-minded, driven and positive, group-focused on building success now and into the future. The athletes of Furious George continue to travel the world both as a club and in service of the Canadian national teams.

FURIOUS GEORGE

VANCOUVER, B.C.
Captains: Alex Davis, Kevin Underhill, Fred Lam
Coaches: Matthew Berezan, Troe Weston
furiousultimate.com
@furiousultimate

GOAT

TORONTO, ON
Captains: Thomson McKnight, Geoff Powell, Jacky Hau, Jaret Meron, Iain MacKenzie
goatultimate.com
@GOATUltimate

2019 USA ULTIMATE NATIONAL CHAMPIONSHIPS
JOHNNY BRAVO

BOULDER, CO
Captains: Bennett Lohre, Elliot Erickson, Kevin Johnson
Coach: Jim Schoettler

Johnny Bravo was founded in 1996 by Dan Ackerstein, Wes Williams and Dan "Jello" Revelle. The team was founded on vengeance by castoffs from the top Boulder-area team. Soon, Johnny Bravo overtook their rivals and began their reign as the top elite team in Colorado. By cultivating a strong relationship with local college teams (notably Colorado and Colorado State) and drawing top talent from across the nation, Johnny Bravo grew from a national afterthought, to a perennial quarterfinalist and, finally, to a title contender. Johnny Bravo’s base is solidified by a group of players who recognize that natural talent and athleticism can get you to the next level, but hard work and brotherhood will help you transcend that level.

MACHINE

CHICAGO, IL
Captains: Jack Shanahan, Nate Goff, Pawel Janas, Walden Nelson
Coaches: Andy Neilsen (H), Denis Agniel
chicago-machine.com
@MachineUltimate

Machine represents Chicago at the National Championships for the 14th year in a row.
Revolver was established in the spring of 2006 when Nick Handler, Chris McManus and Marc Weinberger came together to build a new Bay Area ultimate pro program from scratch. They sought a team where young players could learn from veterans, where lasting friendships can be made and where the goal was to get better in every practice and game — rise.

Although Revolver did not set out to win championships, it quickly became apparent that the program’s focus on young talent, role playing and great spirit had great potential, leading to five national and two world championships over the last decade.

This year’s Revolver team brings in 11 new faces, but the same core values that have shaped the team throughout the years still ring true — intensity, humility and discipline.

Revolver

SAN FRANCISCO, CA
Captains: Simon Higgins, Byron Liu, Jordan Marcy, Sawyer Thompson
Coach: Molica Anderson (S)
revolverultimate.com
@RevolverHD

This is what the summer’s all about.

ROSTER

0 Bob Liu 32 5’11" H
1 Simon Higgins 26 6’4" H
3 Andrew Moore 27 6’0" H
4 Kainoa Chun-Moy 23 5’8" H
5 Danny Miesen 29 5’11" H
6 Julian Childs-Walker 28 5’10" H
9 Cassidy Rasmussen 30 5’10" H
13 Ian Sweeney 22 6’3" H
14 Justin Lim 25 5’10" H
15 Michael Spear 32 5’9" H
16 Jake Thorne 19 6’1" H
17 Sawyer Thompson 25 6’4” H
19 Hunter Corbett 26 6’2" H
21 Caleb Merriam 22 5’8" H
22 Marcelo Sanchez 27 6’1" H
23 Antoine Davis 26 6’2” H
24 Elijah Kerns 27 5’11” H
25 Nick Stuart 28 6’4” H
27 Ashlin Joye 31 6’0" H
32 Jordan Marcy 27 5’10” H
33 Mark Lin 26 6’0" H
48 Nick Murphy 25 5’10” H
49 Nick Tofla 23 6’0” H
88 Byron Liu 28 5’9" H
93 Tom Doi 35 5’10” H
94 Adam Rees 24 6’1" H

S: she/her/hers
T: they/them/their(s)
H: he/him/his
MEN'S TEAMS

RHINO SLAM!

SALEM, OR
Captains: Vinh Bui, Raphy Hayes, Trevor Smith, Jon Lee
facebook.com/pages/category/Organization/Rhino-Slam-406995056021898
@RhinoUltimate

Born on the bluffs of Nature Cathedral on a well-lit night despite no stars, Rhino slams onto the national stage riding a magic carpet fueled by THUG (Trust + Horns Up + Growth). The core of this year’s Crash are an age-spanning roster. Rhino has been in the club division since 1990, a year in which 80% of the current roster were not yet even a glimmer. Future and present Rhino aside, this team has a long history of representing Oregon in the open division, and the range of personalities over the past several decades has lent itself to becoming quite the clown-car of a team.

Honk Honk – Horns Up!

RING OF FIRE

RALEIGH, NC
Captains: Matt Gouchoe-Hanas, Noah Saul, Allan Laviolette, Sol Yanuck
Coaches: David Allison, Mike Denardis
ringultimate.org
@ringUltimate

Celebrating our 30th season, Ring of Fire is North Carolina’s premier open club ultimate team. Founded in 1989, Ring is one of the oldest club ultimate teams in the world and has a long-standing tradition of success on the national scene, qualifying for the National Championships for 23 straight years. Ring has also competed at WFDF World Ultimate Club Championships five times, finishing fourth (1993, 1995), fifth (1999, 2018) and ninth place (1997).

S: she/her/hers
T: they/them/their(s)
H: he/him/his
2019 USA ULTIMATE NATIONAL CHAMPIONSHIPS

MEN’S TEAMS

SOCKEYE

SEATTLE, WA
Captains: Chris Kosednar, Simon Montague
Coaches: Mike Caldwell (H), David Hogan
seattlesockeye.org
@SeattleSockeye

Sockeye is an ultimate Frisbee club from Seattle, Washington, and has been one of the most dominant ultimate teams of the past two decades. Sockeye competes annually at the USA Ultimate National Championships, where they’ve qualified every year but one since 2000 and are three-time champions.

In 2008, Sockeye represented the United States as the U.S. National Team at the World Ultimate Championships in Vancouver, Canada, earning silver. Sockeye also traveled to the World Ultimate Club Championships twice, winning silver in both Prague (2010) and Lecco (2014).

The team is composed of amateur athletes who dedicate themselves to being the best ultimate players in the world. Sockeye is committed to the growth of the sport through youth engagement and promoting positive sporting and community values. Many current and former Sockeye players have been key pieces in the development of the wonderful youth ultimate scene that we have here in Seattle!

ROSTER

Seattle, WA
Captains: Chris Kosednar, Simon Montague
Coaches: Mike Caldwell (H), David Hogan
seattlesockeye.org
@SeattleSockeye

Roster

0 Jacob Janin 29 5’9”
1 Garrett Martin 21 5’11”
2 Brice Dixon 28 5’9”
3 Mitch Kulczak 26 5’11” H
4 Zach Goulson 25 5’11” H
5 Nathan Kwon 23 5’2”
6 Phil Murray 30 6’0”
7 Eli Friedman 32 5’10”
8 Camden Allison-Hall 30 6’0”
9 Simon Montague 28 6’3”
10 Dongyang Chen 25 5’7”
11 Christian Foster 31 5’9”
16 Trent Dillon 26 5’11” H
19 Husayn Carnegie 35 5’5” H
22 Billy Katz 28 6’0”
23 Xander Cuizon-Tice 23 5’7” H
24 Tony Vennieri 18 5’7” H
27 Dylan Freechild 28 5’10” H
28 Duncan Linn 29 5’6”
30 Matty Russell 26 6’0”
31 Matt Rehder 27 6’4”
34 John Randolph 20 5’11”
70 Julian Hausmann 30 6’3”
77 Ben Snell 27 6’3”
87 Chris Kosednar 32 6’1”
89 Mila Ravenell 23 6’2”
90 Shane Worthington 25 6’2”

SUB ZERO

MINNEAPOLIS, MN
Captains: Nicholas Simonelli, Colin Berry
Coach: Tallis Boyd
subzeroultimate.com
@SubZeroUltimate

Sub Zero has been representing Minneapolis men’s ultimate since 1997. Sub has qualified for the National Championships 18 times, and has been chasing its best finish of third in 1999. In 2018, Sub Zero finished seventh at Club Nationals and qualified for the USA Ultimate Pro-Flight.

In 2019, the team is captained by Nicholas Simonelli and Colin Berry. With a mix of seasoned veterans and an influx of talent, Sub Zero looks to improve on last year’s success to battle the best teams at Club Nationals.

ROSTER

Minneapolis, MN
Captains: Nicholas Simonelli, Colin Berry
Coach: Tallis Boyd
subzeroultimate.com
@SubZeroUltimate

Roster

1 Ryan Osgar 26 6’1”
2 Garrett Pruess 26 5’11”
3 Colin Berry 26 6’3”
4 Greg Cousins 27 5’11”
5 Charlie McCutcheon 25 5’9”
6 Charles Weinberg 25 5’11”
8 Nick Vogt 23 6’1”
10 Tony Poletto 24 5’9”
11 Andrew Meshnick 30 6’2”
13 Cole Jurek 21 6’0”
15 Kristian Johnson 23 5’10”
16 Bill Everhart 31 6’1”
17 Ethan Rasmussen 27 5’8”
18 Wystan Duhm 22 6’0”
19 Grayson Pangburn 31 5’11”
20 Thomas echols 25 5’9”
21 Codi Wood 24 5’9”
26 Jordan Taylor 25 5’11”
29 Josh Kline 27 5’9”
32 Andrew Roy 21 6’0”
33 Connor Anderson 25 5’6”
66 Jason Tschida 27 5’7”
69 Josh Kautz 25 6’2”
71 Nicholas Simonelli 29 6’0”
80 Kevin Pettitt-Scantling 28 6’2”
92 Kevin Brown 27 6’2”
99 Tristan Van De Moortele 24 5’10”
# Men's Teams

## Temper

**Pittsburgh, PA**  
Captains: Thomas Edmonds, Mark Fedorenko, Alex Thomas  
Coaches: Andrew Willig, Ari Weitzman  
@pghtemper

Pittsburgh Temper was started in 2014 in an effort to attract the top talent from the Greater Pittsburgh Area. Throughout Temper’s tenure as a men’s club team, the goal of uniting the city of Pittsburgh’s ultimate community to be able to consistently compete with the other top teams in the nation has finally come to fruition. It has been a long time since a men’s club team from Pittsburgh has attended the National Championships in back-to-back years. #herewego

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## Truck Stop

**Washington, D.C.**  
Captains: David Cranston, Nate Castine, Rowan McDonnell  
Coaches: Daryl Stanley, Alex Crew  
@truckstopulti

Washington, D.C. residents do not have a vote in either the House of Representatives or the U.S. Senate, yet we pay federal taxes AND many serve in the U.S. military.

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H: he/him/his
In autumn, the dusty hues of the desert are brought to life with the arrival of a FLAMboyant seasonal visitor. Flamingos. They have migrated to the plateaus of San Diego for one purpose: a spectacular dance. Fueled by a diet of spotted lantern flies, goldfish and toast, the flamingos are prepared for competition. Cries of 'Caw!' and 'Haw!' echo from the flock. As the sun sets on hot girl summer, flamingo fall spreads its wings.

AMP is proud to represent the Founders Section and Philadelphia. Since 2006, AMP has qualified for 14 USA Ultimate National Championships and competed at the 2010 and 2018 World Ultimate Club Championships.

AMP was founded in 2016 by Lili Gu and Alexa Kirkland on the values of positivity, process and perseverance. It’s been an exciting three years, with two National Championship appearances and a first-place finish at the World Ultimate Club Championships. A team is no one, and we believe.

BFG was founded in 2016 by Lili Gu and Alexa Kirkland on the values of positivity, process and perseverance. It’s been an exciting three years, with two National Championship appearances and a first-place finish at the World Ultimate Club Championships. A team is no one, and we believe.

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**AMP**

**ROSTER**

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**ROSTER**

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USA Ultimate National Championships 2019
We are a competitive mixed ultimate Frisbee team based out of the Columbus, Ohio area. Columbus Cocktails was formed in 2016 after the city was missing a competitive mixed team for over a year. The first year, the team was focused on a spirited and fun season. Very shortly into the first year, the team realized its potential and has since been working towards a greater goal -- making Club Nationals. Even though Club Nationals became a common goal, we never lost sight of our origin and strive to provide a spirited and competitive atmosphere. Each year, the program has progressed and continues to place higher each year at regionals. This year, we defended our regional title and are so excited to go back to Club Nationals.

Drag’n Thrust is a mixed ultimate team from Minneapolis, Minn., that is currently in its 11th season. Since 2010, Drag’n has attended the National Championships, winning three years in a row (2013-2015). We also won a Worlds title in the club division in 2014. Finishing sixth at last year’s National Championships, our Drag’ns are ready to climb back to the top of the mixed division. Drag’n Thrust values trust, hard work, individual growth and building relationships, as well as spirit and equity. Winning the Team Spirit Award at the 2014 National Championships is something we are extremely proud of. We are excited and honored to compete with the best athletes in the world and can't wait to showcase our talented Drag’ns during the 2019 season.
MISCHIEF
SAN FRANCISCO, CA
Captains: Gina Schumacher, Cody Kirkland, Robin Meyers
Coach: Andrew Berry (H)
mischiefultimate.com
@mischief_nation

Mischief. It means trickery, chicanery and spirited fun. It means winning games with our legs, and when our legs can’t run anymore, it means going the last mile with heart. It means always having more in the tank. It means putting everything on the line for our team and taking pride in the best we are capable of becoming. Above all, it means love and family.

Mischief was founded in 2003 and our goal is to foster a supportive and fun environment that motivates us to work hard, commit and sacrifice for each other to compete at the highest level.

Roster
1. Lexi Zalk 29 5'8"
2. Cori Hanson 28 5'11" S
3. Deanna Abrams 24 5'3" S
4. Matthew Crawford 32 6'2" H
5. James Hansell 31 6'2"
6. Mia Bladin 23 5'7"
7. Ben Feng 29 6'1" H
8. Cody Kirkland 26 5'10" H
9. Jacob Smith 25 5'9" H
10. Robin Meyers 31 5'10" H
11. Sean Childers 30 6'2"
12. Caitlin Rugg 31 5'6" S
13. Lily Steponaitis 29 5'11" S
14. Jordan Jeffery 30 6'4"
15. Audrey Wei 30 5'4" S
16. Connie Chan 26 5'3" S
17. Ethan Falat 28 5'11"
18. Scott Gatto 30 5'9" H
19. Jenny Wang 23 5'11" S
20. Gina Schumacher 29 5'7" S
21. Julia Salvacion 26 5'2"
22. Devin Drewry 28 5'10" H
23. Emily Prader 29 5'5"
24. Kevin Smith 34 6'0"
25. Evan Brydon 29 6'1"
26. Patricia Anderson 29 5'5"
27. Max de Visser 21 6'1"

MLWLBD - At the end of the day, everyone wants the same thing. Buckets.

MIXTAPE
SEATTLE, WA
Captains: Khalif El-Salaam, Arianne Lozano
@seattlemixtape

MLWLBD - At the end of the day, everyone wants the same thing. Buckets.
Montana Ultimate was first put on the map when 2001’s Trigger Hippy and the 2008 Mental Toss Flycoons won Club Nationals. Through roster turnover and rebrandings, the elite ultimate scene in Montana was lost in the wind, like Cold Smoke on the Ridge at Bridger Bowl. But desire does not lay dormant long, and soon a new drive to compete against the elite was reforged, just as Anduril was remade from the fragments of Narsil. The bond between elves and men was made anew as Bozeman Bozos and Missoula Mental Toss Flycoons laid down their arms to challenge darkness. Together, these men and women united under one flag, the MOONDOG. Bound to no master, the MOONDOGS have created the most exciting pre-ski-season hype in a decade.

Polar Bears is a mixed ultimate team hailing from the California Bay Area. We started as a Lei Out team in 2010 and had so much fun that we decided not to stop! Polar Bears went on to win the National Championship in that first year, and this is our eighth Club Nationals appearance in 10 seasons. Rawr!
Public Enemy is a collective of Dallas-Fort Worth’s rowdiest individuals, nicest kids, try-hard extraordinaires, peculiarly unassuming non-suches and conch-loving hooligans.

Public Enemy is from the South Central region.

#annoyinglysuccessful

PUBLIC ENEMY
DALLAS, TX
Captains: Matt Hudspith, Dani Runzo, Michael Hayes, Jamie Eriksson
Coaches: Adam Goff, Harrison Schwarzer
@UltiPublicEnemy

SHAME.
FORT COLLINS, CO
Captains: Vinny Fiacco, Doug Stenclik, Marilyn Reich, Ashley Daly Morgan, Zack Fleming
@ultimate_shame

That other mixed team from the South Central region.

#annoyinglysuccessful
SPECTATOR INFO

SPECTATOR INFO

2019 USA ULTIMATE NATIONAL CHAMPIONSHIPS

SLOW WHITE

BOSTON, MA
Captains: Alex Trahey, Hannah Baranes, Olivia Hampton
Coach: Marshall Goff
@slowwhite_

Slow is a team whose average age changes like the direction of a school of fish. This year, Slow finds itself closer to its beginnings, some 15 odd years ago, with a bunch of college kids -- kids who act like they're still in college -- and your odd grandparent or two. There are some new faces to the crew and others who have returned to travel the yellow brick road for another year (oh sorry, wrong story). What we know for sure though is that this team doesn't look like dwarves at all (very tall) and would much prefer leeks to apples.

ROSTER

BOSTON, MA
Captains: Anna Beddor, Davis Whitehead
@Snakecountry

Snake Country was established in 2009 by a group of Middlebury alumni who wanted to play together after college. This year, the 11th anniversary of the team, is the second season the Snakes are competing in the USA Ultimate Club Series. Previously, the team has found success at Get Ho Ho Ho in Falmouth, Mass. (except in searching for a certain someone while playing night time Sardines) and the Wildwood Beach Ultimate Tournament in Wildwood, N.J.

ROSTER
Space Heater is a second year team out of Washington, D.C. and the epitome of warmth and convenience.

Superlame, formerly the second team named Mixfits registered with USA Ultimate, is based loosely in Asheville, N.C., with players residing across the Southeast and up the Eastern Seaboard. Our namesake mostly says it all, and the rest has been perfectly summed up by everyone else. In case you aren’t on Twitter, though, you’d probably like to know that everyone on our team is close to grand masters age. Our primary training focus is adding a second half twist to our goldfish’s floor routine (*flush*), and years of team sunglasses decision-making has been validated with a trip to more sunshine. To close, in truth, we are excited and honored to represent our region on the national stage and look forward a memorable weekend with the wild and whacky crowd that makes up our great sport.

### SPACE HEATER

**WASHINGTON, D.C.**  
Captains: Jenny Fey, Alan Kolick  
Coach: Ty Aderhold  
spaceheaterultimate.com  
@spaceheaterulti

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**SUPERLAME**

**ASHEVILLE, NC**  
Captains: Ryan Sitler, Ann Sitler  
@SuperLameUlti

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TORO

DURHAM, NC
Captains: Heather Zimmerman, Tristan Green, George Guthrie, Mike Pannone
@ToroUltimate

Toro is a mixed club team from Durham, N.C., founded in 2016, and we are excited to be stampeding back to Club Nationals in 2019, now for the third year in a row. This season’s squad features 12 rookies and 15 returners. Our goal since existence has been to bring back a nationally relevant mixed team to the Triangle area, and to have more fun than any other team in the process.

WILD CARD

BOSTON, MA
Captains: Hannah Crowley, Kyle Johnson, Matt Heath
Coach: Michael MacKenzie (H)
facebook.com/wildcardult
@wildcardult

Born in 2012 from the idea that diverse talent with focused, hard work can achieve great things, Wild Card returns to Club Nationals for a sixth time after a one-year absence. With unfinished business from last year, Wild Card returns 24 players to this year’s roster ready to keep building together. The team arrives in San Diego well-traveled and battle-tested, notching tournament victories at the Elite-Select Challenge and the Northeast Club Mixed Regional Championship. Despite having more 30-year-olds on its roster than any other team in team history, Wild Card is excited to still be bringing 10 players to their first Club Nationals. Wild Card always looks to build its season one point at a time, supporting each other by creating a positive atmosphere while honoring its opponents and the spirit of competition on the field. Keep rising!

ROSTER

TORO

0 Kiron Allen 27 6’0” H
3 Dean Culver 31 6’2” H
5 Mary Rippe 23 5’4” S
6 Kailene Morozumi 27 5’4” S
7 Grayson Sanner 24 5’7” H
8 Heather Zimmerman 31 5’1” S
9 Michael Meilstrup 29 5’7” H
10 George Guthrie 34 6’2”
13 Tyler Smith 21 5’7” S
14 Tanner Barsecs 25 6’1” H
15 Vikram Sethuraman 25 5’10”
16 Frank Qin 29 6’0” H
17 Brian Clark 28 6’0” H
18 Jake McGoogan 25 6’2”
19 Tracy D’Arbeloff 27 5’8” S
21 Cynthia Jones 26 5’4” S
25 Mike Pannone 32 6’1”
27 Toni Gomes 32 5’5”
31 Alex Kaja 29 5’9” H
32 Jake Coleman 27 6’4”
34 Tristan Green 28 5’8”
35 Maggie Adams 21 5’6” S
43 Matt Wilson 28 5’11”
45 Caitlin Gross 21 5’8” S
52 Sydney Harris 25 5’5”
88 Christine Bookhout 34 5’6” S

WILD CARD

2 Reba Havis 26 5’5” S
3 Ian Engler 29 6’1” H
4 Hannah Crowley 23 5’4”
5 Andrew Pillsbury 26 6’3” H
6 Jac Carreiro 22 6’0” H
7 Max John Rick 28 6’0”
8 Connor Fortin 26 5’9”
9 John Rahill 24 5’10”
11 Lloyd Olson 30 6’0”
12 Andrea Brown 22 5’9” S
15 Claire Dunn 21 5’8”
17 Tamar Austin 25 5’4” S
21 Eva Petzinger 26 5’10” S
22 Kayla Drew 30 5’7”
23 Jodi Robert 29 5’6” S
27 Sarah Judd 22 5’6” S
30 Kyle Johnson 24 5’11” H
31 Sarah Hansen 27 5’8” S
33 Margo Urheim 20 5’9” S
34 Gus Hallin 27 6’3” H
35 Cody McInnis 29 5’10” H
37 Matt Heath 31 6’2” H
46 Luke Webb 21 6’1” H
73 Katharine Sullivan 30 5’6”
84 Alex Kapinos 30 6’3”
87 Nate August 26 6’3” H
88 Hailey Alm 28 5’9” S
The 6ixers were formed in Toronto in 2016. Since then, the team has reached Club Nationals twice, placing ninth (2017) and sixth respectively (2019). The team is formed mainly of local players, but has extended its borders to Kitchener-Waterloo and Ottawa this season. This year, the 6ixers placed third at both the Pro-Elite Challenge and Pro Championships, and are looking to finish strong at Club Nationals.

Boston Brütesquad was founded eight years after "Kiss From a Rose" by Seal was first released in 1994, and we’ve been living in its shadow ever since. We are two-time National Champions (2015, 2016) and five-time National Finalists (2009, 2015, 2016, 2017 and 2018) who pride ourselves on our gritty defense, attacking mentality and ability to find joy and ridiculousness in our TEAMmates. We are also proud to be part of the conversation, action and change surrounding gender equity in our sport.

When not playing ultimate, Brutes can be found cheering on the Yard Goats, honing their tennis skills, catching up on "Are You the One" and carefully pronouncing chicken cordon bleu. We seek to bring a double dose of butter as well as power, pleasure and PANIC into everything we do this season, and we are ever striving to be the neon light that hits the gloom on the grey.
Since its inception in 1997, Fury has been comprised of a diverse group of women, but everyone has shared a common goal: to excel at the sport we love, together. Today, we are proud to play in a league alongside athletes and with a governing body who value gender equity, and we are optimistic and excited about the opportunities that will be available to future Furies and other female athletes in our sport.

Iris was founded in 2015 as a way to bring the top players in the province of Quebec together to challenge the top tier Canadian women’s teams. Practicing together just once a month from March through August, the team has podiumed every year it has competed at Canadian Nationals (silver 2015; bronze 2017; gold 2018; silver 2019). The team has also qualified for USA Ultimate National Championships each year it has participated in Fall Series (2015, 2016 and 2019). Since 2017, Iris has been coached by a trio of former Team Canada players-turned-coaches: Alison Fischer, Isabelle Lemay and Audrey St-Arnaud. The team’s motto is #fières #unies #vaillantes which stands for #proud #united #valiant.
MOLLY BROWN

DENVER, CO
Captains: Alika Johnston, Lisa Pitcaithley, Sara Taggart, Claire Chastain
Coaches: Joe Durst, Joaquin Nagle
@MollyBrownTown

Molly Brown started in 2010 and is named in tribute to a 20th century Colorado suffragette and Titanic survivor Maggie “Molly” Brown. Throughout the past nine years, the Molly Brown ultimate team has continued the spirit of Margaret Brown’s activism by supporting women’s and youth participation and development in ultimate. Often recognized for our abilities to inspire the masses to sprout mustaches in support, we lean into our mantra of grit, trust, whatever both on and off the field and enjoy honey-bowls, tank weather and being your truest self.

NEMESIS

CHICAGO, IL
Captains: Allison Fish, Rachel Foster, Monica Matsumoto
Coaches: Lindsey Hack, Raju Prasad, Lizzy Shiel
chicago-nemesis.com
@ChicagoNemesis

Nemesis is Chicago’s elite women’s ultimate team. Founded in 1986, we are the longest-running women’s program in the Great Lakes region, and one of the longest-running women’s programs in the nation. Nemesis comes from the Greek word “nemein,” which means “to give what is due” or retribution. Our program is built on relentless defensive intensity, developing the depth of our roster and a commitment to play our best regardless of our opponent.

Can I get a "Hell Yeah, Brother?"
Nightlock is an elite women’s club ultimate team in the Bay Area in California. Nightlock has continued to make its Club Nationals appearance since its inaugural year and is striving to be a team of grit, spirit and community. May the odds be ever in your favor.

**WOMEN'S TEAMS**

**POPCORN**

**MINNEAPOLIS, MN**
Captains: Biz Cook, Makella Daley, Kalli Perano
Coaches: Courtney Kiesow, Jon Gaynor
popultimate.wordpress.com
@PopUltimate

Pop Ultimate was founded in 2008 and is based in Minneapolis, Minn. Since its inception, Pop has been the top women’s team in the Twin Cities competing within USA Ultimate’s Triple Crown Tour. Pop players come from a wide variety of backgrounds and most players coach college, high school or middle school teams.

**ROSTER**

| 00 | Kristen Reed | 23 | 5'6" |
| 01 | Lindsay Soo  | 25 | 5'8" S |
| 02 | Savannah Erwin| 27 | 5'7" |
| 03 | Lyra Olson | 25 | 5'6" |
| 04 | Ashley Powell | 23 | 5'5" S |
| 05 | Jessi Jones | 28 | 5'7" |
| 06 | Jenny Wei | 24 | 5'7" |
| 07 | Elisabeth Parker | 23 | 5'4" |
| 08 | Georgia Tse | 24 | 5'6" |
| 09 | Jinny Eun Riedel | 39 | 5'4" |
| 10 | Emma Peaselee | 27 | 5'3" |
| 11 | Dawn Culfot | 19 | 5'7" S |
| 12 | Katie Backus | 27 | 5'7" |
| 13 | Lyla Stanland | 25 | 5'5" |
| 14 | Carmen Tormey | 24 | 5'4" |
| 15 | Bridget Mizener | 22 | 5'6" S |
| 16 | Kyra Catalay | 29 | 5'2" |
| 17 | Anne Worth | 22 | 5'4" S |
| 18 | Judy Ledlee | 33 | 5'2" |
| 19 | Claire Revere | 24 | 5'5" |
| 20 | Anna Ceschi | 24 | 5'7" |
| 21 | Amanda Murphy | 25 | 5'3" S |
| 22 | Rebecca Fagan | 22 | 5'6" |
| 23 | Rowan Janyes | 21 | 5'5" S |
| 24 | Becky Winemayer | 26 | 5'7" |
| 25 | Jackie Wang | 27 | 5'4" |

**RALEIGH, NC**
Captains: Lyra Olson, Ashley Powell, Lindsay Soo
Coaches: Eddie Alcorn, Jessi Jones
phoenixultimate.com
@PhxUltimate

Stronger together, we play for each other. These birds are proud to represent North Carolina and the Southeast at Club Nationals for the second year in a row. In 2019, we’ve pushed ourselves to new heights at Pro-Elite, Elite-Select and the Pro Championships, and capped it off with the first regionals championship that many of our teammates have ever experienced. We’ve had a season-long focus on being fearless, holding trust for ourselves and our teammates, and showing relentless effort on and off the field. The whole team is so grateful for our exceptional coach Eddie, and for the hard work and constant support of our captains! Qualifying for Club Nationals is the best gift we could have given each other, and we can’t wait to keep yeetin’ and eatin’ for one more tournament.

**ROSTER**

| 00 | Anna Hagstrom | 37 | 5'4" S/T |
| 01 | Stephanie Perleberg | 25 | 5'4" S |
| 02 | Makella Daley | 24 | 5'3" S |
| 03 | Cassidy Kummrow | 21 | 5'4" S |
| 04 | Kalli Perano | 27 | 5'2" S |
| 05 | Abigail Shifts | 17 | 5'5" S |
| 06 | Haley Chalgren | 20 | 5'4" |
| 07 | Sara Helm | 25 | 5'8" S |
| 08 | Rachel Gage | 32 | 5'4" S |
| 09 | Rebecca Enders | 29 | 5'11" S |
| 10 | Rachel Johnson | 24 | 5'4" S |
| 11 | Betty Stringfield | 19 | 5'4" |
| 12 | Katie Godfrey | 29 | 5'2" |
| 13 | Adrienne Baker | 30 | 5'9" S |
| 14 | Al Utthe | 24 | 5'3" S |
| 15 | Anna Clements | 19 | 5'10" S |
| 16 | Louise Beck | 22 | 5'7" S |
| 17 | Kayla Blaneck | 22 | 5'11" |
| 18 | Rose Gruenhagen | 28 | 5'7" |
| 19 | Jane Koch | 22 | 5'6" S |
| 20 | Kristen Schultz | 31 | 5'2" |
| 21 | Sadie Reding | 21 | 5'6" S |
| 22 | Biz Cook | 28 | 5'9" S |

S: she/her/hers
T: they/them/their(s)
H: he/him/his
SCANDAL
WASHINGTON, D.C.
Captains: Amy Zhou, Nada Tramonte
Coach: Alexander Ghesquiere
@scandalultimate

DC’s Elite Women’s Elite Ultimate Club Team.

S: she/her/hers  
T: they/them/their(s)  
H: he/him/his
SIEGE

BOSTON, MA
Captains: Jackie Willwerth, Nikki Ross, Analise Huysentruyt
Coaches: Rosalyn Ano (S), Jeff Smith (H)
siegeultimate.com
@SiegeUltimate

Siege was founded in 2015 as a competitive women’s team in the Boston area. Siege takes pride in its strong ties to Boston, bringing in talent from the Massachusetts youth scene and many Boston-area colleges. As a team, Siege strives to bring a relentless work ethic, energy and intensity every day together, and challenges teammates to be their best by supporting and pushing each other on and off the field. Siege enjoyed early success in the competitive Northeast region and has consistently finished in the top-25 nationally. This is Siege’s first trip to Club Nationals as a program.

SCHWA

PORTLAND, OR
Captains: Eva Popp, Julia Sherwood, Kathryn Weatherhead
Coaches: Matt Melius, Bonnie Melius, Robert Gough
oregonschwa.com
@SchwaUltimate

Schwa was formed 24 years ago in Portland, Oregon, by a group of women who shared a love for the sport of ultimate. Over the decades, Schwa has strengthened its foundation by investing back into the community as well as the development of youth ultimate in Oregon. By relying on their values of “love, work, grit, growth” Schwa has become a program that empowers teammates to be the best versions of themselves while also competing at the highest level of the sport.
SPECTATOR INFO

Wildfire is excited to be attending Club Nationals for the third time and again this year in our own backyard! Wildfire, founded in 2014, pulls talent from San Diego, Los Angeles, Santa Barbara and Orange County. With teammates spread out across Southern California, our team embraces plenty of quality time during weekend practices (ask us about our road trip playlist). We are stoked to have so many incredible teams here and want to give a special shout out to DUDE for their local organization. Welcome to California; we hope you’re as fired up as we are!

Traffic is a women’s ultimate team from Vancouver, B.C. In 2007, Prime and Rough Riders merged into one, and Traffic was born. Since then, they have represented Canada at Worlds events in 2008, 2014, 2016 and 2018, and competed in 11 USA Ultimate Championships. This year, Traffic is looking fresher than ever. Adding even more speed and new talent, look out for our newest teammates Brienne Wager, Denise Su, Jessica Chung, Jessie Tai, Kai Lin Chang, Monica Hsu and Paula Wong, backed by our seasoned veterans Betsy Chan, Jennifer Kwok and Terri Whitehead. Traffic is fast, dynamic and ready to play.

WOMEN'S TEAMS

TRAFFIC

VANCOUVER, B.C.
Captains: Betsy Chan, Catherine Hui, Laurel Jay
Coaches: Matt Doyle, Jaimie Clay
@traffic_ulti

TRAFFIC

Wildfire is excited to be attending Club Nationals for the third time and again this year in our own backyard! Wildfire, founded in 2014, pulls talent from San Diego, Los Angeles, Santa Barbara and Orange County. With teammates spread out across Southern California, our team embraces plenty of quality time during weekend practices (ask us about our road trip playlist). We are stoked to have so many incredible teams here and want to give a special shout out to DUDE for their local organization. Welcome to California; we hope you’re as fired up as we are!

TRAFFIC

VANCOUVER, B.C.
Captains: Betsy Chan, Catherine Hui, Laurel Jay
Coaches: Matt Doyle, Jaimie Clay
@traffic_ulti

TRAFFIC

ROSTER

0 Terri Whitehead 36 5'6" S
1 Jessie Tai 23 5'3" S
2 Laurel Jay 27 5'2" S
3 Kai Lin Chang 24 5'6" S
5 Naomi Morcilla 22 5'4" S
6 Betsy Chan 34 5'0" S
8 Lisa Wong 25 5'5" S
9 Jessica Rockiff 33 5'6" S
11 Katie Hikida 28 5'3" S
12 Daisy Lin 25 5'4" S
13 Denise Su 21 5'1" S
15 Monica Hsu 20 5'6" S
17 Paula Wong 29 5'7" S
19 Nagisa Fukuoka 28 5'2" S
20 Collefas Mot 22 5'5" S
22 Carly Sakai 34 5'0" S
23 Brianne Wager 24 5'5" S
24 Julia Zhang 21 5'7" S
29 Sophia Chan 22 5'2" S
33 Laura Mason 33 5'8" S
34 Zellemot 22 5'4" S
77 Jennifer Kwok 20 5'6" S
81 Jessica Chung 23 5'5" S
87 Nicola Parker 27 5'8" S
90 Catherine Hui 29 5'5" S

S: she/her/hers
T: they/them/their(s)
H: he/him/his

ROSTER

1 Laura Wehlitz 32 5'6"
2 Jasmine Childress 26 5'8" S
3 Emma Frankel 29 5'4"
4 Kristen Pojunis 25 5'7" S
5 Alex Diaz 21 5'6" S
6 Rachel Ling 24 5'2" S
8 Alexa Cohen 27 5'6"
10 Chrissy Jarmen 24 5'10" S
11 Melissa Dunn 28 5'4" S
12 Angela Gong 24 5'4" S
15 Brittany Cabriales 29 5'4" S
16 Audrey Brown 22 5'0" S
18 Rebeca Ellis 22 5'9" S
19 Amanda Albi 29 5'2" S
20 Kelli Iwamoto 22 5'2" S
22 Shellemae Reyes 26 5'2" S
28 Brittnee Grimshaw 25 5'2" S
29 Juliana Jordan 25 5'6" S
37 Hannah Walter 26 5'9" S
44 Rayna Wachs 25 5'2" S
47 Dena Elimelech 23 5'10" S
51 Lindsay Lang 28 5'6" S
52 Annie Ngo 32 5'2" S
61 Hanin Pajela 24 5'4" S
81 Ellen Smith 27 5'4" S

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SPIRIT AWARDS

Peter Farricker Spirit of the Game Award – The spirit award in the men’s division is named for Peter Farricker, a player who embodied Spirit of the Game to those who played with or against him. Each qualifying men’s team nominates one player from its roster who best represents Spirit of the Game and who exhibits personal responsibility, integrity and fairness, combined with a high standard of playing ability. At the National Championships, each nominee is honored with a disc and a pin or set of Mardi Gras beads. The goal is that those wearing the Mardi Gras beads will be connected to Pete, each other and the Spirit of the Game, and become role models for their teammates and opponents. Previous winners include Moses Rifkin, Andy Crews, Damien Scott, Jeff Eastham-Anderson, Allan Cowan, Chase Sparling-Beckley, Josh McCarthy, Robbie Cahill, Bart Watson, Matt Rebholz, Martin Cochran, Beau Kittredge, Danny Clark, Ashlin Joye, Owen Westbrook, Jay Froude and Grant Lindsley.

Kathy Pufahl Spirit of the Game Award – The Kathy Pufahl Spirit Award recognizes those individuals in the women’s division who give back to our sport and is presented to the player deemed to have exhibited personal responsibility, integrity and selfless contribution to ultimate, combined with a high standard of playing ability. Each qualifying women’s team nominates one player from its roster as the person who best represents Spirit of the Game and who has contributed substantially to their ultimate community. At the National Championships, each of the 16 nominees is honored with a memento reflective of Kathy’s love of horticulture. Previous winners include Vida Towne, Kati Halmos, Kristine Gill, Deanna Ball, Allison Boyd, Jody Dozono, Michelle Ng, Gwen Ambler, Lauren Casey, Nancy Sun, Leila Tunnell, Alex Snyder, Anna Nazarov, Amber Sinicrope and Chip Chang.

Spirit and Equity Award – The mixed division spirit award is given to one female-and one male-identified player (for the purpose of satisfying on-field gender ratios) each year. Each mixed team that qualifies for the National Championships nominates one male and female player who best represent Spirit of the Game and show a dedication to equity both on the field and in the community. This award is given to the players who have exhibited personal integrity, responsibility and fairness, along with a commitment to enhancing equity in play and in their communities. Previous winners include Allysha Dixon and David Protter, Kate Kingery and Paul Utesch, and Lili Gu and Andrew Hagen.
SPIRIT CIRCLES

Spirit circles are an idea borrowed from international competitions throughout the ultimate world. For years, American teams have traveled to world championship events where they have not only done exceptionally well in each competition, but also have showed the international community the importance we place on respect for the game and for opponents. But, American players have also learned a lot from competing against teams from other countries, and invariably one of the most positive parts of the international experience has been the tradition of the post-game spirit circle. While there are a number of ways to do this, here are some quick tips to get your team started:

- Following each game, rather than lining up to slap hands, the two teams gather into a circle, alternating players on each team, facing inward, with arms around the shoulders of the person next to you.

- One or two people (often team captains or spirit captains) on each team will talk briefly about the game. Usually the losing team goes first, then the winning team.

- Things to talk about can include how the game went, how your own team played, what the other team did well, who on the other team played well and anything else that might be worth communicating, even if it’s something you think could be done better (and don’t forget to look in the mirror on this).

- After each team has had a chance to talk, the winning team takes a step into the circle and walks around counter-clockwise to slap hands with the players on the other team.

That’s it! It’s pretty simple and definitely an experience that brings teams together and puts the game and the experience in perspective. It’s all about respect for each other and the experience of bringing out the best in each other through competition. It’s also about building relationships and seeing opponents for who they really are: part of the same community that loves ultimate. Please note that this is not required and is not meant to replace other post-game traditions you may have (e.g., cheers, games, photos, gifts or trading gear). Good luck, and please let USA Ultimate staff and other event organizers how it goes!

Please engage in spirit circles and other post-game activities after you have filled out the spirit score sheets.
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HEALTH AND SAFETY

NEAREST HOSPITAL:
Scripps Memorial Hospital Encinitas, 354 Santa Fe Drive, Encinitas CA 92024
Phone: (760) 633-6501

Medical staff, including athletic trainers, will be on site at Tournament Central to treat injuries, handle emergencies and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice and some bandages. Other supplies, including special tape or bandages and anti-inflammatory drugs, must be provided by teams or may be charged by the training staff.

If there is an injury on a field that needs medical attention, inform a field marshal, and he or she will radio to the trainers.

If you have medical issues that require attention in the morning before play, please show up early to avoid long lines. The trainers will be at the fields two hours prior to game time each day.

CONCUSSIONS

EDUCATION
• USA Ultimate recommends the CDC "Heads Up Safety" program, a free one-hour online training: cdc.gov/concussion/headsup/youth.html.
• USA Ultimate’s participant waiver includes important information from the CDC regarding concussion safety: usaultimate.org/membership/usa_ultimate_membership_forms.aspx

COACHING REQUIREMENTS
• Coaches at USA Ultimate events are required to have completed a concussion awareness and safety recognition program (like the CDC program above or other local or state-recommended course). Coaches should not submit records of course completion to USA Ultimate, but should maintain records on-site while coaching.

REMOVAL & RETURN TO PLAY
• All guidelines identified by the CDC must be strictly followed in the event of a suspected concussion.
  1. Remove the athlete from play.
  2. Ensure the athlete is evaluated by a health care professional trained in concussion diagnosis and management. Do not try to judge the seriousness of the injury yourself.
  3. If the athlete is a minor, inform the athlete’s parents or guardians about the known or possible concussion and give them the fact sheet on concussions.
     • State of California Law for Under 18
       - IF removed from play for suspected concussion, no same day return to play.
       - IF determined NOT to have a concussion, must have a written doctor’s note to present to the tournament staff in order to be allowed to return to play.
       - IF determined to HAVE a concussion, would not be allowed to return to during the tournament and must complete graded return to play protocol before competing in the future.
  4. Allow the athlete to return to play only with permission from an appropriate health care professional.
DOCTOR’S NOTE REQUIREMENT
• If, during a USA Ultimate event, an athlete receives care at a hospital, medical clinic or doctor’s office, or is referred to a hospital or doctor by event medical staff, the athlete is barred from further competition in that event until he or she provides a doctor’s note, on letterhead or prescription pad, to event medical staff stating that the athlete is authorized to return to competition.

ATHLETE PROTECTION
• USA Ultimate takes the protection of event participants seriously. In accordance with SafeSport and the USA Ultimate Conduct Policy, all USA Ultimate employees, volunteers, athletes, members, coaches and chaperones are prohibited from engaging in the following conduct with athletes at any time (a more thorough description is available at www.usaultimate.org/protection):
  - Bullying
  - Hazing
  - Harassment, including Sexual Harassment
  - Emotional Misconduct
  - Physical Misconduct
  - Sexual Misconduct, including Child Sexual Abuse
• With the passage of the recent federal legislation to protect amateur and minor athletes, all SafeSport trained individuals (including coaches, team support, USA Ultimate staff) are now mandatory reporters.
• If you have questions or would like to file a complaint with USA Ultimate, please contact Tom Manewitz at tom.manewitz@hq.usaultimate.org.

HEAT, NUTRITION AND HYDRATION
• Heat-related illness occurs when body cooling by evaporation is limited. Sweating depletes the body’s salt and moisture, which leads to dehydration. If a player recognizes any signs or symptoms of heat-related illness, he or she should treat the problem immediately.
• Signs and symptoms of heat illness can include changes in level of consciousness, abdominal cramps, nausea/vomiting, fatigue/tingling, chills, inability to spit, dry mucous membranes, decreased output and change in color of urine.
• Prevention and Treatment of Heat Illness
  - Avoid alcohol, caffeine and carbonated beverages.
  - Medications such as antihistamines, decongestants, certain asthma medications and diuretics can increase risk for heat illness. Avoid them if possible.
  - Avoid certain nutritional supplements (such as caffeine and ephedrine) that can dehydrate the body and/or increase metabolism and heat production.
  - Know your body – be honest! Are you fit enough to perform under current conditions?
  - Eat and drink (water AND sports drinks) optimally before, during and after play. Potassium is important (good sources include sports drinks, yogurt, grapefruit juice, bananas and oranges). Sodium is also important (good sources include sports drinks, vegetable juices, pretzels, nuts,
cheese and crackers). After play, carbohydrates are important: foods such as potatoes, honey, cereal, white bread, corn chips, sports drinks, jelly beans, rice cakes, bagels, crackers and gummy candies).

- Don’t drink too much. Over-hydrating can be dangerous if it leads to a fluid and electrolyte imbalance.
- Be sensitive to prior illness. If you’ve been sick, your body may be more susceptible to dehydration.
- Rest and cool down after play. Find shade, wet the skin, get in front of a fan or breeze.

SIDELINE SAFETY

• Spectators and equipment must stay at least three yards away from the sidelines. Where there are buffer lines, respect them. Chairs, coolers, strollers, you, etc., must be at least three yards from the sidelines.

• If a player believes that an object on the sideline is not safe, he or she should inform event staff and refrain from playing until he or she is satisfied that safe conditions have been established.

• USA Ultimate and event staff reserve the right to move or remove objects or spectators from on or near the playing field if those conditions are, in the opinion of USA Ultimate or event staff, unsafe for players, staff or spectators.

LIGHTNING GUIDELINES

• Event staff will communicate with players and spectators via a PA system and through field marshals equipped with radios if there is a lightning danger. Play will then be stopped, and everyone should seek shelter.

• Safe shelter for players and spectators at the field site includes any fully enclosed building or vehicle with a hard top and closed windows.

• Event staff will be monitoring radar and listening for thunder. If lightning is occurring within 10 miles or thunder is audible, play will be suspended and all individuals should get in a safe shelter location.

• If you can’t get to a safe shelter, try to avoid being the tallest object in an open field or on open water. Avoid other tall objects, metal objects and water. Assume a crouched position with only the balls of your feet touching the ground, your arms wrapped around your knees, and your head lowered. Minimize contact with the ground. Do not lie flat.

• Avoid using telephone land lines. Cell phones are safe, provided the person has followed other safety guidelines.

• Event staff will indicate to players when play is going to resume. Team captains should meet at Tournament Central to receive instructions for resuming play and any schedule modifications.
# MEN’S SCHEDULE

2019 USA Ultimate National Championships - Men’s Division

### All Games to 15 Cap 17

<table>
<thead>
<tr>
<th>Pool A</th>
<th>Pool B</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1 (11) Sockeya (Seattle, WA)</td>
<td>B1 (2) POLY (New York, NY)</td>
</tr>
<tr>
<td>A2 (8) D8 (Boston, MA)</td>
<td>B2 (7) Sub Zero (Minneapolis, MN)</td>
</tr>
<tr>
<td>A3 (1) Condors (Calico, CA)</td>
<td>B3 (10) Temper (Pittsburgh, PA)</td>
</tr>
<tr>
<td>A4 (13) Furious George (Vancouver, B.C.)</td>
<td>B4 (8) Johnny Bravo (Denver, CO)</td>
</tr>
</tbody>
</table>

| Date       | Time | Group | Team 1 | Score | Team 2 | Score | R1 | Score | R2 | Score | R3 | Score | R4 | Score | R5 | Score | R6 | Score | R7 | Score |
|------------|------|-------|--------|-------|--------|-------|----|-------|----|-------|----|-------|----|-------|----|-------|----|-------|
| Thursday   |      |       |        |       |        |       |    |       |    |       |    |       |    |       |    |       |    |       |
|            | 9:00-10:45 | A1 vs A3 | 11    |  -   | A2 vs A4 | 12  |   |       |    |       |    |       |    |       |    |       |    |       |
|            | 11:15-1:00  | A1 vs A4 | 11    |  -   | A2 vs A3 | 12  |   |       |    | B1 vs B3 | 9   |  -   | B2 vs B4 | 10 |   |       |    |       |    |       |
|            | 1:30-3:15   | A1 vs A3 | 11    |  -   | A3 vs A4 | 5   |   |       |    | B1 vs B4 | 9   |  -   | B2 vs B3 | 10 |   |       |    |       |    |       |
|            | 3:45-5:30   |         |       |       |        |       |   |       |    | B1 vs B2 | 9   |  -   | B3 vs B4 | 10 |   |       |    |       |    |       |

### Crossover for 4th place finishers from Pool Play

**Reseed teams 1-4 in order, based on post-regionals rankings**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Group</th>
<th>Team 1</th>
<th>Score</th>
<th>Team 2</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>9:00-10:45</td>
<td>1 vs 4</td>
<td>14</td>
<td></td>
<td>2 vs 3</td>
<td>14</td>
</tr>
</tbody>
</table>

**Winner of 1 v 4 game becomes 3 seed in Pro Flight Play-In Bracket**
**Winner of 2 v 3 game becomes 4 seed in Pro Flight Play-In Bracket**
**Loser of 2 v 3 game becomes 13 seed in Pro Flight Play-In Bracket**
**Loser of 1 v 4 game becomes 16 seed in Pro Flight Play-In Bracket**

### Pro Flight / 5th Place Bracket - All games to 15 cap 17

#### 5th Place

**Game A**

Friday 4:15-5:00pm
Field # TBD

**Pro Flight berth**

**Saturday 5/25-10:45am**
Field 16

### Pro Flight Play-In / 7th Place Bracket - All games to 15 cap 17

#### 7th Place

**Pro Flight berth**

**Saturday 5/25-10:45am**
Field # TBD

### Elite Flight Brackets - All games to 15 cap 17

**L (A)**

Saturday 5/25-10:45am
Field 17

**L (B)**

Saturday 5/25-10:45am
Field 14

**L (C)**

Saturday 5/25-10:45am
Field 13

**L (D)**

Saturday 5/25-10:45am
Field 14

**L (E)**

Saturday 5/25-10:45am
Field 14

**L (F)**

Saturday 5/25-10:45am
Field 1

All games to 15, cap 17
2019 USA Ultimate National Championships - Men's Division
October 24-27, 2019

Championship Bracket - All games to 15 cap 17

Friday

1A

Friday 11:45am-1:30pm
Field # TBO***

2B

9:00-10:45am
Field # TBO**

3C

9:00-10:45am
Field # TBO**

3B

9:00-10:45am
Field # TBO**

2C

9:00-10:45am
Field # TBO**

Saturday

1D

Friday 11:45am-1:30pm
Field # TBO***

1C

Friday 2:00-3:45pm
Field # TBO***

2D

9:00-10:45am
Field # TBO**

3A

9:00-10:45am
Field # TBO**

3D

9:00-10:45am
Field # TBO**

2A

9:00-10:45am
Field # TBO**

1B

Saturday 5:30-7:15pm
or 8:00-9:45pm
(Mira Mesa High School)

Sunday

12:30-2:15pm
(Mira Mesa High School)

Champion

**Teams will be seeded based on record and post-regionals rankings.
***Pre-Quarter field assignments will be announced by 8:00PM on Thursday night, and updated online.
****Quarterfinal times and field assignments will be announced by 11:00am on Friday morning, and updated online.

All games to 15, cap 17
# Mixed Schedule

## 2019 USA Ultimate National Championships - Mixed Division

### October 24-27, 2019

<table>
<thead>
<tr>
<th>Pool A</th>
<th>Pool B</th>
</tr>
</thead>
<tbody>
<tr>
<td>A1</td>
<td>B1</td>
</tr>
<tr>
<td>Drag'n Thrust (Minneapolis, MN)</td>
<td>Mistake (Seattle, WA)</td>
</tr>
<tr>
<td>A2</td>
<td>B2</td>
</tr>
<tr>
<td>BFQ (Seattle, WA)</td>
<td>Space Heater (Washington, D.C.)</td>
</tr>
<tr>
<td>A3</td>
<td>B3</td>
</tr>
<tr>
<td>Public Enemy (Dallas, TX)</td>
<td>Toro (Durham, NC)</td>
</tr>
<tr>
<td>A4</td>
<td>B4</td>
</tr>
<tr>
<td>Columbus Cocktails (Columbus, OH)</td>
<td>Polar Bears (San Francisco, CA)</td>
</tr>
</tbody>
</table>

### Thursday 9:00-10:45

- A1 x A3 1 - A2 x A4 2
- B1 x B3 13 - B2 x B4 3
- 1:30-3:15
- A1 x A2 1 - A3 x A4 4
- B1 x B4 13 - B2 x B3 6
- 3:45-5:30
- B1 x B2 13 - B3 x B4 1

### Crossover for 4th place finishers from Pool Play

Reseed teams 1-4 in order, based on post-regional rankings:

- 9:00-10:45 1 x 4
- 1:30-3:15 2 x 3

Winner of 1 v 4 game becomes 1 seed in Pro Flight Play-In Bracket
Winner of 2 v 3 game becomes 14 seed in Pro Flight Play-In Bracket
Loser of 2 v 3 game becomes 15 seed in Pro Flight Play-In Bracket
Loser of 1 v 4 game becomes 16 seed in Pro Flight Play-In Bracket

### Pro Flight / 5th Place Bracket - All games to 15 cap 17

- 5th Place
  - Game A: Friday 11:15-12:00
  - Field # 180
  - Pro Flight berth

### Pro Flight Play-In / 7th Place Bracket - All games to 15 cap 17

- 7th Place (tie) Pro Flight berth
  - Game C: Friday 11:45am-12:30pm
  - Field 7
  - Game I: Friday 11:45am-12:30pm
  - Field 17

### Elite Flight Brackets - All games to 15 cap 17

- 11th Place
- 13th Place

- Game G: Friday 2:00-2:45pm
  - Field 17
  - Game K: Friday 2:00-2:45pm
  - Field 18

