Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

Resources: Health, Safety and Liability Guidelines & TD Manual

Nearest Hospital

Name: Inova Fairfax Hospital Emergency Room

Address: 3300 Gallows Rd, Falls Church, VA 22042

Phone Number: (703) 776-3116

Map Link https://maps.app.goo.gl/RwbyyfW2uKBgKDrR9

Medical Services provided at tournament:

Ice and basic first aid

Where will the medical staff be at the event:

Main Tent

How can teams contact the medical staff (phone, radio)

Beyond twisted ankles, contact emergency services

How will event staff communicate weather, emergency & schedule changes to teams

Email

Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

Turf = no food on field

USA Ultimate Weather Policy (Facility may have their own policy)

You can find all Health, safety, and liability information here

For Lightning:

Our Lightning Policy was updated in 2018. Please review it in its entirety, but the biggest change to the lightning policy is determining when you need to suspend activity and send people to shelter: **If you hear thunder OR your computer or app shows that lightning has struck within 10 miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen, even if you cannot hear thunder.**

For Extreme Heat and Cold:

Refer to Medical Staff Requirements above. When the Heat Index reaches 100F (see NOAA/National Weather Service Heat Index Chart), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia