



I recognize that as a member of the US U-24 National Team, I am a representative of USA Ultimate, the United States, and the sport of ultimate. As such I pledge to conduct myself in a manner befitting the team from this date until released by the team following the end of the 2019 World Under-24 Ultimate Championships and associated team travel.

I will prepare prior to all team events by:

- Meeting all deadlines for turning in paperwork and payments to USA Ultimate
- Conditioning according to the guidelines set out by my coaches
- Studying team strategy provided by my coaches
- Dedicating myself to this team before all other personal, professional, athletic, recreational or educational conflicts. I will communicate all conflicts or potential conflicts to USA Ultimate and the coaches as soon as they are known and understand that they will be addressed by the team and the organization on a case by case basis.

During the training weekend and training camp, all US team travel, the and the 2018 World Under-24 Ultimate Championships, I will respect and follow the rules set forth by USA Ultimate, the US team coaches, assistants, the team manager, and chaperones. Specifically:

- I will not consume alcoholic beverages
- I will not consume any illicit drugs or substances prohibited by the WADA code.
- I will not break any US or local laws
- I will inform my coaches, USA Ultimate, and the medical staff about any injuries or ailments that I am aware of
- I will prepare both physically and mentally for all games
- I will abide by the terms of the Code of Conduct attached to this agreement

I understand that if I violate this agreement that I will be subject to repercussions as determined by my coaches and team manager. These repercussions may include, but are not limited to:

- Forfeiture of US U-24 National Team membership
- Expulsion from team training activities or competition immediately and at my own expense
- Review of violation by the USA Ultimate Judicial Committee as outlined in the USA Ultimate Policy on Conduct, including possible suspension of USA Ultimate membership

\_\_\_\_\_  
Athlete Name (Printed)

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Parent/Guardian Name (Printed) (If under 18)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_/\_\_\_\_/\_\_\_\_\_  
Date

USA ULTIMATE

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## USA Ultimate National Team Code of Conduct

### ATHLETE PLEDGE

I pledge to uphold the spirit of the USA Ultimate National Team Code of Conduct (the "Code"), which offers a guide to my conduct as a member of the USA U-24 National Team (the "Team"). I acknowledge that I have a right to a hearing if my opportunity to compete is denied or if I am charged with a violation of this Code.

I have familiarized myself with the Code and understand that acceptance of its provisions is a condition of my selection to the Team.

**As a Member of the Team, I hereby promise and agree that I:**

- will abide by all published rules related to the Team selection procedures as approved by USA Ultimate;
- have acted and will act in a manner consistent with the Spirit of the Game and responsible conduct;
- will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities, including but not limited to: getting an appropriate amount of sleep, eating and drinking to ensure optimal fitness, limiting physical risk-taking outside of games and practices;
- will submit to a physical examination by USA Ultimate medical personnel if my ability to compete is compromised due to physical injury, illness, or other condition and I understand that such injury may be cause for my not being selected to the Team, being removed from the Team, or not being allowed to participate in Team activities, including practice tournament play, if I remain on the Team.
- will not commit an anti-doping violation as defined by the International Olympic Committee (IOC), the World Flying Disc Federation (WFDF), the World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), USA Ultimate (USAU) or the United States Olympic Committee (USOC) rules;
- am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors;
- will not participate or assist in any gambling or betting activities associated with any event related to my sport or my participation;



- am eligible to compete under the rules of WFDF and will abide by all rules and principles, written or otherwise, set forth by WFDF for the duration of the world championship event, including but not limited to the WFDF rules of ultimate, WFDF code of ethics, and the Olympic Charter;
- am in possession of a valid USA passport, that will not expire prior to six months following the conclusion of the international competition, should I be chosen for an international team that requires a passport;
- will refrain from conduct detracting from my ability or that of my teammates to attain peak performance;
- will respect the property of others whether personal or public;
- will respect members of my team, other teams, spectators and officials, and engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse;
- will follow my Team's written rules, including by way of example, rules regarding curfew, attire, on-time attendance at required team meetings, consumption of alcoholic beverages and prohibitions on the release of confidential team information;
- am aware that USA Ultimate sponsors, suppliers and licensees have the exclusive right to provide critical support for the team and, in recognition of this fact, I agree to wear only designated US National Team apparel at all official team functions and events;
- will abide by the rules of WFDF concerning allowable trademark identification on clothing and equipment worn or used in competition or on visible body tattoos
- will abide by all rules concerning the official team uniform set forth by USA Ultimate and all uniform rules set forth for the competition by WFDF, including, but not limited to, rules concerning political statements (see WFDF Rules of Ultimate 2017 Appendix);<sup>1</sup>
- will not conceal or cover-up any USA Ultimate sponsor, supplier or licensee brand or other identification appearing on my USA Ultimate apparel;
- agree to be filmed and photographed by the official photographer(s) and network(s) of USA Ultimate under conditions authorized by USA Ultimate and give event organizers and USA Ultimate the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USA Ultimate use or authorize the use of my name, picture, likeness, voice and biographical information for the commercial purposes, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission;
- will not use or authorize the use of photographs, films or videos of myself in my USA Ultimate apparel or equipment or the use of the USA Ultimate logo for the purpose of trade, without the prior written consent of USA Ultimate;
- will participate in media activities, when reasonably requested by USA Ultimate;

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<sup>1</sup> WFDF rules and appendices are subject to change



- will not publicly make disparaging comments or otherwise speak negatively with regards to any of my teammates, coaches, team staff, sponsors, business partners and USA Ultimate and/or its representatives.
- understand that if I require legal representation because I am accused of criminal misconduct or an anti-doping violation, or if for any other reasons I require the services of an attorney, I will be personally responsible for payment of such legal fees and expenses;
- will act in a way that will bring respect and honor to myself, my teammates, USA Ultimate and the United States; and
- will remember that at all times I am an ambassador for USA Ultimate, my country, and my sport.

<b>PARTICIPANTS' AFFIRMATION</b>
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I have read and accept this Code of Conduct. I agree to the rules, guidelines, jurisdiction and procedures stated in these documents as a condition of being selected to participate as a member of the Team.

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Signature

Date