



Welcome to the [2026 Beach National Championships](#)
Captain's Packet

May 9-10
Virginia Beach, VA

Friday, May 8

Registration (Aslin Beer Company, 823 Virginia Beach Blvd, Virginia Beach, VA 23451) ***Coupon for Aslin included***

Saturday, May 9

Competition (Virginia Beach, VA)

Learn To Play

Dinner

Sunday, May 10

Competition (Virginia Beach, VA)

Awards

Site rules:

- **No Tobacco! Facility, event staff and security will be checking to make sure people are not smoking. Please abide by the rules.**
- **No glass or metal bottle caps!**
- **Pets, glass containers, motorized vehicles and any other items that are deemed unsafe are prohibited.**
- **Spectators and equipment must stay at least five yards away from sidelines! Where two fields are parallel on the same city block, no equipment, tents, chairs, or similar is permitted between fields for everyone's safety.**
- **Trash and Recycling! Place recyclables in the recycling receptacles, and place trash in the trash. Keep the facility clean.**
- **Use only proper bathroom facilities. Public restrooms are marked on the map. In addition, there will be numerous portable johns. **Those caught violating this rule will no longer be eligible at the event.****
- **Language – This is a family environment. Please keep this in mind.**

Medical:

- Medical Staff - Athletic Trainers & EMT will be on site at tournament central to treat injuries, handle emergencies, and provide some preventative care. The event will provide standard athletic tape, pre-wrap, ice, and some bandages. Other supplies, including special tape/bandages and anti-inflammatory drugs, will need to be brought by you or you may be charged by the training staff for those supplies. If there is an injury on a field that needs medical attention, inform a scorekeeper and they will radio to the trainers. If you have issues that need attention in the morning before play, please

show up early to avoid long waits in line. The trainers will be at the fields 90 minutes before game time each day.

- For tournament specific information, refer to the [Medical and Inclement Weather Plan](#)
- Please refer to our [Athlete Health and Safety Packet](#) for general information about health and safety.

Food:

- **Dinner** will be served between 3:45pm and 5:45pm on Saturday evening under the player tent by Field 21. Each person will need their ticket. Tickets will be distributed when teams register Friday evening.

Field layout:

- Spectators, support personnel, props, and equipment must stay 5 yards back from each field.
- Where two fields are parallel on the same city block, no equipment, tents, chairs, or similar is permitted between fields for everyone's safety.
- Athletes and coaches must stay 5 yards back from each field for everyone's safety.
- Tents can be put up, but they must be secured (against the wind) and safe and at least 7 yards back from each field. Where fields are paired, they cannot be placed between paired fields.
- Please be courteous to the team moving into your space and make sure that players and items are out of the area 15 mins prior to game time.
- Please be responsible with your trash and recycling. Trash and recycling bags will be distributed at registration on Friday evening.

Score reporting:

- Teams are encouraged to update their games scores on the field-side scoreboards and the USA Ultimate app during their games.
- **The winning teams are responsible for promptly entering the final scores into the app and marking the games as final.**
- [Updating Game Scores with the USA Ultimate App](#)

Volunteers:

- Please bring your team's volunteer gift(s) to registration or to the HQ tent (near Field 21).
- Local organizing committee (LOC) volunteers will be wearing teal shirts and a few in gold.
- Please take every opportunity to thank them for their work!
- They will be carrying radios and can call for water or medical help. Should you have questions or criticisms, they can also radio to have USA Ultimate or tournament staff to answer your questions and/or listen to your criticisms. **Again, only thank the volunteers. Anything about which you may be upset is not their responsibility.**
- Please direct big picture questions and comments, or any criticisms, to USA Ultimate staff. They will be able to respond and hopefully help take care of any issues.
- Field marshals will NOT be tracking scores and/or stats. **Please remember to submit your game and spirit scores.**

General Event

Schedule Highlights:

- **Friday – 6:30-9:30pm** – Registration and player pack pickup
- **Saturday – 8:30-5:00 pm** – Competition
- **Saturday – 1:00pm** – **Learn to Play** for kids ages 5 to 15 on Field 21 ([registration link](#))
- **Saturday – 3:45-5:45 pm** – Dinner served (by Field 21)
- **Sunday – 8:30-3:30pm** Competition
- **Sunday – 3:30pm** Award Ceremonies (by Field 21)

Weather:

- Each team should have one person who will be at the event and be the team contact for the Beach Nationals **Pocket Team**. These are who you put down as Captains in the info form.
 - o This will be used to update teams on field changes, weather delays, and other announcements throughout the event.
- **Lightning** – Air horns will be blown if there is lightning danger. Play stops at the first sound of the horn. Event staff will also communicate with players and spectators through the PA system (around Field 21 only) and through volunteers on radios if there is lightning danger. Play will be suspended, and everyone should seek shelter.