- 15th Place
- All games to 15 cap 17
<table>
<thead>
<tr>
<th>Day</th>
<th>Pool C</th>
<th>Score</th>
<th>Pool D</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday</td>
<td>C1 v C3</td>
<td>6</td>
<td>D1 v D3</td>
<td>14</td>
</tr>
<tr>
<td>9:00-10:45</td>
<td>C2 v C4</td>
<td>3</td>
<td>D2 v D4</td>
<td>13</td>
</tr>
<tr>
<td>11:15-12:00</td>
<td>C3 v C4</td>
<td>2</td>
<td>D3 v D4</td>
<td>15</td>
</tr>
<tr>
<td>1:30-2:15</td>
<td>C4 v C5</td>
<td>4</td>
<td>D4 v C6</td>
<td>5</td>
</tr>
<tr>
<td>2:45-3:30</td>
<td>C1 v C2</td>
<td>3</td>
<td>D1 v D2</td>
<td>14</td>
</tr>
</tbody>
</table>

**Championship Bracket - All games to 16 cap 17**

- **Friday**
  - 1A: Field 8 TBD***
  - 2B: Field 8 TBD***
  - 3C: Field 8 TBD***
- **Saturday**
  - 1D: Field 8 TBD***
- **Sunday**
  - 2D: Field 8 TBD***
  - 3A: Field 8 TBD***
  - 2A: Field 8 TBD***
  - 1B: Field 8 TBD***

*Teams will be reseeded based on record and pool-regional rankings.
**Pre-Quarter field assignments will be announced by 6:00PM on Thursday night, and updated online.
***Quarterfinals and field assignments will be announced by 11:00am on Friday morning, and updated online.

All games to 15 cap 17
### Women's Schedule

#### 2019 USA Ultimate National Championships - Women's Division

**October 24-27, 2019**

<table>
<thead>
<tr>
<th>Pool A</th>
<th>Pool B</th>
</tr>
</thead>
<tbody>
<tr>
<td>All Games to 15 Cap 17</td>
<td>All Games to 15 Cap 17</td>
</tr>
</tbody>
</table>

#### Pool A
- A1: (1) Fury (San Francisco, CA)
- A2: (6) Traffic (Vancouver, B.C.)
- A3: (12) Ozone (Atlanta, GA)
- A4: (13) Nemesis (Chicago, IL)

#### Pool B
- B1: (2) Moxy Brown (Denver, CO)
- B2: (7) Phoenix (Raleigh, NC)
- B3: (11) Stege (Boston, MA)
- B4: (14) Wildfire (San Diego, CA)

<table>
<thead>
<tr>
<th>Thursday</th>
<th>FB Score 1</th>
<th>FF Score 2</th>
<th>FB Score 3</th>
<th>FF Score 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-10:45</td>
<td>A1 v A3</td>
<td>7</td>
<td>A2 v A4</td>
<td>8</td>
</tr>
<tr>
<td>11:15-1:00</td>
<td>A1 v A4</td>
<td>7</td>
<td>A2 v A3</td>
<td>8</td>
</tr>
<tr>
<td>1:30-3:15</td>
<td>A1 v A2</td>
<td>7</td>
<td>A3 v A4</td>
<td>8</td>
</tr>
<tr>
<td>3:45-5:30</td>
<td>A2 v A1</td>
<td>7</td>
<td>B1 v B2</td>
<td>17</td>
</tr>
</tbody>
</table>

#### Crossover for 4th place finishers from Pool Play

Reseed teams 1-4 in order, based on post-regionals rankings

<table>
<thead>
<tr>
<th>1st</th>
<th>2nd</th>
<th>3rd</th>
<th>4th</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>

Winner of 1 v 4 game becomes 13 seed in Pro Flight Play-In Bracket
Winner of 2 v 3 game becomes 14 seed in Pro Flight Play-In Bracket
Loser of 2 v 3 game becomes 15 seed in Pro Flight Play-In Bracket
Loser of 1 v 4 game becomes 16 seed in Pro Flight Play-In Bracket

---

#### Pro Flight / 5th Place Bracket - All games to 15 cap 17

<table>
<thead>
<tr>
<th>Game A</th>
<th>Friday 4:15-6:15pm</th>
<th>Field 4 T60</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pro Flight berth</td>
<td>Saturday 6:05-8:15pm</td>
<td>Field 11</td>
</tr>
<tr>
<td>5th Place</td>
<td>Pro Flight berth</td>
<td></td>
</tr>
</tbody>
</table>

#### Pro Flight Play-In / 7th Place Bracket - All games to 15 cap 17

<table>
<thead>
<tr>
<th>Game C</th>
<th>Friday 4:15-6:30pm</th>
<th>Field 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Game D</td>
<td>Friday 4:15-6:30pm</td>
<td>Field 10</td>
</tr>
<tr>
<td>Game E</td>
<td>Friday 4:15-6:30pm</td>
<td>Field 11</td>
</tr>
<tr>
<td>Game F</td>
<td>Friday 4:15-6:30pm</td>
<td>Field 12</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>(A)</th>
<th>(B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 10:00-11:45am</td>
<td>Field 12</td>
</tr>
<tr>
<td>7th Place (be)</td>
<td>Pro Flight berth</td>
</tr>
</tbody>
</table>

#### Elite Flight Brackets - All games to 15 cap 17

<table>
<thead>
<tr>
<th>L (A)</th>
<th>L (B)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday 9:00-10:45am</td>
<td>Field 10</td>
</tr>
<tr>
<td>11th Place</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>L (C)</th>
<th>L (D)</th>
</tr>
</thead>
<tbody>
<tr>
<td>L (E)</td>
<td>L (F)</td>
</tr>
<tr>
<td>L (G)</td>
<td>L (H)</td>
</tr>
<tr>
<td>Saturday 9:00-10:45am</td>
<td>Field 11</td>
</tr>
<tr>
<td>Saturday 9:00-10:45am</td>
<td>Field 9</td>
</tr>
<tr>
<td>Saturday 9:00-10:45am</td>
<td>Field 12</td>
</tr>
<tr>
<td>Saturday 11:15am-1:05pm</td>
<td>Field 2</td>
</tr>
<tr>
<td>15th Place</td>
<td></td>
</tr>
</tbody>
</table>

All games to 15 cap 17
2019 USA Ultimate National Championships - Women's Division
October 24-27, 2019

Pool C
C1 (3) Riot (Seattle, WA)
C2 (6) Scandal (Washington, D.C.)
C3 (16) Nightlock (San Francisco, CA)
C4 (15) Iris (Quebec, QC)

Pool D
D1 (4) Giza (Toronto, ON)
D2 (5) Brute Squad (Boston, MA)
D3 (9) Schwaz (Portland, OR)
D4 (16) Pop (Minneapolis, MN)

Thursday 9:00-10:45
C1 v C3 15 - C2 v C4 16 - D1 v D3 4 - D2 v D4 17 -
11:15-1:00
C1 v C4 15 - C2 v C3 16 -
1:30-3:15
C1 v C2 5 - C3 v C4 16 - D1 v D2 7 - D3 v D4 8 -

Championship Bracket - All games to 15 cap 17

Friday
1A
1B
2B
9:00-10:45am
Field # TBD***

Friday 11:45am-1:30pm
Field # TBD***

Saturday
10:00am-11:45am
Field # 9 or 12:00-1:30pm
(Mesa Mesa High School)

Sunday
10:00-11:45am
(Mesa Mesa High School)

Champion

1C
2D
9:00-10:45am
Field # TBD***

Friday 2:00-3:45pm
Field # TBD***

Saturday
10:00am-11:45am
Field # 6 or 12:00-1:30pm
(Mesa Mesa High School)

2A
2B
3A
3D
9:00-10:45am
Field # TBD***

Friday 2:00-3:45pm
Field # TBD***

Saturday
10:00am-11:45am
Field # 6 or 12:00-1:30pm
(Mesa Mesa High School)

All games to 15, cap 17

*Scores will be reseeded based on record and post-regional rankings.
**Pre-Quarter field assignments will be announced by 6:00pm on Thursday night, and updated online.
***Quarterfinal times and field assignments will be announced by 11:00am on Friday morning, and updated online.
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