- Safe shelter includes any fully enclosed building or vehicle with a hard top and closed windows. ***TENTS ARE NOT SAFE SHELTERS FROM LIGHTNING!***
- If you cannot get to a safe shelter, avoid being the tallest object in an open field or on open water.
- Event staff may indicate to players when and how play is going to resume via **Pocket Team** and/or will instruct captains/coaches to meet at Tournament Central to receive instructions for resuming play and any schedule modifications.
- **Wind** – every tent must be securely staked down; staff may ask you to lower or take the tents down earlier due to weather conditions.

Media:

- Note: There will be UltiPhotos photographers around throughout the event. Please be respectful of them at all times and contact Andy Lee at andy@hq.usultimate.org before, during or after the event if you have any concerns about media interactions.

Competition Rules:

- Posted at <https://play.usultimate.org/events/2026-USA-Ultimate-Beach-Championships/Rules/>
- As of distribution of this document, they read as follows:
 - [USA Ultimate 2026-2027 Official Rules of Ultimate](#) – with [Appendix F: Beach Ultimate Rules Adaptations](#)
 - 5v5 Beach fields will be used.
 - Shoes/cleats not permitted.
 - All games go to 13.
 - Each team has one timeout per game.
 - Halftime is five minutes.
 - Half time-cap goes on at 25 minutes.
 - Soft time-cap goes on at 50 minutes.
 - Hard time-cap goes on at end of round time on schedule. Game is over at the end of the point in progress, unless tied. If tied, play one more point.
 - Caps do not affect timeouts.
 - Where two fields are parallel on the same city block, no equipment, tents, chairs, or similar is permitted between fields for everyone's safety.
 - [On-Field Personnel Ratio for Mixed Division](#)

NOTE: Horns (round start, half cap at 25 minutes, soft cap at 50 minutes, and hard cap 60 minutes after round start) may be difficult to hear. Teams should keep an eye on the clock and start and cap games on time.

Special Circumstances:

- **All teams:** On Saturday morning we will be sharing the greater waterfront area with [The Virginia Beach 10 Miler & 5K](#). ***Please plan accordingly for road closures and traffic being re-routed and runners on Pacific and Atlantic Avenue as far north as 33rd. There will also be runners on the boardwalk between 27th and 33rd. Runners should be done by the end of Saturday morning. *See Road Closure Notice included.****
- Fields 42 & 43: **Beach - Men's D pool games and two of the four pre-quarter games for C and D pool teams** will be on fields 42 and 43. Be advised that the boardwalk ends at 40th so you will need to walk on the beach to get to and from those fields.
- **Beach - Women's Division:** Season of Fun was not able to meet the geographic requirements to compete so will not be eligible to medal. Should they finish among the top two in pool play, they will be moved into the third place game and the team that finished third in the pool will be moved into the first place game.

Inclusion:

- Participants and all attendees at USA Ultimate events are expected to adhere to the [USA Ultimate Code of Conduct](#), which includes, but is not limited to, the expectation to:
 - Foster an inclusive environment for all members of the community, no matter race, color, religion, ancestry, national origin, gender, sexual orientation, gender identity and expression, or a mental, physical, or sensory disability.
 - Not engage in or condone any form of discrimination or harassment.

- Not threaten, bully, or express themselves in a way that infringes on the freedom of others.
- Actively work to maintain the health and safety of other members of the community.
- USA Ultimate's [Gender Inclusion Policy](#) governs participation around gender, gender identity and sexual orientation.
- There will be players attending the event who identify as LGBTQIA+. The gender a player identifies as is considered that player's gender. Agender, gender non-conforming (GNC), genderqueer, transgender, or gender fluid players are encouraged to join teams and match up with the players that they feel most comfortable playing with and marking. No coach or player should be asked to explain or justify their identity. Players are trusted to participate where they are most comfortable.
- In mixed play, hand signals, as described in the [Hand Signals Appendix](#) of USA Ultimate's Official Rules, should be used if needed to identify man-matching and woman-matching ratios and players.
- Any team, player, coach, spectator or other attendee who uses anti-LGBTQIA+, trans-phobic, racist or sexist language; threatens or bullies other attendees; or otherwise violates the USA Ultimate Code of Conduct should be reported to USA Ultimate staff. Such behavior will not be tolerated and will be subject to sanctions as outlined in the Code of Conduct. Questions should be directed to the Competition Manager, david.raflo@hq.usultimate.org, or to equity@usultimate.org.

Music:

- During USA Ultimate-sanctioned events, we ask that you not play any music that contains offensive or derogatory language (i.e., curse words, offensive slang, etc.). You are welcome to play music on your portable speakers and devices, but please keep in mind that we want to maintain a safe space for all participants, spectators and officials.

Uniform Guidelines:

- All players participating in the USA Ultimate Beach Championships for a given team must wear jerseys of identical color and design.
- Teams must have two jerseys of distinctly different colors, one predominantly white and one predominantly dark. A jersey that is not white does not automatically qualify as a dark. Any color that may be described as light does not qualify as a dark jersey (e.g. yellow, light gray, light pink, light blue).
- Jerseys must have numbers on the back of the jersey. The numbers on the back must be at least six inches high, be one- or two-digit Arabic numerals, be solid and be in clear contrast with the jersey. No two players on a given team may use the same number or numbers with the same value (e.g. 00 and 0, 01 and 1). It is recommended that jerseys have numbers on both the front and back of the jersey.
- Uniform bottoms worn by players on the field must be of identical color and design. Teams are not required to have numbers on their uniform bottoms. However, if teams do opt to include numbers they must be on the front left or right leg of their shorts, although teams may opt to do both. The placement must be the same for the whole team. The numbers must be at least two inches high, match the number on the back of their jersey and be in visible contrast with the jersey.
- It is recommended that uniform accessories, including tights, undershirts, hats and socks, be identical or coordinated in style and color.
- Shoes or cleats are not permitted.
- USA Ultimate reserves the right to disqualify and/or fine players who fail to meet the uniform requirements.

Props:

- We realize some teams may use props or other miscellaneous items on their sidelines. We love the fun aspect and culture of our sport and encourage teams to have personalities. Props are okay behind equipment lines and in team tents during non-streamed games, but keep in mind that safety is our top priority. If props are getting in the way, becoming a hazard, or presenting other potential safety issues, at the sole discretion of USA Ultimate, we'll require you to remove them. The same is true for any props that may be deemed excessive, inappropriate, or inflammatory. Please also be aware that the use of props will be more restricted during streamed games.

Statements:

- We value players' and teams' right to express themselves in respectful ways and as long as the means do not present a safety concern and comply with team uniform requirements and other guidelines, including but not limited to the [USA Ultimate Code of Conduct](#).
- If you have questions about your team's kit, potential props, or statements, please get in touch with us well before you arrive at the event, and with as much lead time as possible. The more notice we have allows for more time to consider requests and help teams make adjustments if needed, allowing for the event to be as exciting and smooth as possible for you and your team.

Spirit Scoring:

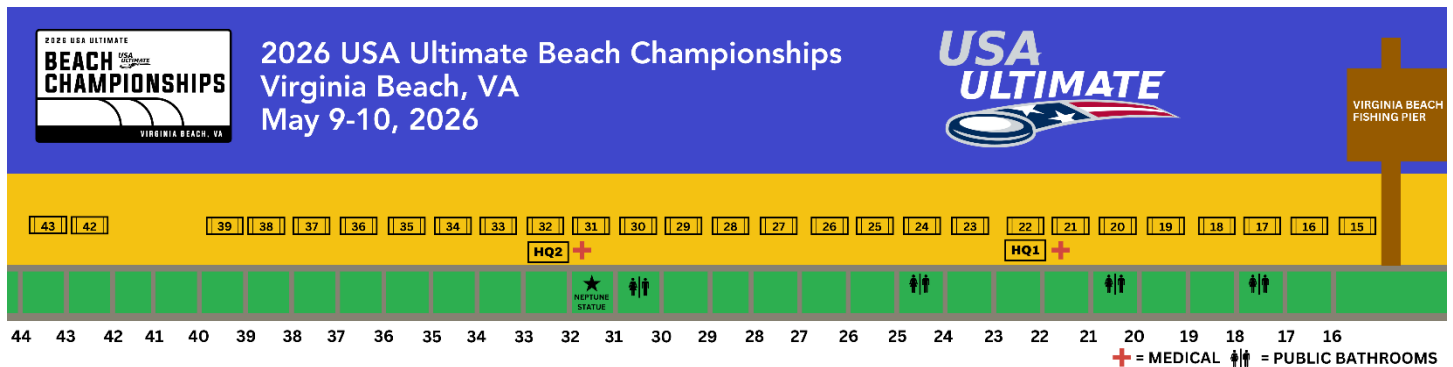
- JT Taylor will serve as the spirit director and oversee SOTG.
- He will be communicating with your SOTG captains directly with more details including Spirit scoring example sheets and links to submit spirit scores.
- Spirit scores should be submitted promptly after the conclusion of each game.

Observers:

- Observers will not be present.

Virginia Beach:

- For information about Virginia Beach, restaurants, and more check out <https://www.visitvirginiabeach.com/>
- Across from field 31 on Friday evening and Saturday afternoon/evening there will be live music, [Beachy Music Weekend](#). Follow the link for more information.
- From <https://www.visitvirginiabeach.com/plan/transportation-parking/>:
- Paid parking is seasonal, from April–October (8:00 a.m. to 2:30 a.m.)
- Municipal parking garages with more than 1,670 parking spaces are located along Pacific Avenue at 9th, 25th and 31st Streets.
- Fee: \$2/hour (\$20 max)
- Metered street parking: \$2/hour



Contacts:

Local Organizing Committee

Tournament Director: George Alcaraz

Volunteers from: Surfrider Foundation of Virginia with Aimee Rhodes as Volunteer Coordinator

Learn To Play Coordinator: Logan Berns

Spirit of the Game Director: JT Taylor

USA Ultimate Staff

Stacey Waldrup - Director, Members Services & Community Development; Equity, Diversity & Inclusion Chair

Dan Raabe - Director, Youth Programs

[David Raflo](#) - Senior Events Manager

Josh Murphy - Manager, Youth Competition

Gervon Williams – Manager, Youth Outreach & DEI

Juané Schoeman – Manager, National Team Programs

Event Road Closure Notice



Virginia Beach 5K and 10 Miler Race Day

Saturday, May 9

Time	Status	Area Affected	Re-Route
5:00 a.m.	No Access	Pacific Ave. from 9 th St. to 17 th St.	Mediterranean Ave. & Birdneck Rd. will remain open for Northbound & Southbound travel around the road closures
6:30 a.m.	No Access	Atlantic Ave. from 9 th St. to 17 th St.	No Access Until Re-Opening
7:00 a.m.	No Access	Atlantic Ave. from Rudee Loop to 34 th St.	No Access Until Re-Opening
7:00 a.m.	No Access	Northbound on General Booth Blvd. from Rudee Bridge to S Birdneck Rd.	9 th St. (Norfolk Ave.) to S Birdneck Rd. to General Booth Blvd. Northbound.
7:00 a.m.	Limited Access	1 Southbound Lane of General Booth Blvd. will remain open for the duration of the event	
7:00 a.m.	No Access	All lanes of Birdneck Rd. from General Booth Blvd. to Jefferson Ave.	Neighborhood traffic should use Prosperity Rd. or Adanka Ln. to travel Southbound on General Booth Blvd. Neighborhood traffic inside closure with sole exit to S Birdneck permitted to access Treefern to Adanka Ln.
7:00 a.m.	No Access	Pacific Ave. Northbound Lanes from Rudee Bridge to 9 th St.	Mediterranean Ave. & Birdneck Rd. will remain open for Northbound & Southbound travel around the road closures
7:00 a.m.	Limited Access	1 Southbound Lane of Pacific Ave. from 9 th to General Booth Blvd. will remain open for the duration of the event	
Estimated 9:00 a.m.	Open	Pacific Ave. 5 th – 28 th St.	
Estimated 10:30 a.m.	Open	General Booth and Pacific Ave. Rudee to 5 th	
Estimated 10:30 a.m.	Open	S. Birdneck Rd.	
Estimated 12:00 p.m.	Open	Atlantic Ave.	
Estimated 12:00 p.m.	Open	ALL ROADS	

VB Municipal Parking Garage at 9th St. will be inaccessible on Saturday, May 9, from 7:00 a.m. – 9:00 a.m.

VB Municipal Parking Garages at 25th St. and 31st St. will remain open and accessible for the duration on the race.

Road closures will affect certain routes entering and exiting the garages. Please expect delays and plan accordingly.

For more information, please visit VirginiaBeach.gov/RoadClosures or scan the QR code above.



Resort Management Office

600 22nd Ave., 2nd Floor, Virginia Beach, VA 23451

Phone (757) 385-4800

Fax (757) 422-3666

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